

MAY 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2P - 2nd Floor Parlor B - Bistro, 1st Floor CR - Club Room, 3rd Floor GR - Great Room, 1st Floor JK - Josephine's Kitchen JP - Josephine's Patio MP - Marketplace, 1st Floor Parlor MT - Movie Theatre, 3rd Floor TH - Town Hall, 3rd Floor</p>					<p>1 TH 9:30 Flex & Stretch Exercise I TH 10:00 Flex & Stretch Exercise II GR 10:00 Local Errands CR 1:00 Bridge Club TH 1:30 Balance Class with AJ TH 2:30 Password TH 4:30 Shabbat Service</p>	<p>2 TH 9:00 "Dance It Out" with Michele CR 9:30 Mahjong TH 10:00 Exercise with Jason TH 2:00 Bingo with Special Guest TH 3:15 Trivia MT 6:30 Saturday Night Movie</p>
<p>3 TH 9:00 Live Worship with Pastor Mark George MT 10:00 Protestant Church Service TH 10:30 Catholic Church Service with Communion GR 2:00 Student Piano Concert TH 3:15 Bingo with Marni</p>	<p>4 TH 9:30 Move & Groove Exercise I TH 10:00 Move & Groove Exercise II JP 10:40 Balance Class with AJ 2P 10:40 Relaxing Art Hour CR 2:00 Penny Game with Marni TH 3:15 Jeopardy MT 6:30 Monday Night Movie</p>	<p>5 TH 9:30 Total Body Toning Exercise I TH 10:00 Total Body Toning Exercise II 10:40 Water Aerobics JP 11:00 Live Mariachi Band TH 1:30 Chef Chat with Sacramento 2:00 Mini Golf CR 3:15 Texas Hold'em with Marni</p>	<p>6 TH 9:30 Wake & Shake Exercise I TH 10:00 Wake & Shake Exercise II CR 10:40 Jim's Liar's Dice GR 1:00 Movie Matinee at Angelika: "The Devil Wears Prada 2" TH 2:00 Bible Study TH 3:15 Karaoke with AJ</p>	<p>7 TH 9:30 Tai Chi Exercise I TH 10:00 Tai Chi Exercise II MT 10:40 LLU Series: "Mindful Breathing" TH 1:00 Witty Knitters JK 2:00 HH w/ "Double Take" Duo MP 3:15 Billiards & Wine</p>	<p>8 TH 9:30 Flex & Stretch Exercise I TH 10:00 Flex & Stretch Exercise II GR 10:00 IL/AL Scenic Drive CR 1:00 Bridge Club TH 1:30 Balance Class with AJ TH 2:30 Password TH 4:30 Shabbat Service</p>	<p>9 TH 9:00 "Fitness Opera" with David CR 9:30 Mahjong TH 10:00 Chair Yoga with Cheryl TH 2:00 Bingo with Lance TH 3:15 Trivia MT 6:30 Saturday Night Movie</p>
<p>10 TH 9:15 Protestant Church Service TH 10:30 Catholic Church Service with Communion JK 11:00 Mother's Day Lunch with Live Harpist TH 2:00 Bingo with Marni CR 3:15 Blackjack with Marni</p>	<p>11 TH 9:30 Move & Groove Exercise I TH 10:00 Move & Groove Exercise II JP 10:40 Balance Class with AJ 2P 10:40 Relaxing Art Hour CR 2:00 Penny Game TH 3:00 Resident Meeting</p>	<p>12 TH 9:30 Total Body Toning Exercise I TH 10:00 Total Body Toning Exercise II 10:40 Water Aerobics MP 1:30 Keri's Marketplace IP 2:00 Corn Hole B 2:00 Welcome Social with Keri TH 3:15 History Matters</p>	<p>13 TH 9:30 Wake & Shake Exercise I TH 10:00 Wake & Shake Exercise II CR 10:40 Jim's Liar's Dice CR 2:00 Bible Study JK 2:00 In-House "Mother's Day Tea" Event B 3:15 Karaoke with AJ</p>	<p>14 TH 9:30 Tai Chi Exercise I TH 10:00 Tai Chi Exercise II 10:40 Free Swim & Tech Support JP 1:00 Pet Therapy JK 2:00 Happy Hour with "Country Rose Trio" MP 3:15 Billiards & Wine</p>	<p>15 TH 9:30 Flex & Stretch Exercise I TH 10:00 Flex & Stretch Exercise II GR 10:00 Local Errands CR 1:00 Bridge Club TH 1:30 Balance Class with AJ TH 2:30 Password TH 4:30 