

# JULY 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>B</b> - Bistro <b>GR</b> - Great Room <b>JK</b> - Josephine's Kitchen <b>TH</b> - Town Hall</p>	Calendar is subject to change.		<p><b>1</b></p> <p>9:45 Exercise: Sunrise Stretch &amp; Movement: 4th Floor Patio</p> <p><b>TH</b> 11:00 Beyond the Book <b>TH</b> 1:30 Resident Council Meeting</p> <p><b>TH</b> 3:00 Yoga w/ Jenny <b>TH</b> 7:00 At the Movies (Wildlife Wednesdays): Born in China (Disney Plus, 1h 21m, 2016)</p>	<p><b>2</b></p> <p><b>TH</b> 10:00 Exercise <b>GR</b> 10:30 Music &amp; Memories: Summer Edition</p> <p><b>GR</b> 11:30 Lunch Outing: Emilio's Trattoria</p> <p><b>TH</b> 3:00 Beyond the Book <b>TH</b> 4:00 Lifelong University: Final Mural Workshop Session</p> <p><b>TH</b> 7:00 At the Movies (Throwback Thursday)</p>	<p><b>3</b></p> <p>9:45 A Sip &amp; A Splash <b>TH</b> 10:00 Exercise <b>TH</b> 10:30 Creative Writing Class w/ Loren</p> <p><b>B</b> 1:30 Flower Arranging <b>TH</b> 3:00 Shabbat Service <b>TH</b> 7:00 At the Movies</p>	<p><b>4</b> Independence Day</p> <p><b>GR</b> 9:45 Shopping Run: CVS <b>TH</b> 10:00 Exercise <b>TH</b> 11:00 Laugh and Learn w/ Barbara Bloom!</p> <p><b>JK</b> 11:30 4th of July BBQ Lunch <b>GR</b> 1:00 Cornhole w/ Mario <b>GR</b> 3:00 Live Music: Swingtones Andrews Sisters Tribute</p> <p><b>TH</b> 7:00 At the Movies</p>
<p><b>5</b></p> <p><b>TH</b> 10:00 Exercise <b>TH</b> 10:30 Create w/ Karima: Embroidery</p> <p><b>GR</b> 10:30 Peace by Piece <b>TH</b> 2:00 Tai Chi w/ Karima <b>GR</b> 3:30 Rummikub <b>TH</b> 7:00 At the Movies <b>GR</b> 7:00 Scrabble</p>	<p><b>6</b></p> <p><b>GR</b> 10:00 Tech Hour with Sara <b>TH</b> 11:00 Exercise: Chair Yoga w/Jenny</p> <p>1:00 Mahjong Class: 3rd Floor Parlor</p> <p><b>TH</b> 1:30 Entertainment: Get Your Kicks On Route 66 w/ Mike Frankel</p> <p><b>TH</b> 3:00 Trivia w/Elan <b>TH</b> 7:00 At the Movies (Musical Mondays)</p>	<p><b>7</b></p> <p>9:45 Exercise: Sunrise Stretch &amp; Movement: 4th Floor Patio</p> <p><b>TH</b> 10:45 Chef Chat w/ Rachel 1:15 Black Jack: 3rd Floor Parlor</p> <p><b>TH</b> 2:00 Lifelong University Live Zoom: Memoir Writing</p> <p><b>GR</b> 3:00 Happy Hour: Cory Sings! 4:00 Mind Matters: Brain-Boosting Activity Packets</p>	<p><b>8</b></p> <p>9:45 Exercise: Sunrise Stretch &amp; Movement: 4th Floor Patio</p> <p><b>TH</b> 11:00 Beyond the Book <b>TH</b> 1:00 Jewelry Making Class <b>TH</b> 3:00 Yoga w/ Jenny <b>GR</b> 3:30 Rummikub <b>TH</b> 7:00 At the Movies (Wildlife Wednesdays)</p> <p><b>JK</b> 7:00 Trivia &amp; Treats: Family Game Night!