

# JULY 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 TH 9:30 Exercise Class GR 10:30 Grandfriends - Music Class with Young Children TH 1:30 Catholic Communion Service GR 2:00 <b>Community Service at Westbank Library</b> BT 3:30 Sip Society TH 6:30 Community Movie- Residents Choice!	2 TH 9:30 Exercise Class GR 12:00 Hearing Aide Maintenance by Connect Hearing TH 1:00 BINGO GR 3:30 Happy Hour with Live Music TH 6:30 Community Movie- Residents Choice!	3 TH 9:30 Chair Yoga with Donna BT 1:00 Belmont Singers Sing-Along TH 2:00 <b>Creativity Class</b> TH 2:30 Power for Parkinsons TH 3:30 Floristas Flower Arranging Group TH 6:30 Community Movie- Residents Choice!	4 <b>Independence Day</b> BT 10:00 Crossword with Eddy TH 10:45 <b>Power for Parkinsons</b> TH 11:00 Independence Day Celebration TH 1:00 BINGO GR 2:30 Brain Brawl: Competitive Trivia TH 6:30 Community Movie- Residents Choice!
5 TH 10:00 Strokes of Genius Golf Game TH 10:45 <b>Power for Parkinsons</b> TH 2:30 BINGO GR 3:30 Ice Cream Social with Live Music TH 6:30 Community Movie- Residents Choice!	6 TH 9:30 Exercise Class BT 10:30 Bridge Brigade TH 10:30 Crafts BT 3:30 Sip Society GR 5:30 Friendly Dog Visits TH 6:30 Community Movie- Residents Choice!	7 TH 9:30 Exercise Class TH 10:30 Book Club TH 1:00 Group Crossword TH 2:00 Resident Council TH 6:30 Community Movie- Residents Choice!	8 TH 9:30 Exercise Class GR 10:30 Grandfriends - Music Class with Young Children TH 1:30 Catholic Communion Service BT 3:30 Sip Society TH 6:30 Community Movie- Residents Choice!	9 TH 9:30 Exercise Class TH 10:00 Gorgeous Grandma Photo Shoot TH 1:00 BINGO GR 3:30 Happy Hour with Live Music TH 6:30 Community Movie- Residents Choice!	10 TH 10:00 Outing: Touch the Art TH 10:00 Zumba BT 1:00 Belmont Singers Sing-Along TH 2:30 Power for Parkinsons TH 3:30 Floristas Flower Arranging Group TH 6:30 Community Movie- Residents Choice!	11 BT 10:00 Crossword with Eddy TH 10:45 <b>Power for Parkinsons</b> TH 1:00 BINGO GR 2:30 Brain Brawl: Competitive Trivia TH 3:30 Bean Bag Toss TH 6:30 Community Movie- Residents Choice!
12 TH 10:00 Strokes of Genius Golf Game TH 10:45 <b>Power for Parkinsons</b> TH 2:30 BINGO GR 3:30 Ice Cream Social with Live Music TH 6:30 Community Movie- Residents Choice!	13 TH 9:30 Exercise Class BT 10:30 Bridge Brigade TH 10:30 Crafts BT 3:30 Sip Society GR 5:30 Friendly Dog Visits TH 6:30 Community Movie- Residents Choice!	14 TH 9:30 Exercise Class TH 10:30 Book Club TH 1:00 Group Crossword TH 2:00 <b>Lectures with Damien: Washington D.C. Museums</b> TH 3:30 New Resident and Family Orientation TH 6:30 Community Movie- Residents Choice!	15 TH 9:30 Exercise Class GR 10:30 Grandfriends - Music Class with Young Children TH 1:30 Catholic Communion Service GR 2:00 <b>Community Service at Westbank Library</b> BT 3:30 Sip Society TH 6:30 Community Movie- Residents Choice!	16 TH 9:30 Exercise Class TH 1:00 BINGO GR 3:30 Happy Hour with Live Music TH 6:30 Community Movie- Residents Choice!	17 GR 9:30 Chair Yoga with Donna BT 1:00 Belmont Singers Sing-Along TH 2:30 Power for Parkinsons TH 3:30 Floristas Flower Arranging Group TH 6:30 Community Movie- Residents Choice!	18 BT 10:00 Crossword with Eddy TH 10:45 <b>Power for Parkinsons</b> TH 1:00 BINGO GR 2:30 Brain Brawl: Competitive Trivia TH 3:30 Bean Bag Toss TH 6:30 Community Movie- Residents Choice!
19 TH 10:00 Strokes of Genius Golf Game TH 10:45 <b>Power for Parkinsons</b> TH 2:30 BINGO GR 3:30 Ice Cream Social with Live Music TH 6:30 Community Movie- Residents Choice!	20 TH 9:30 Exercise Class BT 10:30 Bridge Brigade TH 10:30 Crafts TH 10:30 <b>Keep the Beat Creative Movement Class</b> GR 1:30 <b>New Year, New You Health Talk with Therapy Team</b> BT 3:30 Sip Society GR 5:30 Friendly Dog Visits TH 6:30 Community Movie- Residents Choice!	21 TH 9:30 Exercise Class TH 10:30 Book Club TH 1:00 Group Crossword TH 4:00 Tiny Tails Pet Therapy TH 6:30 Community Movie- Residents Choice!	22 TH 9:30 Exercise Class GR 10:30 Grandfriends - Music Class with Young Children TH 1:30 Catholic Communion Service BT 3:30 Sip Society TH 6:30 Community Movie- Residents Choice!	23 TH 9:30 Exercise Class TH 1:00 BINGO GR 3:30 Happy Hour with Live Music TH 4:00 All things Austin TH 6:30 Community Movie- Residents Choice!	24 TH 10:00 Zumba BT 1:00 Belmont Singers Sing-Along TH 2:30 Power for Parkinsons TH 3:30 Floristas Flower Arranging Group TH 6:30 Community Movie- Residents Choice!	25 BT 10:00 Crossword with Eddy TH 10:45 <b>Power for Parkinsons</b> TH 1:00 BINGO GR 2:30 Brain Brawl: Competitive Trivia TH 3:30 Bean Bag Toss TH 6:30 Community Movie- Residents Choice!
26 TH 10:00 Strokes of Genius Golf Game TH 10:45 <b>Power for Parkinsons</b> BT 12:30 <b>Sunday Service with Children's Choir</b> TH 2:30 BINGO GR 3:30 Ice Cream Social with Live Music TH 6:30 Community Movie- Residents Choice!	27 TH 9:30 Exercise Class BT 10:30 Bridge Brigade TH 10:30 Crafts BT 3:30 Sip Society GR 5:30 Friendly Dog Visits TH 6:30 Community Movie- Residents Choice!	28 TH 9:30 Exercise Class TH 10:30 Book Club JK 11:30 Birthday Luncheon TH 1:00 Group Crossword TH 2:00 <b>Lectures with Damien: Jazz &amp; Blues in New Orleans</b> TH 6:30 Community Movie- Residents Choice!	29 TH 9:30 Exercise Class TH 1:30 Catholic Communion Service GR 2:00 <b>Community Service at Westbank Library</b> BT 3:30 Sip Society TH 6:30 Community Movie- Residents Choice!	30 TH 9:30 Exercise Class TH 1:00 BINGO GR 3:30 Happy Hour with Live Music TH 6:30 Community Movie- Residents Choice!	31 TH 9:30 Chair Yoga with Donna BT 1:00 Belmont Singers Sing-Along TH 2:30 Power for Parkinsons TH 3:30 Floristas Flower Arranging Group TH 6:30 Community Movie- Residents Choice!	