

JUNE 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>B - Bistro, 1st Floor CR - Club Room, 3rd Floor GR - Great Room, 1st Floor JK - Josephine's Kitchen JP - Josephine's Patio MP - Marketplace, 1st Floor Parlor MT - Movie Theatre, 3rd Floor TH - Town Hall, 3rd Floor</p>	<p>1</p> <p>TH 9:30 Move & Groove Exercise I TH 10:00 Move & Groove Exercise II JP 10:40 Balance Class with AJ CR 10:40 Relaxing Art Hour CR 2:00 Penny Game TH 3:15 Jeopardy MT 6:30 Monday Night Movie</p>	<p>2</p> <p>TH 9:30 Total Body Toning Exercise I TH 10:00 Total Body Toning Exercise II TH 10:40 Water Aerobics TH 1:30 Chef Chat TH 2:00 Mini Golf CR 3:15 Texas Hold'em with Marni MT 6:30 Tuesday Night Movie</p>	<p>3</p> <p>TH 9:30 Wake & Shake Exercise I GR 10:00 "The Sheep Detective" Movie Matinee @ the Carmel Mtn. Angelika Theater TH 10:00 Wake & Shake Exercise II CR 10:40 Jim's Liar's Dice TH 2:00 Bible Study TH 3:15 Karaoke with AJ</p>	<p>4</p> <p>TH 9:30 Tai Chi Exercise I TH 10:00 Tai Chi Exercise II MT 10:40 LLU Series: "Broadway's Biggest Night: The Tony Awards" TH 1:00 Witty Knitters JK 2:00 Happy Hour: "Bayou Brothers" MP 3:15 Billiards & Wine MT 6:30 Thursday Night Movie</p>	<p>5</p> <p>TH 9:30 Flex & Stretch Exercise I TH 10:00 Flex & Stretch Exercise II GR 10:00 Local Errands CR 1:00 Bridge Club TH 1:30 Balance Class with AJ TH 2:30 Password TH 4:30 Shabbat Service MT 6:30 Friday Night Movie</p>	<p>6</p> <p>TH 9:00 "Dance It Out" with Michele CR 9:30 Mahjong Card Game TH 10:00 Chair Yoga with Cheryl TH 2:00 Bingo with Special Guest TH 3:15 Trivia with Resident Bill MT 6:30 Saturday Night Movie</p>
<p>7</p> <p>TH 9:00 Live Worship with Pastor Mark George MT 10:00 Protestant Church Service TH 10:30 Catholic Church Service with Communion TH 2:00 Bingo with Marni CR 3:15 Blackjack with Marni MT 6:30 Sunday Night Movie</p>	<p>8</p> <p>TH 9:30 Move & Groove Exercise I TH 10:00 Move & Groove Exercise II JP 10:40 Balance Class with AJ CR 10:40 Relaxing Art Hour CR 2:00 Penny Game TH 3:00 Resident Meeting MT 6:30 Monday Night Movie</p>	<p>9</p> <p>TH 9:30 Total Body Toning Exercise I TH 10:00 Total Body Toning Exercise II TH 10:40 Water Aerobics MP 1:30 Keri's Marketplace JP 2:00 Corn Hole TH 3:15 History Matters MT 6:30 Tuesday Night Movie</p>	<p>10</p> <p>TH 9:30 Wake & Shake Exercise I TH 10:00 Wake & Shake Exercise II TH 10:30 Lunch at "Casa Machado" Mexican Restaurant on Montgomery Gibbs Field CR 10:40 Jim's Liar's Dice TH 2:00 Bible Study TH 3:15 Karaoke with AJ MT 6:30 Wednesday Night Movie</p>	<p>11</p> <p>TH 9:30 Tai Chi Exercise I TH 10:00 Tai Chi Exercise II MT 10:40 LLU Series: "Voting Rights & Political Participation in the US" JP 1:00 Pet Therapy JK 2:00 Happy Hour: TBD MP 3:15 Billiards & Wine MT 6:30 Thursday Night Movie</p>	<p>12</p> <p>TH 9:30 Flex & Stretch Exercise I TH 10:00 Flex & Stretch Exercise II GR 10:00 IL/AL Scenic Drive CR 1:00 Bridge Club TH 1:30 Balance Class with AJ TH 2:30 Password TH 4:30 Shabbat Service MT 6:30 Friday Night Movie</p>	<p>13</p> <p>TH 9:00 "Fitness Opera" with David CR 9:30 Mahjong Card Game TH 10:00 Exercise with COF EL TH 2:00 Bingo with Special Guest TH 3:15 Trivia with Resident Bill MT 6:30 Saturday Night Movie</p>
<p>14</p> <p>TH 9:15 Protestant Church Service TH 10:30 Catholic Church Service with Communion GR 1:30 "Dear Doc: WWII Letters Home" Play Outing @ Scripps Ranch Theatre TH 2:00 Bingo with Special Guest CR 3:15 Blackjack with Special Guest</p>	<p>15</p> <p>GR 9:30 "San Diego Museum of Art" Outing at Balboa Park TH 9:30 Move & Groove Exercise I TH 10:00 Move & Groove Exercise II JP 10:40 Balance Class with AJ CR 10:40 Relaxing Art Hour with Keri CR 2:00 Penny Game with Marni TH 3:15 Jeopardy MT 6:30 Monday Night Movie</p>	<p>16</p> <p>TH 9:30 Total Body Toning