

JULY 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
To handle yourself, use your head; to handle others, use your heart. -- Eleanor Roosevelt	Remember to hydrate!!! Water is our friend!	Whether you think you can or you think you can't, you're right. -- Henry Ford	Be you! everyone else is already taken.	1 8:30 Coffee and Reminicing 9:45 Feed the Birds 10:30 one on one 2:00 Book club 3:00 Music circle 6:00 Evening walk	2 8:30 Coffee and Reminicing 9:45 Feed the Birds 10:30 book club 10:30 resident council 1:00 google earth 3:00 Men's club 6:00 Evening walk	3 8:30 Coffee and Reminicing 9:45 Feed the Birds 1:30 baking 2:00 favorite things 4:00 Resident council meeting 4:00 one on one 6:00 Evening walk
4 Independence Day 8:30 Coffee and Reminicing 9:45 Feed the Birds 1:00 Church with Janice 2:00 one on one 3:30 arts and crafts 6:00 Evening walk	5 8:30 Coffee and Reminicing 9:45 Feed the Birds 10:30 sit and stretch 2:30 Manicures and Hand massages 6:00 Evening walk	6 8:30 Coffee and Reminicing 9:45 Feed the Birds 10:00 circle of friends 2:00 one on one visits 3:00 google earth 6:00 Evening walk	7 8:30 Coffee and Reminicing 9:45 Feed the Birds 2:00 Favorite things 3:00 Arts and crafts 4:00 Brain power smoothies 6:00 Evening walk	8 8:30 Coffee and Reminicing 9:45 Feed the Birds 10:30 one on one 2:00 Book club 3:00 Music circle 6:00 Evening walk	9 8:30 Coffee and Reminicing 9:45 Feed the Birds 10:30 book club 1:00 google earth 3:00 Ladies group 6:00 Evening walk	10 8:30 Coffee and Reminicing 9:45 Feed the Birds 1:30 baking 2:00 favorite things 4:00 one on one 6:00 Evening walk
11 8:30 Coffee and Reminicing 9:45 Feed the Birds 1:00 Church with Janice 2:00 one on one 3:30 arts and crafts 6:00 Evening walk	12 8:30 Coffee and Reminicing 9:45 Feed the Birds 10:30 sit and stretch 2:30 Manicures and Hand massages 6:00 Evening walk	13 8:30 Coffee and Reminicing 9:45 Feed the Birds 10:00 circle of friends 2:00 one on one visits 6:00 Evening walk	14 8:30 Coffee and Reminicing 9:45 Feed the Birds 2:00 Favorite things 3:00 Arts and crafts 4:00 Brain power smoothies 6:00 Evening walk	15 8:30 Coffee and Reminicing 9:45 Feed the Birds 10:30 one on one 2:00 Book club 3:00 Music circle 6:00 Evening walk	16 8:30 Coffee and Reminicing 9:45 Feed the Birds 10:30 book club 1:00 google earth 3:00 Men's club 6:00 Evening walk	17 8:30 Coffee and Reminicing 9:45 Feed the Birds 1:30 baking 2:00 favorite things 4:00 one on one 6:00 Evening walk

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