

# October 2022

| Sunday  | Monday  | Tuesday   | Wednesday   | Thursday  | Friday   | Saturday   |
|---|---|---|---|---|--|--|
|   | SCHEDULE IS SUBJECT TO CHANGE   | Resident Birthdays!!!!<br>Rita G (25th)   | Staff Birthdays<br>Amanda D (2nd)<br>Eric P (21st)  |   |  | <b>1</b><br><b>9:00</b> Courtyard Stroll<br><b>10:00</b> Animal Therapy<br><b>11:00</b> Book Club<br><b>1:00</b> Holiday Craft<br><b>2:30</b> Show and Tell<br><b>5:30</b> Staff Pick Movie                          |
| <b>2</b><br><b>9:30</b> Circle of Friends<br><b>10:30</b> Sunday Sermon<br><b>11:00</b> Book Club<br><b>1:30</b> Puzzles and Table Games<br><b>5:30</b> Inspirational Movie                         | <b>3</b><br><b>9:15</b> Chair Exercises<br><b>10:00</b> BINGO<br><b>11:00</b> Book Club<br><b>2:00</b> Circle of Friends<br><b>5:30</b> Meditation  | <b>4</b> <b>Yom Kippur Begins</b><br><b>9:00</b> Yoga<br><b>10:30</b> Worship Services<br><b>11:00</b> Book Club<br><b>3:00</b> Therapeutic Coloring<br><b>6:00</b> Movie Night | <b>5</b><br><b>9:15</b> Chair Exercises<br><b>10:00</b> Bible Study w/Eric<br><b>11:00</b> Book Club<br><b>2:00</b> BINGO<br><b>3:30</b> Drum Circle and Dance<br><b>5:30</b> Meditation                          | <b>6</b><br><b>9:00</b> Yoga<br><b>10:30</b> Craft of choice<br><b>11:00</b> Book Club<br><b>2:30</b> Holiday Movie Party<br><b>5:30</b> Color and Relax            | <b>7</b><br><b>9:30</b> Scavenger Hunt<br><b>10:30</b> BINGO<br><b>11:00</b> Book Club<br><b>2:30</b> Nutrition Boost<br><b>3:00</b> Outdoor Games<br><b>4:00</b> Friday Happy Hour                          | <b>8</b><br><b>9:00</b> Courtyard Stroll<br><b>10:00</b> Music w/Traditions<br><b>11:00</b> Book Club<br><b>1:00</b> Holiday Craft<br><b>2:30</b> Show and Tell<br><b>5:30</b> Staff Pick Movie                      |
| <b>9</b><br><b>9:30</b> Circle of Friends<br><b>9:30</b> Movement<br><b>10:30</b> Sunday Sermon<br><b>11:00</b> Book Club<br><b>1:30</b> Puzzles and Table Games<br><b>5:30</b> Inspirational Movie | <b>10</b> <b>Columbus Day</b><br><b>9:15</b> Chair Exercises<br><b>9:30</b> Movement<br><b>10:00</b> BINGO<br><b>11:00</b> Book Club<br><b>2:00</b> Circle of Friends<br><b>5:30</b> Meditation | <b>11</b><br><b>9:00</b> Yoga<br><b>9:30</b> Movement<br><b>10:30</b> Worship Services<br><b>11:00</b> Book Club<br><b>3:00</b> Crafts w/Shenandoah<br><b>6:00</b> Ladies Night | <b>12</b><br><b>9:15</b> Chair Exercises<br><b>9:30</b> Movement<br><b>10:00</b> Bible Study w/Eric<br><b>11:00</b> Book Club<br><b>2:00</b> BINGO<br><b>3:30</b> Drum Circle and Dance<br><b>5:30</b> Meditation | <b>13</b><br><b>9:00</b> Yoga<br><b>9:30</b> Movement<br><b>10:00</b> Music W/ John<br><b>11:00</b> Book Club<br><b>2:30</b> BINGO<br><b>6:00</b> Gentlemen's Night | <b>14</b><br><b>9:30</b> Scavenger Hunt<br><b>9:30</b> Movement<br><b>10:30</b> BINGO<br><b>11:00</b> Book Club<br><b>2:30</b> Nutrition Boost<br><b>3:00</b> Outdoor Games<br><b>4:00</b> Friday Happy Hour | <b>15</b><br><b>9:00</b> Courtyard Stroll<br><b>9:30</b> Movement<br><b>10:00</b> Animal Therapy<br><b>11:00</b> Book Club<br><b>1:00</b> Holiday Craft<br><b>2:30</b> Show and Tell<br><b>5:30</b> Staff Pick Movie |

