Lakeland	Senior	Living	Activ	ities
Calendar				



April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
- BIRTHDAYS - Ronnie Kahn 2nd Phil Johnson 13th Woody Morris 18th Cary Thomas 22nd Sue Schlotthauer 24th Lona Chesley 26th Barbara Blakely 29th Sue Forman 30th	10:15 Monday Morning Walkers 11:00 Exercise: True North Yoga Plus and Breathe 1:30 Nickel Bingo	10:00 Dollar Tree 11:00 Exercise: Fun With Weights 2:30 Game Time: Sequence 6:00 Men's Tuesday Night Poker	9:15 Shopping - Walmart 10:30 Shopping - Walmart 11:00 Exercise: Shout! Shout! Punch It Out!/ Ball (Eye Hand Coordination) 1:30 Scenic Drive 6:00 Reading With Liesl	9:30 Crater Rock Museum - C.P. 10:15 Lakeland Walkers 11:00 Exercise: Standing Strength and Balance 1:30 Nickel Bingo	9:15 Lakeland Walkers - Around The Bock 11:00 Exercise: Circuit Workout 2:30 Corn Hole 6:00 Friday Night Bingo with Patty	10:00 Visiting Tailwaggers 10:30 Saturday Walkabout 11:15 Exercise Open (RR) 2:00 Open Game Time
12:30 Fun Facts 1:00 Nickel Bingo 3:00 Sunday Service with Tim Arensmeier & Wendy on the Piano	10:15 Monday Morning Walkers 11:00 Exercise: True North Yoga Plus and Breathe 1:30 Nickel Bingo 3:15 Resident Council Meeting	9 Eid al-Fitr 11:00 Exercise: Fun With Weights 1:15 Walk To Eagle Point Library 2:30 "Sequence" - Up Stairs Activity Room 6:00 Men's Tuesday Night Poker	9:15 Shopping - Walmart 10:30 Shopping - Walmart 11:00 Exercise: Shout! Shout! Punch It Out! 2:00 JoAnne's Fabrics 6:00 Reading With Liesl	10:15 Lakeland Walkers 11:00 Exercise: Standing Strength and Balance 1:30 Bonus Nickel Bingo 3:00 Activities & Outings Ideas For May	10:00 Lakeland Walkers 10:30 Lunch Outing: Happy Dragon Mongolian BBQ 11:00 Exercise: Circuit Workout 6:00 Friday Night Bingo with Patty	10:30 Saturday Walkabout 11:15 Exercise Open (RR) 2:00 Open Game Time 2:30 Musical Guest: Sean T.
12:30 Fun Facts 1:00 Nickel Bingo 2:30 LDS - Ward Sacrament Meeting Broadcast - Upstairs Independent Fireside 3:00 Sunday Service with Tim Arensmeier & Wendy on the Piano	10:00 Trip To Goodwill 10:15 Monday Morning Walkers 11:00 Exercise: True North Yoga Plus and Breathe 1:30 Nickel Bingo	11:00 Exercise: Fun With Weights 2:00 Beginning Sign Language Class 6:00 Men's Tuesday Night Poker	9:15 Shopping - Walmart 10:30 Shopping - Walmart 11:00 Exercise: Shout! Shout! Punch It Out!/ Ball (Eye Hand Coordination) 2:00 Build Your Own Trail Mix - Activity Room 6:00 Reading With Liesl	10:15 Lakeland Walkers 11:00 Exercise: Standing Strength and Balance 1:30 Nickel Bingo 3:45 Dinner Outing: Ling's 6:00 Micki's Movie Night - Popcorn & Drinks	11:00 Exercise: Circuit Workout 1:15 Lakeland Walkers - To The Park 2:30 Beginning Sign Language Class 6:00 Friday Night Bingo with Patty	10:00 Visiting Tailwaggers 10:30 Saturday Walkabout 11:15 Exercise Open (RR) 1:30 Karaoke with Bob & Co 2:00 Open Game Time

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12:30 Fun Facts 1:00 Nickel Bingo 3:00 Sunday Service with Tim Arensmeier & Wendy on the Piano	10:15 Monday Morning Walkers 11:00 Exercise: True North Yoga Plus and Breathe 1:30 Nickel Bingo	11:00 Exercise: Fun With Weights 1:30 Rhythm & Flow Drum Circle 3:00 John Jackson - Bugs-R-Us 6:00 Men's Tuesday Night Poker	9:15 Shopping - Walmart 10:30 Shopping - Walmart 11:00 Exercise: Shout! Shout! Punch It Out!/ Ball (Eye Hand Coordination) 1:30 Time For Spring Tie Dye 6:00 Reading With Liesl	9:00 7-Feathers Casino & Lunch - Canyonville 10:15 Lakeland Walkers 11:00 Exercise: Standing Strength and Balance 1:30 Nickel Bingo 2:30 Culinary Conversations	11:00 Exercise: Circuit Workout 2:00 Dicey Horse Races - Dining Room Downs 6:00 Friday Night Bingo with Patty	10:30 Saturday Walkabout 11:15 Exercise Open (RR) 2:00 Open Game Time
12:30 Fun Facts 1:00 Nickel Bingo 2:30 LDS - Ward Sacrament Meeting Broadcast - Upstairs Independent Fireside 3:00 Sunday Service with Tim Arensmeier & Wendy on the Piano	10:15 Monday Morning Walkers 11:00 Exercise: True North Yoga Plus and Breathe 1:30 Bonus Nickel Bingo	11:00 Exercise: Fun With Weights 2:00 Leslie - Bee Keeping and Honey Tasting 6:00 Men's Tuesday Night Poker		"ZONE 3" (Noc Shift) ROOMS - #115 - #131 WILL BE THE ZONES PARTICIPATING IN THE FIRE DRILL THIS MONTH	PLEASE BE ADVISED THAT ACTIVITIES AND OUTINGS ON THIS CALENDAR ARE SUBJECT TO CHANGE	