

JUNE 2026



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|--|---|--|
| | 1 TH 9:30 Wake-up Workout TH 10:00 PBS Documentary: The President Vs. The Fed (Prime, 53 M) OT 11:00 Infamous Mafia Tour with Carrie! BI 1:30 Art with Slowfire Studios TH 3:30 You be the Judge TH 6:00 Movie: This Is 40 (Starz PRIME, 2 H 8 M) | 2 TH 9:30 Fit and Flex TH 10:00 Lifelong University: THE TONY AWARDS (PRE-RECORDED) BI 1:00 Belmont Book Club: The Thursday Murder Club BI 2:00 Amalfi Coast Tile Design - Italian National Day BI 3:30 Bingo TH 6:00 Movie: After All These Years (Hallmark Prime, 1 H 26 M) | 3 TH 9:30 Wake-up Workout BI 10:00 Jewelry Class TH 10:00 Mental Floss: Who, What, When and Where? TH 10:30 Bernard Schwartz Birthday TH 1:00 Parkinson's Exercise Class (30 Minute Class) GR 2:15 Wine and Cheese Social BI 3:30 Walk and Roll Club Retruns TH 6:00 Movie: Broadway Danny Rose (MGM+ Prime, 1 H 21 M) | 4 TH 9:30 Fit and Flex TR 10:00 Communion With Ascension TH 10:00 Mental Floss: Trivia OT 10:30 Shopping Trip: Old Navy TH 10:30 TED talk: Waymo's case for a driverless future BI 1:00 Belmont Book Club: The Thursday Murder Club BI 2:00 Chef Demo with Phillip & Residents BI 3:30 Bingo TH 6:30 Movie: Into The Blue (MGM+ Prime, 1 H 45 M) | 5 TH 9:30 Wake-up Workout TH 10:00 Automobile Innovation Day TH 10:30 Mental Floss: Cruise Ducks Day (And Other Things People Do With Rubber Ducks) TH 1:30 Chair Yoga with Amy BI 2:15 Who is Sir David Attenborough? Trivia for Environment Day BI 3:30 Bingo! TH 6:00 Movie: Keeping Mum (STARZ Prime, 1 H 43 M) | 6 TH 9:30 Seated Ballet With Bill TH 10:00 Current Events: Local and International TR 2:00 Uno BI 3:30 Bingo TH 6:00 Movie: Lone Survivor (MGM+ PRIME, 1 H 56 M) |
| 7 TH 9:30 Resident Led Seated Exercise (A Good Start to Your Day!) TR 10:00 Communion - Ascension Catholic Church TH 10:00 PBS Documentary: Friends And Neighbors (Prime, 1 H 8 M) OT 10:30 Mass at Ascension Church (Bus Leaves at 10:15 am) TH 1:00 Brit Box: Code Of Silence (Episodes 1 - 2) (Prime, 1 H 33 M) GR 2:00 Live Entertainment with the | 8 TH 9:30 Wake-up Workout TH 10:00 PBS Documentary: When Whales Could Walk (Prime, 53 M) TH 2:00 Movie: The DaVinci Code (MGM+ Prime, 2 H 21 M) TH 6:00 Movie: The Count Of Monte Cristo (1934) (PRIME, 1 H 47 M) | 9 TH Judy Petrasek's 83rd Birthday Party - Townhall TH 9:30 Fit and Flex TH 10:00 Resident Council BI 1:00 Belmont Book Club: The Thursday Murder Club BI 2:00 Lifelong University: "What is Happiness? Aristotle's Answer" BI 3:30 Bingo BI 6:00 Movie With Michelle: Romancing the Stone (Prime, 1 H 42 M) | 10 TH 9:30 Wake-up Workout TH 10:00 "These Boots Are Made for Walking" Day TH 10:30 June Artist Charles Rennie Mackintosh TH 1:00 Parkinson's Exercise Class (30 Minute Class) GR 2:15 Wine and Cheese Social BI 3:30 Walk And Roll Club TH 6:00 Movie: The Sum of All Fears (STARZ Prime, 1 H 58 M) | 11 TH 9:30 Fit and Flex