



27 Reinke Road, Ellisville, MO 63021  
 636-527-5554  
 WestviewAtEllisvilleAssistedLiving.com

# FEBRUARY 2021

Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>* Sign Up Is Required For All Outdoors Programs*            Please call Concierge at 636-527-5554 and ask for the Activity Department to reserve your spot, we can only have 9 residents in 1 group.            Please follow all social distancing guidelines: maintain 6 ft apart from each other and wear your mask when you leave your apartment.            Thank you all for understanding.</p>	<p><b>1 Black History Month</b></p> <p><b>9:45</b> Sit &amp; Be Fit -CR  <b>10:30</b> History of Robinson Crusoe -CR  <b>11:00</b> Crossword Puzzle Robinson Crusoe -CR  <b>1:30</b> Hawaiian Islands -CR-V  <b>2:00</b> Hula in The Coola Day -CR  <b>3:30</b> Fun Facts on Hawaiian Islands -CR</p>	<p><b>2 Groundhog Day</b></p> <p><b>10:00</b> Exercise w/Leagcy -CR  <b>10:30</b> Groundhog Day -CR-V  <b>11:00</b> Groundhog Day Trivia -CR  <b>1:30</b> The Furry Forecaster Story -CR  <b>2:30</b> Wacky Word of The Day Hibernation -CR  <b>3:30</b> Banana Split Social -CR</p>	<p><b>3</b></p> <p><b>9:45</b> Zumba Gold Chair Exercise-CR-V  <b>10:30</b> Daily Chronicle -CR  <b>11:00</b> Creative Project- Bird Seed Feeders -CR  <b>1:30</b> Finish The Line -CR  <b>2:30</b> Bird House Painting -CR  <b>3:30</b> Wine Social -CR</p>	<p><b>4</b></p> <p><b>10:00</b> Exercise w/Leagcy -CR  <b>10:30</b> News &amp; Brews -CR  <b>11:00</b> Betty Friedan Bio -CR  <b>1:30</b> New Recipe-Frangelico Cream Cheese Stuffed Dates -CR  <b>2:30</b> Ring Toss -CR  <b>3:30</b> Middle East Museums -CR- V</p>	<p><b>5</b></p> <p><b>9:45</b> Boot Camp Exercise -CR  <b>10:30</b> Social Circle -Morning Inspirational Quotes -CR  <b>11:00</b> Life Well Lived: Alan Shepard -CR  <b>1:30</b> Blue Butterfly -CR-V  <b>2:30</b> Chocolate Fondue Day -CR  <b>3:30</b> The Carol Burnett Show- CR</p>	<p><b>6</b></p> <p><b>9:45</b> Chair Exercise -CR  <b>10:30</b> Daily Chronicle -CR  <b>11:00</b> Reminisce: Songs With a "Heart" Title -CR  <b>1:30</b> Home Run Puzzle -CR  <b>2:30</b> Bean Bag Toss -CR  <b>3:30</b> Lemonade &amp; Chips Social -CR</p>
	<p><b>7</b></p> <p><b>10:00</b> Nondenominational Church Service -CR-V  <b>10:30</b> Morning Coffee w/ Snack -CR  <b>11:00</b> Football Trivia -CR  <b>1:30</b> High -Low Card Game -CR  <b>2:30</b> Chair Volleyball -CR  <b>3:30</b> Finish the Beatles Song Title -CR  <b>6:30</b> Super Bowl Game (TV)</p>	<p><b>8</b></p> <p><b>9:45</b> Sit &amp; Be Fit -CR  <b>10:30</b> Morning Motivation Quotes -CR  <b>11:00</b> Life Well Lived: Jules Verne -CR  <b>1:30</b> Around the World in 80 Days -CR-V  <b>2:30</b> Bingo -CR  <b>3:30</b> Laughter is The Best Medicine -CR</p>	<p><b>9</b></p> <p><b>10:00</b> Exercise w/Leagcy -CR  <b>10:30</b> Random Trivia -CR  <b>11:00</b> Who am I? -CR  <b>1:30</b> Kitchen Corner- Peanut Butter Blossom Cookies -CR  <b>2:30</b> Card Sharks -CR  <b>3:30</b> True or False -CR</p>	<p><b>10</b></p> <p><b>9:45</b> Zumba