

# JULY 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> TH 9:30 Move Your Body, Calm Your Mind L3 10:00 Catholic Mass & Communion L3 10:00 Communion with Rita TH 10:00 Crafting Hour w/Beau G2 10:30 <b>Learn how to play Mahjong w/Adrienne!</b> TH 1:30 Bingo! JK 3:00 Happy Hour TH 6:15 Wednesday's	<b>2</b> TH 9:30 All-In-One Workout L3 10:30 Book Club G2 1:00 Rummikub TH 1:30 Learn American Sign Language TH 1:30 Rice Lifelong University GR 2:00 Walking Club TH 6:15 Thursday's Movie: Penny Serenade (1h55m) AP	<b>3</b> TH 9:30 Exercise with Noodles TH 10:00 Poetry Corner w/Beau & Friends GR 11:00 AL Outing: G2 1:00 Mahjong G2 2:15 Bridge TH 6:15 Friday Night Movie: The Brady Bunch Movie (1h28m) P+	<b>4 Independence Day</b> TH 9:30 Morning Exercise - 30 minute Chair Exercise TH 10:00 Documentary: TH 10:45 Documentary Discussion TH 1:00 Dancing Hearts G2 1:00 Rummikub TH 2:30 Movie Matinee: Jiro Dreams of Sushi (1h22m) AP TH 6:15 Late Night Movie: The Naked Gun: From the Files
<b>5</b> Self Care Sunday: Do something nice for yourself. TH 9:00 Virtual Mass TH 1:30 North Valley Baptist Church TH 2:30 Sunday Matinee: TH 6:15 Sunday Night Movie:	<b>6</b> TH 9:30 Move It Monday TH 10:00 Ted Talk w/Beau G2 1:00 Mahjong TH 1:15 Stability/Balance Class G2 2:15 Bridge TH 2:30 Flower Arranging w/Poppie TH 6:15 Monday Night Movie: Too Late for Tears (1h40m) AP	<b>7</b> TH 9:30 Chair Yoga TH 1:15 Stability/Balance Class TH 2:00 Activity Planning Committee TH 2:00 Beau's Brain Busters L3 3:00 Bible Study w/Pastor Paul Chung TH 3:00 History Lecture with Professor Di Bono TH 6:15 Tuesday's Movie: Lover Come Back	<b>8</b> TH 9:30 Move Your Body, Calm Your Mind L3 10:00 Communion with Rita TH 1:30 Bingo! JK 3:00 Happy Hour TH 6:15 Wednesday's Movie: How to Murder Your Wife (1h53) AP	<b>9</b> TH 9:30 All-In-One Workout L3 10:30 Book Club TH 1:00 Movie Club G2 1:00 Rummikub TH 1:30 Learn American Sign Language TH 1:30 Rice Lifelong University GR 2:00 Walking Club TH 6:15 Thursday's Movie: Penny Serenade (1h55m) AP	<b>10</b> TH 9:30 Exercise with Noodles TH 10:00 Poetry Corner w/Beau & Friends GR 11:00 AL Outing: G2 1:00 Mahjong G2 2:15 Bridge GR 4:15 Piano Hour w/Deborah TH 6:15 Friday Night Movie: The Brady Bunch Movie (1h28m) P+	<b>11</b> TH 9:30 Morning Exercise - 30 minute Chair Exercise TH 10:00 Documentary: TH 10:45 Documentary Discussion G2 1:00 Rummikub TH 2:30 Movie Matinee: Jiro Dreams of Sushi (1h22m) AP TH 6:15 Late Night Movie: The Naked Gun: From the Files (1h24m) AP
