

MAY 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<p>1</p> <p>TH 9:30 Wake-up Workout</p> <p>TH 10:00 May Birthday Salvador Dalí</p> <p>TH 10:30 Star of the Month: George Lucas</p> <p>TH 1:30 Chair Yoga with Amy</p> <p>BI 3:30 Bingo</p> <p>TH 6:00 Movie: Minority Report (MGM+ Prime, 2 H 19 M)</p>	<p>2</p> <p>BI 9:30 Seated Ballet With Bill</p> <p>GR 10:00 Our Own "Belmont Stakes"</p> <p>GR 1:00 Pre-Derby Festivities</p> <p>GR 2:00 Kentucky Derby Races! (NBC)</p> <p>GR 2:30 Post-Derby Fun</p> <p>BI 3:30 Bingo</p> <p>TH 6:00 Movie: The Brothers Bloom (STARZ PRIME, 1 H 53 M)</p>
<p>3</p> <p>TH 9:30 Resident Led Seated Exercise (A Good Start to Your Day!)</p> <p>TR 10:00 Communion - Ascension Catholic Church</p> <p>TH 10:00 PBS Documentary: Rain Bombs(Prime, 53 M)</p> <p>OT 10:30 Mass at Ascension Church (Bus Leaves at 10:15 am)</p> <p>GR 2:00 The Acousticats - Live Entertainment</p> <p>GR 3:30 Bingo with the Concierge!</p> <p>TH 6:00 Movie: The Derby Stallion (STARZ Prime 1 H 38 M)</p>	<p>4</p> <p>Star Wars Day</p> <p>TH 9:30 Wake-up Workout</p> <p>TH 10:00 PBS Documentary: Native Horses (Prime, 56 M)</p> <p>BI 1:30 Art with Slowfire Studios!</p> <p>TH 2:30 PBS Documentary: Out Of Sight (Prime, 1 H 22 M)</p> <p>TH 6:00 Movie: Date Night (Starz PRIME, 1 H 28 M)</p>	<p>5</p> <p>Cinco de Mayo</p> <p>TH 9:30 Fit and Flex</p> <p>TH 10:00 Lifelong Learning: MINDFUL BREATH</p> <p>GR 2:00 Cinco de Mayo - Live Entertainment w/ Liz</p> <p>BI 3:30 Bingo</p> <p>TH 6:00 Movie: All Is Lost (STARZ Prime, 1 H 46 M)</p>	<p>6</p> <p>TH 9:30 Wake-up Workout</p> <p>BI 10:00 Jewelry Class</p> <p>TH 10:00 Mental Floss: Who, What, When and Where?</p> <p>TH 10:30 National Nurses Week</p> <p>TH 1:00 Parkinson's Exercise Class (30 Minute Class)</p> <p>GR 2:15 Wine and Cheese Social</p> <p>BI 3:30 Crossword Puzzles</p> <p>TH 6:00 Movie: Crime 101 (Prime, 2 H 20 M)</p>	<p>7</p> <p>TH 9:30 Fit and Flex</p> <p>TR 10:00 Communion With Ascension</p> <p>TH 10:00 Mental Floss: Trivia</p> <p>TH 10:30 TED talk: Beware the power of prediction</p> <p>BI 1:00 Book Club Read Along: A Long Walk To Water</p> <p>BI 2:00 Scrabble</p> <p>OT 2:00 Shopping Trip: Whole Foods Market</p> <p>TH 2:30 Celebrating Seniors Presentation: ALZ Assn U.S. Pointers Study</p> <p>BI 3:30 Bingo</p>	<p>8</p> <p>TH 9:30 Wake-up Workout</p> <p>TH 10:00 Happy Birthday Poet Dante Alighieri</p> <p>TH 10:30 Mental Floss: National Inventors Hall of Fame Induction Ceremony</p> <p>OT 12:30 Carrie's Infamous Mafia Tour - Oak Park/River Forest</p> <p>TH 1:30 Chair Yoga with Amy</p> <p>BI 3:30 Bingo!</p> <p>TH 6:00 Movie: The Groomsmen (STARZ Prime, 1 H 38 M)</p>	<p>9</p> <p>TH 9:30 Seated Exercise With Bill</p> <p>TH 10:00 Current Events</p> <p>TH 1:00 Community Service: Purging Libraries Around The Building</p> <p>TR 2:00 Uno</p> <p>BI 3:30 Bingo</p> <p>TH 6:00 Movie: Safe House (PRIME, 1 H 55 M)</p>