Gold Chair Exercise-CR-V  <b>10:30</b> Daily Chronicle -CR  <b>11:00</b> Doubles or Troubles -CR  <b>1:30</b> Resident Town Hall Meeting -CR  <b>2:30</b> Cupid Party- CR  <b>3:30</b> Reminisce: Your First Date -CR</p>	<p><b>11</b></p> <p><b>10:00</b> Exercise w/Leagcy -CR  <b>10:30</b> News &amp; Brews -CR  <b>11:00</b> Can You Name That Instrument? -CR  <b>1:30</b> String Art Valentine Heart Craft -CR  <b>2:30</b> Corn In The Hole -CR  <b>3:30</b> Ice Cream Sundae -CR</p>	<p><b>12 Chinese New Year</b></p> <p><b>9:45</b> Boot Camp Exercise -CR  <b>10:30</b> Social Circle: Morning Inspirational Quotes -CR  <b>11:00</b> The Ladies Are in Charge Day- CR  <b>1:30</b> Arm Chair Tour of Paris -CR-V  <b>2:30</b> Happy Hour -Strawberry Daiquiris -CR  <b>3:30</b> Chinese New Year Bingo -CR</p>
<p><b>14 Valentine's Day</b></p> <p><b>10:00</b> Nondenominational Church Service -CR-V  <b>10:30</b> Morning Coffee w/ Snack -CR  <b>11:00</b> Reminisce: First Dates -CR  <b>1:30</b> Valentine's Tic-Tac-Toe Game -CR  <b>2:30</b> Kitchen Corner: Chocolate Chip Cookies -CR  <b>3:30</b> Valentine's Cocktails &amp; Mocktails -CR</p>	<p><b>15 Presidents' Day</b></p> <p><b>9:45</b> Sit &amp; Be Fit -CR  <b>10:30</b> Morning Snack Social -CR  <b>11:00</b> "Greenlights" Audio Book Club -CR  <b>1:30</b> High Low Card Game -CR  <b>2:30</b> Presidential Trivia -CR  <b>3:30</b> Music Monday- Elvis Presley -CR</p>	<p><b>16 Mardi Gras</b></p> <p><b>10:00</b> Exercise w/Leagcy -CR  <b>10:30</b> Finish The Lyrics -CR  <b>11:00</b> Mardi Grass Secret Message -CR  <b>1:30</b> Mardi Grass Bingo -CR  <b>2:30</b> Mardi Grass Party -CR  <b>3:30</b> Arm Chair Tour of New Orleans -CR-V</p>	<p><b>17 Ash Wednesday</b></p> <p><b>9:45</b> Zumba Gold Chair Exercise -CR-V  <b>10:30</b> Daily Chronicle -CR  <b>11:00</b> Random Trivia -CR  <b>1:30</b> Keno -CR  <b>2:30</b> Friendship Bracelets -CR  <b>3:30</b> Red Wine Social -CR</p>	<p><b>18</b></p> <p><b>10:00</b> Exercise w/Leagcy -CR  <b>10:30</b> News &amp; Brews -CR  <b>11:00</b> "Greenlights" Audio Book Club -CR  <b>1:30</b> Wacky Words-CR  <b>2:30</b> Plinko - CR  <b>3:30</b> Name 5 -CR</p>	<p><b>19</b></p> <p><b>9:45</b> Boot Camp Exercise -CR  <b>10:30</b> Social Circle: Morning Inspirational Quotes -CR  <b>11:00</b> Memory Lane of Cracker Jack -CR  <b>1:30</b> Hangman -CR  <b>2:30</b> Happy Hour Root Beer &amp; Pretzels -CR  <b>3:30</b> Sing A Long -CR</p>	<p><b>20</b></p> <p><b>9:45</b> Chair Exercise -CR  <b>10:30</b> Daily Chronicle -CR  <b>11:00</b> Learn How To Dance -CR-V  <b>1:30</b> Deal or NO Deal -CR  <b>2:30</b> Fun Facts About Cherries -CR  <b>3:30</b> Cherry Pie Social -CR</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>21</b> <b>10:00</b> Nondenominational Church Service -CR-V <b>10:30</b> Morning Coffee w/ Snack -CR <b>1:30</b> Noodle Ball -CR <b>2:30</b> Card Sharks Game -CR <b>3:30</b> Finish The Phrase -CR	<b>22</b> <b>9:45</b> Sit & Be Fit -CR <b>10:30</b> Morning Snack Social -CR <b>11:00</b> "Greenlights" Audio Book Club -CR <b>1:30</b> Would You Rather? -CR <b>2:30</b> Ring Toss -CR <b>3:30</b> Did Someone Said "Margarita" Social -CR	<b>23</b> <b>10:00</b> Exercise w/Leagcy -CR <b>10:30</b> Social Circle: Morning Inspirational Quotes -CR <b>11:00</b> Carnivals Around The World -CR-V <b>1:30</b> Westview "Carnival Games" -CR <b>3:00</b> Movie: "The Help" -CR	<b>24</b> <b>9:45</b> Zumba Gold Chair Exercise -CR-V <b>10:30</b> Daily Chronicle -CR <b>1:30</b> Bowling Fun Time -CR <b>2:30</b> True or False -CR <b>3:30</b> Tortilla Chips and Dip Social -CR	<b>25</b> <b>10:00</b> Exercise w/Leagcy -CR <b>10:30</b> News & Brews -CR <b>11:00</b> "Greenlights" Audio Book Club -CR <b>1:30</b> Pinecone Flowers Crafts -CR <b>2:30</b> Taste Of Chili -CR <b>3:30</b> Farkle Dice Game -CR	<b>26</b> <b>9:45</b> Boot Camp Exercise -CR <b>10:30</b> Social Circle: Morning Inspirational Quotes -CR <b>11:00</b> Random Trivia -CR <b>1:30</b> Arm Chair Tour of Spain -CR-V <b>2:00</b> Happy Hour: Cocktails & Mocktails -CR <b>3:00</b> Movie Matinee: "Bonnie & Clyde" -CR	<b>27</b> <b>9:45</b> Chair Exercise -CR <b>10:30</b> Daily Chronicle -CR <b>11:00</b> Finish the Phrase -CR <b>1:30</b> Chair Volleyball -CR <b>2:30</b> Keno -CR <b>3:30</b> Saturday Night Fever Music & Cocktails -CR
<b>28</b> <b>10:00</b> Nondenominational Church Service -CR-V <b>10:30</b> Morning Coffee w/ Snack -CR <b>11:00</b> Virtual Tour: Venice Italy -CR <b>1:30</b> Pom-Pom Bouquet Craft -CR <b>2:30</b> Parachute Fun -CR <b>3:30</b> Golden Globe Awards Night Social -CR	ROOM KEY CR - Community Room L - Lobby SL - Sky Lounge T -Theater DR - Dinning Room B -Bistro P -Patio TV- Programs In Your Apartment V-Virtual Tour		February Birthdays  Betty C.- February 7th Betty L.- February 18th Rosie E. - February 22nd			

The Community reserves the right to modify the contents of this activity calendar at any time without notice.



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
February Birthdays Kathleen K. - February 11th Anita K. - February 18th	<b>1 Black History Month</b> <b>10:00</b> Daily Chronicles & News <b>10:30</b> Morning Snack Social <b>11:00</b> Chair Exercise <b>1:30</b> What Am I? - Riddles <b>2:30</b> B3 Smoothies <b>3:00</b> Fun Facts of Hawaii <b>3:30</b> Hawaiian Islands <b>6:00</b> Dominos	<b>2 Groundhog Day</b> <b>10:00</b> Daily Chronicles & News <b>10:30</b> Morning Snack Social <b>11:00</b> Sit & Be Fit <b>1:30</b> Scavenger Hunt - Find the Phil <b>2:30</b> B3 Smoothies <b>3:00</b> Groundhog Day Movie <b>3:30</b> Banana Split Social <b>6:00</b> Groundhog Day Search Puzzle	<b>3</b> <b>10:00</b> Daily Chronicles & News <b>10:30</b> Morning Snack Social <b>11:00</b> Chair Exercise <b>1:30</b> Indoor Bowling <b>2:30</b> B3 Smoothies <b>3:00</b> Kitchen Corner - Chocolate Chip Cookies <b>3:30</b> Finish The Lyrics <b>6:00</b> Crossword Puzzle	<b>4</b> <b>10:00</b> Daily Chronicles & News <b>10:30</b> Morning Snack Social <b>11:00</b> Sit & Be Fit <b>1:30</b> Ring Toss <b>2:30</b> B3 Smoothies <b>3:00</b> Arm Chair Tour: