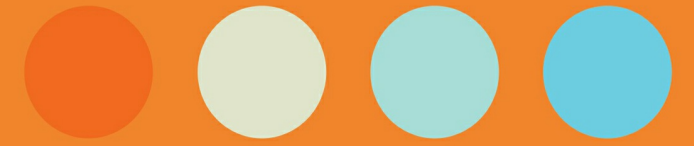


# JUNE 2026



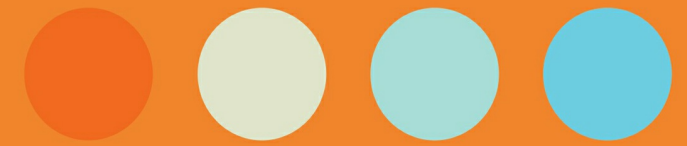
## Belmont Village Albany

## Community Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> <b>TH</b> 9:00 Kick-Start Fitness with Carissa <b>SR</b> 10:00 Documentary <b>TH</b> 10:00 Tai Chi with Nobuo <b>TH</b> 11:00 Savoring Short Stories with Debra. Interpreting and Analyzing Short stories with Debra Ratner. <b>TH</b> 1:00 Politics & Economics: A Current Events Discussion - - Weekly discussion deliberating current news & contemporary issues. <b>SR</b> 2:00 Matinee	<b>2</b> <b>TH</b> 9:00 Kick-Start Fitness with Blake <b>SR</b> 10:00 Documentary <b>B</b> 10:00 <b>Mah Jongg Lessons</b> <b>TH</b> 10:00 Yoga and Meditation <b>LB</b> 11:00 Writing Workshop <b>TH</b> 1:00 <b>Monthly Resident Activity Meeting</b> <b>SR</b> 2:00 Matinee <b>B</b> 2:00 Rummikub <b>B</b> 3:00 <b>Mah Jongg</b> <b>GP</b> 3:00 Mobility Class <b>SR</b> 6:30 Evening Film	<b>3</b> <b>TH</b> 9:00 Kick-Start Fitness with Carissa <b>SR</b> 10:00 Documentary <b>TH</b> 10:00 Strength & Stability Fitness <b>LB</b> 11:00 You Be The Jury <b>EX</b> 11:30 <b>UCBerkeley Noon Concerts</b> <b>SR</b> 2:00 Matinee <b>B</b> 3:00 Bridge <b>TH</b> 3:00 Sing-A-Long with Achi! <b>SR</b> 6:30 Evening Film	<b>4</b> <b>TH</b> 9:00 Kick-Start Fitness with Blake <b>EX</b> 9:30 <b>Excursion: Bouquets to Art at Legion of Honor</b> <b>SR</b> 10:00 Documentary <b>SR</b> 2:00 Matinee <b>B</b> 2:00 Rummikub <b>B</b> 3:00 <b>Cribbage</b> <b>LB</b> 3:00 Parkinson's Support Group <b>GR</b> 4:00 <b>Tech Support with William</b> <b>SR</b> 6:30 Evening Film	<b>5</b> <b>TH</b> 9:00 Kick-Start Fitness with Carissa <b>SR</b> 10:00 Documentary <b>TH</b> 10:00 Strength & Stability Fitness <b>LB</b> 11:00 Writing Workshop <b>CP</b> 2:00 Friday Afternoon Conversations <b>SR</b> 2:00 Matinee <b>TH</b> 3:00 <b>Happy Hour: Carla Kaufman Classical Duo</b> <b>TH</b> 4:30 Shabbat Blessings <b>SR</b> 6:30 Evening Film	<b>6</b> <b>TH</b> 9:00 Kick-Start Fitness with Blake <b>GP</b> 10:00 Mobility Class with Blake <b>EX</b> 10:00 Weekend Shopping Shuttle <b>GP</b> 11:00 Garden Club <b>LB</b> 1:00 Library Organization <b>SR</b> 1:00 <b>Reel Talk Behind the Scenes</b> <b>TH</b> 1:30 <b>Come Play w/ Watercolor</b> <b>SR</b> 2:00 Reel Talk Movie & discussion <b>SR</b> 5:30 Classical Music Hour <b>SR</b> 6:30 Evening Film
<b>7</b> <b>TH</b> 9:00 Kick-Start Fitness with Blake <b>GR</b> 9:00 Religious Services Transportation <b>GP</b> 10:00 Mobility Class with Blake <b>LB</b> 10:00 <b>Reader Volunteer Hour</b> <b>TH</b> 