

MAY 2026

Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays 5/1 - John H 5/5 - Ayako O 5/5 - Donalee P 5/9 - Robert W 5/19 - Catherine H 5/21 - Cheri D 5/23 - Ralph S 5/28 - Adrienne D 5/30 - Bonnie A					1 TH 9:30 Morning Exercise TH 11:00 Poker CY 1:30 Walking Club 3F 1:45 The Puzzle Nook TH 3:30 Shabbat TH 6:00 Evening Movie: Denial - Netflix	2 TH 9:30 Balls & Bands TH 10:30 Blackjack TH 1:30 Bingo! 3F 1:45 The Puzzle Nook GR 3:30 Happy Hour & Music TH 6:00 Evening Movie: People We Meet On Vacation
3 TH 9:30 Strength & Flexibility TH 10:30 Catholic Communion TH 12:30 Matinee: Sarah's Oil 3F 1:45 The Puzzle Nook GR 2:00 Hymns & Spirituals B 2:30 Bridge TH 6:00 Evening Movie: Green Book	4 TH 9:30 Morning Exercise TH 11:00 Poker GR 1:30 Open Pool TH 2:00 Movie Appreciation With Theo: "Rear Window" Hitchcock GR 2:00 Positive Piano singalong with Beverly & Ralph	5 TH 9:30 FAB Fitness TH 10:30 Lifelong Rice University: The Mindful Breath: Gateway to the Body's Wisdom; Alejandro Chaoul, Ph.D., scholar, researcher, author, teacher and educator B 1:15 Calendar & Coffee Chat	6 TH 9:30 Morning Exercise TH 10:30 Discussion Group GR 11:45 Outing: Pho Redbo TH 1:30 Wheel of Fortune TH 2:45 Jeopardy TH 6:00 Evening Movie: Train Dreams	7 Marketplace Moved to Friday May 8th at 1:45pm TH 9:30 STAC'd Fitness TH 11:00 Poker TH 1:30 Posture & Balance TH 2:30 Lecture with Karen TH 3:00 Historical Impressionist Peter Small as George Burns	8 TH 9:30 Morning Exercise TH 1:30 Walking Club TH 1:45 Marketplace 3F 2:15 The Puzzle Nook TH 3:30 Shabbat TH 6:00 Evening Movie: The Illusionist	9 TH 9:30 Balls & Bands TH 10:30 Blackjack TH 1:30 Bingo! 3F 1:45 The Puzzle Nook GR 3:30 Happy Hour & Music TH 6:00 Evening Movie: Beast
10 TH 9:30 Strength & Flexibility TH 10:30 Catholic Communion JK 11:00 Mother's Day Garden Brunch TH 12:30 Matinee: Train Dreams 3F 1:45 The Puzzle Nook GR 2:00 Hymns & Spirituals B 2:30 Bridge TH 6:00 Remarkably Bright Creature	11 TH 9:30 Morning Exercise TH 11:00 Poker GR 1:30 Open Pool GR 2:00 Positive Piano singalong with Beverly & Ralph TH 3:00 Craft: Ceramic Painting TH 6:00 Evening Movie: I Feel Pretty	12 TH 9:30 FAB Fitness TH 10:30 Documentary: Queen of Chess TH 1:30 Posture & Balance B 2:15 Chef Chat TH 3:30 Flower Arranging TH 6:00 Evening Movie: Lilly	13 TH 9:30 Morning Exercise TH 10:30 Discussion Group GR 11:30 Movie Outing: TH 1:30 Wheel of Fortune TH 2:45 Jeopardy TH 6:00 Evening Movie: Outlaw King	14 TH 9:30 STAC'd Fitness TH 10:45 Marketplace TH 1:30 Posture & Balance TH 2:00 Breathing and Stretching with Karen TH 3:00 Phone Help with Margarita TH 6:00 Evening Movie: You Gotta Believe	15 TH 9:30 Morning Exercise TH 11:00 Poker TH 1:30 Walking Club CY 1:45 The Puzzle Nook 3F 3:30 Shabbat TH 6:00 Evening Movie: The children's Train	16 TH 9:30 Balls & Bands TH 10:30 Blackjack TH 1:30 Bingo! 3F 1:45 The Puzzle Nook GR 3:30 Happy Hour & Music TH 6:00 Evening Movie: Hustle
