Heatherwood
Assisted Living and Memory
Care

December 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Goodbye November Hello December	Happy Birthday! Joan 1st Marty 2nd Jocelyn B. 9th	11:00 Circle of Friends 4:00 Tech Talk CH 6:15 "72 Dangerous	8:00 Happy Birthday Marty CH10:00 Chapel 10:30 Circle of Friends 11:00 Flu Shot Make- up Day M1 2:00 Bean Bag Toss	AR 9:45 Stand In The Light Memory Choir Ch	11:00 Sittercise Lower 11:00 Circle of Friends AR 1:00 Funny Money Market DR 2:30 Tour of Idaho	2:30 Movie Matinee "Paul Blart Mall Cop" on Netflix w/ Popcorn and Lemonade
12:30 Open Games (Activity Room)	TOTAL TRANSPORT THE TRANSPORT TO THE TRA	CH10:00 Sittercise Lower 11:00 Circle of Friends 4:00 Tech Talk CH 6:00 "Our Planet" - Netflix	8:00 Happy Birthday Jocelyn B. CH10:00 Chapel 10:30 Circle of Friends MI 2:00 Bean Bag Toss	AR 9:45 Stand In The Light Memory Choir CH10:00 Sittercise Upper 11:00 Circle of Friends MC 1:30 Story (MC) MI 3:00 Social Hour	CH10:00 Sittercise Lower 11:00 Circle of Friends AR 1:00 Funny Money Market AR 2:00 Men's Club OR 2:30 Hot Chocolate Social and Dining Room Christmas Tree Decorating 7:00 A Christmas Carol Live-Streamed Performance	TH 2:30 Movie Matinee "Holiday in the Wild" on Netflix w/ Popcorn and Lemonade
12:30 Open Games (Activity Room)	11:00 Circle of Friends AR 1:00 Manicures DR 2:30 Hot Chocolate	CH10:00 Sittercise Lower 11:00 Circle of Friends 3:00 NASA Space Series 4:00 Tech Talk CH 6:00 "Our Planet" - Netflix	CH10:00 Chapel 10:30 Circle of Friends MI 2:00 Bean Bag Toss	AR 9:45 Stand In The Light Memory Choir CH10:00 Sittercise Upper 11:00 Circle of Friends MI 3:00 Social Hour	CH10:00 Sittercise Lower 11:00 Circle of Friends AR 1:00 Funny Money Market CH 2:30 Tour of Nevada	CH 2:30 Movie Matinee "Operation Christmas Drop" on Netflix w/ Popcorn and Lemonade

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
M11:00 Christmas Carolers 12:30 Open Games (Activity Room)	Winter Begins CH10:00 Sittercise Upper 11:00 Circle of Friends 11:00 Resident Council Meeting AR 1:00 Manicures DR 2:30 Hot Chocolate Social and Cookie Decorating	CH10:00 Sittercise Lower 11:00 Circle of Friends 4:00 Tech Talk CH 6:00 "Our Planet" - Netflix	CH10:00 Chapel 10:30 Circle of Friends M1 2:00 Bean Bag Toss CH 3:15 Christmas Carols by Jacobs Well Church	AR 9:45 Stand In The Light Memory Choir CH10:00 Sittercise Upper 11:00 Circle of Friends 2:30 Happy Hour	8:00 Have a Very Merry Christmas!	Kwanzaa Begins CH 2:30 Movie Matinee "Dolly Parton's Christmas on the Square" on Netflix w/ Popcorn and Lemonade
12:30 Open Games (Activity Room)	CH10:00 Sittercise Upper 11:00 Circle of Friends AR 1:00 Manicures DR 2:30 Hot Chocolate Social and Trivia	CH10:00 Sittercise Lower 11:00 Circle of Friends 4:00 Tech Talk CH 6:00 "Our Planet" - Netflix	CH10:00 Chapel 10:30 Circle of Friends MI 2:00 Bean Bag Toss	AR 9:45 Stand In The Light Memory Choir CH10:00 Sittercise Upper 11:00 Circle of Friends MC 1:30 Story (MC) M1 3:00 Social Hour	Reminder: We have two groups for exercise class Group 1- Apt. # 100-206 @ 10:00 am Group 2- Apt. # 207-220 @ 10:30 am Glen- 10:00 am	AR- Activity Room CI - Chapel DI - Dining Room M - Main Lobby M - Memory Care