



10001 S. Oswego Street, Parker, CO 80134
 303-790-1910
 LincolnMeadowsSeniorLiving.com

SEPTEMBER 2020

Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>*Please sign up for activities with a * next to it to ensure we are following current social distancing guidelines.</p> <p>Conference Call Number: 978-990-5168 Access Code: 3536935#</p>		<p>1</p> <p>9:30 Marvelous Minds 10:00 Reading:Recovering the Titanic 10:30 Healthy for Life: Exercise *AL Front Entrance 2:00 Conference Call Bingo! CALL IN 3:00 Engineering Challenge: Will your Boat Float?* ILCY</p>	<p>2</p> <p>9:30 Daily Chronicle 10:00 Reading:The History of The Rock and Roll Hall Of Fame 10:30 Courtyard Games: Yard Yahtzee 2:30 Reminiscing: Rock and Roll Throughout the decades 3:00 Rock and Roll Music Trivia</p>	<p>3</p> <p>9:00 Reasons to Smile: Motivational Series 9:30 Healthy for Life: Exercise * AL Front Entrance 1:00 2nd Floor AL Games:Giant Jenga 3:30 Appetizer Cart</p>	<p>4</p> <p>9:30 Walking Club 10:15 Exercise with Legacy AL Front Entrance 10:30 Finish the Song Lyrics Trivia 2:00 Conference Call Bingo! CALL IN 3:00 Biography:Rosie the Riveter</p>	<p>5</p> <p>9:00 Daily Chronicle 9:30 Courtyard Games:Giant Jenga*ILCY 10:30 The Price is right Bingo 2:30 Arts & Crafts: Ceramics 3:00 Reminiscing Series: 1970's</p>
<p>6</p> <p>9:00 Church Devotional 9:30 Healthy for Life: Exercise * AL Front Entrance 1:00 Connect with Family Tech Support 2:30 Documentary Series* 3:00 The Sunday Funnies</p>	<p>7 Labor Day</p> <p>9:00 Happy Birthday Buddy Holly! 9:30 Walking Club 10:15 Current News and Coffee Chat ILCY 2:15 Mindfit Class with Legacy AL Front Entrance* 3:00 Buddy Holly Biography & Listening Party* ILCY</p>	<p>8</p> <p>9:30 Healthy for Life: Exercise *AL Front Entrance 10:30 Marvelous Minds 2:00 Conference Call Bingo! CALL IN 2:30 Housekeeper's Appreciation Card Craft</p>	<p>9</p> <p>9:30 Daily Chronicle 10:30 Hallway Bowling 2nd Floor 2:00 Biography: Colonel Sanders 2:30 Reading:The History of KFC 3:30 Craft: Chicken Wire Jewelry Hangers</p>	<p>10</p> <p>9:00 Reasons to Smile: Motivational Series 9:30 Healthy for Life: Exercise * AL Front Entrance 1:00 2nd Floor AL Games:Giant Ring Toss 3:30 Appetizer Cart</p>	<p>11</p> <p>9:30 Walking Club 10:15 Exercise with Legacy AL Front Entrance 10:30 September Trivia 2:00 Conference Call Bingo! CALL IN 3:00 Biography:Carol Burnett</p>	<p>12</p> <p>9:00 Daily Chronicle 9:30 Courtyard Games:Yard Pong*ILCY 2:30 Arts & Crafts: Bead light catchers 3:00 Reminiscing Series: 1980's</p>
<p>13 Grandparents Day</p> <p>9:00 Church Devotional 9:30 Healthy for Life: Exercise * AL Front Entrance 1:00 Connect with Family Tech Support 2:30 Documentary Series* 3:00 The Sunday Funnies</p>	<p>14</p> <p>8:00 Lets Celebrate Grandparents Day! 9:30 Walking Club 10:15 Current News and Coffee Chat ILCY 2:15 Mindfit Class with Legacy AL Front Entrance* 3:00 Grandparents Day Treat</p>	<p>15</p> <p>9:30 Healthy for Life: Exercise *AL Front Entrance 10:30 Marvelous Minds 2:00 Conference Call Bingo! CALL IN 3:00 Puzzle: Solve the Murder Mystery</p>	<p>16</p> <p>9:00 BB King's Birthday! 9:30 Daily Chronicle 10:30 Hallway Bowling 2nd Floor 2:00 Reading: How BB King Got his Sound 3:00 BB King Listening Party *ILCY</p>	<p>17</p> <p>9:00 Reasons to Smile: Motivational Series 9:30 Healthy for Life: Exercise * AL Front Entrance 1:00 2nd Floor AL Games:Hallway Pong 3:30 Appetizer Cart</p>	<p>18 Rosh Hashanah Begins</p> <p>9:30 Walking Club 10:15 Exercise with Legacy AL Front Entrance 10:30 Jeopardy Trivia 2:00 Conference Call Bingo! CALL IN 3:00 Biography: The Andrews Sisters</p>	<p>19</p> <p>9:00 Daily Chronicle 9:30 Courtyard Games:Yard Yahtzee *ILCY 2:30 Arts & Crafts: Fall Clothespin Wreaths 3:00 Reminiscing Series: 1990's</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Morning Exercise 10:00 Brain Wizards - "Word Rhyme" 10:30 Aerial America "South Dakota" 11:30 Lunch 1:30 Walk in the Garden 2:30 Cranium Crunches "Searching For September" 3:00 Bingo! 3:00 Snack Time- B3 Smoothies! 