NOVEMBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
- Be Connected - Be Expressive - Be Healthy - Be Inspired - Be Involved - Be Social - Be Spiritual D - Delivered RI - Resident Led Programs VI - Virtual and In Person	10:30 Legacy Fit CR 10:45 News You Can Use CR 11:00 Name 5 CR 2:00 Monday Matinee: The Best Exotic Marigold Hotel TH D 4:00 Puzzles & Word Searches RL	2 Election Day 10:30 Fit For Life: Seated Exercise CR 10:45 What in the World? CR 11:00 Smarty Pants Game CR 1:30 Cooking Club: Cinnamon Apple Cobbler CR 3:00 Table Games: Patio (Playing Card) Bingo HR 5:30 Evening Wine-down DR	10:00 Weekly Wednesday Shopping Trip: Meijer (Sign-Ups Mandatory, Meet in Lobby at 9:45) 2:00 Eddie Osborne Performs Outdoors 3:00 Root Beer Float Social HR 3:30 Classic Comedy Shorts HR	10:30 Fit For Life: Seated Exercise CR 10:45 What in the World? CR 11:00 Wild Card Trivia CR 1:30 Candy Day Recipe: Easy Fudge CR 3:00 Straight Line Candy Bingo! CR RL 6:00 Night at the Movies Classic Film Club: Resident Request: Robin and the 7 Hoods	10:30 Gentle Strength/Stretching w/ Legacy CR 10:45 Today's News 11:00 Double Meaning Homophone Jeopardy CR 1:30 America The Story of Us Docuseries: Pt. 1 TH 3:00 Happy Hour CR (Drink Service Ends at 4pm)	10:30 Coffee, News, & Donuts Available Unti Noon ONLY HR 11:00 Weekend Brain Games Challenge: HR 1:30 Bingo! CR 3:00 Independent Walking: Please Check Out W/ Receptionist
7 Daylight Saving Ends 7 10:00 St. Max Catholic Mass CR, V 11:00 St. Max Communion 1:00 Football & Friends Tailgate Social: Bengals vs. Cleveland Browns HR: 4:00 Front Porch Visits w/ Neighbors & Friends	10:30 Legacy Fit CR 10:45 News You Can Use CR 11:00 White Board Word Scramble 2:00 Monday Matinee: Poms TH 4:00 Puzzles & Word Searches RL	10:30 Fit For Life: Seated Exercise CR 10:45 What in the World? CR 11:00 Smarty Pants Game CR 2:00 Entertainment By The Merri Moores 3:15 Table Games: Penny Ante HR 5:30 Evening Wine-down DR	10:00 Weekly Wednesday Shopping Trip: Kroger (Sign-Ups Mandatory, Meet in Lobby at 9:45) 1:30 Audio Book Club: This Time Together, Laughter & Reflection Carol Burnett RC 3:00 Wine & Cheese Social HR 3:30 Classic Comedy Shorts HR	10:30 Fit For Life: Seated Exercise CR 11:00 Resident Council: CR 11:00 Wild Card Trivia CR 2:00 Veteran's Day Movie Social: 1917 TH RL 6:00 The History of Veterans Day Short Film HR	10:30 Gentle Strength/Stretching w/ Legacy CR 10:45 Today's News 11:00 That's It! CR 1:00 Autumn Breeze & Crunchy Leaves Scenic Fall Drive 3:00 New Resident Welcome Reception HR (Drink Service Ends at 4pm) 3:30 Conversation Jenga	10:30 Coffee, News, & Donuts Available Until Noon ONLY HR 11:00 Weekend Brain Games Challenge: HR 1:30 Bingo! CR 3:00 Independent Walking: Please Check Out W/ Receptionist
10:00 St. Max Catholic Mass CR, V 11:00 St. Max Communion 1:00 Football & Friends Tailgate Social: Bengals Bye Week: Wild Card Game HR 4:00 Front Porch Visits w/ Neighbors & Friends	10:30 Legacy Fit CR 10:45 News You Can Use CR 11:00 Quick Play Letter of the Day 2:00 Tom White on the Piano DR 4:00 Puzzles & Word Searches RL	10:30 Fit For Life: Seated Exercise CR 10:45 What in the World? CR 11:00 Smarty Pants Game CR 2:00 The Goldie Show Musical Entertainment DR 3:00 Table Games: Dominoes HR 5:30 Evening Wine-down DR	10:00 Weekly Wednesday Shopping Trip: Mim's on Main Local Gift Shop (Sign-Ups Mandatory, Meet in Lobby at 9:45) 1:30 Audio Book Club: This Time Together, Laughter & Reflection Carol Burnett RC 3:00 Hot Apple Cider & Pastry Social HR 3:30 Classic Comedy Shorts HR	10:30 Fit For Life: Seated Exercise CR 10:45 What in the World? CR 11:00 Health Chat W/ Legacy 1:30 Thanksgiving Centerpiece Craft CR 3:00 Straight Line Candy Bingo! CR 6:00 Night at the Movies Classic Film Club: Resident Request: Mayflower: The Pilgrims Adventure TH	10:30 Gentle Strength/Stretching w/ Legacy CR 10:45 Today's News 11:00 That's It! CR 2:00 Musical Entertainment w/ Tammy Powell DR 3:00 November Birthday Celebration	10:30 Coffee, News, & Donuts Available Untinoon ONLY HR 11:00 Weekend Brain Games Challenge: HR 1:30 Bingo! CR 3:00 Independent Walking: Please Check Out W/ Receptionist

