

# September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Birthdays</b> 9/2 - Audrey Smith 9/5 - Joseph S. 9/8 - Judith Kenton 9/11 - Sue Williams 9/11 - Lillian S. 9/18 - Gerri Daniels 9/25 - Father Jerry C.	<b>1</b> Labor Day <b>WE 9:15</b> Walking club-Resident lead <b>WE 10:30</b> Exercise with Empower Me - ML <b>PU 11:00</b> Family Feud with Mati <b>WE 1:30</b> Musical Ball <b>SO 2:30</b> Candy Bingo - DR	<b>2</b> <b>WE 9:15</b> Walking club-Resident lead <b>WE 10:30</b> Chair Zumba - ML <b>PU 11:00</b> Trivia <b>PU 1:30</b> Hangman <b>WE 2:30</b> Corn hole -ML <b>WE 3:30</b> Music and Manicures - ML <b>SO 6:00</b> Movie and Popcorn -AR	<b>3</b> <b>WE 9:15</b> Walking club-Resident lead <b>WE 10:00</b> Drum Fit - ML <b>EM 11:15</b> Lobby Stop! Tulsa City Library. -ML <b>PU 1:30</b> Balloon Volleyball <b>SO 2:30</b> Candy Bingo - DR <b>SP 4:00</b> Bible Study - PDR	<b>4</b> <b>WE 9:15</b> Walking club-Resident lead <b>WE 10:30</b> Exercise: Lower Body - ML <b>EM 11:15</b> Circle of Friends - AR <b>WE 12:00</b> Pet Therapy <b>PU 1:30</b> Hangman- ML <b>PU 2:30</b> Cup stacking games- ML <b>SO 3:30</b> Jerry on the Guitar - ML	<b>5</b> <b>WE 9:15</b> Walking club-Resident lead <b>WE 10:30</b> Exercise: Upper Body - AR <b>SP 11:00</b> Songs by Heart - ML <b>SO 1:30</b> Music Trivia - ML <b>SO 2:30</b> Candy Bingo - DR <b>PU 4:00</b> Table games - ML	<b>6</b> <b>WE 9:15</b> Walking club-Resident lead <b>WE 11:00</b> Exercise - ML <b>PU 11:30</b> Finish the word - ML <b>SO 1:30</b> Movie and Popcorn - AR <b>SO 4:00</b> Table games -ML
<b>7</b> <b>WE 9:15</b> Walking club-Resident lead <b>SP 10:00</b> Church Service- ML <b>WE 11:30</b> Exercise- ML <b>PU 2:00</b> Grandparents Bingo - DR <b>SP 2:00</b> Church Services - ML <b>SO 4:00</b> Table games - Resident lead- ML	<b>8</b> <b>WE 9:15</b> Walking club-Resident lead <b>SO 10:00</b> Suite Shots Outing <b>WE 10:30</b> Exercise with Empower Me - ML <b>SO 2:30</b> Candy Bingo with April - DR <b>SO 3:30</b> Table games - Resident lead- ML	<b>9</b> <b>WE 9:15</b> Walking club-Resident lead <b>WE 10:00</b> Zoo Outing <b>WE 10:30</b> Lower body Exercise with Jo Ann - ML <b>WE 2:00</b> Corn hole -ML <b>WE 3:30</b> Music and Manicures - ML	<b>10</b> <b>WE 9:15</b> Walking club-Resident lead <b>WE 10:30</b> Exercise with Gage from refuge hospices. : Upper Body <b>PU 1:30</b> Balloon Volleyball <b>SO 2:30</b> Candy Bingo - DR <b>SP 4:00</b> Bible Study - PDR	<b>11</b> <b>WE 9:15</b> Walking club-Resident lead <b>WE 10:30</b> Chair Zumba - ML <b>EM 11:15</b> Circle of Friends - AR <b>WE 12:00</b> Pet Therapy <b>PU 2:00</b> Leon the Jokester <b>SO 3:00</b> Root beer floats with Shawn / Bristo Hospice	<b>12</b> <b>WE 9:15</b> Walking club-Resident lead <b>WE 10:30</b> Drum Fit - ML <b>PU 11:00</b> Trivia with Kirsten/ Millennium home health and hospice- ML <b>WE 1:00</b> Andy's B Bowling outing! <b>SO 2:30</b> Candy Bingo with Erika w/ A path of care - DR <b>SO 3:30</b> Table games -	<b>13</b> <b>WE 9:15</b> Walking club-Resident lead <b>WE 11:00</b> Exercise - ML <b>PU 11:30</b> Finish the word - ML <b>SO 1:30</b> Movie and Popcorn - AR <b>SO 4:00</b> Table games -ML
