

# JANUARY 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
To handle yourself, use your head; to handle others, use your heart. -- Eleanor Roosevelt	Remember to hydrate!!! Water is our friend!	Whether you think you can or you think you can't, you're right. -- Henry Ford			<b>1</b> <b>New Year's Day</b>	<b>2</b>
					<b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:30</b> book club <b>1:00</b> google earth <b>2:00</b> Brain power smoothies <b>3:00</b> Men's club <b>6:00</b> Evening walk	<b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:30</b> resident council <b>1:30</b> baking <b>2:00</b> favorite things <b>4:00</b> one on one <b>6:00</b> Evening walk
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>1:00</b> Church with Janice <b>2:00</b> one on one <b>3:30</b> arts and crafts <b>4:00</b> Resident council meeting <b>6:00</b> Evening walk	<b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:30</b> sit and stretch <b>2:30</b> Manicures and Hand massages <b>6:00</b> Evening walk	<b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:00</b> circle of friends <b>2:00</b> one on one visits <b>3:00</b> google earth <b>6:00</b> Evening walk	<b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>1:00</b> music with donny rose <b>2:00</b> Favorite things <b>3:00</b> Arts and crafts <b>4:00</b> Brain power smoothies <b>6:00</b> Evening walk	<b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:30</b> one on one <b>2:00</b> Book club <b>3:00</b> Music circle <b>6:00</b> Evening walk	<b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:30</b> book club <b>1:00</b> google earth <b>2:00</b> Brain power smoothies <b>3:00</b> Ladies group <b>6:00</b> Evening walk	<b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>1:30</b> baking <b>2:00</b> favorite things <b>4:00</b> one on one <b>6:00</b> Evening walk
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>1:00</b> Church with Janice <b>2:00</b> one on one <b>3:30</b> arts and crafts <b>6:00</b> Evening walk	<b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:30</b> sit and stretch <b>2:30</b> Manicures and Hand massages <b>6:00</b> Evening walk	<b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:00</b> circle of friends <b>2:00</b> one on one visits <b>6:00</b> Evening walk	<b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>1:00</b> music with donny rose <b>2:00</b> Favorite things <b>3:00</b> Arts and crafts <b>4:00</b> Brain power smoothies <b>6:00</b> Evening walk	<b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:30</b> one on one <b>2:00</b> Book club <b>3:00</b> Music circle <b>6:00</b> Evening walk	<b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:30</b> book club <b>1:00</b> google earth <b>2:00</b> Brain power smoothies <b>3:00</b> Men's club <b>6:00</b> Evening walk	<b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>1:30</b> baking <b>2:00</b> favorite things <b>4:00</b> one on one <b>6:00</b> Evening walk

# JANUARY 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>17</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>1:00</b> Church with Janice <b>2:00</b> one on one <b>3:30</b> arts and crafts <b>6:00</b> Evening walk	<b>18</b> <b>Martin Luther King Day</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:30</b> sit and stretch <b>2:30</b> Manicures and Hand massages <b>6:00</b> Evening walk	<b>19</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:00</b> circle of friends <b>2:00</b> one on one visits <b>3:00</b> google earth <b>6:00</b> Evening walk	<b>20</b> <b>Inauguration Day</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>1:00</b> music with donny rose <b>2:00</b> Favorite things <b>3:00</b> Arts and crafts <b>4:00</b> Brain power smoothies <b>6:00</b> Evening walk	<b>21</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:30</b> one on one <b>2:00</b> Book club <b>3:00</b> Music circle <b>6:00</b> Evening walk	<b>22</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:30</b> book club <b>1:00</b> google earth <b>2:00</b> Brain power smoothies <b>3:00</b> Ladies group <b>6:00</b> Evening walk	<b>23</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>1:30</b> baking <b>2:00</b> favorite things <b>4:00</b> one on one <b>6:00</b> Evening walk
<b>24</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>1:00</b> Church with Janice <b>2:00</b> one on one <b>3:30</b> arts and crafts <b>6:00</b> Evening walk	<b>25</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:30</b> sit and stretch <b>2:30</b> Manicures and Hand massages <b>6:00</b> Evening walk	<b>26</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:00</b> circle of friends <b>2:00</b> one on one visits <b>6:00</b> Evening walk	<b>27</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>1:00</b> music with donny rose <b>2:00</b> Favorite things <b>3:00</b> Arts and crafts <b>4:00</b> Brain power smoothies <b>6:00</b> Evening walk	<b>28</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:30</b> one on one <b>2:00</b> Book club <b>3:00</b> Music circle <b>6:00</b> Evening walk	<b>29</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>10:30</b> book club <b>1:00</b> google earth <b>2:00</b> Brain power smoothies <b>3:00</b> Men's club <b>6:00</b> Evening walk	<b>30</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>1:30</b> baking <b>2:00</b> favorite things <b>4:00</b> one on one <b>6:00</b> Evening walk
<b>31</b> <b>8:30</b> Coffee and Reminicing <b>9:45</b> Feed the Birds <b>1:00</b> Church with Janice <b>2:00</b> one on one <b>3:30</b> arts and crafts <b>6:00</b> Evening walk						