TR 10:00 Communion With Ascension TH 10:00 Mental Floss: Trivia OT 10:00 Shopping Trip: Pete's Fresh Market TH 10:30 TED talk: The problem with billionaires — and the debut of True Net Worth BI 1:00 Belmont Bazaar BI 1:00 Belmont Book Club: The Thursday Murder Club BP 2:15 Ice Cream Social BI 3:30 Bingo BI 3:30 Travelogue: Welcome to The | 12 TH 9:30 Wake-up Workout TH 10:00 Bonnie and Clyde Day TH 10:30 Mental Floss: Underwater Adventures Day; Jacques Cousteau TH 1:30 Chair Yoga with Amy BI 3:30 Bingo TH 6:00 Movie: Valkyrie (MGM+ Prime, 1 H 52 M) | 13 TH 9:30 Seated Exercise With Bill TH 10:00 Flag Day Documentary TH 1:00 Community Service: Doing Things to Benefit Others TR 2:00 Uno BI 3:30 Bingo TH 6:00 Movie: Support Your Local Sheriff! (MGM+ PRIME, 1 H 32 M) |
| 14 TH 9:30 Resident Led Seated Exercise (A Good Start to Your Day!) TR 10:00 Communion - Ascension Catholic Church TH 10:00 PBS Documentary: The Perfect Crime (Prime, 52 M) OT 10:30 Mass at Ascension Church (Bus Leaves at 10:15 am) BI 1:00 Brit Box: Code Of Silence" (Episodes 3 - 4) (Prime, 1 H 33 M) TH 1:00 Lonnie's 65 Year Alpha Kappa Alpha Sorority, Inc | 15 TH 9:30 Wake-up Workout TH 10:00 PBS Documentary: 400 Years Of Telescope (Prime, 56 M) BI 1:30 Art with Slowfire Studios! TH 2:30 PBS Documentary: The Mayo Clinic: Faith, Hope, Science (Prime, 1 H 55 M) TH 6:00 Movie: Quartet (Starz PRIME, 1 H 38 M) | 16 TH 9:30 Fit and Flex TH 10:00 Nature Photography Day TH 10:30 Who Wants To Be A Millionaire? BI 1:00 Belmont Book Club: The Thursday Murder Club BI 1:00 Car Talk BI 2:00 New Residents Q&A Meeting (Current Residents Help New Residents Acclimate) OT 2:00 Shopping Trip: CVS Pharmacy BI 3:30 Bingo TH 5:00 Living Well With Parkinson's | 17 TH 9:30 Wake-up Workout BI 10:00 Jewelry Class TH 10:00 Mental Floss: The Battle Of Bunker Hill TH 10:30 June Poet: Allen Ginsberg TH 1:00 Parkinson's Exercise Class (30 Minute Class) GR 2:15 Wine and Cheese Social BI 3:30 Walk And Roll Club TH 6:00 Movie: Capote (MGM+ Prime, 1 H 49 M) | 18 TH 9:30 Fit and Flex TR 10:00 Communion With Ascension TH 10:00 Mental Floss: Trivia TH 10:30 TED talk: How to google your symptoms without freaking out OT 12:30 Museum Outing: Museum of Broadcast Communications BI 1:00 Belmont Book Club: The Thursday Murder Club BI 2:00 Scrabble BI 3:30 Bingo TH 6:30 Movie: Rain Man (MGM+ Prime, 2 H 8 M) | 19 Juneteenth TH 9:30 Wake-up Workout TH 10:00 Juneteenth TR 10:00 Worship With Fair Oaks Presbyterian Church TH 10:30 Mental Floss: Lizzie Borden Acquittal Anniversary TH 1:00 Sound Meditation with Ahimsa Yoga Studio BI 3:30 Bingo! TH 6:00 Movie: Eight Men Out (MGM+ Prime, 1 H 59 M) | 20 GR 9:30 Yoga with Kimberly in Celebration of International Yoga Day BI 10:30 Current Events GR 2:00 Live Entertainment with the Elmhurst Choral Union BP 3:30 Father's Day Special - Micro-Brew Tasting TH 6:00 Movie: Chaplin (MGM+ PRIME, 2 H 18 M) |