Middle East Museum <b>4:00</b> Hangman <b>6:00</b> Search Word Puzzles	<b>5</b> <b>10:00</b> Daily Chronicles & News <b>10:30</b> Morning Snack Social <b>11:00</b> Music & Motion Exercise <b>1:30</b> "Greenlights" Audio Book Club <b>2:30</b> B3 Smoothies <b>3:00</b> Happy Hour <b>4:00</b> Deal or No Deal <b>6:00</b> PJ's Party Movie Night	<b>6</b> <b>10:00</b> Daily Chronicles & News <b>10:30</b> Morning Snack Social <b>11:00</b> Be Strong & Fit <b>1:30</b> Reminisce: Songs With a "Heart" Title <b>2:30</b> B3 Smoothies <b>3:00</b> Bean Bag Toss <b>4:00</b> "24 Hours on Earth": Ted Talk and Discussion <b>6:00</b> Artistic Corner
<b>7</b> <b>10:00</b> Nondenominational Church Services <b>10:30</b> Morning Snack Social <b>11:00</b> Be Strong & Fit <b>1:30</b> High-Low Card Game <b>2:30</b> B3 Smoothies <b>3:00</b> Football Trivia <b>4:00</b> Wheel of Fortune <b>6:00</b> Sunday Drive in Movie	<b>8</b> <b>10:00</b> Daily Chronicles & News <b>10:30</b> Morning Snack Social <b>11:00</b> Chair Exercise <b>1:30</b> What Am I? - Riddles <b>2:30</b> B3 Smoothies <b>3:00</b> Basketball Game <b>4:00</b> Candy Bingo <b>6:00</b> Dominos	<b>9</b> <b>10:00</b> Daily Chronicles & News <b>10:30</b> Morning Snack Social <b>11:00</b> Sit & Be Fit <b>1:30</b> Laughter is The Best Medicine <b>2:30</b> B3 Smoothies <b>3:00</b> Card Sharks <b>4:00</b> Jeopardy <b>6:00</b> Creative Coloring	<b>10</b> <b>10:00</b> Daily Chronicles & News <b>10:30</b> Morning Snack Social <b>11:00</b> Chair Exercise <b>1:30</b> Crafts: Valentines Day Cards <b>2:30</b> B3 Smoothies <b>3:00</b> Yahtzee <b>4:00</b> Elvis Presley Music <b>6:00</b> Crossword Puzzle	<b>11</b> <b>10:00</b> Daily Chronicles & News <b>10:30</b> Morning Snack Social <b>11:00</b> Sit & Be Fit <b>1:30</b> String Art Valentine Heart <b>2:30</b> B3 Smoothies <b>3:00</b> Ring Toss <b>4:00</b> Sing a Long <b>6:00</b> Search Word Puzzles	<b>12 Chinese New Year</b> <b>10:00</b> Daily Chronicles & News <b>10:30</b> Morning Snack Social <b>11:00</b> Music & Motion Exercise <b>1:30</b> "Greenlights" Audio Book Club <b>2:30</b> B3 Smoothies <b>3:00</b> Happy Hour <b>4:00</b> Arm Chair Tour of Paris <b>6:00</b> PJ's Party Movie Night	<b>13</b> <b>10:00</b> Daily Chronicles & News <b>10:30</b> Morning Snack Social <b>11:00</b> Be Strong & Fit <b>1:30</b> 20 Question <b>2:30</b> B3 Smoothies <b>3:00</b> Basketball Challenge <b>4:00</b> Finish The Phrase <b>6:00</b> Artistic Corner
<b>14 Valentine's Day</b> <b>10:00</b> Nondenominational Church Services <b>10:30</b> Morning Snack Social <b>11:00</b> Be Strong & Fit <b>1:30</b> Reminisce: 50 First Dates <b>2:30</b> B3 Smoothies <b>3:00</b> Valentine's Tic-Tac-Toe Game <b>4:00</b> Valentine's Social <b>6:00</b> Sunday Drive in Movie	<b>15 Presidents' Day</b> <b>10:00</b> Daily Chronicles & News <b>10:30</b> Morning Snack Social <b>11:00</b> Chair Exercise <b>1:30</b> What Am I? - Riddles <b>2:30</b> B3 Smoothies <b>3:00</b> Presidential Trivia <b>4:00</b> High-Low Card Game <b>6:00</b> Dominos	<b>16 