17 TH 9:30 Strength & Flexibility TH 10:30 Catholic Communion TH 12:30 Matinee: Remarkably Bright Creatures 3F 1:45 The Puzzle Nook GR 2:00 Hymns & Spirituals B 2:30 Bridge TH 6:00 Evening Movie: True Spirit	18 TH 9:30 Morning Exercise TH 11:00 Poker GR 1:30 Open Pool GR 2:00 Positive Piano singalong with Beverly & Ralph TH 3:00 Monday Crafting: Rubber Block Printing TH 6:00 Evening Movie: Wild	19 TH 9:30 FAB Fitness TH 1:30 Posture & Balance TH 2:00 Lifelong Rice University: A Good Heart is the Best Religion: Lessons from the Dalai Lama Live Zoom CY 3:00 Breathing and Stretching with Karen	20 TH 9:30 Morning Exercise TH 10:30 Discussion Group GR 11:30 Outing: Chado Tea House TH 1:30 Wheel of Fortune TH 2:45 Jeopardy TH 6:00 Evening Movie: The Requin	21 TH 9:30 STAC'd Fitness TH 10:45 Marketplace TH 1:30 Posture & Balance TH 2:30 Adventures with Doug TH 6:00 Evening Movie: Train Dream	22 TH 9:30 Morning Exercise TH 11:00 Poker TH 1:30 Walking Club CY 1:45 The Puzzle Nook 3F 3:30 Shabbat TH 6:00 Evening Movie: In Her Place	23 TH 9:30 Balls & Bands TH 10:30 Blackjack TH 1:30 Bingo! 3F 1:45 The Puzzle Nook GR 3:00 Happy Hour & Music TH 6:00 Evening Movie: Apex
24 TH 9:30 Strength & Flexibility TH 10:30 Catholic Communion TH 12:30 Matinee: The Children's Train 3F 1:45 The Puzzle Nook GR 2:00 Hymns & Spirituals B 2:30 Bridge TH 6:00 Evening Movie: Love Sarah	25 Memorial Day TH 9:30 Morning Exercise TH 11:00 Poker GR 1:30 Open Pool GR 2:00 Positive Piano singalong with Beverly & Ralph TH 3:00 Craft with Susan TH 6:00 Evening Movie: Far and Away	26 TH 9:30 FAB Fitness GR 10:30 Gayle: Toys and Games – Then and Now. Marbles, Race Cars, Stamps, Spite and Malice, Chickenfoot, Spin the Bottle ? TH 1:30 Posture & Balance TH 2:45 Resident Council	27 TH 9:30 Morning Exercise TH 10:30 Discussion Group GR 11:30 Outing: Malaga Cove Ranch Market TH 1:30 Wheel of Fortune TH 2:45 Jeopardy TH 6:00 Evening Movie: Lady Macbeth	28 TH 9:30 STAC'd Fitness TH 10:45 Marketplace TH 1:30 Posture & Balance TH 2:00 Table Tennis CY 3:00 Birthday Celebration TH 6:00 Evening Movie: Sarah's Oil	29 TH 9:30 Morning Exercise TH 11:00 Poker GR 1:30 Musical Trivia with Ronnie TH 1:30 Walking Club CY 1:45 The Puzzle Nook 3F 3:30 Shabbat TH 6:00 Evening Movie: Jane Austen's Emma (2015)	30 TH 9:30 Balls & Bands TH 10:30 Blackjack TH 1:30 Bingo! 3F 1:45 The Puzzle Nook GR 3:30 Happy Hour & Music TH 6:00 Evening Movie: Cafe Society
31 TH 9:30 Strength & Flexibility TH 10:30 Catholic Communion TH 12:30 Matinee: The Flowers of War 3F 1:45 The Puzzle Nook GR 2:00 Hymns & Spirituals B 2:30 Bridge TH 6:00 Evening Movie: Tinker Tailor Soldier Spy						