

# September 2025

| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday  |
|--|---|---|--|--|--|---|
| <b>Birthdays</b><br>9/2 - Marissa W.<br>9/13 - Jennifer S.<br>9/17 - George H.   | <b>1</b><br><b>Labor Day</b><br><b>WE</b> 8:00 Morning Greetings<br><b>WE</b> 8:45 Chair Exercise<br><b>WE</b> 9:15 Juice Boost<br><b>CR</b> 10:30 Coloring/ Painting/<br>Puzzles<br><b>PU</b> 11:30 Lunch Time<br><b>SO</b> 1:00 Classic TV Shows<br><b>SO</b> 2:00 Music and<br>Refreshments<br><b>SO</b> 3:00 Share a Moment<br><b>PU</b> 4:30 Dinner<br><b>WE</b> 5:30 Movie Night! | <b>2</b><br><b>WE</b> 8:00 Morning Greetings<br><b>WE</b> 8:45 Chair Exercise<br><b>WE</b> 9:15 Juice Boost<br><b>SO</b> 10:30 Bingo!!!<br><b>PU</b> 11:30 Lunch Time<br><b>SO</b> 1:00 Music and<br>Blueberry<br>Popsicle's<br><b>SO</b> 2:00 <b>Outing on the bus/<br/>Scenic Drive and<br/>Ice cream</b><br><b>PU</b> 4:30 Dinner<br><b>WE</b> 5:30 Movie Night! | <b>3</b><br><b>WE</b> 8:00 Morning Greetings<br><b>SO</b> 8:45 Chair Exercise<br><b>WE</b> 9:15 Juice Boost<br><b>SO</b> 10:15 Bingo!<br><b>PU</b> 11:30 Lunch Time<br><b>SO</b> 1:00 Water Colors<br><b>CR</b> 2:30 Flower Arranging<br><b>SO</b> 3:30 Snack and Sip<br><b>PU</b> 4:30 Dinner<br><b>WE</b> 5:30 Movie Night!  | <b>4</b><br><b>WE</b> 8:00 Morning Greetings<br><b>WE</b> 8:45 Chair Exercise<br><b>WE</b> 9:15 Juice Boost<br><b>SO</b> 10:15 Candy Dice Game<br><b>PU</b> 11:30 Lunch Time<br><b>SO</b> 1:30 <b>Wack-a-Ball</b><br><b>CR</b> 2:30 Snack and Sip<br><b>CR</b> 3:00 Coloring<br><b>PU</b> 4:30 Dinner<br><b>WE</b> 5:30 Movie Night!   | <b>5</b><br><b>WE</b> 8:00 Morning Greetings<br><b>WE</b> 8:45 Chair Exercise<br><b>WE</b> 9:15 Juice Boost<br><b>SO</b> 10:30 Bingo!!!<br><b>PU</b> 11:30 Lunch Time<br><b>SO</b> 12:00 Old Time Fiddlers<br><b>CR</b> 1:30 Color/ Paint/<br>Puzzles<br><b>PH</b> 3:00 Wack-a-Ball<br><b>PU</b> 4:30 Dinner<br><b>WE</b> 5:30 Movie Night!    | <b>6</b><br><b>WE</b> 8:00 Morning Greetings<br><b>WE</b> 8:45 Chair Exercise<br><b>WE</b> 9:15 Juice Boost<br><b>IN</b> 10:00 Brain Games/<br>Matching Activities<br><b>PU</b> 11:30 Lunch Time<br><b>WE</b> 1:00 Nail Care<br><b>SO</b> 2:30 Snack and Sip<br>Social<br><b>PU</b> 4:30 Dinner<br><b>WE</b> 5:30 Movie Night!  |
| <b>7</b><br><b>WE</b> 8:00 Morning Greetings<br><b>WE</b> 8:45 Chair Exercise<br><b>WE</b> 9:15 Juice Boost<br><b>SP</b> 10:00 <b>Church Service</b><br><b>PU</b> 11:30 Lunch Time<br><b>VO</b> 12:00 Music and Coloring<br><b>IN</b> 1:00 Documentary/ New<br>Hampshire<br><b>CR</b> 2:30 <b>Ice cream Social</b><br><b>PU</b> 4:30 Dinner<br><b>WE</b> 5:30 Movie Night! | <b>8</b><br><b>WE</b> 8:00 Morning Greetings<br><b>WE</b> 8:45 Chair Exercise<br><b>WE</b> 9:15 Juice Boost<br><b>PU</b> 10:00 Documentary<br>Greece<br><b>PU</b> 11:30 Lunch Time<br><b>CR</b> 12:30 Color Travel Map<br><b>SO</b> 1:30 Octopus Ring Toss<br><b>SO</b> 3:00 Share a Moment<br><b>PU</b> 4:30 Dinner<br><b>WE</b> 5:30 Movie Night!                                     | <b>9</b><br><b>WE</b> 8:00 Morning Greetings<br><b>WE</b> 8:45 Chair Exercise<br><b>WE</b> 9:15 Juice Boost<br><b>PU</b> 10:30 Documentary on<br>Spain<br><b>PU</b> 11:30 Lunch Time<br><b>SO</b> 1:00 Bingo!!!<br><b>SO</b> 2:30 Wack-a-Ball<br><b>PU</b> 4:30 Dinner<br><b>WE</b> 5:30 Movie Night!   | <b>10</b><br><b>WE</b> 8:00 Morning Greetings<br><b>WE</b> 8:45 Chair Exercise<br><b>WE</b> 9:15 Juice Boost<br><b>SO</b> 10:15 Bingo!!!<br><b>PU</b> 11:30 Lunch Time<br><b>PU</b> 1:00 Documentary Italy<br><b>SO</b> 2:30 Sip and Snack<br><b>SO</b> 3:00 Wack-a-Ball<br><b>PU</b> 4:30 Dinner<br><b>WE</b> 5:30 Movie Night!   | <b>11</b><br><b>WE</b> 8:00 Morning Greetings<br><b>WE</b> 8:45 Chair Exercise<br><b>WE</b> 9:15 Juice Boost<br><b>PU</b> 10:30 Documentary<br>Algeria<br><b>PU</b> 11:30 Lunch Time<br><b>PU</b> 2:00 <b>Wildlife Safari Bus<br/>Trip</b><br><b>PU</b> 4:30 Dinner<br><b>WE</b> 5:30 Movie Night!   | <b>12</b><br><b>WE</b> 8:00 Morning Greetings<br><b>WE</b> 8:45 Chair Exercise<br><b>WE</b> 9:15 Juice Boost<br><b>PU</b> 11:30 Lunch Time<br><b>SO</b> 12:00 Silver Creek Band/<br>Music<br><b>CR</b> 1:30 Color, Paint,<br>Puzzles<br><b>PH</b> 3:00 Wack-a-Ball<br><b>PU</b> 4:30 Dinner<br><b>WE</b> 5:30 Movie Night!                     | <b>13</b><br><b>WE</b> 8:00 Morning Greetings<br><b>WE</b> 8:45 Chair Exercise<br><b>WE</b> 9:15 Juice Boost<br><b>IN</b> 10:00 Brain Games/<br>Matching Activities<br><b>PU</b> 11:30 Lunch Time<br><b>WE</b> 1:00 Nail Care<br><b>SO</b> 2:30 Snack and Sip<br>Social<br><b>PU</b> 4:30 Dinner<br><b>WE</b> 5:30 Movie Night! |
| <b>14</b><br><b>WE</b> 8:00 Morning Greetings<br><b>WE</b> 8:45 Chair Exercise<br><b>WE</b> 9:15 Juice Boost<br><b>SP</b> 10:00 <b>Church Service</b><br><b>PU</b> 11:30 Lunch Time<br><b>VO</b> 12:00 Music and Coloring<br><b>IN</b> 1:00 Documentary/<br>Virginia<br><b>CR</b> 2:30 <b>Ice cream Social</b><br><b>PU</b> 4:30 Dinner<br><b>WE</b> 5:30 Movie Night!     | <b>15</b><br><b>WE</b> 8:00 Morning Greetings<br><b>WE</b> 8:45 Chair Exercise<br><b>WE</b> 9:15 Juice Boost<br><b>SO</b> 10:30 Bingo!!!<br><b>PU</b> 11:30 Lunch Time<br><b>SO</b> 1:30 Wack-a-Ball<br><b>SO</b> 2:30 Sip and Snack<br><b>SO</b> 3:00 Share a Moment<br><b>PU</b> 4:30 Dinner<br><b>WE</b> 5:30 Movie Night!   | <b>16</b><br><b>WE</b> 8:00 Morning Greetings<br><b>WE</b> 8:45 Chair Exercise<br><b>WE</b> 9:15 Juice Boost<br><b>PU</b> 10:30 Documentary<br>Mayflower<br><b>PU</b> 11:30 Lunch Time<br><b>SO</b> 2:00 <b>Outing on the bus/<br/>Scenic Drive &amp; Ice<br/>Cream</b><br><b>PU</b> 4:30 Dinner<br><b>WE</b> 5:30 Movie Night!                                     | <b>17</b><br><b>SO</b> <b>George H.<br/>Birthday!</b><br><b>WE</b> 8:00 Morning Greetings<br><b>WE</b> 8:45 Chair Exercise<br><b>WE</b> 9:15 Juice Boost<br><b>SO</b> 10:30 Bingo!!!