

# MAY 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> TH 9:30 Chair Workout with Elida B 10:30 Flower Arranging Class PC 1:00 Walking Club PC 2:00 The Lei-d Back Derby Happy Hour TR 6:00 Movie Night Theater: After	<b>2</b> TH 9:30 Move and Groove with Mel'Vonte B 10:30 Chit Chat & Coffee B 1:30 Tabletop Board Games with the Young Men's Service League & St. Thomas High School Students GR 4:00 Live Music with Jim Connors TR 6:00 Movie Night Theater: Resident's Choice
<b>3</b> PC 9:30 Walking Club TR 10:00 Virtual Church Service 12:30 Astros Vs Red Socks GR 1:00 Piano Performance by Colby Ward B 1:00 Tabletop Board Games with St. Francis Episcopal School Students B 1:00 Technical Assistance with	<b>4</b> TH 9:30 Sit & Be Fit with EL B 10:30 Chit Chat & Coffee PC 11:00 Birding B 11:00 Group Scrabble TH 1:30 Diabetes Self Management and Education and Support Course SP 3:00 Belmont Mahjong on the 5th floor TR 6:00 Movie Night Theater: Dancing Queens	<b>5</b> B 10:30 Dominoes & Bridge PC 10:45 Water Aerobics 12:00 Cinco de Mayo Luncheon TR 1:30 Bible Study with Deacon Denny of St. Michael's TR 2:00 Weekly Catholic Communion PC 2:30 Margaritas on the Patio TR 6:00 Movie Night Theater: The Great	<b>6</b> GR 9:30 Seated Dancing with Paloma from Danzactive! B 10:30 Giant Scrabble TH 1:30 Bingo with Bayou City B 3:00 Dominoes Club GR 4:00 Wine and Cheese with Curtis Nickelson TR 6:00 Movie Night Theater: The Lost Pirate Kingdom E6	<b>7</b> PC 9:30 Walking Club TC 10:15 Assisted Living Outing TR 10:15 Movie in the Theater TH 1:30 Rice's Lifelong University AS 3:00 Art Class: Making Cards for the Troops WR 4:00 Wine Pairs Well with Friends TR 6:00 Movie Night Theater: 11.22.63	<b>8</b> TH 9:30 Chair Workout with Elida B 10:30 Flower Arranging Class TR 1:00 Mister McKinney's History Presentation B 2:30 Ladies of Belmont TR 6:00 Movie Night Theater: My Girl PC 7:30 Sunset Walking Club	<b>9</b> TH 9:30 Move and Groove with Mel'Vonte B 10:30 Chit Chat & Coffee B 1:30 Tabletop Board Games with the Young Men's Service League & St. Thomas High School Students GR 4:00 Live Music with Raymond Edwards TR 6:00 Movie Night Theater:
<b>10</b> PC 9:30 Walking Club TR 10:00 Virtual Church Service 11:00 Mother's Day Luncheon TR 12:30 Astros vs. Cincinnati Reds GR 1:00 Piano Performance by Colby Ward B 2:30 Door Hanging Craft TH 2:45 Gentle Chair Workout with	<b>11</b> TH 9:30 Sit & Be Fit with EL B 10:30 Chit Chat & Coffee PC 11:00 Birding B 11:15 Group Scrabble SP 3:00 Belmont Mahjong on the 5th floor TR 6:00 Movie Night Theater: Crossroads	<b>12</b> B 10:30 Dominoes & Bridge PC 10:45 Water Aerobics TH 12:00 Men of Belmont TH 2:30 Discovery Series: Health & Wellness Presentation 4:00 Group Puzzle: 4th floor WR 4:00 Wine Pairs Well with Friends TR 6:00 Movie Night Theater: Heart of Stone	<b>13</b> GR 9:30 Seated Dancing with Paloma from Danzactive! TH 10:30 Health Presentation with PAM Health: Energy Conservation Strategies B 3:00 Dominoes Club GR 4:00 Wine & Cheese with Performer Cindy St. Cyr TR 6:00 Movie Night	<b>14</b> PC 9:30 Walking Club TC 11:00 AL/COF Outing TH 2:15 Seated Zumba with Stefanie AS 3:00 Art Class: Painting Cards for the Troops 3:30 Group Puzzle: 4th floor WR 4:00 Wine Pairs Well with Friends TR 6:00 Movie Night Theater: 11.22.63	<b>15</b> TH 9:30 Chair Workout with Elida B 10:30 Flower Arranging Class PC 1:30 Walking Club B 2:00 Group Scrabble 3:00 Dominoes TR 6:00 Movie Night Theater: Marry Me PC 7:30 Sunset Walking Club	<b>16</b> TH 9:30 Move and Groove with Mel'Vonte B 10:30 Chit Chat & Coffee B 1:30 Tabletop Board Games with the Young Men's Service League & St. Thomas High School Students GR 4:00 Live Music with Maurice Daughtery TR 6:00 Movie Night Theater:

