

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Birthdays</u> 8/6 - Connie C. 8/14 - James "Tom" F. 8/15 - Faye G. 8/17 - Jon S. 8/24 - Gerald "Jerry" B.	CR - Creative EM - Empowering PU - Purposeful SO - Social SP - Spiritual WE - Wellbeing	AR- Activity Room ML- Main Lobby DR- Dining Room PDR- Private Dining Room			1 WE 10:30 Exercise: Upper Body - ML SP 11:00 Songs by Heart - ML WE 1:30 Vitals Clinic with A path a care hospice. SO 2:30 Candy Bingo - DR SO 4:00 Table games - ML	2 WE 9:15 Walking club- Resident lead 9:30 Asbury Paws-ML WE 11:00 Exercise - ML PU 11:30 Finish the word - ML SO 1:30 Movie and Popcorn - AR SO 4:00 Table games -ML
3 WE 9:15 Walking club- Resident lead WE 11:00 Exercise - ML EM 11:30 Music Trivia - Assisted Living - AR SP 2:00 Church Services - ML SO 3:00 Ice Cream Social - Assisted Living - AR	4 WE 9:15 Walking club- Resident lead PU 10:00 Dollar Tree Outing WE 10:30 Exercise with Empower Me - ML PU 11:15 Mati with Complete Hospices CR 11:30 Timeless Clay Class outing. SO 2:30 Candy Bingo - DR SO 4:00 Dominos - AR	5 WE 9:15 Walking club- Resident lead WE 10:30 Chair Zumba - ML PU 11:15 Trivia - ML EM 2:00 Avalan will be singing Jazz SO 3:30 Braum's outing! SO 6:00 Movie and Popcorn -AR	6 WE 9:15 Walking club- Resident lead WE 10:00 Drum Fit - ML EM 11:15 Lobby Stop! Tulsa City Library. -ML PU 1:30 Music Trivia - ML SO 2:30 Candy Bingo - DR SP 4:00 Bible Study - PDR	7 WE 9:15 Walking club- Resident lead WE 10:30 Exercise: Lower Body - ML EM 11:15 Circle of Friends - AR PU 1:30 Hangman- ML PU 2:30 Trivia - ML SO 3:30 Jerry on the Guitar - ML	8 WE 9:15 Walking club- Resident lead WE 10:30 Exercise: Upper Body - ML PU 11:00 Music Trivia SO 1:15 Penny pitching game with Ericka- ML SO 2:30 Candy Bingo - DR SO 4:00 Table games - ML	9 WE 9:15 Walking club- Resident lead WE 11:00 Exercise - ML PU 11:30 Finish the word - ML SO 1:30 Movie and Popcorn - AR SO 4:00 Table games -ML
10 WE 9:15 Walking club- Resident lead WE 11:00 Exercise - ML EM 11:30 Music Trivia - Assisted Living - AR SP 2:00 Church Services - ML SO 3:00 Ice Cream Social - Assisted Living - AR	11 PU 8:30 Ladie Breakfast Outing WE 9:15 Walking club- Resident lead WE 10:30 Exercise with Empower Me - ML CR 11:30 Timeless Clay Class outing. SO 2:30 Candy Bingo - DR SO 4:00 Table games -ML	12 WE 9:15 Walking club- Resident lead WE 10:00 Chair Zumba - ML PU 11:00 Lunch Bunch Outing WE 2:00 Corn hole -ML WE 3:30 Music and Manicures - ML SO 6:00 Movie and Popcorn -AR	13 WE 9:15 Walking club- Resident lead WE 10:00 Drum Fit - ML PU 1:30 Balloon Volleyball SO 2:30 Candy Bingo - DR SP 4:00 Bible Study - PDR	14 WE 9:15 Walking club- Resident lead PU 10:00 Tom Freemans 100th birthday party with Centenarians of Oklahoma- ML WE 11:30 Exercise: Lower Body - ML PU 1:30 Hangman- ML PU 2:30 Music Trivia - ML WE 3:30 J-i-n-g-o - ML	15 WE 9:15 Walking club- Resident lead WE 10:30 Exercise: Upper Body - AR SO 11:00 Songs by Heart - ML PU 1:30 Hangman- ML SO 2:30 Candy Bingo - DR SO 4:00 Table games - ML	16 WE 9:15 Walking club- Resident lead SP 10:00 Light house church WE 11:30 Exercise - ML SO 1:30 Movie and Popcorn - AR SO 4:00 Table games -ML

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August 26th, we are having an Indian Taco fundraiser. All proceeds go to the Alzheimer's walk.