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
VI 10:00 St. Max Catholic Mass CR, V D 11:00 St. Max Communion 1:00 Football & Friends Tailgate Social: Bengals vs. Raiders HR: 4:00 Front Porch Visits w/ Neighbors & Friends	10:30 Legacy Fit CR 10:45 News You Can Use CR 11:00 Hot Seat CR 1:30 The Treasures of Our Lives: Show & Share CR 3:30 Christian Worship Service CR D 4:00 Puzzles & Word Searches RL	10:00 Dining Committee Meeting CR 10:30 Fit For Life: Seated Exercise CR 10:45 What in the World? CR 11:00 Smarty Pants Game CR 1:30 Paint & Sip: Turkey Tape Resist Painting CR 3:00 Table Games: Kings in the Corner HR 5:30 Evening Wine-down DR	10:00 Weekly Wednesday Shopping Trip: Kroger (Sign-Ups Mandatory, Meet in Lobby at 9:45) 1:30 Audio Book Club: This Time Together, Laughter & Reflection	9:00 Macy's Thanksgiving Day Parade Hunt Worksheet HR RL 10:45 Thanksgiving Puzzles RL 11:00 Wild Card Trivia CR 1:30 Cornucopia Treats D RL 6:00 Night at the Movies Classic Film Club: An Old Fashioned Thanksgiving TH	10:30 Gentle Strength/Stretching w/ Legacy CR 10:45 Today's News RL 11:00 Trivia Packet RL 2:00 Gone With the Wind Part 1 TH	10:30 Coffee, News, & Donuts Available Until Noon ONLY HR 11:00 Weekend Brain Games Challenge: HR 1:30 Bingo! CR 2:30 Gone With the Wind Pt. 2 TH 3:00 Independent Walking: Please Check Out W/ Receptionist
28 Hanukkah Begins VI 10:00 St. Max Catholic Mass CR, V D 11:00 St. Max Communion 1:00 Football & Friends Tailgate Social: Bengals vs. Steelers HR: 4:00 Front Porch Visits w/ Neighbors & Friends	10:30 Legacy Fit CR 10:45 News You Can Use CR 2:00 Monday Matinee: Little Women (2019) TH 4:00 Puzzles & Word Searches RL	10:30 Fit For Life: Seated Exercise CR 10:45 What in the World? CR 11:00 Smarty Pants Game CR 1:30 Cooking Club: Homemade Fruit Cake CR 3:00 Table Games: Patio (Playing Card) Bingo HR 5:30 Evening Wine-down DR	Birthdays 11/26 - Tina Toner 11/29 - Halyna Cohen	Amber L. Leeds Director of Entertainment & Programming aleeds@spectrumretirement.com Carol Burakowski Entertainment Coordinator	Sign-Ups are mandatory for some events and are indicated. Please be sure to see Amber or Carol to sign up!	