4:30 Dinner	2 9:30 Morning Exercise 10:00 Morning Gazette 10:30 PBS Presents "1940's House" 11:30 Lunch 1:30 Walk in the Garden 2:30 Crossword Connection "Mixed up Harvest" 3:30 Snack Time- B3 Smoothies! 4:30 Dinner 6:30 Hallmark Presents "When Calls the Heart"	3 9:30 Morning Exercise 10:00 Daily Gazette 10:00 Puzzle Race " Germany" 10:00 September Gazette 11:30 Lunch 1:30 Walk in the Garden 2:30 Trivia! 3:30 Arm Chair Travel- German Castles 3:30 Snack Time- B3 Smoothies! 4:30 Dinner 6:30 Classic TV: Cheers	4 9:30 Morning Exercise 10:00 Daily Gazette 10:30 The Men Who Built America 11:30 Lunch 1:30 Walk in the Garden 2:30 Happy Hour Concert 3:30 Bingo! 3:30 Snack Time- B3 Smoothies! 4:30 Dinner 6:00 Friday Night TV " "Murder She Wrote"	5 9:30 Morning Exercise 10:30 Trains of Colorado 11:30 Lunch 1:30 Walk in the Garden 2:30 Reminiscing the 1920's 3:00 Iced Tea Social 3:30 Afternoon Concert "Andy Williams" 4:30 Dinner 6:30 Saturday Night Movie " One Special Night"
6 9:30 Morning Exercise 10:00 CBS Sunday Morning 10:30 Rick Steves Travel " Italy" 11:30 Sunday Brunch 1:30 Walk in the Garden 2:30 Afternoon Concert - ' Andrea Botticelli " 4:30 Dinner 6:30 Sunday Night Movie " Away and Back"	7 Labor Day 9:30 Morning Exercise 10:00 Daily Gazette 10:00 History Race " The Wright Brothers" 11:30 Lunch 1:30 Walk in the Garden 3:00 X Box Bowling ! 3:30 Snack Time- B3 Smoothies! 4:30 Dinner 6:00 Monday Night Mystery " Heart to Heart"	8 9:30 Morning Exercise 10:00 Daily Gazette 10:30 Aerial America "South Dakota" 11:30 Lunch 1:30 Walk in the Garden 2:00 Bingo! 3:30 Snack Time- B3 Smoothies! 4:30 Dinner 6:00 Classic TV " Designing Women"	9 9:30 Morning Exercise 10:00 Daily Gazette 10:30 National Parks " Acadia" 11:30 Lunch 1:30 Walk in the Garden 3:30 Snack Time- B3 Smoothies! 3:30 The Carol Burnette Show 4:30 Dinner 6:30 Hallmark Presents "When Calls the Heart"	10 9:30 Morning Exercise 10:00 Daily Gazette 11:30 Lunch 1:30 Walk in the Garden 3:30 Snack Time- B3 Smoothies! 3:30 Whiteboard Games 4:30 Dinner 6:30 Classic TV: Cheers	11 9:30 Morning Exercise 10:00 Daily Gazette 10:30 The Men Who Built America 11:30 Lunch 1:30 Walk in the Garden 2:30 Happy Hour Concert 3:30 Snack Time- B3 Smoothies! 4:30 Dinner 6:00 Friday Night TV " "Murder She Wrote"	12 9:30 Morning Exercise 10:30 Board Games! 11:30 Lunch 1:30 Walk in the Garden 2:00 Reminiscing the 1930's 2:30 Root beer Float Social 3:30 Dick Van Dyke Show 4:30 Dinner 6:30 Hallmark Presents
13 Grandparents Day 9:30 Morning Exercise 10:00 CBS Sunday Morning 10:30 Rick Steves Travel " Spain" 11:30 Sunday Brunch 1:30 Walk in the Garden 2:30 Afternoon Concert - Johnny Cash 4:30 Dinner 6:30 Sunday Night Movie " First Wives Club"	14 9:30 Morning Exercise 10:00 Daily Gazette 10:30 What am I ? "Harvest Time" 11:30 Lunch 1:30 Walk in the Garden 3:00 Snack Time- B3 Smoothies! 3:00 X Box Bowling ! 3:30 Snack Time- B3 Smoothies! 4:30 Dinner 6:00 Monday Night Mystery " Heart to Heart"	15 9:30 Morning Exercise 10:00 Daily Gazette 10:30 Aerial America " California " 11:30 Lunch 1:30 Walk in the Garden 2:00 Bingo! 3:30 Snack Time- B3 Smoothies! 4:30 Dinner 6:00 Classic TV " Designing Women"	16 9:30 Morning Exercise 10:00 Daily Gazette 10:30 National Parks Adventure " Yosemite " 11:30 Lunch 1:30 Walk in the Garden 3:30 Snack Time- B3 Smoothies! 3:30 The Carol Burnette Show 4:30 Dinner 6:30 Hallmark Presents "When Calls the Heart"	17 9:30 Morning Exercise 10:00 Daily Gazette 11:00 "The Price is Right" 11:30 Lunch 1:30 Walk in the Garden 2:30 Puzzle Race 3:30 Snack Time- B3 Smoothies! 3:30 Uno 4:30 Dinner 6:30 Classic TV: Cheers	18 Rosh Hashanah Begins 9:30 Morning Exercise 10:00 Daily Gazette 10:30 The Men Who Built America 11:30 Lunch 1:30 Walk in the Garden 2:30 Happy Hour Concert 3:30 Snack Time- B3 Smoothies! 4:30 Dinner 6:00 Friday Night TV " "Murder She Wrote"	19 9:30 Morning Exercise 10:30 Planet Earth " Pole to Pole" 11:30 Lunch 1:30 Walk in the Garden 2:00 Reminiscing the 1940's 2:30 Board Games ! 3:30 The Lawrence Welk Show 4:30 Dinner 6:30 Saturday Night Movie " Love Happens"



