

MAY 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>G2 - Game Room, 2nd Floor GR - Great Room, 1st Floor JK - Josephine's Kitchen, 1st Floor L3 - Library, 3rd Floor TH - Town Hall, 1st Floor</p>	<p>Birthdays 5/2 - Wren C. 5/4 - Sylvie C. 5/9 - Arthur K. 5/14 - John G. 5/14 - Carol W. 5/15 - Lucille St. 5/19 - Ron M. 5/21 - Henrique D.</p>	<p>Any questions, please direct them to Beau at bashburn@belmontvillage.com Or drop by his desk on the third floor, just past wellness.</p>	<p>All activities are subject to change, and updates can be found on the Daily Activity Flyer found in the lobby, in the elevators, and throughout the community.</p>	<p>"May is the month of expectation, the month of wishes, the month of hope." — Unknown</p>	<p>1 TH 9:30 Exercise with Noodles GR 11:15 AL Outing: Black Bear Diner 415 E El Camino Real G2 1:00 Mahjong L3 2:00 Catholic Mass & Communion L3 2:00 Communion with Rita G2 2:15 Bridge TH 6:15 Friday Night Movie:</p>	<p>2 TH 9:30 Morning Exercise - 30 minute Chair Exercise TH 10:00 Documentary: G2 1:00 Rummikub TH 2:30 Movie Matinee: TH 6:15 Late Night Movie:</p>
<p>3 Self Care Sunday: Do something nice for yourself. TH 9:00 Virtual Mass TH 1:30 North Valley Baptist Church TH 2:30 Sunday Matinee: TH 6:15 Sunday Night Movie:</p>	<p>4 TH 9:30 Move It Monday TH 10:00 Rice LLU G2 1:00 Mahjong G2 2:15 Bridge TH 2:30 Flower Arranging w/Poppie TH 6:15 Monday Night Movie:</p>	<p>5 TH 9:30 Chair Yoga G2 10:00 Knitting Club TH 1:00 Activity Planning Committee TH 2:00 Beau's Brain Busters L3 3:00 Bible Study w/Pastor Paul Chung TH 3:00 History Lecture with Professor Di Bono TH 6:15 Tuesday's Movie:</p>	<p>6 TH 9:30 Move Your Body, Calm Your Mind TH 10:00 Crafting Corner w/Beau G2 10:30 Learn how to play Mahjong w/Adrienne! TH 1:30 Bingo! JK 3:00 Happy Hour TH 6:15 Wednesday's Movie:</p>	<p>7 TH 9:30 All-In-One Workout L3 10:30 Book Club GR 1:00 Beau's Brain Busters TH 1:00 Music Therapy w/Stacey G2 1:00 Rummikub TH 6:15 Thursday's Movie:</p>	<p>8 TH 9:30 Exercise with Noodles G2 1:00 Mahjong GR 1:15 AL Outing: Great Mall Shopping Excursion 447 Great Mall Dr. Milpitas L3 2:00 Communion with Rita G2 2:15 Bridge GR 4:15 Piano Hour w/Deborah TH 6:15 Friday Night Movie:</p>	<p>9 TH 9:30 Morning Exercise - 30 minute Chair Exercise TH 10:00 Documentary: G2 1:00 Rummikub TH 2:30 Movie Matinee: TH 6:15 Late Night Movie:</p>
<p>10 Self Care Sunday: Do something nice for yourself. TH 9:00 Virtual Mass TH 1:30 North Valley Baptist Church TH 2:30 Sunday Matinee: TH 6:15 Sunday Night Movie:</p>	<p>11 TH 9:30 Move It Monday TH 10:00 Ted Talk w/Beau G2 1:00 Mahjong TH 2:00 Learn Guitar or Ukulele G2 2:15 Bridge TH 6:15 Monday Night Movie:</p>	<p>12 TH 9:30 Chair Yoga GR 10:00 Sunnyvale Library Book Exchange TH 2:00 Beau's Brain Busters L3 3:00 Bible Study w/Pastor Paul Chung TH 6:15 Tuesday's Movie:</p>	<p>13 TH 9:30 Move Your Body, Calm Your Mind TH 10:00 History Corner w/Beau TH 1:30 Bingo! JK 3:00 Happy Hour TH 6:15 Wednesday's Movie:</p>	<p>14 TH 9:30 All-In-One Workout L3 10:30 Book Club TH 1:00 Beau's Brain Busters G2 1:00 Rummikub TH 6:15 Thursday's Movie:</p>	<p>15 TH 9:30 Exercise with Noodles GR 11:00 AL Outing: Yard House (New American Cuisine) 300 Santana Row Suite 101, San Jose G2 1:00 Mahjong L3 2:00 Communion with Rita G2 2:15 Bridge TH 6:15 Friday Night Movie:</p>	<p>16 TH 9:30 Morning Exercise - 30 minute Chair Exercise TH 10:00 Documentary: G2 1:00 Rummikub TH 2:30 Movie Matinee: TH 6:15 Late Night Movie:</p>

