

Assisted Living Activity Calendar
Lassen House Senior Living

August 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National Days:8/1 Mahjong Day 8/2 Campfire/ Color a page day 8/3 Grab some nuts day 8/4 National Coast Guards Day 8/6 Root beer Float Day 8/7Light House Day 8/8 Mochi Day	8/9 Bowling Day 8/10 Smore Day 8/16 tell Dad Jokes/Rum& Juice/ Airborne Day 8/17 Massachusetts Day/ Ice Cream Day 8/19 Aviation Day 8/21 Senior Citizen Day 8/25 Whiskey Sour Day 8/30 Beach Day	<u>Birthdays</u> 8/4 - Blake P. (Life Enrichment Director) 8/22 - Pat Murphy 8/25 - Dee Rich (MCD) 8/25 - David Goforth	CR - Creative EM - Empowering PU - Purposeful SO - Social SP - Spiritual WE - Wellbeing		1 WE PU SO SO SO 10:30 Heart & Soul Fitness 11:00 History Of Mahjong 1:15 Red Bluff Jammers 2:15 Happy Hour Social 6:00 Movie and popcorn	2 WE EM SO PU CR SO 10:30 Heart & Soul Fitness 11:00 Menu Chat W/Jimmie(kitchen Director) 1:00 Campfire Social 3:00 Nature Documentary 4:00 Color Me Calm for (National Color a Page Day) 5:30 Movie & Popcorn (Father of the Bride)
3 SP Grab Some Nuts Day 9:00 CHURCH SERVICE 11:00 Noodle Ball 1:00 Crafting W/ Janice 2:30 Nutty Social 3:00 Funny home Videos 4:00 Bingo 6:00 Movie & popcorn	4 WE EM PU EM PU SO 10:30 Heart & Soul Fitness 11:00 Menu Chat W/Jimmie(kitchen Director) 1:15 Life Enrichment Meeting (Activity Meeting) 2:30 Noodle Ball W/ Sunny side 3:30 History of the National Coast Guards (National Day) 5:30 Movie & Popcorn (The Guardian)	5 WE WE PU EM EM SO 10:30 Heart & Soul Fitness 11:00 Brain Smoothies 2:15 Circle Of Friends Walking Club 2:30 Bingo 3:30 Noodle Ball 4:30 I love Lucy (TV)	6 WE EM EM WE EM SO 10:30 Heart & Soul Fitness 11:00 Marble Game W/ friends 2:30 Bingo W/ Root beer floats (National Root beer Float Day) 3:30 Exercise time 4:30 Noodle Ball 6:00 Movie and popcorn (Resident choice)	7 SP WE PU SO 9:00 Bible Study W/ the Rines Room 100 10:30 Heart & Soul Fitness 11:00 Light Houses around the world Tour (Lighthouse Day) 1:00 Back To School Carnival 1-3pm 4:00 Card Game W/ Friends 6:00 Movie and popcorn (A father Choice)	8 WE EM SO EM SO 10:30 Heart & Soul Fitness 11:00 Base Ball Toss 2:30 Happy Hour W/ Mochi Social (National Day) 4:30 Cards W/ friends 6:00 Movie and popcorn (Frankenstein)	9 WE PU EM SO EM 10:30 Heart & Soul Fitness 11:00 Book Club 1:30 Cards W/ friends 3:00 Crafting Video 4:00 Table Bowling (National Bowling Day) 5:30 Movie Residents Choice
10 SP EM CR EM SO CR SO 9:00 CHURCH SERVICE 11:00 Corn Hole (In Door) 1:15 Make A S'more W/ Janice 2:00 Board Game W/ friends 3:00 A.G.T. Show 4:00 Drama/ Improv Class 6:00 Movie & popcorn	11 WE EM CR EM EM SO 10:00 PRE-RESIDENT COUNCIL ONLY MEETING 10:30 Heart & Soul Fitness 11:00 Menu Chat W/Jimmie(kitchen Director) 1:15 Art Class w/Blake 2:45 Bingo 3:45 Ball Toss 4:30 Family Feud (tv show)	12 WE WE SO PU EM EM 8:00 Veterans Breakfast 10:30 Heart & Soul Fitness 11:00 Brain Smoothies 1:00 Music W/ Brian 2:15 Circle Of Friends Walking Club 2:45 Bingo 3:45 Noodle Ball	13 WE EM EM WE SO PU 10:30 Heart & Soul Fitness 11:00 Corn Hole (In Door) 1:10 Cards W/ friends 2:30 Exercise time 3:00 Cheese and Wine Social 4:00 Read Along time!	14 WE PU EM EM 10:30 Heart & Soul Fitness 11:00 lunch outing Chinese Food 2:00 Resident Council Meeting 3:00 Bingo 4:00 Noodle Ball	15 WE EM SO SO WE 10:30 Heart & Soul Fitness 11:00 Chinese Checkers W/Friends 1:15 Red Bluff Jammers 2:30 Lemon Meringue Pie Social 4:00 Yoga Meditation	16 WE EM SO SO SO SO Tell Dad Jokes for Joke Day 10:30 Heart & Soul Fitness 11:00 Yahtzee dice Game 1:00 Rum& Juice Social (National Day) 4:00 Grilling Videos 5:30 Airborne Movie (YouTube) (National Day)

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LIFE ENRICHMENT DIRECTOR: Blake P.