August 2025

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<div>17</div> <div><div>WE</div>9:15 Walking club-Resident lead</div> <div><div>WE</div>11:00 Exercise - ML</div> <div><div>EM</div>11:30 Music Trivia - Assisted Living - AR</div> <div><div>SP</div>2:00 Church Services - ML</div> <div><div>SO</div>3:00 Ice Cream Social - Assisted Living - AR</div>		<div>18</div> <div><div>PU</div>8:30 ROMEO's Breakfast outing</div> <div><div>WE</div>9:15 Walking club-Resident lead</div> <div><div>WE</div>10:30 Exercise with Empower Me - ML</div> <div><div>CR</div>11:30 Timeless Clay Class outing.</div> <div><div>SO</div>2:00 Matie with complete for ice cream social</div> <div><div>SO</div>2:30 Candy Bingo - DR</div> <div><div>SO</div>4:00 Yahtzee- AR</div>		<div>19</div> <div><div>WE</div>9:15 Walking club-Resident lead</div> <div><div>WE</div>10:30 Chair Zumba - ML</div> <div><div>SO</div>1:30 Corn hole with Gage from Refuge Care -ML</div> <div><div>PU</div>2:30 Trivia - ML</div> <div><div>WE</div>3:30 Music and Manicures - ML</div> <div><div>SO</div>6:00 Movie and Popcorn -AR</div>		<div>20</div> <div><div>WE</div>9:15 Walking club-Resident lead</div> <div><div>WE</div>10:00 Drum Fit - ML</div> <div><div>EM</div>1:30 Menu Chat - PDR</div> <div><div>SO</div>2:30 Candy Bingo - DR</div> <div><div>SP</div>4:00 Bible Study - PDR</div>		<div>21</div> <div><div>WE</div>9:15 Walking club-Resident lead</div> <div><div>WE</div>10:30 Exercise: Lower Body - ML</div> <div><div>SO</div>11:15 Games with Brittney from Suncrest</div> <div><div>SO</div>2:00 Luau -ML</div> <div><div>WE</div>3:30 J-i-n-g-o - ML</div>		<div>22</div> <div><div>WE</div>9:15 Walking club-Resident lead</div> <div><div>WE</div>10:30 Exercise: Upper Body - ML</div> <div><div>EM</div>11:00 Music Trivia - ML</div> <div><div>PU</div>1:30 Hangman- ML</div> <div><div>SO</div>2:30 Candy Bingo - DR</div> <div><div>SO</div>4:00 Table games - ML</div>		<div>23</div> <div><div>WE</div>9:15 Walking club-Resident lead</div> <div><div>WE</div>11:00 Exercise - ML</div> <div><div>PU</div>11:30 Finish the word - ML</div> <div><div>SO</div>1:30 Movie and Popcorn - AR</div> <div><div>PU</div>1:30 Hangman- ML</div> <div><div>SO</div>4:00 Table games -ML</div>	
<div>24</div> <div><div>WE</div>9:15 Walking club-Resident lead</div> <div><div>WE</div>11:00 Exercise - ML</div> <div><div>EM</div>11:30 Music Trivia - Assisted Living - AR</div> <div><div>SP</div>2:00 Church Services - ML</div> <div><div>SO</div>3:00 Ice Cream Social - Assisted Living - AR</div>		<div>25</div> <div><div>WE</div>9:15 Walking club-Resident lead</div> <div><div>SO</div>9:30 Salvation Army Outing</div> <div><div>WE</div>10:30 Exercise with Empower Me - ML</div> <div><div>CR</div>11:30 Timeless Clay Class outing.</div> <div><div>SO</div>2:30 Candy Bingo - DR</div> <div><div>PU</div>4:00 Yahtzee- AR</div>		<div>26</div> <div><div>WE</div>9:15 Walking club-Resident lead</div> <div><div>WE</div>10:30 Chair Zumba - ML</div> <div><div>PU</div>11:00 Trivia - ML</div> <div><div>SO</div>2:00 Pat Hobbs is singing</div> <div><div>WE</div>3:30 Music and Manicures - ML</div> <div><div>SO</div>6:00 Movie and Popcorn -AR</div>		<div>27</div> <div><div>WE</div>9:15 Walking club-Resident lead</div> <div><div>WE</div>10:00 Drum Fit - AR</div> <div><div>PU</div>1:30 Resident Council - AR</div> <div><div>SO</div>2:30 Candy Bingo - DR</div> <div><div>SP</div>4:00 Bible Study - PDR</div>		<div>28</div> <div><div>WE</div>9:15 Walking club-Resident lead</div> <div><div>WE</div>10:30 Exercise: Lower Body - ML</div> <div><div>EM</div>11:15 Circle of Friends - AR</div> <div><div>SO</div>1:00 Snow cones with Lumino's hospices</div> <div><div>PU</div>2:30 Ambassador Meeting-AR</div> <div><div>WE</div>3:30 J-i-n-g-o - ML</div>		<div>29</div> <div><div>WE</div>9:15 Walking club-Resident lead</div> <div><div>PU</div>10:00 Walmart Outing</div> <div><div>WE</div>1:30 Exercise: Upper Body - ML</div> <div><div>PU</div>2:00 Quartet coming to play music.</div> <div><div>PU</div>3:30 Birthday Bash!</div>		<div>30</div> <div><div>WE</div>9:15 Walking club-Resident lead</div> <div><div>WE</div>11:00 Exercise - ML</div> <div><div>PU</div>11:30 Finish the word - ML</div> <div><div>SO</div>1:30 Movie and Popcorn - AR</div> <div><div>SO</div>4:00 Table games -ML</div>	
<div>31</div> <div><div>WE</div>9:15 Walking club-Resident lead</div> <div><div>WE</div>11:00 Exercise - ML</div> <div><div>EM</div>11:30 Music Trivia - Assisted Living - AR</div> <div><div>SP</div>2:00 Church Services - ML</div> <div><div>SO</div>3:00 Ice Cream Social - Assisted Living - AR</div>													

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