



302 Medical Parkway, Lakeway, TX 78738  
 512-501-3488  
 LakeTravisIndependentLiving.com

# June 2019

Independent Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Medical Appointments are every Tuesday and Thursday from 8:30-3:00 p.m. See the Concierge for sign-up dates and times.            *All appointments must be made 24 hours in advance and approved.</p>		<p>CR: Community Room            B: Bistro            DR: Dining Room            L: Lobby            P: Swimming Pool            SL: Sky Lounge            TH: Theater            LIB: Library            WC: Wellness Center            PDR: Private Dining Room</p>	<p>You must sign-up for events. Please note there is limited seating on the bus for outings, so sign-up early. Some events might have an additional charge and will be marked with the *.</p>			<p><b>1</b></p> <p><b>9:00</b> Snow's BBQ Scenic Trip*  <b>2:00</b> Community First DVD Presentation, TH  <b>2:30</b> Scrabble, SL  <b>3:00</b> Movie Matinee, TH  <b>3:30</b> Painted Photo Holders, CR  <b>4:00</b> Skip-Bo, Bistro  <b>7:00</b> Saturday Evening Movie, TH</p>
<p><b>2</b></p> <p><b>8:15</b> Church Transportation  <b>1:30</b> Scrabble, SL  <b>2:00</b> Frosty Run*  <b>3:00</b> Mahjong, LIB.  <b>3:30</b> Puzzles, SL  <b>7:00</b> Sunday Evening Movie, TH</p>	<p><b>3</b></p> <p><b>10:00</b> Stretch and Tone, WC  <b>10:30</b> Better Balance, WC  <b>10:30</b> HEB/Randall's Shopping*  <b>10:45</b> Choir Practice, CR  <b>1:00</b> HEB/Randall's Shopping*  <b>3:00</b> Marvelous Minds, CR  <b>4:00</b> Bingo, CR  <b>6:30</b> Agatha Christie Series, TH</p>	<p><b>4</b></p> <p><b>10:00</b> Laughter Yoga, CR  <b>10:30</b> Beginner Exercise, WC  <b>11:00</b> Kerry Stevens, Memoir Author, TH  <b>11:00</b> Water Aerobics, P  <b>1:30</b> Bridge, SL  <b>2:00</b> Ted Talk: How Trees Talk to Each Other, TH  <b>2:00</b> Poker with Friends, Bistro  <b>3:00</b> Jeopardy, Bistro  <b>4:00</b> Learning Rummy Card Games, Bistro</p>	<p><b>5</b></p> <p><b>10:00</b> Chair Exercise with Home Health, WC  <b>10:30</b> Beginner Balance, WC  <b>10:45</b> Choir Practice, CR  <b>11:00</b> Health Q and A with Mario, CR  <b>11:20</b> Hoover's Lunch Outing*  <b>2:00</b> Marvelous Minds, CR  <b>3:00</b> DIY Pendant Making, CR  <b>4:00</b> Spelltower game, B</p>	<p><b>6</b></p> <p><b>10:00</b> Restorative Yoga, WC  <b>10:30</b> Beginner Exercise, WC  <b>11:00</b> Water Aerobics, P  <b>1:30</b> Bridge, SL  <b>1:30</b> Tech Class, B  <b>2:00</b> Great Courses, Animal Kingdom Part 1, TH  <b>3:00</b> DIY Hanging Air Plants, CR  <b>3:00</b> Movie Matinee, TH  <b>4:00</b> Bingo!, CR</p>	<p><b>7</b></p> <p><b>10:00</b> Town Hall Meeting, CR  <b>11:00</b> Monthly