

MAY 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>AR - Activity Room CY - Courtyard GR - Great Room JK - Josephine Kitchen P2 - Parlor 2 P3 - Parlor 3</p>		<p>Happy MAY Birthdays! 5/9 Tim H. 5/11 Nancy C. 5/20 Buddy M. 5/28 John Hudson</p>			<p>1 AR 10:00 Daily Chronicles AR 10:30 Fit & Fab Exercise AR 1:30 Table Game AR 2:30 Armchair Travel- The Great Lakes AR 3:30 Happy Hour w/ Jon</p>	<p>2 AR 10:00 Daily Chronicles AR 10:30 Cardio Class AR 1:30 Bingo AR 2:30 Saturday Matinee: "Merrily We Roll Along"</p>
<p>3 AR 10:30 Catholic Communion with St. Brendan Church JK 11:00 Resident & Family Mother's Day Tea</p>	<p>4 AR 10:00 Daily Chronicles AR 10:30 Fab & Fit Exercise AR 1:30 Sing Along with First Redeemer Church P3 3:00 Brain Games AR 4:00 The Pour at Four!</p>	<p>5 AR 10:00 Daily Chronicles AR 10:30 Morning Stretch JK 11:00 Cinco de Mayo Lunch P3 1:00 Rosary Prayer 1:30 Shopping: Sprouts AR 3:00 Bingo</p>	<p>6 AR 10:00 Daily Chronicles AR 10:30 Fab & Fit Exercise 11:15 Lunch: Longhorn AR 2:00 Jeopardy Interactive AR 3:00 LLU: Mindful Breath AR 4:00 The Pour at Four!</p>	<p>7 AR 10:00 Daily Chronicles AR 10:30 Morning Stretch CY 11:00 Walking Club P3 1:30 Soldier Letters P2 2:00 Res. Ambsdor Meeting AR 2:30 Ice Cream w/ Caritas</p>	<p>8 AR 10:00 Daily Chronicles AR 10:30 Fit & Fab Exercise AR 1:30 Table Game CY 2:30 Fresh Air & Chat AR 3:30 Happy Hour with Rick Dalton</p>	<p>9 AR 10:00 Daily Chronicles AR 10:30 Cardio Class AR 1:30 Bingo AR 2:30 Saturday Matinee AR 2:30 Saturday Matinee: "Ray"</p>
<p>10 Grandparent's Day AR 10:30 Catholic Communion with St. Brendan Church GR 2:30 Entertainment with Violinist Get Up Ollie!</p>	<p>11 AR 10:00 Daily Chronicles AR 10:30 Fab & Fit Exercise P3 11:00 Bible Study with Chuck 1:30 Shopping: Kroger AR 3:00 25 Popular US Cities AR 4:00 The Pour at Four!</p>	<p>12 AR 10:00 Daily Chronicles AR 10:30 Morning Stretch CY 11:00 Walking Club P3 1:00 Rosary Prayer AR 2:00 Bingo & Beverages P2 3:30 Card Game</p>	<p>13 AR 10:00 Daily Chronicles AR 10:30 Fab & Fit Exercise 11:15 Lunch: Pearl Lian AR 2:00 Apple Pie Day AR 3:00 Jeopardy Interactive AR 4:00 The Pour at Four!</p>	<p>14 AR 10:00 Daily Chronicles AR 10:30 Morning Stretch CY 11:00 Walking Club P3 1:30 Word Aerobics AR 2:30 Science Class w/ Jack AR 3:30 Volleyball</p>	<p>15 AR 10:00 Daily Chronicles AR 10:30 Fit & Fab Exercise AR 1:30 Table Game AR 2:00 Drama Club Rehearsal AR 3:30 Happy Hour with Kerry Hill Band</p>	<p>16 AR 10:00 Daily Chronicles AR 10:30 Cardio Class AR 1:30 Bingo AR 2:30 Saturday Matinee</p>
<p>17 AR 10:30 Catholic Communion with St. Brendan Church GR 1:30 Trivia AR 2:30 Sunday Stretch</p>	<p>18 AR 10:00 Daily Chronicles AR 10:30 Fab & Fit Exercise P3 11:00 Bible Study with Chuck 1:30 Shopping: Target P3 3:00 Brain Games AR 4:00 The Pour at Four!</p>	<p>19 AR 10:00 Daily Chronicles AR 10:30 Morning Stretch CY 11:00 Walking Club P3 11:30 Men's Club Luncheon P3 1:00 Rosary Prayer AR 2:00 Spotlight: Stanley G.</p>	<p>20 AR 10:00 Daily Chronicles AR 10:30 Fab & Fit Exercise 11:15 Lunch: Pappadeaux Seafood AR 3:00 Belmont Bucks Auction</p>	<p>21 P3 10:00 Daily Chronicles P3 10:30 Morning Stretch CY 11:00 Walking Club P3 1:30 Book Club CY 2:30 Corn Hole P3 3:30 Card Game-Inventions!</p>	<p>22 AR 10:00 Daily Chronicles AR 10:30 Fit & Fab Exercise AR 1:30 Table Game P3 2:00 Soap Making AR 3:30 Happy Hour with Keith West</p>	<p>23 AR 10:00 Daily Chronicles AR 10:30 Cardio Class AR 1:30 Bingo AR 2:30 Saturday Matinee</p>
<p>24 AR 10:30 Catholic Communion with St. Brendan Church GR 1:30 Trivia AR 2:30 Sunday Stretch</p>	<p>25 Memorial Day AR 10:00 Daily Chronicles AR 10:30 Fab & Fit Exercise AR 2:00 Memorial Day Memories P3 3:00 Memorial Day Brain Games AR 4:00 The Pour at Four!</p>	<p>26 AR 10:00 Daily Chronicles P3 10:30 Breath & Balance Noel CY 11:00 Walking Club P3 1:00 Rosary Prayer AR 1:30 Bingo with Lucia AR 3:00 Resident Council</p>	<p>27 AR 10:00 Daily Chronicles AR 10:30 Fab & Fit Exercise 11:15 Lunch: Alessio's Italian AR 2:30 Comedy Hour AR 4:00 The Pour at Four!</p>	<p>28 AR 10:00 Daily Chronicles AR 10:30 Morning Stretch AR 11:30 Birthday Luncheon 1:30 Shopping: Publix AR 3:00 Passport to Discovery: Mexico</p>	<p>29 AR 10:00 Daily Chronicles AR 10:30 Fit & Fab Exercise AR 1:30 Table Game AR 2:00 Drama Club Rehearsal AR 3:30 Happy Hour with Larry Langston</p>	<p>30 AR 10:00 Daily Chronicles AR 10:30 Cardio Class AR 1:30 Bingo AR 2:30 Saturday Matinee</p>
<p>31 AR 10:30 Catholic Communion with St. Brendan Church GR 1:30 Trivia AR 2:30 Sunday Stretch</p>		<p>SAVE THE DATE! Belmont Bucks Auction! Come "spend" your Belmont Bucks at our auction on May 20th at 3pm!</p>		<p>Sign up for all trips on the clipboards in the Great Room!</p>		