10:45 <b>Cardio Drumming with Juliette</b> <b>SR</b> 1:00 Met Opera: Turandot (1987) <b>TH</b> 1:30 Pop Up Concert with Stevie <b>B</b> 3:00 Rummikub <b>SR</b> 6:30 Evening Film	<b>8</b> <b>TH</b> 9:00 Kick-Start Fitness with Carissa <b>SR</b> 10:00 Documentary <b>TH</b> 10:00 Tai Chi with Nobuo <b>TH</b> 11:00 Savoring Short Stories with Debra. Interpreting and Analyzing Short stories with Debra Ratner. <b>TH</b> 1:00 Politics & Economics: A Current Events Discussion - - Weekly discussion deliberating current news & contemporary issues. <b>SR</b> 2:00 Matinee	<b>9</b> <b>TH</b> 9:00 Kick-Start Fitness with Blake <b>SR</b> 10:00 Documentary <b>B</b> 10:00 <b>Mah Jongg Lessons</b> <b>TH</b> 10:00 Yoga and Meditation <b>LB</b> 11:00 Writing Workshop <b>SR</b> 2:00 Matinee <b>B</b> 2:00 Rummikub <b>B</b> 3:00 <b>Mah Jongg</b> <b>GP</b> 3:00 Mobility Class <b>TH</b> 3:00 <b>Resident Council Agenda Setting Meeting</b> <b>SR</b> 6:30 Evening Film	<b>10</b> <b>TH</b> 9:00 Kick-Start Fitness with Carissa <b>SR</b> 10:00 Documentary <b>TH</b> 10:00 Strength & Stability Fitness <b>LB</b> 11:00 You Be The Jury <b>EX</b> 11:30 <b>UCBerkeley Noon Concerts</b> <b>TH</b> 2:00 <b>Culinary Chat</b> <b>SR</b> 2:00 Matinee <b>B</b> 3:00 Bridge <b>TH</b> 3:00 Sing-A-Long with Achi! <b>SR</b> 6:30 Evening Film	<b>11</b> <b>TH</b> 9:00 Kick-Start Fitness with Blake <b>EX</b> 9:30 <b>Excursion: Bouquets to Art at Legion of Honor</b> <b>SR</b> 10:00 Documentary <b>SR</b> 2:00 Matinee <b>B</b> 2:00 Rummikub <b>B</b> 3:00 <b>Cribbage</b> <b>LB</b> 3:00 Parkinson's Support Group <b>GR</b> 4:00 <b>Tech Support with William</b> <b>SR</b> 6:30 Evening Film	<b>12</b> <b>TH</b> 9:00 Kick-Start Fitness with Carissa <b>SR</b> 10:00 Documentary <b>TH</b> 10:00 Strength & Stability Fitness <b>LB</b> 11:00 Writing Workshop <b>CP</b> 2:00 Friday Afternoon Conversations <b>SR</b> 2:00 Matinee <b>TH</b> 3:00 <b>Happy Hour: Carla Kaufman Classical Duo</b> <b>TH</b> 4:30 Shabbat Blessings <b>SR</b> 6:30 Evening Film	<b>13</b> <b>TH</b> 9:00 Kick-Start Fitness with Blake <b>GP</b> 10:00 Mobility Class with Blake <b>EX</b> 10:00 Weekend Shopping Shuttle <b>GP</b> 11:00 Garden Club <b>LB</b> 1:00 Library Organization <b>SR</b> 1:00 <b>Reel Talk Behind the Scenes</b> <b>TH</b> 1:30 <b>Come Play w/ Watercolor</b> <b>SR</b> 2:00 Reel Talk Movie & discussion <b>SR</b> 5:30 Classical Music Hour <b>SR</b> 6:30 Evening Film