<p>10</p> <p>HAPPY MOTHERS' DAY!</p> <p>TH 9:30 Resident Led Seated Exercise (A Good Start to Your Day!)</p> <p>TR 10:00 Communion - Ascension Catholic Church</p> <p>TH 10:00 PBS Documentary: Return To The Moon (Prime, 53 M)</p> <p>OT 10:30 Mass at Ascension Church (Bus Leaves at 10:15 am)</p> <p>JK 11:00 Mother's Day Brunch</p> <p>GR 2:00 Mother's Day Spring Concert w/ Liz</p> <p>GR 3:30 Bingo with the Concierge!</p>	<p>11</p> <p>TH 9:30 Wake-up Workout</p> <p>TH 10:00 PBS Documentary: Woodpeckers: The Hole Story (Prime, 53 M)</p> <p>TH 2:30 Babe (Prime, 1 H 31 M)</p> <p>TH 6:00 Movie: Gosford Park (PRIME, 2 H 17 M)</p>	<p>12</p> <p>TH 9:30 Fit and Flex</p> <p>TH 10:00 Hires Root Beer Day</p> <p>TH 10:30 Jeopardy</p> <p>OT 11:00 Lunch Outing: Olive Garden</p> <p>TH 1:30 Resident Council</p> <p>BI 3:30 Bingo</p> <p>TH 6:00 Movie: Ground Control (STARZ Prime, 1 H 37 M)</p>	<p>13</p> <p>TH 9:30 Wake-up Workout</p> <p>TH 10:00 Mental Floss: Who, What, When and Where?</p> <p>TH 10:30 Etiquette Week</p> <p>TH 1:00 Parkinson's Exercise Class (30 Minute Class)</p> <p>BP 2:00 Gardening for Seniors program with Guest Speaker</p> <p>GR 2:15 Wine and Cheese Social</p> <p>BI 3:30 Crossword Puzzles</p> <p>TH 6:00 Movie: Baby Onboard (STARZ Prime, 1 H 35 M)</p>	<p>14</p> <p>TH 9:30 Fit and Flex</p> <p>TR 10:00 Communion With Ascension</p> <p>TH 10:00 Mental Floss: Trivia</p> <p>OT 10:00 Shopping Trip: Burlington - North Riverside</p> <p>TH 10:30 TED talk: The art and science of wine tasting</p> <p>BI 1:00 Belmont Bazaar</p> <p>BI 2:00 Scrabble</p> <p>TH 3:30 Travelogue: Welcome to Guatamala</p> <p>TH 6:30 Movie: Hot Fuzz (Prime, 2 H 1 M)</p>	<p>15</p> <p>TH 9:30 Wake-up Workout</p> <p>TH 10:00 Underappreciated Artists Day</p> <p>TR 10:00 Worship With Fair Oaks Presbyterian Church</p> <p>TH 10:30 Mental Floss: Endangered Species Day</p> <p>TH 1:00 Sound Meditation with Ahimsa Yoga Studio</p> <p>BI 3:30 Bingo</p> <p>TH 6:00 Movie: The Glass Castle (Prime, 2 H 7 M)</p>	<p>16</p> <p>TH Party for Deborah P from 11 - 4, Back Patio, back up in Town Hall</p> <p>TH 9:30 Seated Dance With Bill</p> <p>TH 10:00 Current Events</p> <p>TR 2:00 Uno</p> <p>BI 3:30 Bingo</p> <p>TH 6:00 Movie: Get Shorty (PRIME, 1 H 45 M)</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>17</p> <p>TR Party for 505 (Charlene M) From 4 - 7 PM</p> <p>TH 9:30 Resident Led Seated Exercise (A Good Start to Your Day!)