Shabbat Service</p>	<p>16 TH 9:00 "Fitness Opera" with David CR 9:30 Mahjong TH 10:00 Exercise with SelectRehab Michelle TH 2:00 Bingo with Sherry TH 3:15 Trivia MT 6:30 Saturday Night Movie</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 TH 9:00 Live Worship with Pastor Mark George MT 10:00 Protestant Church Service TH 10:30 Catholic Church Service TH 1:15 Activity Chat with Keri TH 2:00 Bingo with Marni CR 3:15 Blackjack with Marni	18 TH 9:30 Move & Groove Exercise I TH 10:00 Move & Groove Exercise II GR 10:30 "Winery & Auto Museum" JP 10:40 Balance Class with AJ 2P 10:40 Relaxing Art Hour TH 2:00 Live Speaker Event TH 3:15 Jeopardy	19 TH 9:30 Total Body Toning Exercise I TH 10:00 Total Body Toning Exercise II 10:40 Water Aerobics 1:30 Mini Golf TH 2:00 "Build your own Terrarium" MT 2:00 LLU Series: "Dalai Lama" JP 3:15 "Belmont Babies in Bloom"	20 TH 9:30 Wake & Shake Exercise I TH 10:00 Wake & Shake Exercise II CR 10:40 Jim's Liar's Dice TH 1:30 "Walker & W/C" Clinic CR 2:00 Bible Study TH 2:30 Jewelry Design B 3:15 Karaoke with AJ	21 TH 9:30 Tai Chi Exercise I TH 10:00 Tai Chi Exercise II 10:40 Free Swim & Tech Support TH 1:00 Witty Knitters JK 2:00 Happy Hour with "Michele Lundeen" MP 3:15 Billiards & Wine	22 TH 9:30 Flex & Stretch Exercise I TH 10:00 Flex & Stretch Exercise II GR 10:00 IL/AL Scenic Drive CR 1:00 Bridge Club TH 1:30 Balance Class with AJ TH 2:30 Password TH 4:30 Shabbat Service	23 TH 9:00 "Dance It Out" with Michele CR 9:30 Mahjong TH 10:00 Chair Yoga Exercise with Cheryl TH 2:00 Bingo with Sherry TH 3:15 Trivia MT 6:30 Saturday Night Movie
24 TH 9:15 Protestant Church Service TH 10:30 Catholic Church Service with Communion JK 12:00 Birthday Luncheon TH 2:00 Bingo with Marni CR 3:15 Blackjack with Marni MT 6:30 Sunday Night Movie	25 Memorial Day TH 9:30 Move & Groove Exercise I TH 10:00 Move & Groove Exercise II JP 10:40 Balance Class with AJ 2P 10:40 Relaxing Art Hour JK 11:00 Memorial Day BBQ Lunch JP 2:00 Live Patriotic Performance TH 3:15 Jeopardy	26 TH 9:30 Total Body Toning Exercise I TH 10:00 Total Body Toning Exercise II 10:40 Water Aerobics MP 1:30 Keri's Marketplace TH 2:00 Dr. Neil Farber's Lecture Series - "Asteroids" CR 3:15 Texas Hold'em with Marni	27 2P 9:30 Wake & Shake Exercise I 2P 10:00 Wake & Shake Exercise II CR 10:40 Jim's Liar's Dice GR 11:30 "Padre Game Outing" at Petco Park MT 2:00 Protestant Communion B 3:15 Karaoke with AJ	28 2P 9:30 Tai Chi Exercise I 2P 10:00 Tai Chi Exercise II 10:40 Free Swim & Tech Support CR 1:30 Book Club with Evan JK 2:00 Happy Hour with "2 for Time" MP 3:15 Billiards & Wine	29 TH 9:30 Flex & Stretch Exercise I TH 10:00 Flex & Stretch Exercise II GR 10:00 Local Errands CR 1:00 Bridge Club TH 1:30 Balance Class with AJ TH 2:30 Password TH 4:30 Shabbat Service	30 TH 9:00 "Dance It Out" with Michele CR 9:30 Mahjong TH 10:00 Exercise with SelectRehab Michelle TH 2:00 Bingo with Sherry TH 3:15 Trivia MT 6:30 Saturday Night Movie
31 TH 9:15 Protestant Church Service TH 10:30 Catholic Church Service with Communion JP 1:30 Mini Horse Therapy with Amazing Mini Miracles TH 2:30 Bingo with Marni CR 3:30 Blackjack with Marni						