FUN Meeting, CR  <b>11:00</b> Bible Study, TH  <b>1:00</b> Dollar Tree Shopping*  <b>4:00</b> Happy Hour w/ Jimi Sinatra, CR  <b>6:30</b> Transparent, TH</p>	<p><b>8</b></p> <p><b>10:30</b> Umlauf Sculpture Tour  <b>1:30</b> Great Courses Animal Kingdom Part 1, TH  <b>2:00</b> Movie Matinee, TH  <b>2:00</b> Spinners*  <b>2:30</b> Scrabble, SL  <b>3:00</b> Great Moments in Music, Bistro  <b>4:00</b> Learning Rummy Card Games, Bistro  <b>7:00</b> Saturday Evening Movie, TH</p>
<p><b>9</b></p> <p><b>8:15</b> Church Transportation  <b>1:30</b> Scrabble, SL  <b>2:00</b> National Geographic Treasures of the Great Barrier Reef, TH  <b>3:00</b> Nondenominational Church w/ Pastor Drew, TH  <b>3:00</b> Mahjong, LIB.  <b>3:30</b> Puzzles, SL  <b>7:00</b> Sunday Evening Movie, TH</p>	<p><b>10</b></p> <p><b>10:00</b> Stretch and Tone, WC  <b>10:30</b> Better Balance, WC  <b>10:30</b> HEB/Randall's Shopping*  <b>1:00</b> HEB/Randall's Shopping*  <b>3:00</b> E and P Meeting, TH  <b>3:00</b> Marvelous Minds, CR  <b>4:00</b> Bingo, CR  <b>6:30</b> Agatha Christie Series, TH</p>	<p><b>11</b></p> <p><b>10:00</b> Laughter Yoga, CR  <b>10:30</b> Beginner Exercise, WC  <b>11:00</b> Balance and Vertigo Education, TH  <b>11:00</b> Water Aerobics, P  <b>1:30</b> Bridge, SL  <b>2:00</b> Name that Advertisement, TH  <b>2:00</b> Poker with Friends, Bistro  <b>3:00</b> Coffee Presentation and Tasting, CR  <b>4:00</b> Jeopardy, Bistro</p>	<p><b>12</b></p> <p><b>10:00</b> Diabetes Talk, TH  <b>10:00</b> Chair Ex. w/ THH, WC  <b>10:30</b> Better Balance, WC  <b>11:00</b> Honor Guard Talk w/ Chuck, CR  <b>11:00</b> Prevent Falls, TH  <b>11:00</b> Scenic Drive &amp; Blue Bonnet Cafe*  <b>2:00</b> Marvelous Minds, CR  <b>2:30</b> Photography Talk w/ Bob Walker, TH  <b>3:30</b> Iphone Photo Class, CR  <b>4:00</b> Book Mobile</p>	<p><b>13</b></p> <p><b>10:00</b> Restorative Yoga, WC  <b>10:30</b> Beginner Exercise, WC  <b>11:00</b> Balance Testing w/ Halcyon, WC  <b>11:00</b> Water Aerobics, P  <b>1:30</b> Bridge, SL  <b>2:00</b> Great Courses, Animal Kingdom Part 2, TH  <b>3:00</b> Movie Matinee, TH  <b>3:00</b> "How to Draw" Class, CR  <b>3:00</b> Laugh-In Club, LIB.  <b>4:00</b> Bingo!, CR</p>	<p><b>14</b> <b>Flag Day</b></p> <p><b>11:00</b> Bible Study, TH  <b>12:00</b> Romeo Lunch, CR  <b>1:30</b> Target Shopping*  <b>4:00</b> Happy Hour w/ Farah Lovelle, CR  <b>6:30</b> Transparent, TH</p>	<p><b>15</b></p> <p><b>10:00</b> Fredericksburg Wine Tour/Lunch Outing*  <b>1:30</b> Great Courses Animal Kingdom Part 2, TH  <b>2:00</b> Movie Matinee, TH  <b>2:30</b> Scrabble, SL  <b>4:00</b> Word Games, Bisrto  <b>7:00</b> Saturday Evening Movie, TH</p>