</p> <p>TR 10:00 Communion - Ascension Catholic Church</p> <p>TH 10:00 PBS Documentary: Fredrick Law Olmsted: Designing America (Prime, 55 M)</p> <p>OT 10:30 Mass at Ascension Church (Bus Leaves at 10:15 am)</p> <p>GR 2:00 Live Entertainment w/ Dropped Notes String Band!</p> <p>GR 3:30 Bingo with the Concierge!</p>	<p>18</p> <p>TH 9:30 Wake-up Workout</p> <p>TH 10:00 Live Discussion with Jessica Tepas: "Mutualism: Let's Work Together!"</p> <p>BI 1:30 Art with Slowfire Studios!</p> <p>TH 2:30 PBS Documentary: The Rise And Fall Of Terrorgram (Prime, 1 H 23 M)</p> <p>TH 6:00 Movie: Dragonheart (PRIME, 1 H 43 M)</p>	<p>19</p> <p>Lifelong University: LESSONS FROM THE DALAI LAMA (Live ZOOM Call)</p> <p>TH 9:30 Fit and Flex</p> <p>TH 10:30 Who Wants To Be A Millionaire?</p> <p>BI 1:00 Car Talk</p> <p>BI 2:00 New Residents Q&A Meeting (Current Residents Help New Residents Acclimate)</p> <p>OT 2:00 Shopping Trip: Trader Joes</p> <p>BI 3:30 Bingo</p> <p>TH 6:00 Movie: The Jerk (Prime, 1 H 44 M)</p>	<p>20</p> <p>TH 9:30 Wake-up Workout</p> <p>TH 10:00 International Museum Day - Which Is Your Favorite?</p> <p>BI 10:00 Jewelry Class</p> <p>TH 10:30 Bocce Ball</p> <p>TH 1:00 Parkinson's Exercise Class (30 Minute Class)</p> <p>GR 2:15 Wine and Cheese Social</p> <p>BI 3:30 Crossword Puzzles</p> <p>TH 6:00 Movie: Tom Clancy's Jack Ryan: Ghost War (Prime, 1 H 45 M)</p>	<p>21</p> <p>GR 9:30 Fit and Flex</p> <p>TR 10:00 Communion With Ascension</p> <p>BI 10:00 Mental Floss: Trivia</p> <p>BI 10:30 TED talk: The nurse who can smell Parkinson's</p> <p>OT 12:30 Museum Outing: Museum of Broadcast Communications</p> <p>BI 2:00 Scrabble</p> <p>BI 3:30 Bingo</p> <p>TH 6:30 Movie: Blood Ties (Prime, 2 H 7 M)</p>	<p>22</p> <p>TH 9:30 Wake-up Workout</p> <p>TH 10:00 Australia's Largest Tea Party - Let's Join In</p> <p>TH 1:30 Chair Yoga with Amy</p> <p>BI 3:30 Bingo!</p> <p>TH 6:00 Movie: Nothing to Lose (STARZ Prime, 1 H 38 M)</p>	<p>23</p> <p>BI 9:30 Seated Exercise With Bill</p> <p>BI 10:00 Seated Volleyball</p> <p>TH 1:00 Concert</p> <p>TR 2:00 Uno</p> <p>BI 3:30 Bingo</p> <p>TH 6:00 Movie: Talladega Nights: The Ballad Of Ricky Bobby (STARZ PRIME, 1 H 45 M)</p>
