

# MAY 2026

Belmont Village Los Gatos

AL & Independent Programs



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>AS</b> - Art Studio - 1st floor  <b>B</b> - Bistro - 1st floor  <b>FC</b> - Fitness Center - 4th floor  <b>GR</b> - Great Room - 1st floor  <b>JK</b> - Josephine's Kitchen - 1st floor  <b>SR</b> - Screening Room - 3rd floor  <b>SL</b> - Social Lounge - 3rd floor  <b>T</b> - Terrace - 4th floor  <b>TH</b> - Town Hall - 1st floor</p>					<p><b>1</b></p> <p><b>TH</b> 9:30 Tai Chi/Yoga Class  <b>B</b> 10:30 Marketplace Shop  <b>SR</b> 1:00 Movie: E.T. The Extra-Terrestrial (1982)  <b>GR</b> 1:30 *Outing: Salt &amp; Straw Ice Cream  <b>GR</b> 2:40 Tech Support w/ Arhan  <b>FC</b> 3:00 Parkinson's Group Class</p>	<p><b>2</b></p> <p><b>GR</b> 9:00 *Grocery Drop Off  <b>TH</b> 10:30 Chair Yoga Class  <b>SR</b> 1:00 Movie: Star Wars – A New Hope (1977)  <b>SL</b> 2:00 Parlor Games-Puzzles  <b>TH</b> 2:30 Seated Dance w/ Jay  <b>SL</b> 3:00 5 Crowns Card Game  <b>GR</b> 6:30 Card Games</p>
<p><b>3</b></p> <p><b>GR</b> 9:00 *Church Drop Off  <b>TH</b> 10:30 Chair Yoga Class  <b>SR</b> 1:00 Movie: Wild North (2015)  <b>TH</b> 2:00 Resident-Led Bingo  <b>SR</b> 3:00 Dominoes / Mexican Train  <b>GR</b> 6:30 Game Night: UNO Card Game  <b>SR</b> 7:00 Movie: Wild North (2015)</p>	<p><b>4</b></p> <p><b>TH</b> 9:30 Strengthening Class  <b>B</b> 10:30 Cranium Crunches  <b>B</b> 10:30 Yarn Circle  <b>SR</b> 1:00 Movie: Robin Williams: Come Inside My Mind (2018)  <b>SL</b> 1:30 Activity Chat w/ Storm  <b>FC</b> 2:00 Gym Fitness Class  <b>SR</b> 7:00 Movie: Robin Williams: Come</p>	<p><b>5</b></p> <p><b>TH</b> 9:30 Flexibility Class  <b>TH</b> 10:30 Chair Yoga Class  <b>JK</b> 11:00 Cinco De Mayo Lunch  <b>SR</b> 1:00 Movie: Singin' in the Rain (1952)  <b>TH</b> 2:00 Chef Chat  <b>TH</b> 3:00 Seasonal Sing-Along  <b>SR</b> 7:00 Movie: Singin' in the Rain</p>	<p><b>6</b></p> <p><b>TH</b> 9:30 Cardio Class  <b>TH</b> 10:30 LLU Session - Mindful Breath  <b>SL</b> 10:30 Visits w/ Pastor Vincent  <b>SR</b> 1:00 Movie: Zootopia 2 (2025)  <b>B</b> 1:00 Therapy Dog Visits  <b>TH</b> 1:30 Belmont Angels  <b>AS</b> 3:00 Art with Storm - Woodworking  <b>SR</b> 7:00 Movie: Zootopia 2 (2025)</p>	<p><b>7</b></p> <p><b>TH</b> 9:30 Balance Class  <b>T</b> 10:30 Garden Club Meeting  <b>SR</b> 1:00 Movie: To Sir With Love (1967)  <b>TH</b> 1:00 Zumba Fitness &amp; Hula Toning with Divina  <b>GR</b> 2:00 Happy Feet - Independent Walking Club</p>	<p><b>8</b></p> <p><b>TH</b> 9:30 Tai Chi/Yoga Class  <b>B</b> 10:30 Marketplace Shop  <b>TH</b> 10:30 Wellness Lecture  <b>SR</b> 1:00 Movie: Secret World of Sound (2024)  <b>GR</b> 1:30 *Outing: SJ Museum of Quilts &amp; Textiles  <b>FC</b> 2:40 Tech Support w/ Arhan</p>	<p><b>9</b></p> <p><b>GR</b> 9:00 *Grocery Drop Off  <b>GR</b> 10:30 Hunter O'Neal Piano Performance  <b>TH</b> 10:30 Chair Yoga Class  <b>SR</b> 1:00 Movie: Evita (1997)  <b>SL</b> 2:00 Parlor Games-Puzzles  <b>TH</b> 2:30 Seated Dance w/ Jay  <b>SL</b> 3:00 5 Crowns Card Game</p>
