



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Meet the Team Lisa Lopez, Executive Director Megan Owens, LVN Jessica Torres, Resident Care Coord. Ambar Munoz, Clinical Staffing Coord. Terryl Troyer, Sales Director Chelsea Ogburn, Business Office Director Kay Diaz, AL Life</p>	<p>Location Keys LR, Living Room SR, Sitting Room PT, Front Patio DR, Dining Room BS, Beauty Salon AL, Assisted Living O, Outing</p>	<p>Activity Legend E - Emotional EN - Environmental FN - Financial IN - Intellectual PH - Physical SO - Social SP - Spiritual VO - Vocational</p>	<p>Birthdays 1/3 - Neva Ware 1/3 - Ruby Youkers 1/17 - France Lee 1/19 - Orlando Chapa</p>	<p>Quote of the month "The magic in new beginnings is the most powerful of them all." - Josiyah Martin.</p>	<p>Meal Times 8:00 am Breakfast 12:00 pm Lunch 5:00 pm Dinner Snacks 10:00am 2:00pm 7:00pm and available upon request</p>	<p>1 New Year's Day IN 10:00 Sensory Simulation with a Snack PH 10:30 Morning Exercises DVD EN 11:00 Nature Stroll around the Community 1:00 Nature Walk around the Community SP 1:30 Daily Devotional SP 2:00 Gospel Hymns SO 2:30 Music with a</p>
<p>2 SP 9:30 Church Service IN 10:00 Sensory Stimulation with a Snack PH 10:30 Light Chair Exercises EN 11:00 Nature Stroll around the Community SO 2:30 Music with a Treat PH 3:00 Corn Hole IN 4:00 Table Games</p>	<p>3 IN 9:00 What Happened Today in History till Now E 10:00 Beauty Salon Day E 10:00 Relaxation & Refreshments PH 10:30 Low Impact Exercise EN 11:00 Nature Stroll around the Community E 1:00 Crafts IN 2:00 Trivia with Goodies</p>	<p>4 IN 9:00 What Happened Today in History till Now SP 9:30 Virtual Catholic Holy Mass IN 10:00 Healthy Choices PH 10:30 YOGA w/ Nicole EN 11:00 Nature Stroll around the Community SO 12:00 National Spaghetti Day Lunch E 2:00 Baking Club</p>	<p>5 IN 9:00 What Happened Today in History till Now PH 9:30 Blended Balance Class W/ Aaron for Agility E 10:00 Relaxation & Refreshments PH 10:30 Lower Body Exercises EN 11:00 Nature Stroll around the Community PH 1:30 Bowling</p>	<p>6 IN 9:00 What Happened Today in History till Now IN 10:00 Healthy Choices PH 10:30 Arm Stretches EN 11:00 Nature Stroll around the Community IN 2:30 Fruit with Sensory Stimulation 3:00 Hot coco social SP 4:00 Bible Study with Hope Center Church in AL</p>	<p>7 IN 9:00 What Happened Today in History till Now E 10:00 Relaxation & Refreshments PH 10:30 Hand & Leg Stretches EN 11:00 Nature Stroll around the Community SO 2:30 Happy Hour: Mrs. Smiles Sings PH 3:30 Indoor Golf E 4:00 Snack Prepping</p>	<p>8 IN 10:00 Sensory Simulation with a Snack PH 10:30 Morning Exercises DVD EN 11:00 Nature Stroll around the Community SP 1:30 Daily Devotional SP 2:00 Gospel Hymns SO 2:30 Music with a Treat PH 2:30 Balloon Volleyball E 3:30 Craft Cart</p>
<p>9 SP 9:30 Church Service IN 10:00 Sensory Stimulation with a Snack PH 10:30 Light Chair Exercises EN 11:00 Nature Stroll around the Community SO 2:30 Music with a Treat PH 3:00 Corn Hole IN 4:00 Table Games</p>	<p>10 IN 9:00 What Happened Today in History till Now E 10:00 Beauty Salon Day E 10:00 Relaxation & Refreshments PH 10:30 Low Impact Exercise EN 11:00 Nature Stroll around the Community E 1:00 Crafts IN 2:00 Trivia with Goodies</p>	<p>11 IN 9:00 What Happened Today in History till Now SP 9:30 Virtual Catholic Holy Mass IN 10:00 Healthy Choices PH 10:30 YOGA w/ Nicole EN 11:00 Nature Stroll around the Community E 2:00 Baking Club IN 2:30 Dessert with