Exercise I TH 10:00 Total Body Toning Exercise II TH 10:40 Water Aerobics B 1:30 Welcome Social with Keri & Welcome Committee Chair: Resident Joan TH 2:00 Mini Golf CR 3:15 Texas Hold'em with Marni MT 6:30 Tuesday Night Movie</p>	<p>17</p> <p>TH 9:30 Wake & Shake Exercise I TH 10:00 Wake & Shake Exercise II CR 10:40 Jim's Liar's Dice JK 12:00 Birthday Luncheon CR 2:00 Bible Study B 3:15 Karaoke with AJ MT 6:30 Wednesday Night Movie</p>	<p>18</p> <p>TH 9:30 Tai Chi Exercise I TH 10:00 Tai Chi Exercise II TH 10:40 Free Swim & Tech Support with Marni TH 1:00 Witty Knitters JK 2:00 Happy Hour with "Michelle Lundeen" MP 3:15 Billiards & Wine MT 6:30 Thursday Night Movie</p>	<p>19 Juneteenth</p> <p>TH 9:30 Flex & Stretch Exercise I TH 10:00 Flex & Stretch Exercise II GR 10:00 Local Errands CR 1:00 Bridge Club TH 1:30 Balance Class with AJ TH 2:30 Password TH 4:30 Shabbat Service MT 6:30 Friday Night Movie</p>	<p>20</p> <p>TH 9:00 "Dance It Out" with Michele CR 9:30 Mahjong Card Game TH 10:00 Chair Yoga Exercise with Cheryl TH 2:00 Bingo with PAL Sherry TH 3:15 Trivia with Resident Bill MT 6:30 Saturday Night Movie</p>

JUNE 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>21</p> <p>TH 9:00 Live Worship with Pastor Mark George</p> <p>MT 10:00 Protestant Church Service</p> <p>TH 10:30 Catholic Church Service with Communion</p> <p>TH 2:00 Bingo with Marni</p> <p>CR 3:15 Blackjack with Marni</p> <p>MT 6:30 Sunday Night Movie</p>	<p>22</p> <p>TH 9:30 Move & Groove Exercise I</p> <p>TH 10:00 Move & Groove Exercise II</p> <p>JP 10:40 Balance Class with AJ</p> <p>CR 10:40 Relaxing Art Hour</p> <p>CR 2:00 Penny Game with Marni</p> <p>TH 3:15 Jeopardy</p> <p>MT 6:30 Monday Night Movie</p>	<p>23</p> <p>TH 9:30 Total Body Toning Exercise I</p> <p>TH 10:00 Total Body Toning Exercise II</p> <p>10:40 Water Aerobics</p> <p>MF 1:30 Keri's Marketplace</p> <p>TH 2:00 LLU Series: "Creative Workshop - Murals"</p> <p>CR 3:15 Texas Hold'em with Marni</p> <p>MT 6:30 Tuesday Night Movie</p>	<p>24</p> <p>9:30 Wake & Shake Exercise I</p> <p>10:00 Wake & Shake Exercise II</p> <p>CR 10:40 Jim's Liar's Dice</p> <p>MT 1:00 In-House Movie Matinee: TBD</p> <p>CR 2:00 Protestant Communion</p> <p>B 3:15 Karaoke with AJ</p> <p>MT 6:30 Wednesday Night Movie</p>	<p>25</p> <p>9:30 Tai Chi Exercise I</p> <p>10:00 Tai Chi Exercise II</p> <p>10:40 Free Swim & Tech Support with Marni</p> <p>JK 2:00 Happy Hour: TBD</p> <p>MF 3:15 Billiards & Wine</p> <p>MT 6:30 Thursday Night Movie</p>	<p>26</p> <p>TH 9:30 Flex & Stretch Exercise I</p> <p>TH 10:00 Flex & Stretch Exercise II</p> <p>GR 10:00 IL/AL Scenic Drive</p> <p>CR 1:00 Bridge Club</p> <p>TH 1:30 Balance Class with AJ</p> <p>TH 2:30 Password</p> <p>TH 4:30 Shabbat Service</p> <p>MT 6:30 Friday Night Movie</p>	<p>27</p> <p>TH 9:00 "Fitness Opera" with David</p> <p>CR 9:30 Mahjong Card Game</p> <p>TH 10:00 Chair Yoga Exercise with Cheryl</p> <p>TH 2:00 Bingo with PAL Sherry</p> <p>TH 3:15 Trivia with Resident Bill</p> <p>MT 6:30 Saturday Night Movie</p>
<p>28</p> <p>TH 9:15 Protestant Church Service</p> <p>TH 10:30 Catholic Church Service with Communion</p> <p>TH 2:00 Bingo with Marni</p> <p>CR 3:15 Blackjack with Marni</p> <p>MT 6:30 Sunday Night Movie</p>	<p>29</p> <p>TH 9:30 Move & Groove Exercise I</p> <p>TH 10:00 Move & Groove Exercise II</p> <p>JP 10:40 Balance Class with AJ</p> <p>CR 10:40 Relaxing Art Hour</p> <p>CR 2:00 Penny Game with Marni</p> <p>TH 3:15 Jeopardy</p> <p>MT 6:30 Monday Night Movie</p>	<p>30</p> <p>TH 9:30 Total Body Toning Exercise I</p> <p>TH 10:00 Total Body Toning Exercise II</p> <p>10:40 Water Aerobics</p> <p>TH 2:00 "New Chapters Discussion Group" with Returning Live Speaker: Dr. Joe Casciani</p> <p>TH 3:15 Texas Hold'em with Marni</p> <p>MT 6:30 Tuesday Night Movie</p>				