



2350 Limon Drive, Fort Collins, CO 80525
 970-224-2700
 RigdenFarmSeniorLiving.com

FEBRUARY 2019

Independent Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> ■ - Be Connected ■ - Be Expressive ■ - Be Healthy ■ - Be Inspired ■ - Be Involved ■ - Be Social ■ - Be Spiritual 	<p>February Birthdays 2 Bill B. 17 Karin O. 21 Larry S. 21 Jacquie B. 24 Jean H. 25 Jamalee M.</p>	<p>Rita Stern, NP February 6, 13, 27 9am-12pm Fitness Center</p> <p>Schwan's Delivery Call Brian 970-776-6476</p> <p>Rigden Farm Front Desk 970-224-2700 Rigden Farm Activity Hotline 970-223-6248</p> <p>Medical Transportation- Tuesdays & Thursdays 8am-4pm</p>	<p>ROOM KEY (*) sign up is required (RL) Resident Led TL: Timberline DR: Dining Room CR: Craft Room FC: Fitness Center SL: Sky Lounge T: Theater F: Foyer P: Parlor L: Library B:Bistro 2FP: 2nd Floor Fireplace Rigden University: guest presentation</p>		<p>1</p> <p>■ 9:45 SpectraFit: Exercise w/ Bonnie TL ■ 10:00 -12pm Banking Brought to You P ■ 10:00 King Soopers Trans* ■ 12:00 Open Trans 12-2* ■ 1:00 Hand and Foot SL (RL) ■ 1:30 Billiards SL (RL) ■ 4:00 Happy Hour w/ music by Rick Weingarten B/DR ■ 6:30 Evening Movie: Michael T</p>	<p>2 Groundhog Day</p> <p>■ 10:30 Calming Colors TL ■ 2:00 Pub Shenanigans: Ice Cream Bar & Cornhole B ■ 6:30 Transportation to Fort Collins Symphony* ■ 6:30 Bingo TL ■ 6:30 Evening Movie:Residents Choice T</p>
<p>3</p> <p>■ 7:30 Church Trans 7:30-12* ■ 10:00 Multi-Faith Devotions TL ■ 10:00 Coffee w/ Cops B ■ 11:00 Champagne Brunch DR ■ 1:00 Open Trans 1-3* ■ 5:30 Popcorn B ■ 6:30 Evening Movie: Residents Choice T</p>	<p>4</p> <p>■ 9:00 Open Trans 9a-2p* ■ 9:45 SpectraFit: Exercise w/ Bonnie TL ■ 10:45 Watercolor Class w/ Irma TL ■ 1:00 Open Play Cards SL (RL) ■ 2:00 Zumba TL ■ 2:30 King Soopers Trans* ■ 3:00 Doc Martin & Tea T ■ 6:30 Cards SL (RL)</p>	<p>5 Chinese New Year</p> <p>■ 8:00 Start of Art Show ■ 8:00 Medical Trans 8-4* ■ 1:00 Food for Thought B ■ 1:00 SpectraCircuit: Fitness w/ Gail FC ■ 1:00 Dominoes SL (RL) ■ 3:00 RapidFire Trivia 2FP ■ 4:00 Chinese New Year Celebration DR ■ 4:00 -6pm Karaoke DR ■ 6:30 Evening Movie: Runaway Bride T ■ 6:30 Bingo TL</p>	<p>6</p> <p>■ 9:45 SpectraFit: Exercise w/ Bonnie TL ■ 11:00 Open Trans 11-2* ■ 1:00 Better Balance Class w/Gail TL ■ 1:30 Communion & Rosary T ■ 2:00 Trivial Pursuit B (RL) ■ 3:00 Corn Hole B ■ 3:30 Baha'I Study Circle T ■ 6:30 Evening Movie: The Quiet Man T</p>	<p>7</p> <p>■ 8:00 Medical Trans 8-4* ■ 10:00 K. Soopers Orders L ■ 10:15 Bible Study TL ■ 1:00 Church Service T ■ 1:00 SpectraCircuit: Fitness w/ Gail FC ■ 2:00 History is a Story TL ■ 3:00 Jammin' w/Jim B ■ 4:30 6 Courses in Heaven TL*</p>	<p>8</p> <p>■ 9:45 SpectraFit: Exercise w/ Bonnie TL ■ 10:00 King Soopers Trans* ■ 12:00 Open Trans 12-2* ■ 1:00 Hand and Foot SL (RL) ■ 1:30 Billiards SL (RL) ■ 4:00 Happy Hour w/ music by Josh Long B/DR ■ 6:30 Evening Movie: The Jungle Book T</p>	<p>9</p> <p>■ 10:30 Calming Colors TL ■ 2:00 Pub Shenanigans: Punch and Trivia B ■ 6:30 Bingo TL ■ 6:30 Evening Movie:Residents Choice T</p>
<p>10</p> <p>■ 7:30 Church Trans 7:30-12* ■ 10:00 Multi-Faith Devotions TL ■ 11:00 Champagne Brunch DR ■ 1:00 Open Trans 1-3* ■ 6:30 Evening Movie: Residents Choice T</p>	<p>11</p> <p>■ 9:00 Open Trans 9a-2p* ■ 9:45 SpectraFit: Exercise w/ Bonnie TL ■ 1:00 Open Play Cards SL (RL) ■ 2:00 Zumba TL ■ 2:30 King Soopers Trans* ■ 3:00 Stories From The Hebrew Bible TL ■ 3:00 Doc Martin & Tea T ■ 6:30 Cards SL (RL)</p>	<p>12</p> <p>■ 8:00 Medical Trans 8-4* ■ 1:00 SpectraCircuit: Fitness w/ Gail FC ■ 1:00 Dominoes SL (RL) ■ 2:00 Presentation: When ISIS Moves Into Your House TL ■ 6:30 Evening