<b>12</b> Self Care Sunday: Do something nice for yourself. TH 9:00 Virtual Mass TH 1:30 North Valley Baptist Church TH 2:30 Sunday Matinee: TH 6:15 Sunday Night Movie:	<b>13</b> TH 9:30 Move It Monday TH 10:00 Ted Talk w/Beau G2 1:00 Mahjong TH 1:15 Stability/Balance Class TH 2:00 Learn Guitar or Ukulele G2 2:15 Bridge TH 6:15 Monday Night Movie: Too Late for Tears (1h40m) AP	<b>14</b> TH 9:30 Chair Yoga GR 10:00 Sunnyvale Library Book Exchange TH 1:00 Music Therapy w/Stacey TH 1:15 Stability/Balance Class TH 2:00 Beau's Brain Busters L3 3:00 Bible Study w/Pastor Paul Chung TH 6:15 Tuesday's Movie: Lover Come Back	<b>15</b> TH 9:30 Move Your Body, Calm Your Mind L3 10:00 Communion with Rita TH 10:00 Crafting Hour w/Beau G2 10:30 <b>Learn how to play Mahjong w/Adrienne!</b> TH 1:30 Bingo! JK 3:00 Happy Hour TH 6:15 Wednesday's Movie: How to Murder Your Wife	<b>16</b> TH 9:30 All-In-One Workout L3 10:30 Book Club G2 1:00 Rummikub TH 1:30 Learn American Sign Language TH 1:30 Rice Lifelong University GR 2:00 Walking Club TH 3:00 Chef's Chat with Ellis TH 6:15 Thursday's Movie: Penny Serenade (1h55m) AP	<b>17</b> TH 9:30 Exercise with Noodles TH 10:00 Poetry Corner w/Beau & Friends GR 11:00 AL Outing: G2 1:00 Mahjong G2 2:15 Bridge TH 3:00 Lecture w/Rick Deutsch TH 6:15 Friday Night Movie: The Brady Bunch Movie (1h28m) P+	<b>18</b> TH 9:30 Morning Exercise - 30 minute Chair Exercise TH 10:00 Documentary: TH 10:45 Documentary Discussion G2 1:00 Rummikub TH 2:30 Movie Matinee: Jiro Dreams of Sushi (1h22m) AP TH 6:15 Late Night Movie: The Naked Gun: From the Files (1h24m) AP

# JULY 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>19</b></p> <p>Self Care Sunday: Do something nice for yourself.</p> <p><b>TH 9:00</b> Virtual Mass</p> <p><b>TH 1:30</b> North Valley Baptist Church</p> <p><b>TH 2:30</b> Sunday Matinee:</p> <p><b>TH 6:15</b> Sunday Night Movie:</p>	<p><b>20</b></p> <p><b>TH 9:30</b> Move It Monday</p> <p><b>TH 10:00</b> Ted Talk w/Beau</p> <p><b>G2 1:00</b> Mahjong</p> <p><b>TH 1:15</b> Stability/Balance Class</p> <p><b>G2 2:15</b> Bridge</p> <p><b>TH 2:30</b> Flower Arranging with Poppie</p> <p><b>TH 6:15</b> Monday Night Movie: Too Late for Tears (1h40m) AP</p>	<p><b>21</b></p> <p><b>TH 9:30</b> Chair Yoga</p> <p><b>TH 1:15</b> Stability/Balance Class</p> <p><b>TH 2:00</b> Beau's Brain Busters</p> <p><b>TH 2:00</b> Resident Council</p> <p><b>L3 3:00</b> Bible Study w/Pastor Paul Chung</p> <p><b>TH 6:15</b> Tuesday's Movie: Lover Come Back (1h47m) AP</p>	<p><b>22</b></p> <p><b>TH 9:30</b> Move Your Body, Calm Your Mind</p> <p><b>L3 10:00</b> Communion with Rita</p> <p><b>TH 1:30</b> Bingo!