

September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Refreshments and beverages served daily at 10:00 am & 2:00 pm daily. Aromatherapy occurs daily at 8:30 am.	1 Labor Day 8:30 Aromatherapy! 9:30 Morning Stretches with Video follow along! 10:00 Daily Reading - Chicken Noodle Soup for the Soul 10:30 Morning Walk In Courtyard 12:30 Artistic Coloring & Music of the 50's 1:30 Movie & Popcorn in Theater 3:00 Group Puzzle	2 9:30 Movement to Music/ Balloon Toss 10:00 Daily Reading - Chicken Noodle Soup for the Soul 10:30 Morning Walk In Courtyard 12:30 Mormon Devotional 1:30 Craft Hour 2:30 Uno & Snacks 3:30 Card Games	3 9:30 Chair Yoga 10:00 Daily Reading - Chicken Noodle Soup for the Soul 10:30 Morning Walk In Courtyard EM 11:45 Birthday Celebration during Lunch 12:30 Individual Activities 1:30 Pedicures Spa Day! (Snacks& Refreshments included!)	4 9:30 Movement to Music/ Balloon Toss 10:00 Daily Reading - Chicken Noodle Soup for the Soul 10:30 Morning Walk In Courtyard 12:30 Let's Play Uno! 1:30 Bingo 3:00 Resident Council 3:30 Word Search	5 9:30 Chair Yoga 10:00 Daily Reading - Chicken Noodle Soup for the Soul 10:30 Morning Walk In Courtyard 12:30 Mormon Devotional 1:30 Mocktails with refreshments & Uno 2:30 Craft Hour - Finish this weeks Craft 3:30 Photo Album & Discussion	6 9:30 Morning Baking Class 10:00 Morning Reading & Baked Treat 10:30 Morning Walk In Courtyard 12:30 Individual Activities 1:30 Bible Study 2:30 Adult Coloring Books 2:30 Movie in Theater 3:30 Word Search / Scrabble
7 8:30 Aromatherapy! 9:30 Movement to Music/ Balloon Toss 10:00 Daily Reading - Chicken Noodle Soup for the Soul 10:30 Morning Walk In Courtyard 12:30 Adult Coloring Books 1:30 Puzzle Corner 2:30 Movie in Theater with Popcorn	8 8:30 Aromatherapy! 9:30 Morning Stretches with Video follow along! 10:00 Daily Reading - Chicken Noodle Soup for the Soul 10:30 Morning Walk In Courtyard 12:30 Solitaire / Card Games 1:30 Adult Coloring Books	9 9:30 Movement to Music/ Balloon Toss 10:00 Daily Reading - Chicken Noodle Soup for the Soul 10:30 Morning Walk In Courtyard 12:30 Mormon Devotional 1:30 Bingo! 3:30 Farkle	10 9:30 Chair Yoga 10:00 Daily Reading - Chicken Noodle Soup for the Soul 10:30 Morning Walk In Courtyard 12:30 Individual Activities 1:30 Afternoon Stretches 2:30 Manicure Time! 3:30 Movie in Theater with Popcorn	11 9:30 Movement to Music/ Balloon Toss 10:00 Daily Reading - Chicken Noodle Soup for the Soul 10:30 Morning Walk In Courtyard 12:30 Parachute Balloon Game 1:30 Halloween Craft! 3:00 Let's Play Uno!	12 9:30 Chair Yoga 10:00 Daily Reading - Chicken Noodle Soup for the Soul 10:30 Morning Walk In Courtyard 12:30 Mormon Devotional 1:30 Afternoon Stretches 2:30 Balloon Knock Down Race 3:30 Word Search/ Scrabble	13 9:30 Morning Baking Class 10:00 Morning Reading & Baked Treat 10:30 Morning Walk In Courtyard 12:30 Individual Activities 1:30 Bible Study 2:30 Ice Cream Floats 3:00 Movie in Theater
14 8:30 Aromatherapy! 9:30 Movement to Music/ Balloon Toss 10:00 Daily Reading - Chicken Noodle Soup for the Soul 10:30 Morning Walk In Courtyard 12:30 Adult Coloring Books 1:30 Puzzle Corner 2:30 Movie in Theater with Popcorn	15 8:30 Aromatherapy! 9:30 Morning Stretches with Video follow along! 10:00 Daily Reading - Chicken Noodle Soup for the Soul 10:30 Morning Walk In Courtyard 12:30 Puzzle Corner	16 9:30 Movement to Music/ Balloon Toss 10:00 Daily Reading - Chicken Noodle Soup for the Soul 10:30 Morning Walk In Courtyard 12:30 Mormon Devotional 1:30 Indoor Cornhole 2:30 Mocktails & Uno 3:30 Group Puzzle	17 9:30 Chair Yoga 10:00 Daily Reading - Chicken Noodle Soup for the Soul 10:30 Morning Walk In Courtyard 12:30 Individual Activities 1:30 Pedicures & Spa Day (Snacks & Refreshments Included!)	