

# SEPTEMBER 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
To handle yourself, use your head; to handle others, use your heart. -- Eleanor Roosevelt	Remember to hydrate!!! Water is our friend!	Whether you think you can or you think you can't, you're right. -- Henry Ford	<b>1</b> 8:30 Coffee and Reminicing 9:45 Feed the Birds 2:00 Favorite things 3:00 Arts and crafts 4:00 Brain power smoothies 6:00 Evening walk	<b>2</b> 8:30 Coffee and Reminicing 9:45 Feed the Birds 10:30 one on one 10:30 resident council 2:00 Book club 3:00 Music circle 6:00 Evening walk	<b>3</b> 8:30 Coffee and Reminicing 9:45 Feed the Birds 10:30 book club 1:00 google earth 3:00 Ladies group 4:00 Resident council meeting 6:00 Evening walk	<b>4</b> 8:30 Coffee and Reminicing 9:45 Feed the Birds 1:30 baking 2:00 favorite things 4:00 one on one 6:00 Evening walk
<b>5</b> 8:30 Coffee and Reminicing 9:45 Feed the Birds 1:00 Church with Janice 2:00 one on one 3:30 arts and crafts 6:00 Evening walk	<b>6</b> Labor Day 8:30 Coffee and Reminicing 9:45 Feed the Birds 10:30 sit and stretch 2:30 Manicures and Hand massages 6:00 Evening walk	<b>7</b> Rosh Hashanah Begins 8:30 Coffee and Reminicing 9:45 Feed the Birds 10:00 circle of friends 2:00 one on one visits 6:00 Evening walk	<b>8</b> 8:30 Coffee and Reminicing 9:45 Feed the Birds 2:00 Favorite things 3:00 Arts and crafts 4:00 Brain power smoothies 6:00 Evening walk	<b>9</b> 8:30 Coffee and Reminicing 9:45 Feed the Birds 10:30 one on one 2:00 Book club 3:00 Music circle 6:00 Evening walk	<b>10</b> 8:30 Coffee and Reminicing 9:45 Feed the Birds 10:30 book club 1:00 google earth 3:00 Men's club 6:00 Evening walk	<b>11</b> 8:30 Coffee and Reminicing 9:45 Feed the Birds 1:30 baking 2:00 favorite things 4:00 one on one 6:00 Evening walk
<b>12</b> Grandparent's Day 8:30 Coffee and Reminicing 9:45 Feed the Birds 1:00 Church with Janice 2:00 one on one 3:30 arts and crafts 6:00 Evening walk	<b>13</b> 8:30 Coffee and Reminicing 9:45 Feed the Birds 10:30 sit and stretch 2:30 Manicures and Hand massages 6:00 Evening walk	<b>14</b> 8:30 Coffee and Reminicing 9:45 Feed the Birds 10:00 circle of friends 2:00 one on one visits 3:00 google earth 6:00 Evening walk	<b>15</b> Yom Kippur Begins 8:30 Coffee and Reminicing 9:45 Feed the Birds 2:00 Favorite things 3:00 Arts and crafts 4:00 Brain power smoothies 6:00 Evening walk	<b>16</b> 8:30 Coffee and Reminicing 9:45 Feed the Birds 10:30 one on one 2:00 Book club 3:00 Music circle 6:00 Evening walk	<b>17</b> 8:30 Coffee and Reminicing 9:45 Feed the Birds 10:30 book club 1:00 google earth 3:00 Ladies group 6:00 Evening walk	<b>18</b> 8:30 Coffee and Reminicing 9:45 Feed the Birds 1:30 baking 2:00 favorite things 4:00 one on one 6:00 Evening walk

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>19</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>1:00</b> Church with Janice <b>2:00</b> one on one <b>3:30</b> arts and crafts <b>6:00</b> Evening walk	<b>20</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:30</b> sit and stretch <b>2:30</b> Manicures and Hand massages <b>6:00</b> Evening walk	<b>21</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:00</b> circle of friends <b>2:00</b> one on one visits <b>6:00</b> Evening walk	<b>22</b> Fall Begins <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>2:00</b> Favorite things <b>3:00</b> Arts and crafts <b>4:00</b> Brain power smoothies <b>6:00</b> Evening walk	<b>23</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:30</b> one on one <b>2:00</b> Book club <b>3:00</b> Music circle <b>6:00</b> Evening walk	<b>24</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:30</b> book club <b>1:00</b> google earth <b>3:00</b> Men's club <b>6:00</b> Evening walk	<b>25</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>1:30</b> baking <b>2:00</b> favorite things <b>4:00</b> one on one <b>6:00</b> Evening walk
<b>26</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>1:00</b> Church with Janice <b>2:00</b> one on one <b>3:30</b> arts and crafts <b>6:00</b> Evening walk	<b>27</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:30</b> sit and stretch <b>2:30</b> Manicures and Hand massages <b>6:00</b> Evening walk	<b>28</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:00</b> circle of friends <b>2:00</b> one on one visits <b>3:00</b> google earth <b>6:00</b> Evening walk	<b>29</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>2:00</b> Favorite things <b>3:00</b> Arts and crafts <b>4:00</b> Brain power smoothies <b>6:00</b> Evening walk	<b>30</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:30</b> one on one <b>2:00</b> Book club <b>3:00</b> Music circle <b>6:00</b> Evening walk	Be you! everyone else is already taken.	