

# MAY 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> <b>TH</b> 9:15 Boot Camp and Advanced at 10:15 AM <b>SR</b> 11:00 MTT 25: An American Icon (1 hour 17 minutes) - Michael Tilson Thomas <b>CL</b> 1:00 Open Board Game Time <b>SR</b> 1:00 Short Takes Acting Troupe Matinee Performance <b>CL</b> 1:30 The Belmont Community Group <b>CR</b> 2:00 Belmont 101: Orientation <b>SR</b> 3:00 Shabbat Services with Cantor Marc <b>SR</b> 4:15 At the Movies (& 7:15)	<b>2</b> <b>TH</b> 9:00 Balls and Bands & Morning Exercise at 10AM <b>SR</b> 11:00 Symphony with Albert <b>CR</b> 1:00 Creative Writing with Loren <b>SR</b> 1:00 National Theater at Home: Ian McKellen on Stage <b>CL</b> 1:30 Scrabble Hour ( In the 6th floor Library) <b>LB</b> 1:30 TraderJoe's & CVS <b>TH</b> 3:30 Spring Groove <b>SR</b> 4:00 Cinema Rouge (& 7:15)
<b>3</b> <b>TH</b> 9:00 9 AM Balance & Bands with Nichole <b>LB</b> 9:00 Shopping at Ralphps & Target <b>TH</b> 10:00 Balance with Nichole <b>SR</b> 11:00 Washington Week <b>SR</b> 1:00 At the Opera <b>CL</b> 1:00 NY Times Puzzles! <b>CR</b> 1:30 Writing with Lee <b>CL</b> 2:30 Rummikub Time <b>GR</b> 3:30 Musical Entertainment with Marc Cole <b>SR</b> 4:00 At the Movies ( & 7:15 pm)	<b>4</b> <b>TH</b> 9:15 Beginner Boot Camp & Advanced Boot Camp <b>GR</b> 11:00 Mental Fitness, Grab and Go Activity Packets <b>SR</b> 11:00 Morning Music with Albert <b>SR</b> 1:30 Broadway Musicals: A Jewish Legacy <b>TH</b> 1:30 Glass Art with Ana & Ceramics at 2:45pm <b>SR</b> 3:30 UCLA OSHER: Current Events with Vincent Coppola <b>SR</b> 4:30 At the Movies (&7:15 PM)	<b>5</b> <b>TH</b> 9:15 Beginners Bootcamp & Advanced Bootcamp at 10:15 AM <b>SR</b> 11:00 The Joy of Good Company, Companion Opportunities for Residents <b>SR</b> 1:00 Adventures with Doug <b>BP</b> 1:30 Guided Meditation (30 min) <b>GR</b> 2:00 Cinco de Mayo Celebration! Folklorico & Mariachi! Nacho Bar and Fruit Stand <b>SR</b> 3:00 Kahoot! Trivia, Bring your smart phones and tablets <b>SR</b> 4:00 At the Movies (&7:15)	<b>6</b> <b>TH</b> 9:15 Beginner Bootcamp & Advanced Bootcamp at 10:15 AM <b>GR</b> 10:30 Texas Hold 'Em Poker <b>LB</b> 11:30 It's Only Lunch Outing <b>CR</b> 1:30 Brain Games with Cydney <b>SR</b> 1:30 Rice University Lifelong Learning <b>CR</b> 2:15 The Knit Wits! <b>SR</b> 3:30 At the Movies (&7:15 PM) <b>GR</b> 3:30 Exercise with Melissa	<b>7</b> <b>TH</b> 9:15 Beginners Bootcamp & Advanced Bootcamp at 10:15 AM <b>SR</b> 9:30 UCLA Neuroscience Department Presentation <b>GR</b> 11:00 Giorgi Latso: The Art of Piano Music <b>SR</b> 1:30 New Documentary Short Series: Shakespeare- Rise of a Genius (Episode 3) <b>CR</b> 2:30 Sports Club: Dodger's Chat <b>SR</b> 2:30 UCLA Senior Scholars <b>GR</b> 3:30 Exercise with Melissa! <b>SR</b> 3:30 The Films of Mexico	<b>8</b> <b>TH</b> 9:15 Boot Camp and Advanced at 10:15 AM <b>SR</b> 11:00 Short Takes Acting Troupe with Chris Miller (Class A) <b>CL</b> 1:00 Open Board Game Time <b>SR</b> 1:00 Short Takes Acting Troupe (Class B) <b>CR</b> 2:00 Belmont 101: Orientation for New Residents <b>SR</b> 3:00 Shabbat Services with Cantor Marc <b>SR</b> 4:15 At the Movies (& 7:15)	<b>9</b> <b>TH</b> 9:00 Balls and Bands & Morning Exercise at 10AM <b>SR</b> 11:00 Symphony with Albert <b>SR</b> 1:00 National Theater at Home: End with Clive Owen <b>GR</b> 1:30 Bruin Music Collective <b>CL</b> 1:30 Scrabble Hour ( In the 6th floor Library) <b>LB</b> 1:30 TraderJoe's & CVS <b>TH</b> 3:30 Spring Groove <b>SR</b> 4:00 Cinema Rouge (& 7:15)
<b>10</b> <b>TH</b> 9:00 9 AM Balance & Bands with Nichole <b>LB</b> 9:00 Shopping at Ralphps & Target <b>TH</b> 10:00 Balance with Nichole <b>SR</b> 11:00 Washington Week <b>CL</b> 11:00 Watercolor with SP <b>CL</b> 11:00 Watercolor with SP <b>JK</b> 11:30 Mothers Day Harpist <b>SR</b> 1:00 At the Opera <b>CL</b> 1:00 NY Times Puzzles! <b>CL</b> 2:30 Rummikub Time <b>GR</b> 3:30 Mothers Day Entertainment with Steven and Andy	<b>11</b> <b>TH</b> 9:15 Beginner Boot Camp & Advanced Boot Camp <b>CR</b> 11:00 Mental Fitness, Grab and Go Activity Packets <b>SR</b> 11:00 Morning Music with Albert <b>SR</b> 1:30 Great Musicals You May Not Know - William Finn <b>CR</b> 2:30 Improv with Daniella: Acting Unscripted! <b>B</b> 3:00 Health Rhythms Group Drumming Bistro Patio <b>SR</b> 3:30 UCLA OSHER: Current Events with Vincent Coppola <b>SR</b> 4:30 At the Movies (&7:15 PM)	<b>12</b> <b>GR</b> 9:15 Beginners Bootcamp & Advanced Bootcamp at 10:15 AM in The Great Room <b>CL</b> 9:30 Hearing Aid Clinic w/Sharp <b>SR</b> 11:00 Hollywood History with Kari Tilson Thomas <b>SR</b> 11:00 Keeping Score with Michael <b>BP</b> 1:30 Guided Meditation (30 min) <b>SR</b> 1:30 Resident Council Meeting <b>CR</b> 2:30 Kahoot! Trivia, Bring your smart phones and tablets <b>SR</b> 4:00 At the Movies (&7:15)	<b>13</b> <b>TH</b> 9:15 Beginner Bootcamp & Advanced Bootcamp at 10:15 AM <b>LB</b> 10:00 Book Club Outing <b>GR</b> 11:00 Blackjack \$1 buy-in <b>LB</b> 11:30 It's Only Lunch Outing <b>SR</b> 1:30 Dr Louie Art Lecture <b>SR</b> 1:30 Rice University Lifelong Learning <b>CR</b> 2:15 The Knit Wits! <b>SR</b> 3:30 At the Movies (&7:15 PM) <b>GR</b> 3:30 Exercise with Melissa	<b>14</b> <b>TH</b> 9:15 Beginners Bootcamp & Advanced Bootcamp at 10:15 AM <b>CR</b> 10:30 Floral Design <b>GR</b> 11:00 Giorgi Latso: The Art of Piano Music <b>SR</b> 1:30 UCLA Senior Scholars <b>SR</b> 2:30 Documentary <b>CR</b> 3:30 Exercise with Melissa! <b>GR</b> 3:30 Musical Entertainment Chrissy and Tony <b>SR</b> 3:30 The Films of Mexico	<b>15</b> <b>TH</b> 9:15 Boot Camp and Advanced at 10:15 AM <b>SR</b> 11:00 Short Takes Acting Troupe with Chris Miller (Class A) <b>CL</b> 1:00 Open Board Game Time <b>SR</b> 1:00 Short Takes Acting Troupe (Class B) <b>CL</b> 1:30 The Belmont Community Group <b>CR</b> 2:00 Belmont 101: Orientation for New Residents <b>SR</b> 3:00 Shabbat Services with Cantor Marc <b>SR</b> 4:15 At the Movies (& 7:15)	<b>16</b> <b>TH</b> 9:00 Balls and Bands & Morning Exercise at 10AM <b>SR</b> 11:00 Symphony with Albert <b>CR</b> 1:00 Creative Writing with Loren <b>SR</b> 1:00 National Theater at Home: Much Ado About Nothing <b>LB</b> 1:30 Outing! Beverly Hills Art Show <b>CL</b> 1:30 Scrabble Hour ( In the 6th floor Library) <b>LB</b> 1:30 TraderJoe's & CVS <b>TH</b> 2:00 Silk Scarf Painting <b>TH</b> 3:30 Spring Groove <b>SR</b> 4:00 Cinema Rouge (& 7:15)

