

# JULY 2026

July Calendar 2026

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p><b>1</b></p> <p><b>TH</b> 9:30 Morning Exercise with Anthony</p> <p><b>TH</b> 10:15 Card Games / UNO</p> <p><b>GR</b> 11:30 Outing</p> <p><b>SR</b> 2:00 Matinee: Color Book</p> <p><b>TH</b> 3:30 Indoor seated volleyball</p> <p><b>SR</b> 7:00 Movie Matinee: Color Book</p>	<p><b>2</b></p> <p><b>TH</b> 9:30 Morning Exercise with Anthony</p> <p><b>GR</b> 10:30 Walking Club</p> <p><b>TH</b> 1:30 <b>Chef Chat &amp; Demonstration with Sous Chef Christina</b></p> <p><b>SR</b> 2:00 Movie Matinee: The Seven Year Itch</p> <p><b>TH</b> 2:45 Cocktail Time!</p> <p><b>TH</b> 3:30 Entertainment</p> <p><b>SR</b> 7:00 Matinee: The Seven Year Itch</p>	<p><b>3</b></p> <p><b>TH</b> 9:30 Exercise / Yoga</p> <p><b>B</b> 10:30 Blackjack with Oscar</p> <p><b>TH</b> 1:30 BINGO!</p> <p><b>SR</b> 2:00 Friday Series: The Four Seasons</p> <p><b>SR</b> 7:00 Matinee: The Choral</p>	<p><b>4</b> <b>Independence Day</b></p> <p><b>TH</b> 9:30 Chair Yoga / Exercise</p> <p><b>SR</b> 10:30 Saturday Documentaries</p> <p><b>SR</b> 2:00 Movie Matinee: Voicemails for Isabelle</p> <p><b>TH</b> 3:30 Jamie Shaheen</p> <p><b>SR</b> 7:00 Matinee: Voicemails for Isabelle</p>
<p><b>5</b></p> <p><b>SR</b> 9:30 <b>St. Paul Virtual Mass</b></p> <p><b>TH</b> 10:30 Morning Exercise / Chair Yoga</p> <p><b>TH</b> 1:30 Kari Bible - Film Historian Lecture Series</p> <p><b>SR</b> 2:00 Movie Matinee: Some Like It Hot</p> <p><b>TH</b> 3:30 Paper Wreath</p> <p><b>SR</b> 7:00 Matinee: Some Like It Hot</p>	<p><b>6</b></p> <p><b>TH</b> 9:30 Morning Exercise with Anthony</p> <p><b>TH</b> 10:15 Yahtzee</p> <p><b>TH</b> 1:30 Cardio Drumming</p> <p><b>SR</b> 2:00 Movie Matinee: Hustle</p> <p><b>TH</b> 3:30 Help With Vision Presentation</p> <p><b>SR</b> 7:00 Matinee: Hustle</p>	<p><b>7</b></p> <p>6:00 Happy Birthday George B. &amp; Pamela L.</p> <p><b>TH</b> 9:30 Morning Exercise with Anthony</p> <p><b>TH</b> 10:15 10 Minute Meditation</p> <p><b>B</b> 10:30 <b>Belmont Emporium</b></p> <p><b>SR</b> 2:00 Movie Matinee: Cabaret</p> <p><b>TH</b> 3:30 Art History</p> <p><b>SR</b> 7:00 Matinee: Cabaret</p>	<p><b>8</b></p> <p><b>TH</b> 9:30 Morning Exercise with Anthony</p> <p><b>GR</b> 11:00 Outing</p> <p><b>SR</b> 2:00 Movie Matinee: The Power of the Dog</p> <p><b>TH</b> 3:30 Jewelry Making with Lyn</p> <p><b>SR</b> 7:00 Matinee: The Power of the Dog</p>	<p><b>9</b></p> <p>6:00 Happy Birthday Mae T.</p> <p><b>TH</b> 9:30 Morning Exercise with Anthony</p> <p><b>TH</b> 1:30 Drumming Circle</p> <p><b>SR</b> 2:00 Movie Matinee: Monkey Business</p> <p><b>SR</b> 7:00 Matinee: Monkey Business</p> <p><b>CY</b> 7:00 Welcome to Cabaret</p>	<p><b>10</b></p> <p><b>TH</b> 9:30 Morning Exercise with Anthony</p> <p><b>B</b> 10:30 Blackjack with Oscar</p> <p><b>TH</b> 1:30 BINGO!</p> <p><b>SR</b> 2:00 Friday Series: The Four Seasons</p> <p><b>SR</b> 7:00 Matinee: 13 going on 30</p>	<p><b>11</b></p> <p><b>TH</b> 9:30 Chair Yoga / Exercise</p> <p><b>SR</b> 10:30 Saturday Documentaries</p> <p><b>TH</b> 1:30 Chair Karaoke</p> <p><b>SR</b> 2:00 Movie Matinee: Walk.Ride.Rodeo</p> <p><b>TH</b> 3:30 Elvis Presley Tribute</p> <p><b>SR</b> 7:00 Matinee: Walk.Ride.Rodeo</p>