"June is the pearl of summer, shining with warmth and joy." — L.M. Montgomery
 "In early June the world of leaf and blade and flowers explodes..." — John Steinbeck

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|--|--|--|
| 21 Father's Day TH 9:30 Resident Led Seated Exercise (A Good Start to Your Day!) TR 10:00 Communion - Ascension Catholic Church TH 10:00 PBS Documentary: Zero To Infinity (Prime, 1 H 53 M) OT 10:30 Mass at Ascension Church (Bus Leaves at 10:15 am) JK 11:00 Father's Day Brunch TH 1:00 Brit Box: Code Of Silence (Episodes 5 - 6) (Prime, 1 H 33 M) | 22 TH 9:30 Wake-up Workout TH 10:00 PBS Documentary: The Race Underground (Prime, 53 M) BI 2:30 PBS Documentary: We Want The Funk (Prime, 1 H 22 M) TH 5:00 Financial Planning Session with Local Experts BI 6:00 Movie: She's All That (Starz PRIME, 1 H 31 M) | 23 Lifelong University: Creative Workshop: Murals OT 9:00 Brunch Outing: First Watch TH 9:30 Fit and Flex TH 10:00 Summer Solstice Around The World TH 10:30 Jeopardy BI 1:00 Belmont Book Club: The Thursday Murder Club BI 1:00 Car Talk BI 2:30 Monthly Watch Party: Father Of The Bride (1950) (Prime, 1 H 32 M) BI 3:30 Bingo BI 5:30 Movie With Michelle: Dead | 24 TH 9:30 Wake-up Workout TH 10:00 Mental Floss: Code Breaker Day TH 10:30 Celebration of the Senses Day TH 1:00 Parkinson's Exercise Class (30 Minute Class) GR 2:15 Wine and Cheese Social BI 3:30 Walk And Roll Club TH 6:00 Movie: Ella ENchanted (MGM+ Prime, 1 H 30 M) | 25 GR 9:30 Fit and Flex TR 10:00 Communion With Ascension BI 10:00 Mental Floss: Trivia OT 10:30 Shopping Trip: Marshalls BI 10:30 TED talk: The simple habit for a happier social life BI 1:00 Belmont Book Club: The Thursday Murder Club BI 2:00 Scrabble BI 3:30 Bingo TH 3:30 Travelogue: South Pacific Island Culture and Cuisine TH 6:30 Movie: Inherit The Wind (MGM+ Prime, 2 H 2 M) | 26 TH 9:30 Wake-up Workout TH 10:00 Gasoline Automobile Anniversary TH 10:30 Mental Floss: Curse of the Hope Diamond TH 1:30 Chair Yoga with Amy GR 2:30 Birthday Celebration with DJ Banging Bo BI 3:30 Bingo TH 6:00 Movie: Gideon's Trumpetn (Prime, 1 H 43 M) | 27 BI 9:30 Seated Exercise With Bill BI 10:00 Maná - Festival de la Canción de Viña del Mar 2024 (Spanish) (You Tube 1 H 30 M) TR 2:00 Uno BI 3:30 Bingo TH 6:00 Movie: Bullets Over Broadway (PRIME, 1 H 38 M) |
| 28 TH 9:30 Resident Led Seated Exercise (A Good Start to Your Day!) TR 10:00 Communion - Ascension Catholic Church TH 10:00 PBS Documentary: Julia Alvarez: A Life Reimagined (Prime, 1 H 24 M) OT 10:30 Mass at Ascension Church (Bus Leaves at 10:15 am) TH 1:00 Brit Box: The Turn Of The Screw (Prime, 1 H 31 M) GR 3:00 Bingo with the Concierge! TH 6:00 Movie: Takers (STARZ Prime) | 29 TH 9:30 Wake-up Workout TH 10:00 PBS Documentary: Lives Well Lived (Prime, 1 H 10 M) TH 2:30 Wimbledon - Let's Play Tennis! TH 6:00 Movie:Footloose (MGM+ PRIME, 1 H 42 M) | 30 Lifelong University: WORK ON PROJECTS TH 9:30 Fit and Flex TH 10:00 Richard Rodgers Birth Anniversary TH 10:30 Jeopardy BI 1:00 Belmont Book Club: The Thursday Murder Club BI 1:00 Car Talk BI 3:30 Bingo TH 6:00 Movie: All I See Is You (STARZ Prime, 1 H 49 M) | | | | |

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