</p> <p><b>JK 3:00</b> Happy Hour</p> <p><b>TH 6:15</b> Wednesday's Movie: How to Murder Your Wife (1h53) AP</p>	<p><b>23</b></p> <p><b>TH 9:30</b> All-In-One Workout</p> <p><b>L3 10:30</b> Book Club</p> <p><b>G2 1:00</b> Rummikub</p> <p><b>TH 1:30</b> Learn American Sign Language</p> <p><b>TH 1:30</b> Rice Lifelong University</p> <p><b>GR 2:00</b> Walking Club</p> <p><b>TH 3:00</b> Chef's Demo</p> <p><b>TH 6:15</b> Thursday's Movie: Penny Serenade (1h55m) AP</p>	<p><b>24</b></p> <p><b>TH 9:30</b> Exercise with Noodles</p> <p><b>TH 10:00</b> Poetry Corner w/Beau &amp; Friends</p> <p><b>GR 11:00</b> AL Outing:</p> <p><b>G2 1:00</b> Mahjong</p> <p><b>G2 2:15</b> Bridge</p> <p><b>GR 4:15</b> Piano Hour w/Deborah</p> <p><b>TH 6:15</b> Friday Night Movie: The Brady Bunch Movie (1h28m) P+</p>	<p><b>25</b></p> <p><b>TH 9:30</b> Morning Exercise - 30 minute Chair Exercise</p> <p><b>TH 10:00</b> Documentary:</p> <p><b>TH 10:45</b> Documentary Discussion</p> <p><b>G2 1:00</b> Rummikub</p> <p><b>TH 2:30</b> Movie Matinee: Jiro Dreams of Sushi (1h22m) AP</p> <p><b>TH 6:15</b> Late Night Movie: The Naked Gun: From the Files (1h24m) AP</p>
<p><b>26</b></p> <p>Self Care Sunday: Do something nice for yourself.</p> <p><b>TH 9:00</b> Virtual Mass</p> <p><b>TH 1:30</b> North Valley Baptist Church</p> <p><b>TH 2:30</b> Sunday Matinee:</p> <p><b>TH 6:15</b> Sunday Night Movie:</p>	<p><b>27</b></p> <p><b>TH 9:30</b> Move It Monday</p> <p><b>TH 10:00</b> Ted Talk w/Beau</p> <p><b>G2 1:00</b> Mahjong</p> <p><b>TH 1:15</b> Stability/Balance Class</p> <p><b>TH 2:00</b> Learn Guitar/Ukulele</p> <p><b>G2 2:15</b> Bridge</p> <p><b>TH 6:15</b> Monday Night Movie: Too Late for Tears (1h40m) AP</p>	<p><b>28</b></p> <p><b>TH 9:30</b> Chair Yoga</p> <p><b>TH 1:00</b> Music Therapy w/Stacey</p> <p><b>TH 1:15</b> Stability/Balance Class</p> <p><b>TH 2:00</b> Beau's Brain Busters</p> <p><b>L3 3:00</b> Bible Study w/Pastor Paul Chung</p> <p><b>TH 6:15</b> Tuesday's Movie: Lover Come Back (1h47m) AP</p>	<p><b>29</b></p> <p><b>TH 9:30</b> Move Your Body, Calm Your Mind</p> <p><b>L3 10:00</b> Communion with Rita</p> <p><b>TH 10:00</b> Crafting Hour w/Beau</p> <p><b>G2 10:30</b> <b>Learn how to play Mahjong w/Adrienne!</b></p> <p><b>TH 1:30</b> Bingo!</p> <p><b>JK 3:00</b> Happy Hour</p> <p><b>TH 6:15</b> Wednesday's Movie: How to Murder Your Wife</p>	<p><b>30</b></p> <p><b>TH 9:30</b> All-In-One Workout</p> <p><b>L3 10:30</b> Book Club</p> <p><b>G2 1:00</b> Rummikub</p> <p><b>TH 1:30</b> Learn American Sign Language</p> <p><b>TH 1:30</b> Rice Lifelong University</p> <p><b>GR 2:00</b> Walking Club</p> <p><b>TH 6:15</b> Thursday's Movie: Penny Serenade (1h55m) AP</p>	<p><b>31</b></p> <p><b>TH 9:30</b> Exercise with Noodles</p> <p><b>TH 10:00</b> Poetry Corner w/Beau &amp; Friends</p> <p><b>GR 11:00</b> AL Outing:</p> <p><b>G2 1:00</b> Mahjong</p> <p><b>G2 2:15</b> Bridge</p> <p><b>TH 6:15</b> Friday Night Movie: The Brady Bunch Movie (1h28m) P+</p>	