

Assisted Living Activity Calendar
Lassen House Senior Living

September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9/7-9/12 Spirit Week: 9-7 wear bright color for your grandparents. 9/8 Wear Your Favorite Sports Team Colors. 9/9 Bring Extra Clothes for Water Day. 9/10 Crazy Sock Day 9/11 Wear Red white or blue for 911 Day 9/12 Prom Day wear your best.	1 Labor Day WE 10:30 Heart & Soul Fitness PU 11:00 Menu Chat W/Jimmie(kitchen Director) WE 1:30 Chair Dancing EM 2:30 Bingo PU 3:30 Chinese Checkers W/Friends PU 4:30 Story Telling Time W/Coffee SO 5:30 Movie W/ Popcorn	2 WE 10:30 Heart & Soul Fitness EM 1:00 Music W/ Brian PU 2:15 Circle Of Friends Walking Club EM 2:30 Bingo EM 3:30 Chinese Checkers SO 5:30 The Voice Tv show	3 WE 10:30 Heart & Soul Fitness EM 11:00 Marble Game W/ friends EM 1:30 Brain Boost Smoothie EM 2:30 Bingo EM 3:30 Mini Bowling EM 4:30 Family Feud SO 5:30 Movie W/ popcorn	4 SP 9:00 Bible Study W/ the Rines Room 120 PU 9:30 Country Drive WE 10:30 Heart & Soul Fitness PU 11:00 Patio Stroll & Chat PU 3:30 Wildlife Show CR 4:00 Paint A Wildlife Animal (National Day) SO 5:30 The lion king	5 WE 10:30 Heart & Soul Fitness EM 11:00 Cornhole SO 1:15 Red Bluff Jammers SO 2:30 Happy Hour Social SO 3:00 Music W Blake & Janice SO 5:30 I love Lucy (TV)	6 WE 10:30 Heart & Soul Fitness EM 11:00 Dice Game CR 1:00 Arts and Crafts SO 2:00 Coffee ice cream Social (National Day) EM 3:00 Funny Animal Videos EM 4:00 Bingo
7 Grandparents Day/ Beer lovers/Star trek Day SP 9:00 Church Service EM 11:00 Cornhole PU 12:00 Mexican Festa Lunch SO 3:00 Star Trek (Tv show) EM 4:00 Trivia Games SO 6:00 Movie & popcorn	8 Wear your Favorite Sports Team PU 10:00 Resident Council Meeting WE 10:30 Heart & Soul Fitness PU 11:00 Menu Chat W/Jimmie(kitchen Director) SO 1:00 Hot Dog Bar SO 3:00 Football Time EM 4:00 Cards with friends SO 5:30 Movie W/ popcorn	9 Wear Water Wear (Please Bring Extra Clothes you are Okay with Getting Wet (NO BATHING SUITS)) WE 10:30 Heart & Soul Fitness WE 11:00 Brain Smoothies SO 1:00 Fun Water Works Day SO 4:00 Cards with friends SO 5:30 The Voice Tv show	10 Crazy Sock Day CR 10:00 Crafting W/ Antelope Elementary SO 11:00 Take a Picture for School Picture Day SO 1:30 Snow Cones Truck W/ Bristol WE 3:00 Heart and soul fitness EM 3:30 Marble Game W/ friends SO 5:30 Movie w/popcorn	11 10:00 World Trade Center New York Memorial Ceremony @ Court House WE 10:30 Heart & Soul Fitness PU 12:00 BBQ W/ the American Legion & V.F.A. EM 2:30 Bingo EM 3:30 Noodle Ball SO 4:30 Jazz music & Chat SO 5:30 Letters to John "Movie"	12 Prom Day WE 10:30 Heart & Soul Fitness WE 11:00 Set up for prom SO 1:30 Get Ready For Prom SO 3:00 Casino Royal Prom Night SO 5:30 movie W/ popcorn	13 Positive Thinking Day/Peanut Day WE 10:30 Heart & Soul Fitness PU 1:00 Baking W/ Peanuts PU 3:00 History Of Hershey's Chocolate CR 4:00 Drama/ Improv Class
14 Live Creative Day/ Creme Filled Donut Day SP 9:00 Church Service EM 11:00 Mini Bowling CR 1:00 Crafting W/ Creme Filled Donuts PU 3:00 Contemporary Art Video SO 6:00 Movie & popcorn	15 WE 10:30 Heart & Soul Fitness PU 11:00 Menu Chat W/Jimmie(kitchen Director) CR 1:15 Art Class w/Blake EM 2:30 Bingo EM 3:30 Family Feud WE 4:00 Fancy Nail Time SO 5:30 Movie W/ popcorn	16 WE 10:30 Heart & Soul Fitness WE 11:00 Brain Smoothies EM 11:15 GIANT Card Memory Game SO 1:00 Music W/ Brian PU 2:15 Circle Of Friends Walking Club EM 3:00 Bingo CR 4:00 Play W/ Play Doh (National Day) SO 5:30 The Voice Tv show	17 WE 10:30 Heart & Soul Fitness EM 11:00 Chinese Checkers EM 1:15 Cards with friends EM 2:30 Bingo EM 3:30 Noodle Ball EM 4:00 Jazz music & Chat SO 5:30 Movie W/ pop corn	18 PU 8:00 Breakfast @ Airport WE 10:30 Heart & Soul Fitness EM 11:00 Chinese Checkers EM 2:00 ALL STAFF MEETING 2-4 PM (NO ACTIVITIES SCHEDULED) EM 4:00 Marble game	19 WE 10:30 Heart & Soul Fitness PU 11:30 Tecnology class W/ Martin SO 1:15 Red Bluff Jammers SO 2:30 Happy Hour Social SO 3:00 Music W Blake & Janice EM 4:00 Music Trivia	20 National Punch Day WE 10:30 Heart & Soul Fitness EM 11:15 Family Feud SO 1:00 Fruit Punch Social EM 2:00 Noodle Ball EM 3:00 A.G.T. Show EM 4:00 Bingo

