

# MAY 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>BT</b> - Bistro <b>GR</b> - Great Room <b>JK</b> - Josephines's Kitchen <b>TH</b> - Town Hall</p>					<p><b>1</b></p> <p><b>TH</b> 9:30 Chair Yoga with Donna <b>BT</b> 1:00 Belmont Singers Sing-Along <b>TH</b> 2:00 <b>Creativity Class</b> <b>TH</b> 3:30 Floristas Flower Arranging Group <b>TH</b> 6:30 Community Movie- Residents Choice!</p>	<p><b>2</b></p> <p><b>BT</b> 10:00 Crossword with Eddy <b>TH</b> 10:45 <b>Power for Parkinsons</b> <b>TH</b> 1:00 BINGO <b>GR</b> 2:30 Brain Brawl: Competitive Trivia <b>GR</b> 3:30 <b>Kentucky Derby Race Game</b> <b>TH</b> 6:30 Community Movie- Residents Choice!</p>
<p><b>3</b></p> <p><b>TH</b> 10:45 <b>Power for Parkinsons</b> <b>BT</b> 1:30 <b>Craft Connection</b> <b>TH</b> 2:30 BINGO <b>GR</b> 3:30 Ice Cream Social with Live Music <b>TH</b> 6:30 Community Movie- Residents Choice!</p>	<p><b>4</b></p> <p><b>TH</b> 9:30 Exercise Class <b>BT</b> 10:30 Bridge Brigade <b>BT</b> 3:30 Sip Society <b>GR</b> 5:30 Friendly Dog Visits <b>TH</b> 6:30 Community Movie- Residents Choice!</p>	<p><b>5</b></p> <p><b>TH</b> 9:30 Exercise Class <b>TH</b> 10:30 Book Club <b>TH</b> 1:00 Group Crossword <b>TH</b> 2:00 Resident Council <b>TH</b> 3:30 Rice University LLU <b>TH</b> 6:30 Community Movie- Residents Choice!</p>	<p><b>6</b></p> <p><b>TH</b> 9:30 Exercise Class <b>GR</b> 10:30 Grandfriends - Music Class with Young Children <b>TH</b> 1:30 Catholic Communion Service <b>GR</b> 2:00 <b>Community Service at Westbank Library</b> <b>BT</b> 3:30 Sip Society <b>TH</b> 6:30 Community Movie- Residents Choice!</p>	<p><b>7</b></p> <p><b>TH</b> 9:30 Exercise Class <b>GR</b> 12:00 Hearing Aide Maintenance by Connect Hearing <b>TH</b> 1:00 BINGO <b>GR</b> 3:30 Happy Hour with Live Music <b>TH</b> 6:30 Community Movie- Residents Choice!</p>	<p><b>8</b></p> <p><b>TH</b> 10:00 Zumba <b>BT</b> 1:00 Belmont Singers Sing-Along <b>TH</b> 2:00 Mother's Day Tea <b>TH</b> 6:30 Community Movie- Residents Choice!</p>	<p><b>9</b></p> <p><b>BT</b> 10:00 Crossword with Eddy <b>TH</b> 10:45 <b>Power for Parkinsons</b> <b>TH</b> 1:00 BINGO <b>GR</b> 2:30 Brain Brawl: Competitive Trivia <b>GR</b> 3:30 Bean Bag Toss <b>TH</b> 6:30 Community Movie- Residents Choice!</p>
<p><b>10</b></p> <p><b>TH</b> 10:45 <b>Power for Parkinsons</b> <b>TH</b> 2:30 BINGO <b>GR</b> 3:30 Ice Cream Social with Live Music <b>TH</b> 6:30 Community Movie- Residents Choice!</p>	<p><b>11</b></p> <p><b>TH</b> 9:30 Exercise Class <b>BT</b> 10:30 Bridge Brigade <b>TH</b> 1:30 Fabric Fanatics Service Project <b>BT</b> 3:30 Sip Society <b>GR</b> 5:30 Friendly Dog Visits <b>TH</b> 6:30 Community Movie- Residents Choice!</p>	<p><b>12</b></p> <p><b>TH</b> 9:30 Exercise Class <b>TH</b> 10:30 Book Club <b>TH</b> 1:00 Group Crossword <b>TH</b> 2:00 <b>Lectures with Damien: African Sarafi</b> <b>TH</b> 3:30 New Resident and Family Orientation <b>TH</b> 6:30 Community Movie- Residents Choice!</p>	<p><b>13</b></p> <p><b>TH</b> 9:30 Exercise Class <b>GR</b> 10:30 Grandfriends - Music Class with Young Children <b>TH</b> 1:30 Catholic Communion Service <b>GR</b> 2:00 <b>Community Service at Westbank Library</b> <b>BT</b> 3:30 Sip Society <b>TH</b> 6:30 Community Movie- Residents Choice!</p>	<p><b>14</b></p> <p><b>TH</b> 9:30 Exercise Class <b>TH</b> 1:00 BINGO <b>GR</b> 3:30 Happy Hour with Live Music <b>TH</b> 6:30 Community Movie- Residents Choice!</p>	<p><b>15</b></p> <p><b>GR</b> 9:04 Lunch Outing- Lupe Tortillas <b>BT</b> 9:30 Chair Yoga with Donna <b>TH</b> 1:00 Belmont Singers Sing-Along <b>TH</b> 2:30 Power for Parkinsons <b>TH</b> 3:30 Floristas Flower Arranging Group <b>GR</b> 5:30 Game Night <b>TH</b> 6:30 Community Movie- Residents Choice!</p>	<p><b>16</b></p> <p><b>BT</b> 10:00 Crossword with Eddy <b>TH</b> 10:45 <b>Power for Parkinsons</b> <b>TH</b> 1:00 BINGO <b>GR</b> 2:30 Brain Brawl: Competitive Trivia <b>GR</b> 3:30 Bean Bag Toss <b>TH</b> 6:30 Community Movie- Residents Choice!</p>