# MAY 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>17</b> <b>TH</b> 9:00 9 AM Balance & Bands with Nichole <b>LB</b> 9:00 Shopping at Ralps & Target <b>TH</b> 10:00 Balance with Nichole <b>SR</b> 11:00 Washington Week <b>SR</b> 1:00 At the Opera <b>CL</b> 1:00 NY Times Puzzles! <b>CR</b> 1:30 Writing with Lee <b>CL</b> 2:30 Rummikub Time <b>SR</b> 4:00 At the Movies (& 7:15 pm)	<b>18</b> <b>TH</b> 9:15 Beginner Boot Camp & Advanced Boot Camp <b>CR</b> 11:00 Mental Fitness, Grab and Go Activity Packets <b>SR</b> 11:00 Morning Music with Albert <b>TH</b> 1:30 Glass Art with Ana & Ceramics at 2:45pm <b>SR</b> 1:30 Standing on the Corner: The Frank Loesser Story with Mark <b>CR</b> 2:30 Improv with Daniella: Acting Unscripted! <b>SR</b> 3:30 UCLA OSHER: Current Events with Vincent Coppola	<b>19</b> <b>TH</b> 9:15 Beginners Bootcamp & Advanced Bootcamp at 10:15 AM <b>SR</b> 11:00 UCLA Vitality Medical Initiative, Benefits of Strength training <b>SR</b> 1:00 Adventures with Doug <b>BP</b> 1:30 Guided Meditation (30 min) <b>SR</b> 2:00 Keeping Score with Michael Tilson Thomas <b>CR</b> 2:30 Kahoot! Trivia, Bring your smart phones and tablets <b>SR</b> 3:30 Deep Dive Film <b>SR</b> 4:00 At the Movies (&7:15)	<b>20</b> <b>TH</b> 9:15 Beginner Bootcamp & Advanced Bootcamp at 10:15 AM <b>GR</b> 10:30 Texas Hold 'Em with Siam <b>LB</b> 11:30 It's Only Lunch Outing <b>SR</b> 1:30 Rice University Lifelong Learning <b>SR</b> 2:00 Deep Dive Film Club Discussion with David Livingston! Network <b>CR</b> 2:15 The Knit Wits! <b>SR</b> 3:30 At the Movies (&7:15 PM) <b>GR</b> 3:30 Exercise with Melissa <b>GR</b> 3:30 Exercise with Melissa	<b>21</b> <b>TH</b> 9:15 Beginners Bootcamp & Advanced Bootcamp at 10:15 AM <b>GR</b> 11:00 Giorgi Latso: The Art of Piano Music <b>SR</b> 1:30 UCLA Senior Scholars <b>CR</b> 2:00 I'm Famous for my "Pina Colada Bread pudding" <b>GR</b> 3:30 Exercise with Melissa! <b>SR</b> 3:30 The Films of Mexico	<b>22</b> <b>TH</b> 9:15 Boot Camp and Advanced at 10:15 AM <b>SR</b> 11:00 Short Takes Acting Troupe with Chris Miller (Class A) <b>CL</b> 1:00 Open Board Game Time <b>SR</b> 1:00 Short Takes Acting Troupe (Class B) <b>CR</b> 2:00 Belmont 101: Orientation for New Residents <b>SR</b> 3:00 Shabbat Services with Cantor Marc <b>SR</b> 4:15 At the Movies (& 7:15)	<b>23</b> <b>TH</b> 9:00 Balls and Bands & Morning Exercise at 10AM <b>SR</b> 11:00 Symphony with Albert <b>SR</b> 1:00 National Theater at Home: All My Sons with Sally Field <b>CL</b> 1:30 Scrabble Hour ( In the 6th floor Library) <b>LB</b> 1:30 TraderJoe's & CVS <b>TH</b> 3:30 Spring