MAY 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>17</p> <p>Self Care Sunday: Do something nice for yourself.</p> <p>TH 9:00 Virtual Mass</p> <p>TH 1:30 North Valley Baptist Church</p> <p>TH 2:30 Sunday Matinee:</p> <p>TH 6:15 Sunday Night Movie:</p>	<p>18</p> <p>TH 9:30 Move It Monday</p> <p>G2 10:00 Knitting Club</p> <p>TH 10:00 Zoom Lecture w/Joseph Biache</p> <p>G2 1:00 Mahjong</p> <p>G2 2:15 Bridge</p> <p>TH 2:30 Flower Arranging with Poppie</p> <p>TH 6:15 Monday Night Movie:</p>	<p>19</p> <p>TH 9:30 Chair Yoga</p> <p>TH 10:00 Rice LLU</p> <p>TH 2:00 Beau's Brain Busters</p> <p>TH 2:00 Resident Council</p> <p>L3 3:00 Bible Study w/Pastor Paul Chung</p> <p>TH 6:15 Tuesday's Movie:</p>	<p>20</p> <p>TH 9:30 Move Your Body, Calm Your Mind</p> <p>TH 10:00 Crafting Corner w/Beau</p> <p>G2 10:30 Learn how to play Mahjong w/Adrienne!</p> <p>TH 1:30 Bingo!</p> <p>JK 3:00 Happy Hour</p> <p>TH 6:15 Wednesday's Movie:</p>	<p>21</p> <p>TH 9:30 All-In-One Workout</p> <p>L3 10:30 Book Club</p> <p>TH 1:00 Beau's Brain Busters</p> <p>G2 1:00 Rummikub</p> <p>TH 3:00 Chef's Chat with Ellis</p> <p>TH 6:15 Thursday's Movie:</p>	<p>22</p> <p>TH 9:30 Exercise with Noodles</p> <p>G2 1:00 Mahjong</p> <p>GR 1:15 AL Outing: New Museum Los Gatos - ArtNow 2026 Before/Between/Beyond 106 E Main St. Los Gatos</p> <p>L3 2:00 Communion with Rita</p> <p>G2 2:15 Bridge</p> <p>GR 4:15 Piano Hour w/Deborah</p>	<p>23</p> <p>TH 9:30 Morning Exercise - 30 minute Chair Exercise</p> <p>TH 10:00 Documentary:</p> <p>G2 1:00 Rummikub</p> <p>TH 2:30 Movie Matinee:</p> <p>TH 6:15 Late Night Movie:</p>
<p>24</p> <p>Self Care Sunday: Do something nice for yourself.</p> <p>TH 9:00 Virtual Mass</p> <p>TH 1:30 North Valley Baptist Church</p> <p>TH 2:30 Sunday Matinee:</p> <p>TH 6:15 Sunday Night Movie:</p>	<p>25 Memorial Day</p> <p>TH 9:30 Move It Monday</p> <p>TH 10:00 Ted Talk w/Beau</p> <p>G2 1:00 Mahjong</p> <p>TH 2:00 Honoring Our Heroes: A Tribute to Service & Sacrifice</p> <p>G2 2:15 Bridge</p> <p>TH 6:15 Monday Night Movie:</p>	<p>26</p> <p>TH 9:30 Chair Yoga</p> <p>TH 1:00 Music Therapy w/Stacey</p> <p>TH 2:00 Beau's Brain Busters</p> <p>L3 3:00 Bible Study w/Pastor Paul Chung</p> <p>TH 6:15 Tuesday's Movie:</p>	<p>27</p> <p>TH 9:30 Move Your Body, Calm Your Mind</p> <p>TH 10:00 History Corner w/Beau</p> <p>TH 1:30 Bingo!</p> <p>JK 3:00 Happy Hour</p> <p>TH 6:15 Wednesday's Movie:</p>	<p>28</p> <p>TH 9:30 All-In-One Workout</p> <p>L3 10:30 Book Club</p> <p>TH 1:00 Beau's Brain Busters</p> <p>G2 1:00 Rummikub</p> <p>TH 3:00 Chef's Demo</p> <p>TH 6:15 Thursday's Movie:</p>	<p>29</p> <p>TH 9:30 Exercise with Noodles</p> <p>GR 11:00 AL Outing: Poor House Bistro (Cajun Cuisine) 317 W St. John St. San Jose</p> <p>G2 1:00 Mahjong</p> <p>L3 2:00 Communion with Rita</p> <p>G2 2:15 Bridge</p> <p>TH 6:15 Friday Night Movie:</p>	<p>30</p> <p>TH 9:30 Morning Exercise - 30 minute Chair Exercise</p> <p>TH 10:00 Documentary:</p> <p>G2 1:00 Rummikub</p> <p>TH 2:30 Movie Matinee:</p> <p>TH 6:15 Late Night Movie:</p>
<p>31</p> <p>Self Care Sunday: Do something nice for yourself.</p> <p>TH 9:00 Virtual Mass</p> <p>TH 1:30 North Valley Baptist Church</p> <p>TH 2:30 Sunday Matinee:</p> <p>TH 6:15 Sunday Night Movie:</p>	<p>"May is proof that change can be beautiful." — Unknown</p>					