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| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday   |
|--|---|---|--|--|--|--|
| <b>16</b><br><b>9:30</b> Circle of Friends<br><b>9:30</b> Movement<br><b>10:30</b> Sunday Sermon<br><b>11:00</b> Book Club<br><b>1:30</b> Music W/Jamie<br><b>5:30</b> Inspirational Movie           | <b>17</b><br><b>9:15</b> Chair Exercises<br><b>9:30</b> Movement<br><b>10:00</b> Musical Performance<br><b>11:00</b> Book Club<br><b>2:00</b> Circle of Friends<br><b>5:30</b> Meditation | <b>18</b><br><b>9:00</b> Yoga<br><b>9:30</b> Movement<br><b>10:30</b> Worship Services<br><b>11:00</b> Book Club<br><b>3:00</b> Therapeutic Coloring<br><b>6:00</b> Movie Night | <b>19</b><br><b>9:15</b> Chair Exercises<br><b>9:30</b> Movement<br><b>10:00</b> Bible Study w/Eric<br><b>11:00</b> Book Club<br><b>1:00</b> Birthday Celebration<br><b>1:30</b> Banjo Doug<br><b>3:30</b> Drum Circle and Dance | <b>20</b><br><b>9:00</b> Yoga<br><b>9:30</b> Movement<br><b>10:00</b> Resident Council<br><b>11:00</b> Book Club<br><b>2:30</b> Holiday Movie Party<br><b>5:30</b> Color and Relax | <b>21</b><br><b>9:30</b> Scavenger Hunt<br><b>9:30</b> Movement<br><b>10:30</b> BINGO<br><b>11:00</b> Book Club<br><b>2:30</b> Nutrition Boost<br><b>3:00</b> Outdoor Games<br><b>4:00</b> Friday Happy Hour | <b>22</b><br><b>9:00</b> Courtyard Stroll<br><b>9:30</b> Movement<br><b>10:00</b> Music w/Traditions<br><b>11:00</b> Book Club<br><b>1:00</b> Holiday Craft<br><b>2:30</b> Show and Tell<br><b>5:30</b> Staff Pick Movie |
| <b>23</b><br><b>9:30</b> Circle of Friends<br><b>9:30</b> Movement<br><b>10:30</b> Sunday Sermon<br><b>11:00</b> Book Club<br><b>1:30</b> Puzzles and Table Games<br><b>5:30</b> Inspirational Movie | <b>24</b><br><b>9:15</b> Chair Exercises<br><b>9:30</b> Movement<br><b>10:00</b> BINGO<br><b>11:00</b> Book Club<br><b>2:00</b> Circle of Friends<br><b>5:30</b> Meditation               | <b>25</b><br><b>9:00</b> Yoga<br><b>9:30</b> Movement<br><b>10:30</b> Worship Services<br><b>11:00</b> Book Club<br><b>3:00</b> Therapeutic Coloring<br><b>6:00</b> Movie Night | <b>26</b><br><b>9:15</b> Chair Exercises<br><b>9:30</b> Movement<br><b>10:00</b> Bible Study w/Eric<br><b>11:00</b> Book Club<br><b>2:00</b> BINGO<br><b>3:30</b> Drum Circle and Dance<br><b>5:30</b> Meditation                | <b>27</b><br><b>9:00</b> Yoga<br><b>9:30</b> Movement<br><b>10:30</b> Craft of choice<br><b>11:00</b> Book Club<br><b>2:30</b> Holiday Movie Party<br><b>5:30</b> Color and Relax  | <b>28</b><br><b>9:30</b> Scavenger Hunt<br><b>9:30</b> Movement<br><b>10:30</b> BINGO<br><b>11:00</b> Book Club<br><b>2:30</b> Nutrition Boost<br><b>3:00</b> Outdoor Games<br><b>4:00</b> Friday Happy Hour | <b>29</b><br><b>9:00</b> Courtyard Stroll<br><b>9:30</b> Movement<br><b>10:00</b> Animal Therapy<br><b>11:00</b> Book Club<br><b>1:00</b> Holiday Craft<br><b>2:30</b> Show and Tell<br><b>5:30</b> Staff Pick Movie     |
| <b>30</b><br><b>9:30</b> Circle of Friends<br><b>9:30</b> Movement<br><b>10:30</b> Sunday Sermon<br><b>11:00</b> Book Club<br><b>1:30</b> Puzzles and Table Games<br><b>5:30</b> Inspirational Movie | <b>31</b> <b>Halloween</b><br><b>9:15</b> Chair Exercises<br><b>9:30</b> Movement<br><b>10:00</b> Music Performance<br><b>11:00</b> Book Club<br><b>1:00</b> Halloween Monster Mash Bash  |   |  |  |  |  |