Sensory Stimulation</p>	<p>12 IN 9:00 What Happened Today in History till Now PH 9:30 Blended Balance Class W/ Aaron for Agility E 10:00 Relaxation & Refreshments PH 10:30 Lower Body Exercises EN 11:00 Nature Stroll around the Community PH 1:30 Board Games</p>	<p>13 IN 9:00 What Happened Today in History till Now IN 10:00 Healthy Choices PH 10:30 Arm Stretches EN 11:00 Nature Stroll around the Community E 2:30 Resident Council IN 2:30 Fruit with Sensory Stimulation 3:00 Beach Ball Memory SP 4:00 Bible Study with</p>	<p>14 IN 9:00 What Happened Today in History till Now E 10:00 Relaxation & Refreshments PH 10:30 Hand & Leg Stretches EN 11:00 Nature Stroll around the Community SO 2:30 Happy Hour: Mrs. Smiles Sings E 4:00 Snack Prepping IN 6:00 Table Games</p>	<p>15 IN 10:00 Sensory Simulation with a Snack PH 10:30 Morning Exercises DVD EN 11:00 Nature Stroll around the Community SP 1:30 Daily Devotional SP 2:00 Gospel Hymns SO 2:30 Music with a Treat PH 2:30 Balloon Volleyball E 3:30 Craft Cart</p>



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>16</p> <p>SP 9:30 Church Service</p> <p>IN 10:00 Sensory Stimulation with a Snack</p> <p>PH 10:30 Light Chair Exercises</p> <p>EN 11:00 Nature Stroll around the Community</p> <p>SO 2:30 Music with a Treat</p> <p>PH 3:00 Corn Hole</p> <p>IN 4:00 Table Games</p>	<p>17 Martin Luther King Day</p> <p>IN 9:00 What Happened Today in History till Now</p> <p>E 10:00 Beauty Salon Day</p> <p>E 10:00 Relaxation & Refreshments</p> <p>PH 10:30 Low Impact Exercise</p> <p>EN 11:00 Nature Stroll around the Community</p> <p>E 1:00 Crafts</p> <p>IN 2:00 Trivia with Goodies</p>	<p>18</p> <p>IN 9:00 What Happened Today in History till Now</p> <p>SP 9:30 Virtual Catholic Holy Mass</p> <p>IN 10:00 Healthy Choices</p> <p>PH 10:30 YOGA w/ Nicole</p> <p>EN 11:00 Nature Stroll around the Community</p> <p>E 1:00 Room Visits</p> <p>E 2:00 Baking Club</p> <p>IN 2:30 Dessert with Sensory</p>	<p>19</p> <p>IN 9:00 What Happened Today in History till Now</p> <p>PH 9:30 Blended Balance Class W/ Aaron for Agility</p> <p>E 10:00 Relaxation & Refreshments</p> <p>PH 10:30 Lower Body Exercises</p> <p>EN 11:00 Nature Stroll around the Community</p> <p>PH 1:30 Bowling</p>	<p>20</p> <p>IN 9:00 What Happened Today in History till Now</p> <p>IN 10:00 Healthy Choices</p> <p>PH 10:30 Arm Stretches</p> <p>EN 11:00 Nature Stroll around the Community</p> <p>E 1:00 Room Visits</p> <p>IN 2:30 Fruit with Sensory Stimulation</p> <p>3:00 Sit-N-Dance w/ Streamers</p> <p>SP 4:00 Bible Study with</p>	<p>21</p> <p>IN 9:00 What Happened Today in History till Now</p> <p>E 10:00 Relaxation & Refreshments</p> <p>PH 10:30 Hand & Leg Stretches</p> <p>EN 11:00 Nature Stroll around the Community</p> <p>SO 2:30 Happy Hour: Mrs. Smiles Sings</p> <p>E 4:00 Snack Prepping</p> <p>IN 6:00 Table Games</p>	<p>22</p> <p>IN 10:00 Sensory Simulation with a Snack</p> <p>PH 10:30 Morning Exercises DVD</p> <p>EN 11:00 Nature Stroll around the Community</p> <p>SP 1:30 Daily Devotional</p> <p>SP 2:00 Gospel Hymns</p> <p>SO 2:30 Music with a Treat</p> <p>PH 2:30 Balloon Volleyball</p> <p>E 3:30 Craft Cart</p>
