## **Assisted Living**

## March 2024

| Sunday   | Monday  | Tuesday   | Wednesday   | Thursday   | Friday   | Saturday   |
|--|---|---|---|--|--|--|
| Staff Birthdays: Faye 3/19 (RN) Azra 3/22 (Maintenance Director) Shannon 3/30 (Administrator) Connie 3/30 (Dining) |   |   |   |  | Employee Appreciation Day! Happy Birthday Dan! 11:00 Sit and Stretch (Gym) 2:00 Boggle (Activity Room) | 10:30 Coloring (Activity Room) 2:00 Bingo (Activity Room) 2:30 Movie+Popcorn (Theater) |
| 10:30 Games (Activity Room) 2:00 Bingo (Activity Room) 2:30 Movie+Popcorn (Theater)                                | 11:00 Sit and Stretch (Gym) 2:00 Bible Study (Activity Room) 3:00 Bean Bag Number Game (Bistro) | 11:00 Walk to the Park 1:30 Karaoke Party! (Theater) 3:00 Movie+Popcorn (Theater) | 11:00 True North Yoga (Gym) 2:00 Bingo (Activity Room) 2:30 Movie+popcorn (Theater) | 11:00 Walk to the Park 2:00 Smoothies(Activity Room) 2:30 Trivia (Activity Room)   | 11:00 Sit and Stretch (Gym) 2:00 What is Ramadan? (Activity Room) 3:30 Walk to Coffee Shop             | 10:30 Coloring (Activity Room) 2:00 Bingo (Activity Room) 2:30 Movie+Popcorn (Theater) |
| 10:30 Games (Activity Room) 2:00 Bingo (Activity Room) 2:30 Movie+Popcorn (Theater)                                | 11:00 Sit and Stretch (Gym) 2:00 Organizing/Stringing Beads (Activity Room)                     | 11:00 Walk to the Park 1:00 Walmart Trip 3:00 Retro Sing-along (Theater)          | 11:00 True North Yoga (Gym) 2:00 Bingo (Activity Room) 2:30 Movie+popcorn (Theater) | 11:00 Walk to the Park 1:00 Cooks Corner (Dining Room) 2:00 Baking (Activity Room) | 11:00 Chair Yoga Video (Theater) 2:00 Movie Matinee (Theater)  | 10:30 Coloring (Activity Room) 2:00 Bingo (Activity Room) 2:30 Movie+Popcorn (Theater) |

<sup>\*</sup>All activities are subject to change with little to no notice\*
\*Walks will be added or removed according to the weather\*

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| Sunday   | Monday  | Tuesday   | Wednesday   | Thursday  | Friday   | Saturday   |
|--|---|---|---|---|--|--|
| Happy Birthday George! 10:30 Games (Activity Room) 2:00 Bingo (Activity Room) 2:30 Movie+Popcorn (Theater) | 11:00 Sit and Stretch (Gym) 1:00 Resident Council (Dining Room) 2:00 Bible Study (Activity Room) 3:00 Make Dog Treats (Activity Room) | 11:00 Walk to the Park 1:00 Doggy Parade (Bistro) 2:00 Mad Libs/Jokes (Theater) 3:00 Retro Sing-along (Theater) | Happy Birthday Bob D! 11:00 True North Yoga (Gym) 2:00 Bingo (Activity Room) 2:30 Movie+popcorn (Theater)     | 11:00 Walk to the Park 2:30 Trivia Game (Activity Room) 3:00 Cocktail/Mocktails (Activity Room) | 11:00 Sit and Stretch (Gym) 2:00 Farkle Dice Game (Activity Room) 5:30 Meet Your Administrator Family Night! | 10:30 Coloring (Activity Room) 2:00 Bingo (Activity Room) 2:30 Movie+Popcorn (Theater) |
| 10:30 Games (Activity Room) 2:00 Bingo (Activity Room) 2:30 Movie+Popcorn (Theater)                        | 11:00 Sit and Stretch (Gym) 2:00 Bible Study (Activity Room) 3:00 Golf Putt Practice (Bistro)   | 11:00 Walk to the Park 1:30 Easter Painting (Activity Room) 3:00 Retro Sing-along (Theater)                     | Happy Birthday Paul! 11:00 True North Yoga (Gym) 2:00 Bingo (Activity Room) 4:30 Birthday Party+Entertainment | 11:00 Walk to the Park 1:45 Movie+Popcorn (Theater)   | 11:00 Easter Family Meal 2:00 Movie Matinee (Theater) 3:45 Aromatherapy (Theater)                            | 10:30 Coloring (Activity Room) 2:00 Bingo (Activity Room) 2:30 Movie+Popcorn (Theater) |
| 10:30 Games (Activity Room) 2:00 Bingo (Activity Room) 2:30 Movie+Popcorn (Theater)                        |   |   |   |   |  |  |

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