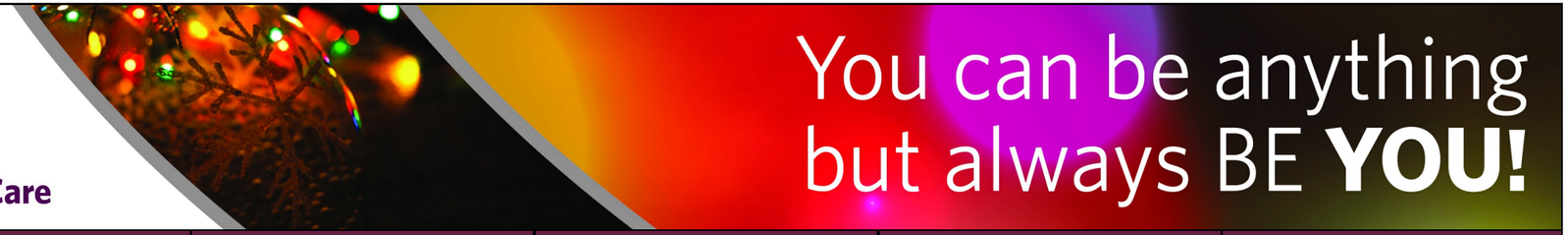
DECEMBER 2017

Three Oaks Assisted Living & Memory Care: Memory Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B: BISTRO CR: COMMUNITY ROOM DR: DINING ROOM LB: LIBRARY L: LOBBY P: PARLOR SL: SKY LOUNGE TH: THEATRE ACTIVITIES ARE SUBJECT TO CHANGE					**1** **9:00** SpectraFit **9:30** Daily Chronicle **10:00** Delilah, Therapy Dog **10:30** Marvelous Minds **11:00** Lunch **12:30** Outing/Scenic Ride **2:00** Smoothie Social **2:15** Sing a long **3:00** Happy Hour **3:45** Pre-Dinner Relaxation **5:00** World & Local News **5:30** LifeShare Games	**2** **9:00** Catholic Communion **9:30** Daily Chronicle **10:00** Cary Grove Swing Choir DR **10:30** Simple Stretch **11:00** Lunch **1:00** SpetraFun **2:00** Smoothie Social **2:15** Art with Music **3:30** Puzzle Club **3:45** Pre-Dinner Relaxation **5:00** World & Local News **7:00** Movie
3 **9:00** Daily Chronicle **10:15** Good Morning Song and Daily News Update **10:30** Stretch and Feel Good! **11:00** Lunch **12:00** Outing: Merry Cary Parade L **1:00** Bunco **2:00** Smoothie Social **2:15** Senior Bakers **3:00** Story telling **3:45** Pre-Dinner Relaxation **5:00** World & Local News **6:00** TV show & Movie	**4** **9:00** SpectraFit **9:30** Daily Chronicle **10:30** Marvelous Minds **11:00** Lunch **1:00** Craft Time **2:00** Smoothie Social **3:45** Pre-Dinner Relaxation **5:00** World & Local News	**5** **9:00** SpectraFit **9:30** Daily Chronicle **10:30** Marvelous Minds **11:00** Lunch **1:00** Crafter's Corner **2:00** Smoothie Social **2:30** Performer: Eric Lucky DR **3:00** Travel Memories **3:45** Pre-Dinner Relaxation **5:00** World & Local News	**6** **9:00** SpectraFit **9:30** Daily Chronicle **10:30** Marvelous Minds **11:00** Lunch **1:00** Charlie the Therapy Dog SL **2:00** Smoothie Social **2:30** Bingo **3:30** Gentle Massages **3:45** Pre-Dinner Relaxation **5:00** World & Local News	**7** **9:00** SpectraFit **9:30** Daily Chronicle **10:30** Marvelous Minds **11:00** Lunch **1:15** Tabletop Bowling **2:00** Smoothie Social **2:45** Music & Memory **3:15** What's in a Photo **3:45** Pre-Dinner Relaxation **5:00** World & Local News	**8** **9:00** SpectraFit **9:30** Daily Chronicle **10:30** Marvelous Minds **11:00** Lunch **12:30** Outing/Scenic Ride **2:00** Smoothie Social **2:15** Sing a long **3:00** Happy Hour **3:45** Pre-Dinner Relaxation **5:00** World & Local News **5:30** LifeShare Games	**9** **9:00** Catholic Communion **9:30** Daily Chronicle **10:00** Therapy Dog: Boogie Woogie **10:30** Simple Stretch **11:00** Lunch **1:00** SpetraFun **2:00** Smoothie Social **2:15** Art with Music **2:30** Performer: Bonnie on the Piano CR **3:30** Puzzle Club **3:45** Pre-Dinner Relaxation **5:00** World & Local News