<p>23</p> <p>SP 9:30 Church Service</p> <p>IN 10:00 Sensory Stimulation with a Snack</p> <p>PH 10:30 Light Chair Exercises</p> <p>EN 11:00 Nature Stroll around the Community</p> <p>SO 2:30 Music with a Treat</p> <p>PH 3:00 Corn Hole</p> <p>IN 4:00 Table Games</p>	<p>24</p> <p>IN 9:00 What Happened Today in History till Now</p> <p>E 10:00 Beauty Salon Day</p> <p>E 10:00 Relaxation & Refreshments</p> <p>PH 10:30 Low Impact Exercise</p> <p>EN 11:00 Nature Stroll around the Community</p> <p>E 1:00 Crafts</p> <p>IN 2:00 Trivia with Goodies</p>	<p>25</p> <p>IN 9:00 What Happened Today in History till Now</p> <p>SP 9:30 Virtual Catholic Holy Mass</p> <p>IN 10:00 Healthy Choices</p> <p>PH 10:30 YOGA w/ Nicole</p> <p>EN 11:00 Nature Stroll around the Community</p> <p>E 2:00 Baking Club</p> <p>IN 2:30 Dessert with Sensory Stimulation</p>	<p>26</p> <p>IN 9:00 What Happened Today in History till Now</p> <p>PH 9:30 Blended Balance Class W/ Aaron for Agility</p> <p>E 10:00 Relaxation & Refreshments</p> <p>PH 10:30 Lower Body Exercises</p> <p>EN 11:00 Nature Stroll around the Community</p> <p>PH 1:30 Bowling</p>	<p>27</p> <p>IN 9:00 What Happened Today in History till Now</p> <p>IN 10:00 Healthy Choices</p> <p>PH 10:30 Arm Stretches</p> <p>EN 11:00 Nature Stroll around the Community</p> <p>E 1:00 Room Visits</p> <p>IN 2:30 Fruit with Sensory Stimulation</p> <p>SO 3:00 Social: January birthday party</p> <p>SP 4:00 Bible Study with</p>	<p>28</p> <p>IN 9:00 What Happened Today in History till Now</p> <p>E 10:00 Relaxation & Refreshments</p> <p>PH 10:30 Hand & Leg Stretches</p> <p>EN 11:00 Nature Stroll around the Community</p> <p>SO 2:30 Happy Hour: Mrs. Smiles Sings</p> <p>E 4:00 Snack Prepping</p> <p>IN 6:00 Table Games</p>	<p>29</p> <p>IN 10:00 Sensory Simulation with a Snack</p> <p>PH 10:30 Morning Exercises DVD</p> <p>EN 11:00 Nature Stroll around the Community</p> <p>SP 1:30 Daily Devotional</p> <p>SP 2:00 Gospel Hymns</p> <p>SO 2:30 Music with a Treat</p> <p>PH 2:30 Balloon Volleyball</p> <p>E 3:30 Craft Cart</p>
<p>30</p> <p>SP 9:30 Church Service</p> <p>IN 10:00 Sensory Stimulation with a Snack</p> <p>PH 10:30 Light Chair Exercises</p> <p>EN 11:00 Nature Stroll around the Community</p> <p>SO 2:30 Music with a Treat</p> <p>PH 3:00 Corn Hole</p> <p>IN 4:00 Table Games</p>	<p>31</p> <p>IN 9:00 What Happened Today in History till Now</p> <p>E 10:00 Beauty Salon Day</p> <p>E 10:00 Relaxation & Refreshments</p> <p>PH 10:30 Low Impact Exercise</p> <p>EN 11:00 Nature Stroll around the Community</p> <p>E 1:00 Crafts</p> <p>IN 2:00 Trivia with Goodies</p>	<p>Memory Care All events are subject to change, sorry for any inconveniences.</p>	<p>Upcoming Special Events</p> <p>1/1 New Year's Day</p> <p>1/17 Martin Luther King Jr. Day</p> <p>1/21 Community Blood Drive</p> <p>1/25 New Neighbor Welcome Social with Toons by TJ</p> <p>1/28 Cowboy Breakfast Drive-up</p>	<p>Resident of the Month! Andres Menchaca, Andres has lived at the Etta for a little over two years. Andres was in the army for 40 years and the air force for 6 months, he loves to tell us about the great war stories and everything he went through during his time in service. Andres will be celebrating his 101</p>	<p>Employee of the Month! Congratulations Jaqueline Calderon! Jackie is a memory care med tech who joined our community in October 2021. Jackie loves helping the residents and enjoys doing crafts with them. Her favorite hobbies are crafts, dancing, and being with her family.</p>	<p>Happy New Year! The year is 2022, can you believe it? The Etta is so excited to kick off this new year with all of you. We will celebrate old traditions with new ones on the rise. We will be hosting a blood drive to give back to our local community on January 21, 2022. We will be keeping the traditions</p>