Groove <b>SR</b> 4:00 Cinema Rouge (& 7:15)
<b>24</b> <b>TH</b> 9:00 9 AM Balance & Bands with Nichole <b>LB</b> 9:00 Shopping at Ralps & Target <b>TH</b> 10:00 Balance with Nichole <b>SR</b> 11:00 Washington Week <b>SR</b> 1:00 At the Opera <b>CL</b> 1:00 NY Times Puzzles! <b>CL</b> 2:30 Rummikub Time <b>SR</b> 4:00 At the Movies (& 7:15 pm)	<b>25</b> <b>Memorial Day</b> <b>TH</b> 9:15 Beginner Boot Camp & Advanced Boot Camp <b>CR</b> 11:00 Mental Fitness, Grab and Go Activity Packets <b>SR</b> 11:00 Morning Music with Albert <b>PP</b> 11:30 Memorial Day BBQ <b>SR</b> 1:30 Standing on the Corner: The Frank Loesser Story with Mark <b>SR</b> 2:30 Hollywood History <b>SR</b> 3:30 UCLA OSHER: Current Events with Vincent Coppola <b>SR</b> 4:30 At the Movies (&7:15 PM)	<b>26</b> <b>TH</b> 9:15 Beginners Bootcamp & Advanced Bootcamp at 10:15 AM <b>SR</b> 11:00 Art History, Marc Chagall <b>SR</b> 1:00 Keeping Score with Michael Tilson Thomas <b>BP</b> 1:30 Guided Meditation (30 min) <b>SR</b> 2:30 Gizmo & Gadget of the month <b>CR</b> 2:30 Kahoot! Trivia, Bring your smart phones and tablets <b>SR</b> 4:00 At the Movies (&7:15)	<b>27</b> <b>TH</b> 9:15 Beginner Bootcamp & Advanced Bootcamp at 10:15 AM <b>GR</b> 11:00 Blackjack \$1 buy-in <b>LB</b> 11:30 It's Only Lunch Outing <b>SR</b> 1:30 Rice University Lifelong Learning <b>CR</b> 2:15 The Knit Wits! <b>SR</b> 3:30 At the Movies (&7:15 PM) <b>GR</b> 3:30 Exercise with Melissa	<b>28</b> <b>TH</b> 9:15 Beginners Bootcamp & Advanced Bootcamp at 10:15 AM <b>CR</b> 10:30 Floral Design <b>GR</b> 11:00 Giorgi Latso: The Art of Piano Music <b>SR</b> 1:30 UCLA US Presidents with Sandbrook <b>LB</b> 2:00 Scenic Drive to the Beach <b>SR</b> 2:30 UCLA Senior Scholars <b>GR</b> 3:30 Exercise with Melissa! <b>GR</b> 3:30 Musical Entertainment with Jung Woo <b>SR</b> 3:30 The Films of Mexico	<b>29</b> <b>TH</b> 9:15 Boot Camp and Advanced at 10:15 AM <b>SR</b> 11:00 Short Takes Acting Troupe with Chris Miller (Class A) <b>CL</b> 1:00 Open Board Game Time <b>SR</b> 1:00 Short Takes Acting Troupe (Class B) <b>CL</b> 1:30 The Belmont Community Group <b>CR</b> 2:00 Belmont 101: Orientation for New Residents <b>SR</b> 3:00 Shabbat Services with Cantor Marc <b>SR</b> 4:15 At the Movies (& 7:15)	<b>30</b> <b>TH</b> 9:00 Balls and Bands & Morning Exercise at 10AM <b>SR</b> 11:00 Symphony with Albert <b>SR</b> 1:00 National Theater at Home: Blues for an Alabama Sky <b>GR</b> 1:30 Georgios Latzo, Children's Performance <b>CL</b> 1:30 Scrabble Hour ( In the 6th floor Library) <b>LB</b> 1:30 TraderJoe's & CVS <b>TH</b> 3:30 Spring Groove <b>SR</b> 4:00 Cinema Rouge (& 7:15)
<b>31</b> <b>TH</b> 9:00 9 AM Balance & Bands with Nichole <b>LB</b> 9:00 Shopping at Ralps & Target <b>TH</b> 10:00 Balance with Nichole <b>SR</b> 11:00 Washington Week <b>SR</b> 1:00 At the Opera <b>CL</b> 1:00 NY Times Puzzles! <b>CL</b> 2:30 Rummikub Time <b>GR</b> 3:30 Musical Entertainment with Tatijana <b>SR</b> 4:00 At the Movies (& 7:15 pm)						