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NOVEMBER 2021

Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
- Be Connected - Be Expressive - Be Healthy - Be Inspired - Be Involved - Be Social - Be Spiritual	10:00 Stretch & Flex 10:30 Refresh & Relax w/ the News 1:00 Monday Mini Hand Massages w/ Aromatherapy 2:30 Healthy Snack 3:00 Name 5 3:30 Patio conversation w/ Caregivers	2 Election Day 10:00 Rockin' to the 60's 10:20 Let's Hydrate! 10:30 Good Headlines 1:00 Daniel Boone Day - History Share 1:30 Daniel Boone coloring craft 3:00 Refresh & Relax with the Caregivers	10:00 Exercise to Energize 10:30 News & Views 1:00 Sandwich Day: Fluffer Nutter Butter Sandwiches 2:00 Eddie Osborne Entertains 3:00 Relax w/ Snacks and Conversation	9:30 Chair Exercise & Refresh 10:30 Noteworthy News 12:30 Bingo! 2:30 Refresh & Relax w/ a Healthy Snack 3:00 Conversations with Caregivers	10:00 Pilates 10:30 Good News & Granola Bars 1:00 Movie Matinee: Harvey 3:30 Refresh & Relax	10:30 Rockin' & Rollin' Exercise 12:30 Bingo! 2:00 Trivia & Brain Tease 3:00 Table Talk
Daylight Saving Ends 10:00 Most-Loved Hymns 10:30 Smart Snacks 11:00 Virtual Church Service 1:00 Healthy Snack 3:00 Courtyard Strolls w/ Caregivers	9:30 Stretch & Flex 10:30 Refresh & Relax w/ the News 12:30 Monday Mini Hand Massages w/ Aromatherapy 2:30 Healthy Snack 3:00 Name 5	9:30 Rockin' to the 60's 10:15 Let's Hydrate! 10:30 Good Headlines 12:30 Lucky dog Card Game 2:00 The Merri Moores 3:00 Refresh & Relax	9:30 Exercise to Energize 10:15 Morning Refreshments 10:30 News & Views 12:30 Badlands Nat'l Park Day 1:00 National Trivia Day: Trivia Time 2:00 Parachute Play 3:00 Relax w/ Snacks and Conversation	9:30 Chair Exercise & Refresh 10:30 Noteworthy News 12:30 Craft: Origami Day - Make Frogs & have Frog jumping contest 2:00 Snack 2:30 Bingo! 3:30 Refresh & Relax	9:30 Pilates 10:15 Good News & Granola Bars 12:30 Ring Toss 2:00 Healthy Snack 2:30 Name That Song Title 3:30 Refresh & Relax	10:30 Rockin' & Rollin' Exercise 12:30 Bingo! 2:00 Trivia & Brain Tease 3:00 Table Talk
10:00 Most-Loved Hymns 10:30 Smart Snacks 11:00 Virtual Church Service 3:00 Courtyard Strolls w/ Caregivers	9:30 Stretch & Flex 10:30 Refresh & Relax w/ the News 12:30 Monday Mini Hand Massages w/ Aromatherapy 2:00 Tom White Performs 3:00 Name 5	9:30 Rockin' to the 60's 10:15 Let's Hydrate! 10:30 Good Headlines 12:30 Lewis & Clark Day:History 1:00 Color Turkeys for Turkey Run Game 2:00 The Goldie Show 3:00 Refresh & Relax	9:30 Exercise to Energize 10:15 Morning Refreshments 10:30 News & Views 12:30 Homemade Bread Day: Make bread 1:00 Fall Outing 3:00 Relax w/ Snacks and Conversation	9:30 Chair Exercise & Refresh 10:30 Noteworthy News 12:30 Bingo! 2:00 Mickey Mouse Day: History 2:30 Movie Matinee: Disney Movie & Popcorn 3:30 Refresh & Relax	9:30 Pilates 10:15 Good News & Granola Bars 12:30 Turkey Run Game 2:00 Tammy Powell Entertains 3:00 Happy Hour Mocktails 3:30 Refresh & Relax	10:30 Rockin' & Rollin' Exercise 12:30 Bingo! 2:00 Trivia & Brain Tease 3:00 Table Talk

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Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Most-Loved Hymns 10:30 Smart Snacks 11:00 Virtual Church Service 3:00 Courtyard Strolls w/ Caregivers	9:30 Stretch & Flex 10:30 Refresh & Relax w/ the News 12:30 Monday Mini Hand Massages w/ Aromatherapy 2:00 Craft: Pinecone Turkeys 3:00 Name 5	9:30 Rockin' to the 60's 10:15 Let's Hydrate! 10:30 Good Headlines 12:30 Cooking Club: Fudge Striped Turkey Treats 2:00 Turkey Bean Bag Game 3:00 Refresh & Relax: Movie- A Charlie Brown Thanksgiving	9:30 Exercise to Energize 10:15 Morning Refreshments 10:30 News & Views 12:30 Sensory Conversation Cards 2:30 Ukulele Margie Entertains 3:30 Friendsgiving	9:30 Chair Exercise & Refresh 10:30 Noteworthy News 12:30 Bingo! 2:00 Conversation with Caregivers 3:30 Refresh & Relax	10:00 Pilates 10:30 Good News & Granola Bars 12:30 Friday Matinee: Marley & Me 2:00 Table Talk 3:30 Refresh & Relax	10:30 Rockin' & Rollin' Exercise 12:30 Bingo! 2:00 Trivia & Brain Teasers 3:00 Table Talk
10:00 Most-Loved Hymns 10:30 Smart Snacks 11:00 Virtual Church Service 3:00 Courtyard Strolls w/ Caregivers	9:30 Stretch & Flex 10:30 Refresh & Relax w/ the News 12:30 Monday Mini Hand Massages w/ Aromatherapy 2:30 Healthy Snack 3:00 Name 5	9:30 Rockin' to the 60's 10:15 Let's Hydrate! 10:30 Good Headlines 12:20 Parachute Play 2:00 The Price is Right Game 3:00 Refresh & Relax	Birthdays 11/26 - Tina Toner 11/29 - Halyna Cohen			

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