<p><b>12</b></p> <p><b>SR</b> 9:30 <b>St. Paul Virtual Mass</b></p> <p><b>TH</b> 10:30 Morning Exercise / Chair Yoga</p> <p><b>B</b> 1:30 Arts &amp; Crafts</p> <p><b>SR</b> 2:00 Movie Matinee: The Unforgivable</p> <p><b>GR</b> 3:30 Entertainment</p> <p><b>SR</b> 7:00 Matinee: The Unforgivable</p>	<p><b>13</b></p> <p><b>TH</b> 9:30 Morning Exercise with Anthony</p> <p><b>TH</b> 10:30 Scrabble</p> <p><b>TH</b> 1:30 Cardio Drumming</p> <p><b>SR</b> 2:00 Movie Matinee: The Big Lebowski</p> <p><b>TH</b> 3:15 Tai Chi Movement Class</p> <p><b>SR</b> 7:00 Matinee: The Big Lebowski</p>	<p><b>14</b></p> <p><b>TH</b> 9:30 Morning Exercise with Anthony</p> <p><b>TH</b> 10:15 10 Minute Meditation</p> <p><b>B</b> 10:30 <b>Belmont Emporium</b></p> <p><b>TH</b> 1:30 <b>Resident Council Meeting</b></p> <p><b>SR</b> 2:00 Movie Matinee: The Misfits</p> <p><b>TH</b> 3:30 Buddy Holly Tribute</p> <p><b>SR</b> 7:00 Matinee: The Misfits</p>	<p><b>15</b></p> <p><b>TH</b> 9:30 Morning Exercise with Anthony</p> <p><b>TH</b> 10:15 Chinese Checkers</p> <p><b>JK</b> 11:30 Birthday Luncheon</p> <p><b>TH</b> 1:30 50's &amp; 60's Name That Tune</p> <p><b>SR</b> 2:00 Movie Matinee: Mrs. Harris goes to Paris</p> <p><b>TH</b> 3:30 Chair Racing and More</p> <p><b>SR</b> 7:00 Matinee: Mrs. Harris goes to Paris</p>	<p><b>16</b></p> <p>6:00 Happy Birthday Sybil</p> <p><b>TH</b> 9:30 Morning Exercise with Anthony</p> <p><b>GR</b> 10:30 Walking Club</p> <p><b>TH</b> 1:30 Belmont Trivia</p> <p><b>SR</b> 2:00 Movie Matinee: Don't Bother to Knock</p> <p><b>TH</b> 2:45 Cocktail Time!</p> <p><b>TH</b> 3:30 Entertainment</p> <p><b>SR</b> 7:00 Matinee: Don't Bother to Knock</p>	<p><b>17</b></p> <p><b>TH</b> 9:30 Morning Exercise with Anthony</p> <p><b>B</b> 10:30 Blackjack with Oscar</p> <p><b>TH</b> 1:30 BINGO!</p> <p><b>SR</b> 2:00 Movie Matinee: The Four Seasons</p> <p><b>TH</b> 3:30 Creative Writing with Loren</p> <p><b>SR</b> 7:00 Matinee: Gentlemen Prefer Blondes</p>	<p><b>18</b></p> <p><b>TH</b> 9:30 Chair Yoga / Exercise</p> <p><b>SR</b> 10:30 Saturday Documentaries</p> <p><b>TH</b> 1:30 Jenga - Game</p> <p><b>SR</b> 2:00 Movie Matinee: Rescued by Ruby</p> <p><b>TH</b> 3:30 Balloon Volleyball</p> <p><b>SR</b> 7:00 Matinee: Rescued by Ruby</p>

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<p><b>19</b></p> <p><b>SR</b> 9:30 St. Paul Virtual Mass</p> <p><b>TH</b> 10:30 Chair Yoga / Exercise</p> <p><b>TH</b> 1:30 Arts &amp; Crafts</p> <p><b>SR</b> 2:00 Movie Matinee: Rachel Getting Married</p> <p><b>GR</b> 3:30 Entertainment</p> <p><b>SR</b> 7:00 Matinee: Rachel Getting Married</p>	<p><b>20</b></p> <p><b>TH</b> 9:30 Morning Exercise with Anthony</p> <p><b>TH</b> 10:30 Coffee and Happy News</p> <p><b>TH</b> 1:30 Cardio Drumming</p> <p><b>SR</b> 2:00 Movie Matinee: Niagara</p> <p><b>TH</b> 3:30 Veterans Circle</p> <p><b>SR</b> 7:00 Matinee: Niagara</p>	<p><b>21</b></p> <p><b>TH</b> 9:30 Morning Exercise with Anthony</p> <p><b>TH</b> 10:15 10 Minute Meditation</p> <p><b>B</b> 10:30 Belmont Emporium</p> <p><b>TH</b> 1:30 Welcome Committee Meeting</p> <p><b>SR</b> 2:00 Movie Matinee: Apex</p> <p><b>TH</b> 3:30 Laughter Yoga</p> <p><b>SR</b> 7:00 Matinee: Apex</p>	<p><b>22</b></p> <p><b>TH</b> 9:30 Morning Exercise with Anthony</p> <p><b>TH</b> 10:15 Magnet Game</p> <p><b>GR</b> 12:30 Outing</p> <p><b>SR</b> 2:00 Movie Matinee: The Laundromat</p> <p><b>TH</b> 3:30 Jewellery Making with Lyn</p> <p><b>SR</b> 7:00 Matinee: The Laundromat</p>	<p><b>23</b></p> <p>6:00 Happy Birthday Dorothy N.