</p>	<p><b>9</b></p> <p>9:45 Morning Meditation: 4th Floor Patio</p> <p><b>TH</b> 10:00 Exercise <b>TH</b> 11:00 Beyond the Book <b>GR</b> 1:00 Movie Outing: TBD</p> <p>3:30 The Name Game: 3rd Floor Parlor</p> <p><b>TH</b> 7:00 At the Movies (Throwback Thursday):</p>	<p><b>10</b></p> <p>9:45 A Sip &amp; A Splash <b>TH</b> 10:00 Exercise <b>TH</b> 10:45 Bingo!</p> <p><b>B</b> 1:30 Flower Arranging &amp; Craft Hour <b>TH</b> 3:00 Shabbat Service <b>TH</b> 7:00 At the Movies</p>	<p><b>11</b></p> <p><b>GR</b> 9:45 Shopping Run: Sprouts <b>TH</b> 10:00 Exercise <b>TH</b> 11:00 Laugh and Learn w/ Barbara Bloom!</p> <p><b>GR</b> 1:00 Cornhole w/ Mario <b>GR</b> 3:00 Happy Hour: Akshay! <b>TH</b> 7:00 At the Movies</p>
<p><b>12</b></p> <p><b>TH</b> 10:00 Exercise <b>TH</b> 10:30 Create w/ Karima: Embroidery</p> <p><b>GR</b> 11:00 Peace by Piece <b>TH</b> 2:00 Tai Chi w/ Karima <b>GR</b> 3:30 Rummikub <b>TH</b> 7:00 At the Movies <b>GR</b> 7:00 Scrabble</p>	<p><b>13</b></p> <p><b>B</b> 10:00 Coffee &amp; Current Events <b>GR</b> 10:00 Tech Hour with Sara <b>TH</b> 11:00 Exercise: Chair Yoga w/Jenny</p> <p>1:00 Mahjong Class: 3rd Floor Parlor</p> <p><b>TH</b> 3:00 Trivia w/Elan <b>TH</b> 7:00 At the Movies (Musical Mondays): Funny Girl (Prime, 1968, 2h 28m)</p>	<p><b>14</b></p> <p>9:45 Exercise: Sunrise Stretch &amp; Movement: 4th Floor Patio</p> <p><b>TH</b> 10:45 Chair Volleyball 1:15 Black Jack: 3rd Floor Parlor</p> <p>2:00 Lifelong University Live Zoom: Collage</p> <p><b>GR</b> 3:00 Happy Hour: Mark Cole! <b>TH</b> 7:00 At the Movies: (Travel Tuesdays)</p>	<p><b>15</b></p> <p>9:45 Exercise: Sunrise Stretch &amp; Movement: 4th Floor Patio</p> <p><b>TH</b> 11:00 Beyond the Book <b>TH</b> 1:30 Jeopardy <b>TH</b> 3:00 Yoga w/ Jenny <b>TH</b> 4:00 Adventures w/ Doug! <b>TH</b> 7:00 At the Movies (Wildlife Wednesdays)</p>	<p><b>16</b></p> <p>9:45 Morning Meditation: 4th Floor Patio</p> <p><b>TH</b> 10:00 Exercise <b>GR</b> 10:30 Outing: Hollyhock House &amp; Picnic in the park</p> <p><b>TH</b> 3:00 Beyond the Book 3:30 The Name Game: 3rd Floor Parlor</p> <p><b>TH</b> 7:00 At the Movies (Throwback Thursday)</p>	<p><b>17</b></p> <p>9:45 A Sip &amp; A Splash <b>TH</b> 10:00 Exercise <b>TH</b> 10:30 Creative Writing Class w/ Loren</p> <p><b>B</b> 1:30 Flower Arranging &amp; Craft Hour <b>TH</b> 3:00 Shabbat Service <b>GR</b> 6:00 Resident Art Gallery: for heARTS sake <b>TH</b> 7:00 At the Movies</p>	<p><b>18</b></p> <p><b>GR</b> 9:45 Shopping Run: Target <b>TH</b> 10:00 Exercise <b>TH</b> 11:00 Laugh and Learn w/ Barbara Bloom!</p> <p><b>GR</b> 1:00 Cornhole w/ Mario <b>GR</b> 3:00 Happy Hour: Marvin Robinson! <b>TH</b> 7:00 At the Movies</p>