<b>14</b> <b>TH</b> 9:00 Kick-Start Fitness with Blake <b>GR</b> 9:00 Religious Services Transportation <b>GP</b> 10:00 Mobility Class with Blake <b>LB</b> 10:00 <b>Reader Volunteer Hour</b> <b>TH</b> 10:45 <b>Cardio Drumming with Juliette</b> <b>SR</b> 1:00 Epic Movie! Around the World in 80 Days (1956) <b>TH</b> 1:30 Pop Up Concert with Stevie <b>B</b> 3:00 Rummikub <b>SR</b> 6:30 Evening Film	<b>15</b> <b>TH</b> 9:00 Kick-Start Fitness with Carissa <b>SR</b> 10:00 Documentary <b>TH</b> 10:00 Tai Chi with Nobuo <b>TH</b> 11:00 Savoring Short Stories with Debra. Interpreting and Analyzing Short stories with Debra Ratner. <b>TH</b> 1:00 Politics & Economics: A Current Events Discussion - - Weekly discussion deliberating current news & contemporary issues. <b>SR</b> 2:00 Matinee	<b>16</b> <b>TH</b> 9:00 Kick-Start Fitness with Blake <b>SR</b> 10:00 Documentary <b>B</b> 10:00 <b>Mah Jongg Lessons</b> <b>TH</b> 10:00 Yoga and Meditation <b>TH</b> 11:00 <b>Monthly Film Selection Meeting (New Time)</b> <b>LB</b> 11:00 Writing Workshop <b>SR</b> 2:00 Matinee <b>B</b> 2:00 Rummikub <b>B</b> 3:00 <b>Mah Jongg</b> <b>GP</b> 3:00 Mobility Class <b>SR</b> 6:30 Evening Film	<b>17</b> <b>TH</b> 9:00 Kick-Start Fitness with Carissa <b>SR</b> 10:00 Documentary <b>TH</b> 10:00 Strength & Stability Fitness <b>LB</b> 11:00 You Be The Jury <b>EX</b> 11:30 <b>UCBerkeley Noon Concerts</b> <b>SR</b> 2:00 Matinee <b>B</b> 3:00 Bridge <b>TH</b> 3:00 Sing-A-Long with Achi! <b>SR</b> 6:30 Evening Film	<b>18</b> <b>SR</b> <b>Dementia Training All Day</b> <b>TH</b> 9:00 Kick-Start Fitness with Blake <b>EX</b> 9:30 <b>Excursion: Bouquets to Art at Legion of Honor</b> <b>SR</b> 10:00 Documentary <b>SR</b> 2:00 Matinee <b>B</b> 2:00 Rummikub <b>B</b> 3:00 <b>Cribbage</b> <b>LB</b> 3:00 Parkinson's Support Group <b>GR</b> 4:00 <b>Tech Support with William</b> <b>SR</b> 6:30 Evening Film	<b>19 Juneteenth</b> <b>TH</b> 9:00 Kick-Start Fitness with Carissa <b>SR</b> 10:00 Documentary <b>TH</b> 10:00 Strength & Stability Fitness <b>LB</b> 11:00 Writing Workshop <b>CP</b> 2:00 Friday Afternoon Conversations <b>SR</b> 2:00 Matinee <b>TH</b> 3:00 <b>Happy Hour: Carla Kaufman Classical Duo</b> <b>TH</b> 3:00 <b>Happy Hour: The Jazz Therapists</b> <b>TH</b> 4:30 Shabbat Blessings <b>SR</b> 6:30 Evening Film	<b>20</b> <b>TH</b> 9:00 Kick-Start Fitness with Blake <b>GP</b> 10:00 Mobility Class with Blake <b>EX</b> 10:00 Weekend Shopping Shuttle <b>GP</b> 11:00 Garden Club <b>LB</b> 1:00 Library Organization <b>SR</b> 1:00 <b>Reel Talk Behind the Scenes</b> <b>TH</b> 1:30 <b>Come Play w/ Watercolor</b> <b>SR</b> 2:00 Reel Talk Movie & discussion <b>SR</b> 5:30 Classical Music Hour <b>SR</b> 6:30 Evening Film