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>17</b> PC 9:30 Walking Club TR 10:00 Virtual Church Service B 10:30 Chit Chat & Coffee GR 1:00 Piano Performance by Colby Ward B 1:00 Tabletop Board Games with St. Francis Episcopal School Students B 1:00 Technical Assistance with Morgan Kim	<b>18</b> TH 9:30 Sit & Be Fit with EL B 10:30 Chit Chat & Coffee PC 11:00 Birding B 11:15 Group Scrabble SP 3:00 Belmont Mahjong on the 5th floor TR 6:00 Movie Night Theater: The Mystery of Marilyn Monroe	<b>19</b> B 10:30 Dominoes & Bridge PC 10:45 Water Aerobics TR 1:30 Bible Study with Deacon Denny of St. Michael's TH 2:00 LIVE SESSION: Rice's Lifelong University TR 2:00 Weekly Catholic Communion WF 4:00 Wine Pairs Well with Friends TH 4:00 Family New	<b>20</b> GR 9:30 Seated Dancing with Paloma from Danzactive! B 10:15 Dominoes Club 1:30 Houston Librarians Presentation B 3:00 Chef Chat GR 4:00 Wine and Cheese with Jon Ingram TR 6:00 Movie Night Theater: My Octopus Teach	<b>21</b> PC 9:30 Walking Club TC 10:15 Assisted Living Outing TH 2:15 Seated Zumba with Stefanie AS 3:00 Art Class: Painting Cards for the Troops WF 4:00 Wine Pairs Well with Friends TR 6:00 Movie Night Theater: 11.22.63	<b>22</b> TH 9:30 Chair Workout with Elida B 10:30 Flower Arranging Class TR 1:30 Belmont Airways Traveling to Spain TH 2:15 Belmont Airways Happy Hour TR 6:00 Movie Night Theater: Your Place or Mine? PC 7:30 Sunset Walking Club	<b>23</b> TH 9:30 Move and Groove with Mel'Vonte B 10:30 Chit Chat & Coffee B 1:30 Tabletop Board Games with the Young Men's Service League & St. Thomas High School Students GR 4:00 Live Music with Pamela Thompson TR 6:00 Movie Night Theater: Resident's Choice
<b>24</b> PC 9:30 Walking Club TR 10:00 Virtual Church Service B 10:30 Chit Chat & Coffee GR 1:00 Piano Performance by Colby Ward B 1:00 Tabletop Board Games with St. Francis Episcopal School Students B 1:00 Technical Assistance with Morgan Kim	<b>25 Memorial Day</b> TH 9:30 Sit & Be Fit with AgeStrong Fitness B 10:30 Chit Chat & Coffee PC 11:00 Birding B 11:15 Group Scrabble TH 1:30 Presentation with a Holy Message with Tommy Lowe SP 3:00 Belmont Mahjong on the 5th floor TR 6:00 Movie Night Theater: The Prom	<b>26</b> B 10:30 Dominoes & Bridge PC 10:45 Water Aerobics 12:00 Resident Choice Lunch TR 1:30 Bible Study with Deacon Denny of St. Michael's TR 2:00 Weekly Catholic Communion TH 3:00 Resident Council WF 4:00 Wine Pairs Well with Friends TR 6:00 Movie Night	<b>27</b> GR 9:30 Seated Dancing with Paloma from Danzactive! GR 10:00 Faithful Paws: Therapy Dog Visits B 3:00 Dominoes Club GR 4:00 Wine and Cheese with Geoff Allen TR 6:00 Movie Night Theater: 11.22.63	<b>28</b> PC 9:30 Walking Club TC 10:15 Assisted Living Outing TR 10:15 Daytime Movie WF 12:00 Birthday Luncheon TH 12:00 Brain Health Presentation TH 2:15 Seated Zumba with Stefanie AS 3:00 Art Class: Painting Cards for the Troops 3:30 Group Puzzle: 4th	<b>29</b> TH 9:30 Chair Workout with Elida B 10:30 Flower Arranging Class 1:30 Book Club WF 2:30 Cocktail Sample & Demonstration with Miguel TR 6:00 Movie Night Theater: The Host PC 7:30 Sunset Walking Club	<b>30</b> TH 9:30 Move and Groove with Mel'Vonte B 10:30 Chit Chat & Coffee B 1:30 Tabletop Board Games with the Young Men's Service League & St. Thomas High School Students GR 4:00 Live Music with Mark McClimens TR 6:00 Movie Night Theater: Resident's Choice
<b>31</b> PC 9:30 Walking Club TR 10:00 Virtual Church Service B 10:30 Chit Chat & Coffee GR 1:00 Piano Performance by Colby Ward B 1:00 Tabletop Board Games with St. Francis Episcopal School Students B 1:00 Technical Assistance with Morgan Kim						