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17	SP PU SO PU EM SO 9:00 CHURCH SERVICE 11:00 History Of Massachusetts Day 1:00 Ice Cream Sundae Bar Social 3:00 Nature Documentary 4:00 Bingo 6:00 Movie & popcorn	18	WE EM EM CR EM EM 10:30 Heart & Soul Fitness 11:00 Menu Chat W/Jimmie(kitchen Director) 11:00 UNO (Card game) 1:15 Art Class w/Blake 3:00 Bingo 4:00 Noodle Ball	19	WE WE EM PU EM EM 10:30 Heart & Soul Fitness 11:00 Brain Smoothies 11:15 GIANT Card Memory Game 2:15 Circle Of Friends Walking Club 2:45 Bingo 4:00 History Of Aviation Day (National day)	20	WE PU EM EM CR SO 10:30 Heart & Soul Fitness 11:30 Tecnology class W/ Martin 1:00 Go fish (card game) 2:30 Bingo 3:30 Color Me Calm with Calm Music 4:30 The Voice Tv show	21	WE EM PU PU 10:30 Heart & Soul Fitness 11:15 Base Ball Toss 2:00 Shopping Day @Walmart 4:30 Happy Senior Citizens Day Social 4:30 I love Lucy (TV)	22	WE EM SO SO EM 10:30 Heart & Soul Fitness 11:00 Base Ball Toss 1:30 Happy Hour Social 2:00 Music W/ Pine Dogz 3:30 Sing Along Time W/ Janice and Blake 4:30 Noodle Ball	23	WE EM PU EM SO PU 10:30 Heart & Soul Fitness 11:00 Mini Table Bowling 1:00 Music W/ Gregg &Son 2:00 Corn Hole (In Door) 3:00 The Beatles Concert (on tv) 4:00 one on one W/ Janice
24	SP EM CR EM EM SO 9:00 CHURCH SERVICE 11:00 Base Ball Toss 1:00 Cooking Class 3:00 Baking video 4:00 Cards W/ friends 6:00 Movie & popcorn	25	WE EM EM WE CR EM SO EM 10:30 Heart & Soul Fitness 11:00 Marble Game W/ friends 11:00 Menu Chat W/Jimmie(kitchen Director) 1:00 Yoga Meditation 1:15 Art Class w/Blake 2:45 Bingo 3:00 Whiskey Sour tasting (National Day) 4:30 Base Ball Toss	26	WE WE PU EM PU EM SO 10:30 Heart & Soul Fitness 11:00 Brain Smoothies 2:15 Circle Of Friends Walking Club 2:45 Bingo 3:00 Dog day (pet therapy day) 3:45 Chinese Checkers 6:00 Drive In Movie A Lions Secret (Room 100)	27	WE EM PU EM EM SO 10:30 Heart & Soul Fitness 11:00 Corn Hole (In Door) 2:00 Patio Stroll & Chat Bird watching W/ lemonade&tea 3:00 Bingo 4:00 Noodle Ball 6:00 Because i said so Movie W/ Popcorn	28	WE EM 8:00 Breakfast @ Airport 10:30 Heart & Soul Fitness 11:00 Marble Game W/ friends 2:00 ALL STAFF MEETING 2-4 PM (NO ACTIVITIES SCHEDULED) 4:00 The Voice Tv show	29	WE EM SO EM EM 10:30 Heart & Soul Fitness 11:00 Family Feud 1:00 Red Bluff Jammers 2:30 Happy Hour Social W/ Mindi 3:30 Music Trivia 4:00 Noodle Ball W/ Sunny side	30	WE EM SO PU EM 10:30 Heart & Soul Fitness 11:00 Chinese Checkers/ Marble game 1:00 Beach Day Social/ Bikini Contest (National Day) 3:00 Beach Boys Documentary 4:00 Bingo
31	CR CR SO EM SO 11:00 Science Experiment 1:15 Make Pigs In a Blanket 3:00 Funny Animal Videos 4:00 Corn Hole Inside 6:00 Movie & popcorn	Outings: 8/14 Chinese Food 8/21 Shopping @Walmart 8/28 Breakfast @ Airport											

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