ALL ACTIVITIES ARE SUBJECT TO CHANGE
LIFE ENRICHMENT DIRECTOR: Blake P.

Assisted Living Activity Calendar
Lassen House Senior Living

September 2025

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
21 SP 9:00 Church Service EM 11:00 Axe Throwing CR 1:15 Baking Pecan Cookies PU 3:00 Funny home Videos PU 3:00 Travel Through New York (tv) SP 4:00 Followers of Christ (tv show) SO 6:00 Movie & popcorn		22 WE 10:30 Heart & Soul Fitness PU 11:00 Menu Chat W/Jimmie(kitchen Director) WE 1:15 Yoga Meditation EM 2:30 Bingo EM 3:30 Cornhole CR 4:30 Color Me Calm with Calm Music 6:00 Water For Element (Movie) W/ Popcorn "Drive in Movie Style"		23 WE 10:30 Heart & Soul Fitness WE 11:00 Brain Smoothies EM 11:15 Family Feud PU 2:15 Circle Of Friends Walking Club EM 2:45 Bingo EM 3:45 Noodle Ball SO 5:30 The Voice Tv show		24 WE 10:30 Heart & Soul Fitness EM 11:00 Balloon Toss 1:30 Life Enrichment Meeting (Activity Meeting) EM 2:30 Bingo EM 3:30 Marble Game W/ friends SO 4:30 A.G.T. Show SO 5:30 Movie and Popcorn (Overboard)		25 WE 10:30 Heart & Soul Fitness EM 11:00 Corn Hole (In Door) SO 1:00 Pie Outing W/ Sunny Side EM 3:00 Bingo W/Coke a Cola CR 4:00 Crafting Class SO 5:30 Movie and popcorn (yours mine and ours)		26 WE 10:30 Heart & Soul Fitness EM 11:00 Pancake Social W/ Apple topping SO 2:30 Happy Hour Social PU 3:30 Music Trivia SO 6:00 Movie & popcorn (Tall Tales of Johnny Apple Seed) CR - Creative EM - Empowering PU - Purposeful SO - Social SP - Spiritual WE - Wellbeing		27 WE 10:30 Heart & Soul Fitness SO 11:00 Shaved Ice Social PU 1:00 Music W/ Gregg & Jude SO 3:00 Ghost Hunter (tv show) EM 4:00 Bingo 9/16 Play Dough Day 9/20 Punch Day 9/21 Pecan / New York Day 9/22 Elephant Appreciation Day 9/26 Pancake /Johnny Apple Seed Day 9/27 Ghost Hunter Day 9/28 Drink Beer 9/29n Coffee Day 9/30 Hot Mulled Apple Cider/ wear Orange Day	
28 SP 9:00 Church Service EM 11:00 Noodle Ball CR 1:00 Card Crafting W/ Janice PU 3:00 Craft Beer Tasting EM 4:00 Life Share Game SO 6:00 Movie & popcorn		29 WE 10:30 Heart & Soul Fitness PU 11:00 Menu Chat W/Jimmie(kitchen Director) CR 1:15 Art Class w/Blake EM 2:30 Bingo SO 3:30 Coffee Social (National Day) CR 4:30 Color Me Calm with Calm Music		30 WE 10:30 Heart & Soul Fitness WE 11:00 Brain Smoothies PU 2:15 Circle Of Friends Walking Club SO 3:00 Hot Mulled Apple Cider Social SO 5:30 The Voice Tv show National Days: 9/3 Welsh Rarebit Day 9/4 Wildlife Day 9/5 Cheese Pizza Day 9/6 Dice/Coffee Ice cream Day 9/7 Grandparents/Star Trek Day 9/10 Take a pro Photo Day 9/11 World Trade Center Day 9/13 Positive Thinking/ Peanut Day 9/14 Live Creative/ Creme Filled Donut Day		<u>Birthdays</u> 9/7 - Ronald Guild 9/17 - Jerith Kraft 9/25 - Della Coombs 9/28 - Suzie O'Halaran							

ALL ACTIVITIES ARE SUBJECT TO CHANGE
LIFE ENRICHMENT DIRECTOR: Blake P.