<b>14</b> <b>WE 9:15</b> Walking club-Resident lead <b>WE 11:00</b> Exercise - ML <b>EM 11:30</b> Music Trivia - Assisted Living - AR <b>SP 2:00</b> Church Services - ML <b>SP 2:00</b> Church Services - ML <b>SO 3:00</b> Ice Cream Social - Assisted Living - AR	<b>15</b> <b>PU 8:30</b> Ladies Breakfast outing <b>WE 9:15</b> Walking club-Resident lead <b>WE 10:30</b> Exercise with Empower Me - ML <b>CR 11:30</b> Timeless Clay Class outing. <b>SO 2:30</b> Candy Bingo - DR <b>CR 4:00</b> Crafty Corner - AR	<b>16</b> <b>WE 9:15</b> Walking club-Resident lead <b>WE 10:00</b> Chair Zumba - ML <b>WE 11:00</b> Lunch Bunch Outing <b>WE 2:00</b> Corn hole -ML <b>WE 3:30</b> Music and Manicures - ML <b>SO 6:00</b> Movie and Popcorn -AR	<b>17</b> <b>WE 9:15</b> Walking club-Resident lead <b>WE 10:00</b> Drum Fit - ML <b>EM 1:30</b> Menu Chat - PDR <b>PU 1:30</b> Balloon Volleyball <b>SO 2:30</b> Candy Bingo - DR <b>SO 3:30</b> Jason is singing w/Synergy	<b>18</b> <b>WE 9:15</b> Walking club-Resident lead <b>WE 10:30</b> Exercise: Lower Body - ML <b>EM 11:15</b> Circle of Friends - AR <b>WE 12:00</b> Pet Therapy with Warren. <b>PU 1:30</b> Trivia with Assured Home health. <b>WE 2:30</b> Corn Hole -ML <b>WE 3:30</b> J-i-n-g-o - ML	<b>19</b> <b>WE 9:15</b> Walking club-Resident lead <b>WE 10:30</b> Exercise: Upper Body - AR <b>SO 11:00</b> Songs by Heart - ML <b>WE 1:30</b> Balloon Volleyball <b>SO 2:30</b> Candy Bingo - DR <b>SO 4:00</b> The Tribble brothers Concert -ML	<b>20</b> <b>WE 9:15</b> Walking club-Resident lead <b>SP 10:00</b> Light house church <b>WE 11:00</b> Exercise - ML <b>PU 11:30</b> Finish the word - ML <b>SO 1:30</b> Movie and Popcorn - AR <b>SO 4:00</b> Table games -ML

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<div>21</div> <div><div>WE</div>9:15 Walking club-Resident lead</div> <div><div>WE</div>11:00 <b>Exercise - ML</b></div> <div><div>EM</div>11:30 Music Trivia - Assisted Living - AR</div> <div><div>SP</div>2:00 Church Services - ML</div> <div><div>SP</div>2:00 <b>Church Services - ML</b></div> <div><div>SO</div>3:00 Ice Cream Social - Assisted Living - AR</div>		<div>22</div> <div><div>SO</div>8:30 <b>ROMEO's Breakfast outing</b></div> <div><div>WE</div>9:15 Walking club-Resident lead</div> <div><div>WE</div>10:30 <b>Exercise with Empower Me - ML</b></div> <div><div>CR</div>11:30 <b>Timeless Clay Class outing.