# JULY 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>19</b> TH 10:00 Exercise TH 10:30 Create w/ Karima: Embroidery GR 11:00 Peace by Piece TH 2:00 Tai Chi w/ Karima GR 3:30 Rummikub TH 7:00 At the Movies GR 7:00 Scrabble	<b>20</b> GR 10:00 Tech Hour with Sara TH 11:00 Exercise: Chair Yoga w/Jenny 1:00 Mahjong Class: 3rd Floor Parlor TH 3:00 Trivia w/Elan TH 7:00 At the Movies (Musical Mondays)	<b>21</b> 9:45 Exercise: Sunrise Stretch & Movement: 4th Floor Patio TH 11:00 Communion Service 1:15 Black Jack: 3rd Floor Parlor 2:30 Mind Matters: Brain-Boosting Activity Packets GR 3:00 Happy Hour: Jason Bourne! TH 7:00 At the Movies: (Travel Tuesdays)	<b>22</b> 9:45 Exercise: Sunrise Stretch & Movement: 4th Floor Patio TH 11:00 Beyond the Book TH 1:00 Jewelry Making TH 3:00 Yoga w/ Jenny GR 3:30 Rummikub TH 7:00 At the Movies (Wildlife Wednesdays)	<b>23</b> 9:45 Morning Meditation: 4th Floor Patio TH 10:00 Exercise TH 11:00 Beyond the Book GR 1:30 Outing: Sonny's Handcrafted Ice Cream & Italian Ice 3:30 The Name Game: 3rd Floor Parlor TH 7:00 At the Movies (Throwback Thursday)	<b>24</b> 9:45 A Sip & A Splash TH 10:00 Exercise GR 10:45 Stories Shared & Spoken B 1:30 Flower Arranging & Craft Hour TH 3:00 Shabbat Service TH 7:00 At the Movies	<b>25</b> GR 9:45 Shopping Run: Trader Joe's TH 10:00 Exercise TH 11:00 Laugh and Learn w/ Barbara Bloom! GR 1:00 Cornhole w/ Mario GR 2:30 Happy Hour: Jason Keene on the digital harmonica! TH 7:00 At the Movies
<b>26</b> TH 10:00 Exercise TH 10:30 Create w/ Karima: Embroidery GR 11:00 Peace by Piece TH 2:00 Tai Chi w/ Karima GR 3:30 Rummikub TH 7:00 At the Movies GR 7:00 Scrabble	<b>27</b> GR 10:00 Tech Hour with Sara TH 11:00 Exercise: Chair Yoga w/Jenny 1:00 Mahjong Class: 3rd Floor Parlor TH 3:00 Trivia w/Elan TH 7:00 At the Movies (Musical Mondays)	<b>28</b> 9:45 Exercise: Sunrise Stretch & Movement: 4th Floor Patio TH 10:45 Chair Volleyball 1:15 Black Jack: 3rd Floor Parlor TH 2:00 Lifelong University Showcase 2:30 Mind Matters: Brain-Boosting Activity Packets GR 3:00 Happy Hour: Natalie Aley! TH 7:00 At the Movies: (Travel	<b>29</b> 9:45 Exercise: Sunrise Stretch & Movement: 4th Floor Patio 10:45 Journey w/ Jeff TH 1:30 Beyond the Book TH 3:00 Yoga w/ Jenny GR 3:30 Rummikub TH 7:00 At the Movies (Wildlife Wednesdays)	<b>30</b> 9:45 Morning Meditation: 4th Floor Patio TH 10:00 Exercise GR 11:15 Lunch Outing: TBD TH 3:00 Beyond the Book 3:30 The Name Game: 3rd Floor Parlor TH 7:00 At the Movies (Throwback Thursday)	<b>31</b> 9:45 A Sip & A Splash TH 10:00 Exercise GR 10:45 Bingo! IK 12:00 Resident Birthday Lunch B 1:30 Flower Arranging & Craft Hour TH 3:00 Shabbat Service TH 7:00 At the Movies	