Movie: The Music Man T ■ 6:30 Bingo TL</p>	<p>13</p> <p>■ 9:45 SpectraFit: Exercise w/ Bonnie TL ■ 11:00 Open Trans 11-2* ■ 1:30 Communion & Rosary T ■ 2:00 Trivial Pursuit B (RL) ■ 3:00 Corn Hole B ■ 3:30 Baha'I Study Circle T ■ 4:30 ROMEO Outing: Dinner at Young's Cafe* ■ 6:30 Evening Movie: The Proposal T</p>	<p>14 Valentine's Day</p> <p>■ 8:00 Medical Trans 8-4* ■ 10:00 K. Soopers Orders L ■ 10:15 Bible Study TL ■ 11:00 Valentine's Day Lunch DR ■ 12:00 Music by Elvis DR ■ 1:00 Church Service T ■ 1:00 SpectraCircuit: Fitness w/ Gail FC ■ 2:00 History is a Story TL ■ 6:30 Movie Night: Sleepless in Seattle T</p>	<p>15</p> <p>■ 9:45 SpectraFit: Exercise w/ Bonnie TL ■ 10:00 King Soopers Trans* ■ 12:00 Open Trans 12-2* ■ 1:00 Hand and Foot SL (RL) ■ 1:30 Billiards SL (RL) ■ 4:00 Happy Hour w/ music by Bob Doughty B/DR ■ 6:30 Evening Movie: Dave T</p>	<p>16</p> <p>■ 10:30 Calming Colors TL ■ 2:00 Pub Shenanigans: Darts and Lemonade Bar B ■ 6:30 Book Club Movie: The Book Thief T ■ 6:30 Bingo TL</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 7:30 Church Trans 7:30-12* 10:00 Multi-Faith Devotions TL 11:00 Champagne Brunch DR 1:00 Open Trans 1-3* 5:30 Popcorn B 6:30 Evening Movie: Residents Choice T	18 Presidents' Day 9:00 Open Trans 9a-2p* 9:45 SpectraFit: Exercise w/ Bonnie TL 10:45 Art Class: Watercolor TL 1:00 Open Play Cards SL (RL) 2:00 Zumba TL 2:30 King Soopers Trans* 3:00 Doc Martin & Tea T 6:30 Cards SL (RL)	19 8:00 Medical Trans 8-4* 10:30 Protestant Communion T 12:00 JULIET LUNCH TL * 1:00 SpectraCircuit: Fitness w/ Gail FC 1:00 Dominoes SL (RL) 3:00 RapidFire Trivia 2FP 6:30 Evening Movie: Chitty Chitty Bang Bang T 6:30 Bingo TL	20 9:45 SpectraFit TL 10:00 Outing: DIOR Exhibit at Denver Art Museum * 11:00 Open Trans 11-2* 1:00 Better Balance w/Gail TL 3:00 Corn Hole B 3:00 Free Hearing Aid Cleaning/Repair CR 3:30 Baha'I Study Circle T 6:30 Evening Movie: Dr. T & the Women T	21 8:00 Medical Trans 8-4* 9:30 Catholic Mass T 10:00 K. Soopers Orders L 10:15 Bible Study TL 1:00 Church Service T 1:00 SpectraCircuit: Fitness w/ Gail FC 2:00 History is a Story TL 3:15 Book Club Meeting: The Book Thief SL	22 9:45 SpectraFit: Exercise w/ Bonnie TL 10:00 King Soopers Trans* 10:30 Book Club: Pick up Book TL 12:00 Open Trans 12-2* 1:00 Hand and Foot SL (RL) 1:30 Billiards SL (RL) 4:00 Happy Hour B/DR 6:30 Evening Movie: Million Dollar Baby T	23 10:30 Calming Colors TL 2:00 Pub Shenanigans: LUAU DR 2:00 Music by Rick Weingarten and a Hawaiian Dancer DR 6:30 Bingo TL 6:30 Evening Movie: Residents Choice T
24 7:30 Church Trans 7:30-12* 10:00 Multi-Faith Devotions TL 11:00 Champagne Brunch DR 1:00 Open Trans 1-3* 6:30 Evening Movie: Residents Choice T	25 8:00 End of Art Show 9:00 Open Trans 9a-2p* 9:45 SpectraFit: Exercise w/ Bonnie TL 1:00 Open Play Cards SL (RL) 1:30 Activity Review TL 2:00 Zumba TL 2:30 King Soopers Trans* 3:00 Doc Martin & Tea T 6:30 Cards SL (RL)	26 8:00 Medical Trans 8-4* 1:00 SpectraCircuit: Fitness w/ Gail FC 1:00 Dominoes SL (RL) 2:00 February Birthday Celebration B 3:00 RapidFire Trivia 2FP 6:30 Evening Movie: Robin Hood: Prince of Thieves T 6:30 Bingo TL	27 9:45 SpectraFit: Exercise w/ Bonnie TL 11:00 Open Trans 11-2* 1:30 Communion & Rosary T 2:00 Trivial Pursuit B (RL) 2:30 Outing: Sweetheart Wine Tasting* 3:00 Corn Hole B 3:30 Baha'I Study Circle T 6:30 Evening Movie: Funny Girl T	28 8:00 Medical Trans 8-4* 10:00 K. Soopers Orders L 10:15 Bible Study TL 1:00 Church Service T 1:00 SpectraCircuit: Fitness w/ Gail FC 2:00 History is a Story TL		

The Community reserves the right to modify the contents of this activity calendar at any time without notice.