18 9:30 Movement to Music/ Balloon Toss 10:00 Daily Reading - Chicken Noodle Soup for the Soul 10:30 Morning Walk In Courtyard 12:30 Group Puzzle 1:30 Arts & Crafts (Door Hanging Halloween Craft) 2:30 Movie in Theater with Snacks & Popcorn	19 9:30 Chair Yoga 10:00 Daily Reading - Chicken Noodle Soup for the Soul 10:30 Morning Walk In Courtyard 12:30 Mormon Devotional 1:30 Parachute Toss 2:30 Let's Make Smoothies 3:00 Afternoon Water Coloring	20 9:30 Morning Baking Class 10:00 Morning Reading & Baked Treat 10:30 Morning Walk In Courtyard 12:30 Group Puzzle 12:30 Individual Activities 1:30 Bible Study 2:30 Movie in Theater

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21	<div>8:30 Aromatherapy!</div> <div>9:30 Movement to Music/ Balloon Toss</div> <div>10:00 Daily Reading - Chicken Noodle Soup for the Soul</div> <div>10:30 Morning Walk In Courtyard</div> <div>12:30 Adult Coloring Books</div> <div>1:30 Puzzle Corner</div> <div>2:30 Movie in Theater with Popcorn</div>	22	<div>8:30 Aromatherapy!</div> <div>9:30 Morning Stretches with Video follow along!</div> <div>10:00 Daily Reading - Chicken Noodle Soup for the Soul</div> <div>10:30 Morning Walk In Courtyard</div> <div>12:30 Group Puzzle</div> <div>1:30 Adult Coloring Book</div>	23	<div>9:30 Movement to Music/ Balloon Toss</div> <div>10:00 Daily Reading - Chicken Noodle Soup for the Soul</div> <div>10:30 Morning Walk In Courtyard</div> <div>12:30 Mormon Devotional</div> <div>1:00 Botanical Gardens Trip - Lithia Park</div> <div>2:30 Manicures</div> <div>3:30 Word Search</div>	24	<div>9:30 Chair Yoga</div> <div>10:00 Daily Reading - Chicken Noodle Soup for the Soul</div> <div>10:30 Morning Walk In Courtyard</div> <div>12:30 Individual Activities</div> <div>1:00 Let's Travel To China Armside Travel</div> <div>2:00 Group Taste Testing Authentic Chinese Snacks & Candy</div>	25	<div>9:30 Movement to Music/ Balloon Toss</div> <div>10:00 Daily Reading - Chicken Noodle Soup for the Soul</div> <div>10:30 Morning Walk In Courtyard</div> <div>12:30 Afternoon Stretches</div> <div>1:30 Halloween Craft Decoration</div> <div>2:30 Snacks & Uno</div> <div>3:30 Photo Album & Discussion</div>	26	<div>9:30 Chair Yoga</div> <div>10:00 Daily Reading - Chicken Noodle Soup for the Soul</div> <div>10:30 Morning Walk In Courtyard</div> <div>12:30 Mormon Devotional</div> <div>1:30 Mocktails & Bingo</div> <div>3:30 Short Movie in Theater</div>	27	<div>9:30 Morning Baking Class</div> <div>10:00 Morning Reading & Baked Treat</div> <div>10:30 Morning Walk In Courtyard</div> <div>12:30 Individual Activities</div> <div>1:30 Bible Study</div> <div>2:30 Movie in Theater</div> <div>3:30 Photo Album & Discussion</div>
28	<div>8:30 Aromatherapy!</div> <div>9:30 Movement to Music/ Balloon Toss</div> <div>10:00 Daily Reading - Chicken Noodle Soup for the Soul</div> <div>10:30 Morning Walk In Courtyard</div> <div>12:30 Card Games</div> <div>1:30 Puzzle Corner</div> <div>2:30 Movie in Theater with Snacks & Popcorn</div>	29	<div>8:30 Aromatherapy!</div> <div>9:30 Morning Stretches with Video follow along!</div> <div>10:00 Daily Reading - Chicken Noodle Soup for the Soul</div> <div>10:30 Morning Walk In Courtyard</div> <div>12:30 Group Puzzle</div> <div>1:30 Adult Coloring Book</div> <div>2:30 Word Search</div>	30	<div>9:30 Movement to Music/ Balloon Toss</div> <div>10:00 Daily Reading - Chicken Noodle Soup for the Soul</div> <div>10:30 Morning Walk In Courtyard</div> <div>12:30 Mormon Devotional</div> <div>1:30 Halloween Painting Craft</div> <div>2:30 Snacks & Uno</div> <div>3:30 Photo Album & Discussion</div>			Employee Birthdays September 2025 Marisol Ayala 9-10-25		Employee Anniversary September 2025		Activities subject to change without notice at any time.	