<br><b>PU</b> 11:30 Lunch Time<br><b>SO</b> 12:30 Birthday<br>Celebration George<br><b>SO</b> 2:00 Wack-a-Ball<br><b>PU</b> 3:00 Sip and Snack<br><b>PU</b> 4:30 Dinner<br><b>WE</b> 5:30 Movie Night! | <b>18</b><br><b>SO</b> <b>John M. Birthday!</b><br><b>WE</b> 8:00 Morning Greetings<br><b>WE</b> 8:45 Chair Exercise<br><b>WE</b> 9:15 Juice Boost<br><b>EM</b> 10:30 Air Force<br>Documentary<br><b>PU</b> 11:30 Lunch Time<br><b>SO</b> 1:30 <b>Bingo!!!</b><br><b>SO</b> 2:30 Wack-a-Ball<br><b>SO</b> 3:30 Hydrate and Fruit<br><b>PU</b> 4:30 Dinner<br><b>WE</b> 5:30 Movie Night! | <b>19</b><br><b>WE</b> 8:00 Morning Greetings<br><b>WE</b> 8:45 Chair Exercise<br><b>WE</b> 9:15 Juice Boost<br><b>SO</b> 10:30 Coloring and<br>Puzzles<br><b>PU</b> 11:30 Lunch Time<br><b>SO</b> 12:30 Bugs-R-Us/ Birds<br><b>SO</b> 1:30 Pirate Party<br><b>PH</b> 3:00 Wack-a-Ball<br><b>PU</b> 4:30 Dinner<br><b>WE</b> 5:30 Movie Night! | <b>20</b><br><b>WE</b> 8:00 Morning Greetings<br><b>WE</b> 8:45 Chair Exercise<br><b>WE</b> 9:15 Juice Boost<br><b>IN</b> 10:00 Brain Games/<br>Matching Activities<br><b>PU</b> 11:30 Lunch Time<br><b>WE</b> 1:00 Nail Care<br><b>SO</b> 2:30 Snack and Sip<br>Social<br><b>PU</b> 4:30 Dinner<br><b>WE</b> 5:30 Movie Night! |

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| Sunday  |  |  | Monday  |  |  | Tuesday  |  |  | Wednesday   |  |  | Thursday   |  |  | Friday   |  |  | Saturday   |  |  |
|---|--|--|---|--|--|--|--|--|---|--|--|--|--|--|--|--|--|--|--|--|
| 21  |  |  | 22  |  |  | 23   |  |  | 24  |  |  | 25   |  |  | 26   |  |  | 27   |  |  |
| <div>WE 8:00 Morning Greetings</div> <div>WE 8:45 Chair Exercise</div> <div>WE 9:15 Juice Boost</div> <div>SP 10:00 Church Service</div> <div>PU 11:30 Lunch Time</div> <div>VO 12:00 Music and Coloring</div> <div>IN 1:00 Word Searches</div> <div>CR 2:30 Ice cream Social</div> <div>PU 4:30 Dinner</div> <div>WE 5:30 Movie Night!</div> |  |  | <div>WE 8:00 Morning Greetings</div> <div>WE 8:45 Chair Exercise</div> <div>WE 9:15 Juice Boost</div> <div>SO 10:30 Bingo!!!</div> <div>PU 11:30 Lunch Time</div> <div>SO 1:30 Wack-A-Ball</div> <div>SO 2:30 Sip and Snack Social</div> <div>CR 3:30 Color and Music</div> <div>PU 4:30 Dinner</div> <div>WE 5:30 Movie Night!</div> |  |  | <div>WE 8:00 Morning Greetings</div> <div>WE 8:45 Chair Exercise</div> <div>WE 9:15 Juice Boost</div> <div>CR 10:00 Painting, Coloring, Puzzles</div> <div>PU 11:30 Lunch Time</div> <div>SO 2:00 Outing on the bus/ Wildlife Safari</div> <div>PU 4:30 Dinner</div> <div>WE 5:30 Movie Night!</div> |  |  | <div>WE 8:00 Morning Greetings</div> <div>WE 8:45 Chair Exercise</div> <div>WE 9:15 Juice Boost</div> <div>SO 10:15 Air Force Documentary</div> <div>PU 11:30 Lunch Time</div> <div>SO 1:30 Bingo!!!