

# JANUARY 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Leslie Alonzo, MC Life Enrichment Director</p> <p>*All Activities Are Subject To Change.</p>	<p>Activity Legend: Cottage A = A Cottage B = B Cottage C = C</p>					<p><b>1</b> New Year's Day</p> <p>10:00 Morning Stroll -C 10:30 Fresh Air -A 11:00 Puzzle Mania -A/C 2:00 Adult Coloring -C 3:00 Bird Feeding -A/C 4:00 Evening Movie -A/C</p>
<p><b>2</b></p> <p>10:00 Joel Osteen -A/C 11:00 Morning Walk -A/C 2:00 Mix &amp; Match Games -A/C 3:00 Popcorn Time! 4:00 Afternoon Classic Movie -A/C</p>	<p><b>3</b></p> <p>10:00 Ball Toss -C 10:30 Sit &amp; Be Fit -A 11:00 Prayers &amp; Coffee -C 2:00 Adult Coloring -C 3:00 Bean Bag Toss -A/C 4:00 A Walk in the Courtyard -A/C</p>	<p><b>4</b></p> <p>10:00 Sit &amp; Be Fit -C 10:30 Chair Zumba -A 11:00 Music &amp; Magazines -A 2:00 Jewelry Making -A/C 3:00 Bird Feeding -A/C 4:00 Elvis Music Hour -A/C</p>	<p><b>5</b></p> <p>10:00 Move with Music -C 10:30 Music Exercise -A 11:00 Adult Coloring -A/C 2:00 Ice Cream Social -A/C 4:00 Evening Stroll -A/C</p>	<p><b>6</b></p> <p>10:00 Balloon Ball -C 10:30 Ball Toss -A 11:00 I love Lucy -A/C 2:00 Garden Club -C 3:00 DIY Birdfeeders -A 4:00 Classical Music -A/C</p>	<p><b>7</b></p> <p>8:00 Cowboy Breakfast -A/C 10:00 Chair Stretches -C 10:30 Morning exercise -A 11:00 Winter Painting -A/C 3:00 Elvis Happy Hour -C 3:30 Elvis Happy Hour -A</p>	<p><b>8</b></p> <p>10:00 Morning Stroll -C 11:00 Game Shows -A/C 2:00 Coffee &amp; Cookies -A/C 3:00 Afternoon Movie -A/C 4:00 Jazz Music -A/C</p>
<p><b>9</b></p> <p>10:00 Joel Osteen -A/C 11:00 Sun Time -A/C 2:00 Puzzles -C 3:00 Balloon Ball -A 4:00 50's Music -A/C</p>	<p><b>10</b></p> <p>10:00 Move with music -C 10:30 Ball Toss -A 11:00 Prayers &amp; Coffee -C 2:00 Spa Day -A 3:00 Crafts -A/C 4:00 Funny Home Videos -A/C</p>	<p><b>11</b></p> <p>10:00 Sit &amp; Be Fit -C 10:30 Chair Stretches -A 11:00 Canvas Painting -A/C 11:00 Garden Club -A 3:30 Bird feeding -A/C 4:00 Evening Movie -A/C</p>	<p><b>12</b></p> <p>10:00 Ball Toss -C 10:30 Chair Zumba -A 11:00 Drinks on the porch -A/C 2:00 Tea Party Social -A/C 4:00 Country Music -A/C</p>	<p><b>13</b></p> <p>10:00 Chair Stretches -C 10:30 Chair Yoga -A 11:00 Crafts -A/C 2:00 I Love Lucy -A/C 3:30 Happy Tails Visit -A/C 4:00 Afternoon Stroll -A/C</p>	<p><b>14</b></p> <p>10:00 Balloon Ball -C 11:00 Morning Exercise -C 2:00 Bowling -A/C 3:00 Happy Hour -C 3:30 Happy Hour -A 4:00 Afternoon Classic -A/C</p>	<p><b>15</b></p> <p>10:30 Morning Walk -A/C 11:00 Snacks -A/C 2:00 Adult Coloring -A/C 3:00 Bird feeding -A/C 4:00 Evening Movie -A/C</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>16</b></p> <p>10:00 Joel Osteen -A/C 11:00 Game Shows -A/C 2:00 Coffee &amp; News -A/C 3:00 LifeTime Movie-A/C 4:00 Easy Listening -A/C</p>	<p><b>17</b> Martin Luther King Day</p> <p>10:00 Noodle Ball -C 10:30 Balloon Ball -A 11:00 Prayers &amp; Coffee -A 2:00 Hot Chocolate Social -A/C 3:00 Canvas Painting -A/C 4:00 Classical Music -A/C</p>	<p><b>18</b></p> <p>10:00 Chair Zumba -C 10:30 Chair Yoga -A 11:00 Matching Games -A/C 2:00 Watercolor Painting -A/C 4:00 Puzzles -A/C</p>	<p><b>19</b></p> <p>10:00 Morning Stretches -C 10:30 Move with Music -A 11:00 Reminisce -A/C 2:00 Popcorn Time! -A/C 3:00 Popcorn Trivia! -A/C 4:00 50's Music -A/C</p>	<p><b>20</b></p> <p>10:00 Kick The Ball -C 10:30 Noodle Ball -A 11:00 Mix &amp; Match -C 2:00 Cheese Lovers Social -A/C 3:00 Garden Club -C 4:00 Country Music -A/C</p>	<p><b>21</b></p> <p>10:00 Ball Toss -C 10:30 Dance Exercise -A 2:00 Blanket Craft -A/C 3:00 Happy Hour -C 3:30 Happy Hour -A 4:00 Evening Movie -A/C</p>	<p><b>22</b></p> <p>10:00 Morning Stretches -A/C 11:00 Cookie &amp; Coffee -A/C 2:00 Puzzle Mania -A/C 3:00 Popcorn Time! 4:00 Fresh Air -A/C</p>
<p><b>23</b></p> <p>10:00 Joel Osteen -A/C 11:00 Tea Time! -A/C 2:00 Mix &amp; Match Games -A/C 3:00 Afternoon Movie -A/C 4:00 Jazz Music -A/C</p>	<p><b>24</b></p> <p>10:00 Noodle Ball -C 10:30 Chair Yoga -A 11:00 Prayers &amp; Coffee -A 2:00 Peanut Butter Social -A/C 4:00 Evening Movie -A/C</p>	<p><b>25</b></p> <p>10:00 Move With Music -C 10:30 Chair Zumba -A 11:00 Spa Day -A/C 2:00 Flower Arrangements -A/C 4:00 Afternoon Walk -A/C</p>	<p><b>26</b></p> <p>10:00 Morning Church -A 10:30 Ball Toss -C 11:00 Watercolor Painting -A/C 2:00 Garden Club -A 3:00 Dominoes -A/C 4:00 Afternoon Classics -A/C</p>	<p><b>27</b></p> <p>10:00 Sit &amp; Be Fit -C 10:30 Balloon Ball -A/C 11:00 Trivia -A/C 2:00 Chocolate Cake Social -A/C 4:00 50's Music</p>	<p><b>28</b></p> <p>10:00 Chair Zumba -C 10:30 Chair Stretches -A 2:00 Puzzles &amp; Popcorn 3:00 Happy Hour -C 3:30 Happy Hour -A 4:00 Easy Listening -A/C</p>	<p><b>29</b></p> <p>10:00 Brain Games -A/C 11:00 Snacks -A/C 2:00 Adult Coloring -A/C 3:00 Bird Feeding -A/C 4:00 Evening Stroll -A/C</p>
<p><b>30</b></p> <p>10:00 Joel Osteen -A/C 11:00 Game Shows -A/C 2:00 Hot Chocolate Social -A/C 3:00 Mix &amp; Match Games -A/C 4:00 Hallmark Movie -A/C</p>	<p><b>31</b></p> <p>10:00 Kick The Ball -C 10:30 Dance Exercise -A 11:00 Prayers and Coffee -A 2:00 Crafts -A/C 3:00 Dominoes -A/C 4:00 Country Music -A/C</p>					