<p><b>10</b></p> <p><b>GR</b> 9:00 *Church Drop Off  <b>JK</b> 10:30 Mother's Day Brunch  <b>TH</b> 10:30 Chair Yoga Class  <b>SR</b> 1:00 Movie: X-Ray Earth (2020)  <b>TH</b> 2:00 Resident-Led Bingo  <b>SR</b> 3:00 Dominoes / Mexican Train  <b>GR</b> 6:30 Game Night: UNO Card Game</p>	<p><b>11</b></p> <p><b>TH</b> 9:30 Strengthening Class  <b>B</b> 10:30 Cranium Crunches  <b>B</b> 10:30 Yarn Circle  <b>TH</b> 10:30 Pop-Up Library  <b>SR</b> 1:00 Movie: The Best Exotic Marigold Hotel (2012)  <b>FC</b> 2:00 Gym Fitness Class  <b>AS</b> 3:00 Flower Arranging w/ Poppie</p>	<p><b>12</b></p> <p><b>TH</b> 9:30 Flexibility Class  <b>TH</b> 10:30 Chair Yoga Class  <b>GR</b> 10:30 New Resident Orientation  <b>SR</b> 1:00 Movie: The Last Laugh (2019)  <b>AS</b> 1:30 Nature Watercolor Painting w/ Cassie  <b>TH</b> 3:00 Seasonal Sing-Along  <b>SR</b> 7:00 Movie: The Last Laugh (2019)</p>	<p><b>13</b></p> <p><b>TH</b> 9:30 Cardio Class  <b>TH</b> 10:30 Current Events  <b>SR</b> 1:00 Movie: Sarah Brightman - Symphony in Vienna (2008)  <b>TH</b> 2:00 Resident Council Meeting  <b>AS</b> 3:00 Art with Storm - Jewelry-Making  <b>SR</b> 7:00 Movie: Sarah Brightman</p>	<p><b>14</b></p> <p><b>TH</b> 9:30 Balance Class  <b>SR</b> 1:00 Movie: Nilgiris - A Shared Wilderness (2026)  <b>TH</b> 1:00 Zumba Fitness &amp; Hula Toning with Divina  <b>GR</b> 2:00 Happy Feet - Independent Walking Club  <b>JK</b> 3:00 Wine &amp; Cheese Happy Hour</p>	<p><b>15</b></p> <p><b>TH</b> 9:30 Tai Chi/Yoga Class  <b>B</b> 10:30 Marketplace Shop  <b>GR</b> 12:00 *Outing: Happy Hollow Zoo  <b>SR</b> 1:00 Movie: Brene Brown – the Call to Courage (2019)  <b>GR</b> 2:40 Tech Support w/ Arhan  <b>FC</b> 3:00 Parkinson's Group Class  <b>GR</b> 3:30 Trivia Time with Myra</p>	<p><b>16</b></p> <p><b>GR</b> 9:00 *Grocery Drop Off  <b>TH</b> 10:30 Chair Yoga Class  <b>GR</b> 1:00 Cello Concert w/ Victor  <b>SR</b> 1:00 Movie: Eric Clapton Slowhand At 70 Live At The Royal Albert Hall (2015)  <b>SL</b> 2:00 Parlor Games-Puzzles  <b>TH</b> 2:30 Seated Dance w/ Jay</p>
<p><b>17</b></p> <p><b>GR</b> 9:00 *Church Drop Off  <b>TH</b> 10:30 Chair Yoga Class  <b>SR</b> 1:00 Movie: The Hundred-Foot Journey (2014)  <b>TH</b> 2:00 Resident-Led Bingo  <b>SR</b> 3:00 Dominoes / Mexican Train  <b>GR</b> 6:30 Game Night: UNO Card Game</p>	<p><b>18</b></p> <p><b>TH</b> 9:30 Strengthening Class  <b>B</b> 10:30 Cranium Crunches  <b>B</b> 10:30 Yarn Circle  <b>SR</b> 1:00 Movie: The Happiest Millionaire (1967)  <b>FC</b> 2:00 Gym Fitness Class  <b>TH</b> 2:30 Ladies' Club Teatime  <b>SR</b> 7:00 Movie: The Happiest</p>	<p><b>19</b></p> <p><b>TH</b> 9:30 Flexibility Class  <b>TH</b> 10:30 Chair Yoga Class  <b>SR</b> 1:00 Movie: Goldfinger (1964)  <b>TH</b> 2:00 LLU - Lessons from the Dalai Lama  <b>TH</b> 3:00 Seasonal Sing-Along  <b>SR</b> 7:00 Movie: Goldfinger (1964)</p>	<p><b>20</b></p> <p><b>TH</b> 9:30 Cardio Class  <b>SL</b> 10:30 Visits w/ Pastor Vincent  <b>SR</b> 1:00 Movie: Mr. Malcome's List (2022)  <b>TH</b> 1:30 Belmont Angels  <b>JK</b> 2:00 Chef Demo  <b>SR</b> 7:00 Movie: Mr. Malcome's List (2022)</p>	<p><b>21</b></p> <p><b>TH</b> 9:30 Balance Class  <b>SR</b> 1:00 Movie: Becoming Led Zeppelin (2025)  <b>TH</b> 1:00 Zumba Fitness &amp; Hula Toning with Divina  <b>GR</b> 2:00 Happy Feet - Independent Walking Club  <b>JK</b> 3:00 Wine &amp; Cheese Happy Hour</p>	<p><b>22</b></p> <p><b>TH</b> 9:30 Tai Chi/Yoga Class  <b>B</b> 10:30 Marketplace Shop  <b>SR</b> 1:00 Movie: Sitting Bull (2025) – Episode 1  <b>GR</b> 1:30 *Outing: Rita's Italian Ice  <b>GR</b> 2:40 Tech Support w/ Arhan  <b>FC</b> 3:00 Parkinson's Group Class  <b>GR</b> 3:30 Trivia Time with Myra</p>	<p><b>23</b></p> <p><b>GR</b> 9:00 *Grocery Drop Off  <b>TH</b> 10:30 Chair Yoga Class  <b>SR</b> 1:00 Movie: Bank of Dave (2023)  <b>SL</b> 2:00 Parlor Games-Puzzles  <b>TH</b> 2:30 Seated Dance w/ Jay  <b>SL</b> 3:00 5 Crowns Card Game  <b>GR</b> 6:30 Card Games  <b>SR</b> 7:00 Movie: Bank of Dave (2023)</p>
<p><b>24</b></p> <p><b>GR</b> 9:00 *Church Drop Off  <b>TH</b> 10:30 Chair Yoga Class  <b>SR</b> 1:00 Movie: The Greatest Showman (2017)  <b>TH</b> 2:00 Resident-Led Bingo  <b>SR</b> 3:00 Dominoes / Mexican Train  <b>GR</b> 6:30 Game Night: UNO Card Game</p>	<p><b>25</b> <b>Memorial Day</b></p> <p><b>TH</b> 9:30 Strengthening Class  <b>B</b> 10:30 Cranium Crunches  <b>B</b> 10:30 Yarn Circle  <b>JK</b> 11:00 Memorial Day BBQ  <b>SR</b> 1:00 Movie: Saving Private Ryan (1998)  <b>FC</b> 2:00 Gym Fitness Class  <b>SR</b> 7:00 Movie: Saving Private Ryan</p>	<p><b>26</b></p> <p><b>TH</b> 9:30 Flexibility Class  <b>TH</b> 10:30 Chair Yoga Class  <b>SR</b> 1:00 Movie: From Mao to Mozart: Isaac Stern in China (1981)  <b>SL</b> 2:00 Gentlemen's Social Club  <b>TH</b> 3:00 Seasonal Sing-Along  <b>SR</b> 7:00 Movie: From Mao to Mozart: Isaac Stern in China (1981)</p>	<p><b>27</b></p> <p><b>TH</b> 9:30 Cardio Class  <b>AS</b> 1:00 Painting w/ Rosalie  <b>SR</b> 1:00 Popcorn Movie: Mission: Impossible - The Final Reckoning (2025)  <b>TH</b> 2:30 Music Bingo with Marcos  <b>SR</b> 7:00 Movie: Mission: Impossible - The Final Reckoning (2025)</p>	<p><b>28</b></p> <p><b>TH</b> 9:30 Balance Class  <b>SR</b> 1:00 Movie: Hairspray Live! (2016)  <b>TH</b> 1:00 Zumba Fitness &amp; Hula Toning with Divina  <b>TH</b> 2:00 Belmont Book Club  <b>GR</b> 2:00 Happy Feet - Independent Walking Club  <b>JK</b> 3:00 Wine &amp; Cheese Happy Hour</p>	<p><b>29</b></p> <p><b>TH</b> 9:30 Tai Chi/Yoga Class  <b>B</b> 10:30 Marketplace Shop  <b>JK</b> 12:00 Monthly Birthdays Celebration  <b>SR</b> 1:00 Movie: Everything Everywhere All At Once (2022)  <b>GR</b> 1:30 *Outing: Montalvo Arts</p>	<p><b>30</b></p> <p><b>GR</b> 9:00 *Grocery Drop Off  <b>TH</b> 10:30 Chair Yoga Class  <b>SR</b> 1:00 Movie: Live Twice, Love Once (2020)  <b>SL</b> 2:00 Parlor Games-Puzzles  <b>TH</b> 2:30 Seated Dance w/ Jay  <b>SL</b> 3:00 5 Crowns Card Game  <b>TH</b> 3:00 Union School District Student</p>
<p><b>31</b></p> <p><b>GR</b> 9:00 *Church Drop Off  <b>TH</b> 10:30 Chair Yoga Class  <b>SR</b> 1:00 Movie: Emma The Musical (2018)  <b>TH</b> 2:00 Resident-Led Bingo  <b>SR</b> 3:00 Dominoes / Mexican Train  <b>GR</b> 5:30 Sky Music Ensemble Performance</p>						

Scheduled activities and events subject to change with or without advance notice.