<p>24</p> <p>TH 9:30 Resident Led Seated Exercise (A Good Start to Your Day!)</p> <p>TR 10:00 Communion - Ascension Catholic Church</p> <p>TH 10:00 PBS Documentary: Horatio's Drive: America's First Road Trip (Prime, 1 H 46 M)</p> <p>OT 10:30 Mass at Ascension Church (Bus Leaves at 10:15 am)</p> <p>TH 1:00 PBS Documentary: Woodstock: Three Days That Defined A Generation (Prime, 1 H 37 M)</p>	<p>25 Memorial Day</p> <p>MEMORIAL DAY</p> <p>TH 9:30 Wake-up Workout</p> <p>TH 10:00 PBS Documentary: My Life As A Turkey (Prime, 51 M)</p> <p>JK 11:00 Memorial Day BBQ</p> <p>TH 2:30 PBS Documentary: McCarthy (Prime, 1 H 53 M)</p> <p>TH 6:00 Movie: Passengers (Starz PRIME, 1 H 56 M)</p>	<p>26</p> <p>TH 9:30 Fit and Flex</p> <p>TH 10:00 Belated Memorial Day</p> <p>OT 10:00 Outing to Oak Park Conservatory</p> <p>TH 10:30 Who Wants To Be A Millionaire?</p> <p>BI 1:00 Sir Arthur Conan Doyle Day - Can We Solve a Holmesian Mystery?</p> <p>BI 2:30 The Searchers - 70th Anniversary Watch Party</p> <p>TH 6:00 Movie: It Could Happen To You (STARZ Prime, 1 H 41 M)</p>	<p>27</p> <p>TH 9:30 Wake-up Workout</p> <p>TH 10:00 World Turtle Day</p> <p>TH 10:30 Paul Simon's Birthday</p> <p>TH 1:00 Parkinson's Exercise Class (30 Minute Class)</p> <p>GR 2:15 Wine and Cheese Social</p> <p>BI 3:30 Crossword Puzzles</p> <p>TH 6:00 Movie: Breaking And Entering (STARZ Prime, 2 H)</p>	<p>28</p> <p>TH 9:30 Fit and Flex</p> <p>TR 10:00 Communion With Ascension</p> <p>TH 10:00 Mental Floss: Trivia</p> <p>TH 10:30 TED talk: I let DaddyGPT parent my kids. Here's what I learned</p> <p>BI 2:00 Scrabble</p> <p>OT 2:00 Shopping Trip: WalMart</p> <p>BI 3:30 Bingo</p> <p>TH 3:30 Travelogue: Guatamalan Culture and Cuisine</p> <p>TH 6:30 Movie: Legendary (STARZ Prime, 1 H 32 M)</p>	<p>29</p> <p>TH 9:30 Wake-up Workout</p> <p>TH 10:00 May Musician - Pyotr Ilyich Tchaikovsky</p> <p>TH 10:30 Mental Floss: Rosie the Riveter Day</p> <p>JK 12:00 Sing Happy Birthday For May Birthdays</p> <p>TH 1:30 Chair Yoga</p> <p>BI 3:30 Bingo</p> <p>TH 6:00 Movie: Single Moms Club (Prime, 1 H 51 M)</p>	<p>30</p> <p>BI 9:30 Seated Exercise With Bill</p> <p>TH 10:00 Current Events</p> <p>TR 2:00 Uno</p> <p>BI 3:30 Bingo</p> <p>TH 6:00 Movie: Cooties (STARZ PRIME, 1 H 36 M)</p>
<p>31</p> <p>TH 9:30 Resident Led Seated Exercise (A Good Start to Your Day!)</p> <p>TR 10:00 Communion - Ascension Catholic Church</p> <p>TH 10:00 PBS Documentary: Wisdom Keepers "Francis Collins The Inextricable Links Between Science and Faith" Season 1, Episode 2(Prime, 29 M)</p> <p>OT 10:30 Mass at Ascension Church (Bus Leaves at 10:15 am)</p> <p>TH 1:00 Brit Box: Agatha Christie's Marple "The Body in the</p>						