<p><b>17</b></p> <p><b>TH</b> 10:00 Strokes of Genius Golf Game <b>TH</b> 10:45 <b>Power for Parkinsons</b> <b>TH</b> 2:30 BINGO <b>GR</b> 3:30 Ice Cream Social with Live Music <b>TH</b> 6:30 Community Movie- Residents Choice!</p>	<p><b>18</b></p> <p><b>TH</b> 9:30 Exercise Class <b>BT</b> 10:30 Bridge Brigade <b>TH</b> 10:30 <b>Keep the Beat Creative Movement Class</b> <b>GR</b> 1:30 <b>New Year, New You Health Talk with Therapy Team</b> <b>BT</b> 3:30 Sip Society <b>GR</b> 5:30 Friendly Dog Visits</p>	<p><b>19</b></p> <p><b>TH</b> 9:30 Exercise Class <b>TH</b> 10:30 Book Club <b>TH</b> 1:00 Group Crossword <b>TH</b> 2:00 Rice University LLU <b>TH</b> 4:00 Tiny Tails Pet Therapy <b>TH</b> 6:30 Community Movie- Residents Choice!</p>	<p><b>20</b></p> <p><b>TH</b> 9:30 Exercise Class <b>GR</b> 10:30 Grandfriends - Music Class with Young Children <b>TH</b> 1:30 Catholic Communion Service <b>GR</b> 2:00 <b>Community Service at Westbank Library</b> <b>BT</b> 3:30 Sip Society <b>TH</b> 6:30 Community Movie- Residents Choice!</p>	<p><b>21</b></p> <p><b>TH</b> 9:30 Exercise Class <b>TH</b> 1:00 BINGO <b>GR</b> 3:30 Happy Hour with Live Music <b>TH</b> 4:00 Spring Fiesta <b>TH</b> 6:30 Community Movie- Residents Choice!</p>	<p><b>22</b></p> <p><b>TH</b> 10:00 Zumba <b>BT</b> 1:00 Belmont Singers Sing-Along <b>TH</b> 2:30 Power for Parkinsons <b>TH</b> 3:30 Floristas Flower Arranging Group <b>TH</b> 6:30 Community Movie- Residents Choice!</p>	<p><b>23</b></p> <p><b>BT</b> 10:00 Crossword with Eddy <b>TH</b> 10:45 <b>Power for Parkinsons</b> <b>TH</b> 1:00 BINGO <b>GR</b> 2:30 Brain Brawl: Competitive Trivia <b>GR</b> 3:30 Bean Bag Toss <b>TH</b> 6:30 Community Movie- Residents Choice!</p>
<p><b>24</b></p> <p><b>TH</b> 10:45 <b>Power for Parkinsons</b> <b>BT</b> 12:30 <b>Sunday Service with Children's Choir</b> <b>TH</b> 2:30 BINGO <b>GR</b> 3:30 Ice Cream Social with Live Music <b>TH</b> 6:30 Community Movie- Residents Choice!</p>	<p><b>25</b> <b>Memorial Day</b></p> <p><b>TH</b> 9:30 Exercise Class <b>BT</b> 10:30 Bridge Brigade <b>GR</b> 3:30 <b>Memorial Day Happy Hour with Live Music</b> <b>GR</b> 5:30 Friendly Dog Visits <b>TH</b> 6:30 Community Movie- Residents Choice!</p>	<p><b>26</b></p> <p><b>TH</b> 9:30 Exercise Class <b>TH</b> 10:30 Book Club <b>JK</b> 11:30 Birthday Luncheon <b>TH</b> 1:00 Group Crossword <b>TH</b> 2:00 <b>Lectures with Damien: The Secret World of Plants</b> <b>TH</b> 6:30 Community Movie- Residents Choice!</p>	<p><b>27</b></p> <p><b>TH</b> 9:30 Exercise Class <b>GR</b> 10:30 Grandfriends - Music Class with Young Children <b>TH</b> 1:30 Catholic Communion Service <b>GR</b> 2:00 <b>Community Service at Westbank Library</b> <b>BT</b> 3:30 Sip Society <b>TH</b> 6:30 Community Movie- Residents Choice!</p>	<p><b>28</b></p> <p><b>TH</b> 9:30 Exercise Class <b>TH</b> 1:00 BINGO <b>GR</b> 3:30 Happy Hour with Live Music <b>TH</b> 6:30 Community Movie- Residents Choice!</p>	<p><b>29</b></p> <p><b>TH</b> 9:30 Chair Yoga with Donna <b>BT</b> 1:00 Belmont Singers Sing-Along <b>TH</b> 2:30 Power for Parkinsons <b>TH</b> 3:30 Floristas Flower Arranging Group <b>TH</b> 6:30 Community Movie- Residents Choice!</p>	<p><b>30</b></p> <p><b>BT</b> 10:00 Crossword with Eddy <b>TH</b> 10:45 <b>Power for Parkinsons</b> <b>TH</b> 1:00 BINGO <b>GR</b> 2:30 Brain Brawl: Competitive Trivia <b>GR</b> 3:30 Bean Bag Toss <b>TH</b> 6:30 Community Movie- Residents Choice!</p>
<p><b>31</b></p> <p><b>TH</b> 10:45 <b>Power for Parkinsons</b> <b>TH</b> 2:30 BINGO <b>GR</b> 3:30 Ice Cream Social with Live Music <b>TH</b> 6:30 Community Movie- Residents Choice!</p>						