10 **9:00** Daily Chronicle **10:15** Good Morning Song and Daily News Update **10:30** Stretch and Feel Good! **11:00** Lunch **1:00** Pokeno **1:30** Scout Troop #657 Sing A Long **2:00** Smoothie Social **2:15** Senior Bakers **3:00** Trivia Challenge **3:45** Pre-Dinner Relaxation **5:00** World & Local News **6:00** TV show & Movie	**11** **9:00** SpectraFit **9:30** Daily Chronicle **10:30** Marvelous Minds **11:00** Lunch **1:00** Craft Time **2:00** Smoothie Social **3:00** Performance: Cary Jr. High Choir CR **3:45** Pre-Dinner Relaxation **5:00** World & Local News **5:30** Outing: Holiday Lights	**12** **9:00** SpectraFit **9:30** Daily Chronicle **10:30** Marvelous Minds **11:00** Lunch **1:00** Games **2:00** Smoothie Social **3:00** Travel Memories **3:45** Pre-Dinner Relaxation **5:00** World & Local News **5:30** Outing: Holiday Lights	**13** **Hanukkah Begins** **9:00** SpectraFit **9:30** Daily Chronicle **10:30** Marvelous Minds **11:00** Lunch **1:00** Game Time **2:00** Performance: Three Oaks Ding A Lings DR **2:00** Smoothie Social **2:30** Performer: J Adair DR **2:30** Bingo **3:30** Gentle Massages **3:45** Pre-Dinner Relaxation **5:00** World & Local News	**14** **9:00** SpectraFit **9:30** Daily Chronicle **10:30** Marvelous Minds **11:00** Lunch **1:00** Fun With Friends MC **2:00** Smoothie Social **2:45** Music & Memory **3:15** What's in a Photo **3:45** Pre-Dinner Relaxation **5:00** World & Local News	**15** **9:00** SpectraFit **9:30** Daily Chronicle **10:30** Marvelous Minds **11:00** Lunch **12:30** Outing/Scenic Ride **2:00** Smoothie Social **2:15** Sing a long **3:00** Happy Hour **3:45** Pre-Dinner Relaxation **5:00** World & Local News **5:30** LifeShare Games	**16** **9:00** Catholic Communion **9:30** Daily Chronicle **10:30** Simple Stretch **11:00** Lunch **1:00** SpetraFun **2:00** Smoothie Social **2:15** Art with Music **3:30** Puzzle Club **3:45** Pre-Dinner Relaxation **5:00** World & Local News **7:00** Movie

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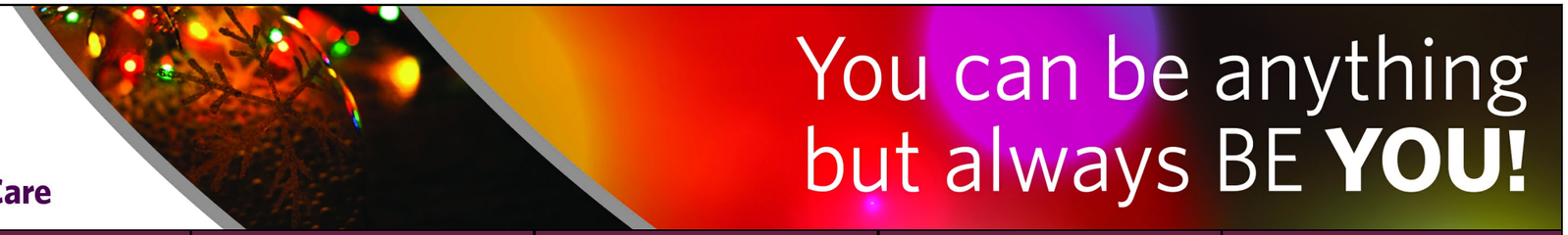

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 **9:00** Daily Chronicle **10:15** Good Morning Song and Daily News Update **10:30** Stretch and Feel Good! **11:00** Lunch **1:00** Bunco **2:00** Smoothie Social **2:15** Senior Bakers **3:00** Craft Time **3:30** Wii Games CR **3:45** Pre-Dinner Relaxation **5:00** World & Local News **6:00** TV show & Movie	**18** **9:00** SpectraFit **9:30** Daily Chronicle **10:00** Performer: Music with Mary Ellen! **10:30** Marvelous Minds **11:00** Lunch **1:00** Craft Time **2:00** Trinity Oaks Holiday Music Performance CR **2:00** Smoothie Social **3:45** Pre-Dinner Relaxation **5:00** World & Local News	**19** **9:00** SpectraFit **9:30** Daily Chronicle **10:30** Marvelous Minds **11:00** Lunch **1:00** Crafter's Corner **2:00** Smoothie Social **3:00** Travel Memories **3:45** Pre-Dinner Relaxation **5:00** World & Local News	**20** **9:00** SpectraFit **9:30** Daily Chronicle **10:00** Catholic Mass CR **10:30** Marvelous Minds **11:00** Lunch **1:00** St Barnabas PreSchool Nativity Performance **1:00** Charlie the Therapy Dog SL **2:00** Smoothie Social **2:30** Bingo **3:30** Gentle Massages **3:45** Pre-Dinner Relaxation **5:00** World & Local News	**21** **Winter Begins** **9:00** SpectraFit **9:30** Daily Chronicle **10:30** Marvelous Minds **11:00** Lunch **1:00** Fun With Friends MC **1:15** Art with Music **1:15** Tabletop Bowling **2:00** Smoothie Social **2:45** Music & Memory **3:15** What's in a Photo **3:45** Pre-Dinner Relaxation **5:00** World & Local News **5:45** Rootbeer Float & Dance	**22** **9:00** SpectraFit **9:30** Daily Chronicle **10:00** Delilah, Therapy Dog **10:30** Marvelous Minds **11:00** Lunch **12:30** Outing/Scenic Ride **2:00** Smoothie Social **2:15** Sing a long **3:00** Happy Hour **3:45** Pre-Dinner Relaxation **4:30** Dinner in Color DR **5:00** World & Local News **5:30** LifeShare Games	**23** **9:00** Catholic Communion **9:30** Daily Chronicle **10:30** Simple Stretch **11:00** Lunch **1:00** SpetraFun **2:00** Smoothie Social **2:15** Art with Music **3:30** Puzzle Club **3:45** Pre-Dinner Relaxation **5:00** World & Local News **7:00** Movie
24 **9:00** Daily Chronicle **10:15** Good Morning Song and Daily News Update **10:30** Stretch and Feel Good! **11:00** Lunch **1:00** Pokeno **2:00** Smoothie Social **2:15** Senior Bakers **3:45** Pre-Dinner Relaxation **5:00** World & Local News **6:00** TV show & Movie	**25** **Christmas Day** **9:30** Daily Chronicle **10:30** Marvelous Minds **11:00** Lunch **1:00** Christmas Craft Time **2:00** Smoothie Social **2:30** Christmas Memories **3:45** Pre-Dinner Relaxation **5:00** World & Local News	**26** **Kwanzaa Begins** **9:00** SpectraFit **9:30** Daily Chronicle **10:30** Marvelous Minds **11:00** Lunch **1:00** Games **2:00** Smoothie Social **3:00** Travel Memories **3:45** Pre-Dinner Relaxation **5:00** World & Local News	**27** **9:00** SpectraFit **9:30** Daily Chronicle **10:30** Marvelous Minds **11:00** Lunch **1:00** Game time **2:00** Smoothie Social **2:30** Performer: Rebecca Rivera DR **2:30** Bingo **3:30** Gentle Massages **3:45** Pre-Dinner Relaxation **5:00** World & Local News	**28** **9:00** SpectraFit **9:30** Daily Chronicle **10:30** Visit From KinderCare Friends **11:00** Lunch **1:00** Fun With Friends MC **2:00** Smoothie Social **2:45** Music & Memory **3:15** What's in a Photo **3:45** Pre-Dinner Relaxation **5:00** World & Local News	**29** **9:00** SpectraFit **9:30** Daily Chronicle **10:30** Marvelous Minds **11:00** Lunch **12:30** Outing/Scenic Ride **2:00** Smoothie Social **2:15** Sing a long **3:00** Happy Hour **3:45** Pre-Dinner Relaxation **5:00** World & Local News **5:30** LifeShare Games	**30** **9:00** Catholic Communion **9:30** Daily Chronicle **10:30** Simple Stretch **11:00** Lunch **1:00** SpetraFun **2:00** Smoothie Social **2:15** Art with Music **3:30** Puzzle Club **3:45** Pre-Dinner Relaxation **5:00** World & Local News **7:00** Movie
31 **New Year's Eve** **9:00** Daily Chronicle **10:15** Good Morning Song and Daily News Update **10:30** Stretch and Feel Good! **11:00** Lunch **1:00** Bunco **2:00** Smoothie Social **2:15** Senior Bakers **3:00** Sing a Long **3:00** Happy New Year Social **3:45** Pre-Dinner Relaxation **5:00** World & Local News **6:00** TV show & Movie						