</b></div> <div><div>SO</div>2:30 Candy Bingo - DR</div> <div><div>CR</div>4:00 Crafty Corner - AR</div>		<div>23</div> <div><div>WE</div>9:15 Walking club-Resident lead</div> <div><div>WE</div>10:30 Chair Zumba - ML</div> <div><div>PU</div>1:00 <b>Resident Council - AR</b></div> <div><div>WE</div>2:00 Penny Pinching with Ericka</div> <div><div>WE</div>3:00 Music and Manicures - ML</div> <div><div>SO</div>4:00 Table games - ML</div> <div><div>SO</div>6:00 Movie and Popcorn -AR</div>		<div>24</div> <div><div>WE</div>9:15 Walking club-Resident lead</div> <div><div>WE</div>10:00 Drum Fit - ML</div> <div><div>PU</div>1:30 Balloon Volleyball</div> <div><div>SO</div>2:30 Candy Bingo - DR</div> <div><div>SP</div>4:00 Bible Study - PDR</div>		<div>25</div> <div><div>WE</div>9:15 Walking club-Resident lead</div> <div><div>SO</div>10:00 <b>Going to the Tulsa state fair.</b></div> <div><div>WE</div>10:30 Exercise: Lower Body - ML</div> <div><div>EM</div>11:00 <b>Trivia with Rebeka-ML</b></div> <div><div>WE</div>12:00 Pet Therapy</div> <div><div>PU</div>3:00 <b>John Southern</b></div>		<div>26</div> <div><div>WE</div>9:15 Walking club-Resident lead</div> <div><div>PU</div>10:00 <b>Walmart Outing</b></div> <div><div>WE</div>1:30 Exercise: Upper Body - ML</div> <div><div>SO</div>2:30 Candy Bingo - DR</div> <div><div>SO</div>3:30 <b>Monthly Birthday Party</b></div> <div><div>SO</div>4:00 Table games - ML</div>		<div>27</div> <div><div>WE</div>9:15 Walking club-Resident lead</div> <div><div>WE</div>11:00 Exercise - ML</div> <div><div>PU</div>11:30 Finish the word - ML</div> <div><div>SO</div>1:30 Movie and Popcorn - AR</div> <div><div>SO</div>4:00 Table games -ML</div>	
<div>28</div> <div><div>WE</div>9:15 Walking club-Resident lead</div> <div><div>WE</div>11:00 <b>Exercise - ML</b></div> <div><div>EM</div>11:30 Music Trivia - Assisted Living - AR</div> <div><div>SP</div>2:00 Church Services - ML</div> <div><div>SP</div>2:00 <b>Church Services - ML</b></div> <div><div>SO</div>3:00 Ice Cream Social - Assisted Living - AR</div>		<div>29</div> <div><div>WE</div>9:15 Walking club-Resident lead</div> <div><div>PU</div>10:00 <b>Dollar Tree Outing</b></div> <div><div>WE</div>10:30 <b>Exercise with Empower Me - ML</b></div> <div><div>CR</div>11:30 <b>Timeless Clay Class outing.</b></div> <div><div>SO</div>2:30 Candy Bingo - DR</div> <div><div>CR</div>4:00 Crafty Corner - AR</div>		<div>30</div> <div><div>WE</div>9:15 Walking club-Resident lead</div> <div><div>WE</div>9:30 Chair Zumba - ML</div> <div><div>PU</div>10:00 <b>Good Will Outing.</b></div> <div><div>WE</div>2:00 Corn hole -ML</div> <div><div>WE</div>3:30 Music and Manicures - ML</div> <div><div>SO</div>6:00 Movie and Popcorn -AR</div>		<div><div>CR</div> - Creative</div> <div><div>EM</div> - Empowering</div> <div><div>PU</div> - Purposeful</div> <div><div>SO</div> - Social</div> <div><div>SP</div> - Spiritual</div> <div><div>WE</div> - Wellbeing</div>		<div>AR- Activity Room</div> <div>ML- Main Lobby</div> <div>DR- Dining Room</div> <div>PDR- Private Dining Room</div>					

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