Not all of the daily activities fit on this calendar. To see the complete schedule, download the SPECTRIO Share app and login using our Community PIN: BVA-AL/IL

# JUNE 2026



## Belmont Village Albany

## Community Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>21</b> <b>TH</b> 9:00 Kick-Start Fitness with Blake <b>GR</b> 9:00 Religious Services Transportation <b>GP</b> 10:00 Mobility Class with Blake <b>LB</b> 10:00 <b>Reader Volunteer Hour</b> <b>TH</b> 10:45 <b>Cardio Drumming with Juliette</b> <b>SR</b> 1:00 Met Opera: The Magic Flute   2006   1h 52m   Composer: Mozart   Adults and children alike were enchanted by the whimsical humor and breathtaking puppetry of Julie Taymor's hit production,	<b>22</b> <b>TH</b> 9:00 Kick-Start Fitness with Carissa <b>SR</b> 10:00 Documentary <b>TH</b> 10:00 Tai Chi with Nobuo <b>TH</b> 11:00 Savoring Short Stories with Debra. Interpreting and Analyzing Short stories with Debra Ratner. <b>TH</b> 1:00 Politics & Economics: A Current Events Discussion -- Weekly discussion deliberating current news & contemporary issues. <b>SR</b> 2:00 Matinee	<b>23</b> <b>TH</b> 9:00 Kick-Start Fitness with Blake <b>SR</b> 10:00 Documentary <b>B</b> 10:00 <b>Mah Jongg Lessons</b> <b>TH</b> 10:00 Yoga and Meditation <b>TH</b> 11:00 <b>Book Club</b> <b>LB</b> 11:00 Writing Workshop <b>B</b> 1:30 <b>New Resident Welcome Gathering</b> <b>SR</b> 2:00 Matinee <b>B</b> 2:00 Rummikub <b>B</b> 3:00 <b>Mah Jongg</b> <b>GP</b> 3:00 Mobility Class <b>TH</b> 3:00 <b>Monthly Resident Town Hall Meeting</b>	<b>24</b> <b>TH</b> 9:00 Kick-Start Fitness with Carissa <b>SR</b> 10:00 Documentary <b>TH</b> 10:00 Strength & Stability Fitness <b>LB</b> 11:00 You Be The Jury <b>EX</b> 11:30 <b>UCBerkeley Noon Concerts</b> <b>JK</b> 12:00 <b>Monthly Birthday Lunch</b> <b>SR</b> 2:00 Matinee <b>B</b> 3:00 Bridge <b>TH</b> 3:00 Sing-A-Long with Achi! <b>SR</b> 6:30 Evening Film	<b>25</b> <b>TH</b> 9:00 Kick-Start Fitness with Blake <b>EX</b> 9:30 <b>Excursion: Bouquets to Art at Legion of Honor</b> <b>SR</b> 10:00 Documentary <b>SR</b> 2:00 Matinee <b>B</b> 2:00 Rummikub <b>B</b> 3:00 <b>Cribbage</b> <b>LB</b> 3:00 Parkinson's Support Group <b>GR</b> 4:00 <b>Tech Support with William</b> <b>SR</b> 6:30 Evening Film	<b>26</b> <b>TH</b> 9:00 Kick-Start Fitness with Carissa <b>SR</b> 10:00 Documentary <b>TH</b> 10:00 Strength & Stability Fitness <b>LB</b> 11:00 Writing Workshop <b>CP</b> 2:00 Friday Afternoon Conversations <b>SR</b> 2:00 Matinee <b>TH</b> 3:00 <b>Happy Hour: Carla Kaufman Classical Duo</b> <b>TH</b> 4:30 Shabbat Blessings <b>SR</b> 6:30 Evening Film	<b>27</b> <b>TH</b> 9:00 Kick-Start Fitness with Blake <b>GP</b> 10:00 Mobility Class with Blake <b>EX</b> 10:00 Weekend Shopping Shuttle <b>GP</b> 11:00 Garden Club <b>LB</b> 1:00 Library Organization <b>SR</b> 1:00 <b>Reel Talk Behind the Scenes</b> <b>TH</b> 1:30 <b>Come Play w/ Watercolor</b> <b>SR</b> 2:00 Reel Talk Movie & discussion <b>SR</b> 5:30 Classical Music Hour <b>SR</b> 6:30 Evening Film
<b>28</b> <b>TH</b> 9:00 Kick-Start Fitness with Blake <b>GR</b> 9:00 Religious Services Transportation <b>GP</b> 10:00 Mobility Class with Blake <b>LB</b> 10:00 <b>Reader Volunteer Hour</b> <b>TH</b> 10:45 <b>Cardio Drumming with Juliette</b> <b>SR</b> 1:00 Met Opera: La Traviata (2022) <b>TH</b> 1:30 Pop Up Concert with Stevie <b>B</b> 3:00 Rummikub <b>SR</b> 6:30 Evening Film	<b>29</b> <b>TH</b> 9:00 Kick-Start Fitness with Carissa <b>SR</b> 10:00 Documentary <b>TH</b> 10:00 Tai Chi with Nobuo <b>TH</b> 11:00 Savoring Short Stories with Debra. Interpreting and Analyzing Short stories with Debra Ratner. <b>TH</b> 1:00 Politics & Economics: A Current Events Discussion -- Weekly discussion deliberating current news & contemporary issues. <b>SR</b> 2:00 Matinee	<b>30</b> <b>TH</b> 9:00 Kick-Start Fitness with Blake <b>SR</b> 10:00 Documentary <b>B</b> 10:00 <b>Mah Jongg Lessons</b> <b>TH</b> 10:00 Yoga and Meditation <b>CP</b> 11:00 <b>Book of the Month Club: Caste, by Ingrid Wilkerson &amp; Tom Lake, by Ann Patchett</b> <b>LB</b> 11:00 Writing Workshop <b>SR</b> 2:00 Matinee <b>B</b> 2:00 Rummikub <b>B</b> 3:00 <b>Mah Jongg</b> <b>GP</b> 3:00 Mobility Class <b>SR</b> 6:30 Evening Film				

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