Mardi Gras</b> <b>10:00</b> Daily Chronicles & News <b>10:30</b> Morning Snack Social <b>11:00</b> Sit & Be Fit <b>1:30</b> Mardi Grass Bingo <b>2:30</b> B3 Smoothies <b>3:00</b> Mardi Grass Party <b>4:00</b> Arm Chair Tour of New Orleans <b>6:00</b> Creative Coloring	<b>17 Ash Wednesday</b> <b>10:00</b> Daily Chronicles & News <b>10:30</b> Morning Snack Social <b>11:00</b> Chair Exercise <b>1:30</b> Name 5 <b>2:30</b> B3 Smoothies <b>3:00</b> Friendship Bracelets <b>4:00</b> Random Trivia <b>6:00</b> Crossword Puzzle	<b>18</b> <b>10:00</b> Daily Chronicles & News <b>10:30</b> Morning Snack Social <b>11:00</b> Sit & Be Fit <b>1:30</b> Noodle Ball <b>2:30</b> B3 Smoothies <b>3:00</b> Jeopardy <b>4:00</b> Sing a Long <b>6:00</b> Search Word Puzzles	<b>19</b> <b>10:00</b> Daily Chronicles & News <b>10:30</b> Morning Snack Social <b>11:00</b> Music & Motion Exercise <b>1:30</b> "Greenlights" Audio Book Club <b>2:30</b> B3 Smoothies <b>3:00</b> Happy Hour <b>4:00</b> Around The World in 80 Days <b>6:00</b> PJ's Party Movie Night	<b>20</b> <b>10:00</b> Daily Chronicles & News <b>10:30</b> Morning Snack Social <b>11:00</b> Be Strong & Fit <b>1:30</b> Volleyball Challenge <b>2:30</b> B3 Smoothies <b>3:00</b> Try Not To Laugh Baby and Animals <b>4:00</b> Root Beer Social <b>6:00</b> Artistic Corner



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>21</b> 10:00 Nondenominational Church Services 10:30 Morning Snack Social 11:00 Be Strong & Fit 1:30 Balloon Toss 2:30 B3 Smoothies 3:00 Scrapbooking 4:00 Can You Name That Tune? 6:00 Sunday Drive in Movie	<b>22</b> 10:00 Daily Chronicles & News 10:30 Morning Snack Social 11:00 Chair Exercise 1:30 What Am I?- Riddles 2:30 B3 Smoothies 3:00 Card Sharks Game 4:00 Movie Trivia 6:00 Dominos	<b>23</b> 10:00 Daily Chronicles & News 10:30 Morning Snack Social 11:00 Sit & Be Fit 1:30 Would You Rather? 2:30 B3 Smoothies 3:00 Indoor Bowling 4:00 Facts or Fiction 6:00 Creative Coloring	<b>24</b> 10:00 Daily Chronicles & News 10:30 Morning Snack Social 11:00 Chair Exercise 1:30 Carnivals Around the World -V 2:30 B3 Smoothies 3:00 Westview "Carnival Games" 4:00 Carnival Foods Social 6:00 Crossword Puzzle	<b>25</b> 10:00 Daily Chronicles & News 10:30 Morning Snack Social 11:00 Sit & Be Fit 1:30 Pinecone Flowers Crafts 2:30 B3 Smoothies 3:00 Doubles or Trouble 4:00 True or False	<b>26</b> 10:00 Daily Chronicles & News 10:30 Morning Snack Social 11:00 Music & Motion Exercise 1:30 "Greenlights" Audio Book Club 2:30 B3 Smoothies 3:00 Happy Hour 4:00 Hangman 6:00 PJ's Party Movie Night	<b>27</b> 10:00 Daily Chronicles & News 10:30 Morning Snack Social 11:00 Be Strong & Fit 1:30 This Day in History 2:30 B3 Smoothies 3:00 Keno 4:00 Memory Lane of Cracker Jack 6:00 Artistic Corner
<b>28</b> 10:00 Nondenominational Church Services 10:30 Morning Snack Social 11:00 Be Strong & Fit 1:30 Parachute Fun 2:30 B3 Smoothies 3:00 Horseshoe Game 4:00 Golden Globe Awards Show 6:00 Sunday Drive in Movie						

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