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Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 9:30 Morning Exercise 10:00 CBS Sunday Morning 10:30 Aerial America- " Utah" 11:30 Sunday Brunch 1:30 Walk in the Garden 2:30 Afternoon Matinee - " 1st Wives Club" 4:30 Dinner 6:30 Sunday Night Comedy- " The Lucy Show"	21 9:30 Morning Exercise 10:00 Daily Gazette 10:30 September Trivia 11:30 Lunch 1:30 Walk in the Garden 3:00 X Box Bowling ! 3:30 Snack Time- B3 Smoothies! 4:30 Dinner 6:00 Monday Night Mystery " Heart to Heart"	22 Fall Begins 9:30 Morning Exercise 10:00 Daily Gazette 10:30 Aerial America "Colorado" 11:30 Lunch 1:30 Walk in the Garden 2:00 Bingo! 2:30 Bingo! 3:30 Snack Time- B3 Smoothies! 4:30 Dinner 6:00 Classic TV " Designing Women"	23 9:30 Morning Exercise 10:00 Daily Gazette 10:30 Seek and Search "Whats in the Bag" 11:30 Lunch 1:30 Walk in the Garden 2:30 Reminiscing "Autumn" 3:00 Snack Time ! 3:30 Snack Time- B3 Smoothies! 3:30 The Carol Burnette Show 4:30 Dinner 6:30 Hallmark Presents "When Calls the Heart"	24 9:30 Morning Exercise 10:00 Daily Gazette 11:00 "The Price is Right" 11:30 Lunch 1:30 Walk in the Garden 2:30 Puzzle Race 3:00 Snack Time ! 4:30 Dinner 6:30 Classic TV: Cheers	25 9:30 Morning Exercise 10:00 Daily Gazette 10:30 The Men Who Built America 11:30 Lunch 1:30 Walk in the Garden 2:30 Happy Hour Concert 3:00 Snack Time ! 4:30 Dinner 6:00 Friday Night TV " "Murder She Wrote"	26 9:30 Morning Exercise 10:30 Reminiscing " 1955" 11:30 Lunch 1:30 Walk in the Garden 2:00 The History of Apples 3:30 The Dick Van Dyke Show 4:30 Dinner 6:30 Saturday Night Movie "Mamma Mia"
27 Yom Kippur Begins 9:30 Morning Exercise 10:00 CBS Sunday Morning 10:30 Rick Steves Travel " France " 11:30 Sunday Brunch 1:30 Walk in the Garden 2:30 Afternoon Concert - "Grand Ole Opry" 4:30 Dinner 6:30 Sunday Night Movie " The Tender Trap"	28 9:30 Morning Exercise 10:00 Daily Gazette 10:30 National Parks " Roosevelt " 11:30 Lunch 1:30 Walk in the Garden 3:00 Snack Time ! 3:00 X Box Bowling ! 4:30 Dinner 6:00 Monday Night Mystery " Heart to Heart"	29 9:30 Morning Exercise 10:00 Daily Gazette 10:30 Aerial America "Louisiana" 11:30 Lunch 1:30 Walk in the Garden 2:30 Bingo! 3:00 Snack Time ! 4:30 Dinner 6:00 Classic TV " Designing Women"	30 9:30 Morning Exercise 10:00 Daily Gazette 10:30 Cranium Crunches "State Trivia" 11:30 Lunch 1:30 Walk in the Garden 2:30 Junk Drawer Detective " Back to School" 3:00 Snack Time ! 3:30 Name 5 ! 4:30 Dinner 6:30 Hallmark Presents "When Calls the Heart"			

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