</p> <p><b>TH</b> 9:30 Morning Exercise with Anthony</p> <p><b>GR</b> 10:30 Walking Club</p> <p><b>CY</b> 1:30 Drumming Circle with Luis</p> <p><b>SR</b> 2:00 Movie Matinee: Bus Stop</p> <p><b>TH</b> 2:45 Cocktail Time!</p> <p><b>GR</b> 3:30 Entertainment</p> <p><b>SR</b> 7:00 Matinee: Bus Stop</p>	<p><b>24</b></p> <p><b>TH</b> 9:30 Morning Exercise with Anthony</p> <p><b>B</b> 10:30 Blackjack with Oscar</p> <p><b>TH</b> 1:30 BINGO!</p> <p><b>SR</b> 2:00 Friday Series: The Four Seasons</p> <p><b>SR</b> 7:00 Matinee: Leatherheads</p>	<p><b>25</b></p> <p><b>TH</b> 9:30 Chair Yoga / Exercise</p> <p><b>SR</b> 10:30 Saturday Documentaries</p> <p><b>TH</b> 10:30 Shabbat with Rabbi Ira</p> <p><b>TH</b> 1:30 Bonus Bingo</p> <p><b>SR</b> 2:00 Movie Matinee: In The Hand of Dante</p> <p><b>SR</b> 7:00 Matinee: In The Hand of Dante</p>
<p><b>26</b></p> <p><b>SR</b> 9:30 St. Paul Virtual Mass</p> <p><b>TH</b> 10:30 Morning Exercise / Chair Yoga</p> <p><b>TH</b> 1:30 Arts &amp; Crafts</p> <p><b>SR</b> 2:00 Movie Matinee: The River of No Return</p> <p><b>GR</b> 3:30 Entertainment</p> <p><b>SR</b> 7:00 Matinee: The River of No Return</p>	<p><b>27</b></p> <p><b>TH</b> 9:30 Morning Exercise with Anthony</p> <p><b>CY</b> 1:30 Reflections - Autobiographical Discussion &amp; Writing Class</p> <p><b>SR</b> 2:00 Matinee: Sweeney Todd: The Demon of Fleet Street</p> <p><b>TH</b> 3:30 Beatles Tribute</p> <p><b>SR</b> 7:00 Movie Matinee: Sweeney Todd: The Demon of Fleet Street</p>	<p><b>28</b></p> <p><b>TH</b> 9:30 Morning Exercise with Anthony</p> <p><b>TH</b> 10:15 10 Minute Meditation</p> <p><b>B</b> 10:30 Belmont Emporium</p> <p><b>TH</b> 1:30 Programming and Activities Meeting</p> <p><b>SR</b> 2:00 Movie Matinee: Nomadland</p> <p><b>TH</b> 3:30 Make &amp; Taste Cookery</p> <p><b>SR</b> 7:00 Matinee: Nomadland</p>	<p><b>29</b></p> <p>6:00 Happy Birthday Susan R. &amp; Aggie S.</p> <p><b>TH</b> 9:30 Morning Exercise with Anthony</p> <p><b>GR</b> 10:00 Outing:</p> <p><b>SR</b> 2:00 Movie Matinee: How to Marry a Millionaire</p> <p><b>TH</b> 3:30 Zentangle Drawing</p> <p><b>SR</b> 7:00 Matinee: How to Marry a Millionaire</p>	<p><b>30</b></p> <p>6:00 Happy Birthday Maria K.</p> <p><b>TH</b> 9:30 Morning Exercise with Anthony</p> <p><b>GR</b> 10:30 Walking Club</p> <p><b>TH</b> 1:30 Belmont Trivia</p> <p><b>SR</b> 2:00 Movie Matinee: A Family Affair</p> <p><b>TH</b> 2:45 Cocktail Time!</p> <p><b>GR</b> 3:30 Entertainment</p> <p><b>SR</b> 7:00 Matinee: A Family Affair</p>	<p><b>31</b></p> <p>6:00 Happy Birthday Joseph (PaPa Joe) R.</p> <p><b>TH</b> 9:30 Morning Exercise with Anthony</p> <p><b>B</b> 10:30 Blackjack with Oscar</p> <p><b>TH</b> 1:30 BINGO!</p> <p><b>SR</b> 2:00 Friday Series: The Four Seasons</p> <p><b>SR</b> 7:00 Matinee: Fast Charlie</p>	