</div> <div>SO 2:30 Sip and Snack Social</div> <div>SO 3:30 Wack-A-Ball</div> <div>PU 4:30 Dinner</div> <div>WE 5:30 Movie Night!</div> |  |  | <div>WE 8:00 Morning Greetings</div> <div>WE 8:45 Chair Exercise</div> <div>WE 9:15 Juice Boost</div> <div>SO 10:30 Bingo!!!</div> <div>PU 11:30 Lunch Time</div> <div>CR 1:00 Games, Puzzles, Color</div> <div>SO 2:30 Wack-a-Ball</div> <div>SO 3:30 Sip and Snack</div> <div>PU 4:30 Dinner</div> <div>WE 5:30 Movie Night!</div> |  |  | <div>WE 8:00 Morning Greetings</div> <div>WE 8:45 Chair Exercise</div> <div>WE 9:15 Juice Boost</div> <div>CR 10:30 Coloring</div> <div>PU 11:30 Lunch Time</div> <div>PU 1:00 Documentary/ Johnny Appleseed</div> <div>PH 2:30 Bingo!!!</div> <div>PU 3:30 Applesauce and Hydrate</div> <div>PU 4:30 Dinner</div> <div>WE 5:30 Movie Night!</div> |  |  | <div>WE 8:00 Morning Greetings</div> <div>WE 8:45 Chair Exercise</div> <div>WE 9:15 Juice Boost</div> <div>IN 10:00 Brain Games/ Matching Activities</div> <div>PU 11:30 Lunch Time</div> <div>WE 1:00 Nail Care</div> <div>SO 2:30 Snack and Sip Social</div> <div>PU 4:30 Dinner</div> <div>WE 5:30 Movie Night!</div> |  |  |
| 28  |  |  | 29  |  |  | 30   |  |  |   |  |  |  |  |  |  |  |  |  |  |  |
| <div>WE 8:00 Morning Greetings</div> <div>WE 8:45 Chair Exercise</div> <div>WE 9:15 Juice Boost</div> <div>SP 10:00 Church Service</div> <div>PU 11:30 Lunch Time</div> <div>VO 12:00 Music and Coloring</div> <div>IN 1:00 Word Searches</div> <div>CR 2:30 Ice cream Social</div> <div>PU 4:30 Dinner</div> <div>WE 5:30 Movie Night!</div> |  |  | <div>WE 8:00 Morning Greetings</div> <div>WE 8:45 Chair Exercise</div> <div>WE 9:15 Juice Boost</div> <div>SO 10:30 Coffee and Donuts</div> <div>PU 11:30 Lunch Time</div> <div>SO 1:30 Bingo!!!</div> <div>SO 3:00 Share a Moment</div> <div>PU 4:30 Dinner</div> <div>WE 5:30 Movie Night!</div>                                    |  |  | <div>WE 8:00 Morning Greetings</div> <div>WE 8:45 Chair Exercise</div> <div>WE 9:15 Juice Boost</div> <div>SO 10:30 Bingo!!!</div> <div>PU 11:30 Lunch Time</div> <div>SO 1:30 Mudpack Facial Party</div> <div>SO 3:00 Wack-a-Ball</div> <div>PU 4:30 Dinner</div> <div>WE 5:30 Movie Night!</div>   |  |  | Celebrate National Holidays<br>Sept. 1 Labor Day<br>Sept 2 Blueberry Popsicle Day<br>Sept 12 Chocolate Milkshake Day<br>Sept 14 Virginia Day<br>Sept 16 The Mayflower<br>Sept 26 Johnny Appleseed Day<br>Sept 29 Coffee Day<br>Sept 30 Mud Pack Facial Day  |  |  | National Assisted Living Week...Celebrating our Residents and Staff Sept. 7-12 with a Cruise to Greece, Spain, Italy, Algeria and Morocco. Featuring food and culture from each country. Fun and Games each Day with prizes!   |  |  | Guess how many pieces of candy in the jar and a resident and care partner receive a gift basket each!  |  |  | Thank you to all our Care partners in MC! You all are Rock Stars!  |  |  |

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