

# NOVEMBER 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>To handle yourself, use your head; to handle others, use your heart. -- Eleanor Roosevelt</p>	<p><b>1</b></p> <p><b>8:30</b> Coffee and Reminicing  <b>9:45</b> Feed the Birds  <b>10:30</b> sit and stretch  <b>2:30</b> Manicures and Hand massages  <b>6:00</b> Evening walk</p>	<p><b>2</b> Election Day</p> <p><b>8:30</b> Coffee and Reminicing  <b>9:45</b> Feed the Birds  <b>10:00</b> circle of friends  <b>10:30</b> resident council  <b>2:00</b> one on one visits  <b>6:00</b> Evening walk</p>	<p><b>3</b></p> <p><b>8:30</b> Coffee and Reminicing  <b>9:45</b> Feed the Birds  <b>2:00</b> Favorite things  <b>3:00</b> Arts and crafts  <b>4:00</b> Brain power smoothies  <b>4:00</b> Resident council meeting  <b>6:00</b> Evening walk</p>	<p><b>4</b></p> <p><b>8:30</b> Coffee and Reminicing  <b>9:45</b> Feed the Birds  <b>10:30</b> one on one  <b>2:00</b> Book club  <b>3:00</b> Music circle  <b>6:00</b> Evening walk</p>	<p><b>5</b></p> <p><b>8:30</b> Coffee and Reminicing  <b>9:45</b> Feed the Birds  <b>10:30</b> book club  <b>1:00</b> google earth  <b>3:00</b> Men's club  <b>6:00</b> Evening walk</p>	<p><b>6</b></p> <p><b>8:30</b> Coffee and Reminicing  <b>9:45</b> Feed the Birds  <b>1:30</b> baking  <b>2:00</b> favorite things  <b>4:00</b> one on one  <b>6:00</b> Evening walk</p>
<p><b>7</b> Daylight Saving Ends</p> <p><b>8:30</b> Coffee and Reminicing  <b>9:45</b> Feed the Birds  <b>1:00</b> Church with Janice  <b>2:00</b> one on one  <b>3:30</b> arts and crafts  <b>6:00</b> Evening walk</p>	<p><b>8</b></p> <p><b>8:30</b> Coffee and Reminicing  <b>9:45</b> Feed the Birds  <b>10:30</b> sit and stretch  <b>2:30</b> Manicures and Hand massages  <b>6:00</b> Evening walk</p>	<p><b>9</b></p> <p><b>8:30</b> Coffee and Reminicing  <b>9:45</b> Feed the Birds  <b>10:00</b> circle of friends  <b>2:00</b> one on one visits  <b>3:00</b> google earth  <b>6:00</b> Evening walk</p>	<p><b>10</b></p> <p><b>8:30</b> Coffee and Reminicing  <b>9:45</b> Feed the Birds  <b>2:00</b> Favorite things  <b>3:00</b> Arts and crafts  <b>4:00</b> Brain power smoothies  <b>6:00</b> Evening walk</p>	<p><b>11</b> Veterans Day</p> <p><b>8:30</b> Coffee and Reminicing  <b>9:45</b> Feed the Birds  <b>10:30</b> one on one  <b>12:00</b> Veteran's Day lunch  <b>2:00</b> Book club  <b>3:00</b> Music circle  <b>6:00</b> Evening walk</p>	<p><b>12</b></p> <p><b>8:30</b> Coffee and Reminicing  <b>9:45</b> Feed the Birds  <b>10:30</b> music with heart and hope  <b>1:00</b> google earth  <b>3:00</b> Ladies group  <b>6:00</b> Evening walk</p>	<p><b>13</b></p> <p><b>8:30</b> Coffee and Reminicing  <b>9:45</b> Feed the Birds  <b>1:30</b> baking  <b>2:00</b> favorite things  <b>4:00</b> one on one  <b>6:00</b> Evening walk</p>
<p><b>14</b></p> <p><b>8:30</b> Coffee and Reminicing  <b>9:45</b> Feed the Birds  <b>1:00</b> Church with Janice  <b>2:00</b> one on one  <b>3:30</b> arts and crafts  <b>6:00</b> Evening walk</p>	<p><b>15</b></p> <p><b>8:30</b> Coffee and Reminicing  <b>9:45</b> Feed the Birds  <b>10:30</b> sit and stretch  <b>2:30</b> Manicures and Hand massages  <b>6:00</b> Evening walk</p>	<p><b>16</b></p> <p><b>8:30</b> Coffee and Reminicing  <b>9:45</b> Feed the Birds  <b>10:00</b> circle of friends  <b>2:00</b> one on one visits  <b>6:00</b> Evening walk</p>	<p><b>17</b></p> <p><b>8:30</b> Coffee and Reminicing  <b>9:45</b> Feed the Birds  <b>2:00</b> Favorite things  <b>3:00</b> Arts and crafts  <b>4:00</b> Brain power smoothies  <b>6:00</b> Evening walk</p>	<p><b>18</b></p> <p><b>8:30</b> Coffee and Reminicing  <b>9:45</b> Feed the Birds  <b>10:30</b> one on one  <b>2:00</b> Book club  <b>3:00</b> Music circle  <b>6:00</b> Evening walk</p>	<p><b>19</b></p> <p><b>8:30</b> Coffee and Reminicing  <b>9:45</b> Feed the Birds  <b>10:30</b> book club  <b>1:00</b> google earth  <b>3:00</b> Men's club  <b>6:00</b> Evening walk</p>	<p><b>20</b></p> <p><b>8:30</b> Coffee and Reminicing  <b>9:45</b> Feed the Birds  <b>1:30</b> baking  <b>2:00</b> favorite things  <b>4:00</b> one on one  <b>6:00</b> Evening walk</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>21</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>1:00</b> Church with Janice <b>2:00</b> one on one <b>3:30</b> arts and crafts <b>6:00</b> Evening walk	<b>22</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:30</b> sit and stretch <b>2:30</b> Manicures and Hand massages <b>6:00</b> Evening walk	<b>23</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:00</b> circle of friends <b>2:00</b> one on one visits <b>3:00</b> google earth <b>6:00</b> Evening walk	<b>24</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>12:00</b> Thanksgiving lunch <b>2:00</b> Favorite things <b>3:00</b> Arts and crafts <b>4:00</b> Brain power smoothies <b>6:00</b> Evening walk	<b>25</b> Thanksgiving <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:30</b> one on one <b>2:00</b> Book club <b>3:00</b> Music circle <b>6:00</b> Evening walk	<b>26</b> Black Friday <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:30</b> book club <b>1:00</b> google earth <b>3:00</b> Ladies group <b>6:00</b> Evening walk	<b>27</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>1:30</b> baking <b>2:00</b> favorite things <b>4:00</b> one on one <b>6:00</b> Evening walk
<b>28</b> Hanukkah Begins <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>1:00</b> Church with Janice <b>2:00</b> one on one <b>3:30</b> arts and crafts <b>6:00</b> Evening walk	<b>29</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:30</b> sit and stretch <b>2:30</b> Manicures and Hand massages <b>6:00</b> Evening walk	<b>30</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:00</b> circle of friends <b>2:00</b> one on one visits <b>6:00</b> Evening walk	Remember to hydrate!!! Water is our friend!	Whether you think you can or you think you can't, you're right. -- Henry Ford	Be you! everyone else is already taken.	