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# June 2019

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>16 Father's Day</b> <b>8:15</b> Church Transportation <b>11:00</b> Father's Day Brunch, DR <b>1:30</b> Scrabble, SL <b>2:00</b> Name That Tune, Bistro <b>3:00</b> Mahjong, LIB. <b>3:30</b> Puzzles, SL <b>7:00</b> Sunday Evening Movie, TH	<b>17</b> <b>10:00</b> Stretch and Tone, WC <b>10:30</b> Better Balance, WC <b>10:30</b> HEB/Randall's Shopping* <b>1:00</b> Walgreen's/Bank Run* <b>3:00</b> Marvelous Minds, CR <b>4:00</b> Bingo, CR <b>6:30</b> Agatha Christie Series, TH	<b>18</b> <b>10:00</b> Laughter Yoga, CR <b>10:30</b> Beginner Exercise, WC <b>11:00</b> Water Aerobics, P <b>1:30</b> Bridge, SL <b>2:00</b> Painting/Water Color Class, CR <b>2:00</b> Poker with Friends, Bistro <b>3:00</b> Origami w/ Becky, CR <b>4:00</b> Jeopardy, Bistro	<b>19</b> <b>10:00</b> Just For FUN Boat Cruise* <b>10:00</b> Chair Exercises w/ Texas Home Health, WC <b>10:45</b> Choir Practice, CR <b>11:00</b> Classic Variety Show, TH <b>4:00</b> Riddle Me this/That, Bistro	<b>20</b> <b>10:00</b> Restorative Yoga, WC <b>10:30</b> Beginner Exercise, WC <b>11:00</b> Water Aerobics, P <b>1:30</b> Bridge, SL <b>2:00</b> Great Courses, Animal Kingdom Part 3, TH <b>3:00</b> July 4th Wreath, CR <b>3:00</b> Movie Matinee, TH <b>4:00</b> Bingo!, CR	<b>21 Summer Begins</b> <b>11:00</b> Astronomy w/ Ken Van Lew, TH <b>1:00</b> Trader Joe's* <b>2:00</b> Genealogy Club w/ Keith, TH <b>4:00</b> Happy Hour Kim Simpson, CR <b>5:00</b> J5 Dinner Outing* <b>6:30</b> Transparent, TH	<b>22</b> <b>10:00</b> Barton Creek Mall Outing* <b>1:30</b> Great Courses Animal Kingdom Part 3, TH <b>2:00</b> Movie Matinee, TH <b>2:30</b> DIY July Fire Cracker Craft, CR <b>2:30</b> Scrabble, SL <b>4:00</b> Word Games, Bistro <b>7:00</b> Saturday Evening Movie, TH
<b>23</b> <b>8:15</b> Church Transportation <b>1:30</b> Mystery Tour <b>1:30</b> Scrabble, SL <b>3:00</b> Nondenominational Church w/ Pastor Drew, TH <b>3:00</b> Mahjong, LIB. <b>3:30</b> Puzzles, SL <b>7:00</b> Sunday Evening Movie, TH	<b>24</b> <b>10:00</b> Stretch and Tone, WC <b>10:30</b> Better Balance, WC <b>10:30</b> HEB/Randall's Shopping* <b>1:00</b> HEB/Randall's Shopping* <b>3:00</b> Marvelous Minds, CR <b>4:00</b> Bingo, CR <b>6:30</b> Agatha Christie Series, TH	<b>25</b> <b>10:00</b> Laughter Yoga, CR <b>10:30</b> Beginner Exercise, WC <b>11:00</b> Water Aerobics, P <b>1:30</b> Bridge, SL <b>2:00</b> Succulent Society Talk and Planting Event, CR <b>2:00</b> Poker with Friends, Bistro <b>4:00</b> Jeopardy, Bistro <b>4:30</b> Happy Hour at Sundancer Grill*	<b>26</b> <b>10:00</b> Chair Exercises w/ Texas Home Health, WC <b>10:30</b> Better Balance, WC <b>10:45</b> Choir Practice, CR <b>11:00</b> Coffee/Cards, Bistro <b>11:00</b> Carol Burnett Show, TH <b>2:00</b> Juliet Tea, CR <b>3:30</b> Mystery Theater, CR <b>4:00</b> Book Mobile <b>4:00</b> Spelltower, Bistro	<b>27</b> <b>10:00</b> Restorative Yoga, WC <b>10:30</b> Beginner Exercise, WC <b>11:00</b> Hormone Education w/ Lakeway Pharmacy, TH <b>11:00</b> Water Aerobics, P <b>1:30</b> Bridge, SL <b>2:00</b> Great Courses, Animal Kingdom Part 4, TH <b>3:00</b> Origami Flowers w/ Alison, CR <b>3:00</b> Movie Matinee, TH <b>4:00</b> Bingo!, CR <b>5:00</b> Luau Dinner, DR	<b>28</b> <b>11:00</b> Bible Study, TH <b>1:00</b> Stein Mart Shopping* <b>3:30</b> New Resident Greet, CR <b>4:00</b> Happy Hour w/ Lamar, CR <b>6:30</b> Transparent, TH	<b>29</b> <b>10:00</b> Walmart Shopping* <b>1:00</b> Spinners* <b>1:30</b> Great Courses Animal Kingdom Part 4, TH <b>2:00</b> Making Protein Bars, CR <b>2:00</b> Movie Matinee, TH <b>2:30</b> Scrabble, SL <b>3:30</b> Name That Tune, Bistro <b>7:00</b> Saturday Evening Movie, TH
<b>30</b> <b>8:15</b> Church Transportation <b>1:30</b> Scrabble, SL <b>3:00</b> Mahjong, LIB. <b>3:20</b> Kiyoshi Tamagawa Classical Pianist Concert <b>3:30</b> Puzzles, SL <b>7:00</b> Sunday Evening Movie, TH						

The Community reserves the right to modify the contents of this activity calendar at any time without notice.