

MAY 2026

May 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<p>1</p> <p>TH 9:30 Morning Exercise with Anthony</p> <p>TH 10:15 Two Truths and a Lie</p> <p>TH 1:30 BINGO!</p> <p>SR 2:00 Friday Series: The Marvelous Mrs. Maisel (2017)</p> <p>TH 3:30 Creative Writing with Loren</p> <p>SR 7:00 Matinee: The Unsinkable Molly Brown</p>	<p>2</p> <p>TH 6:00 Happy Birthday Monika</p> <p>TH 9:30 Chair Yoga / Exercise</p> <p>TH 10:15 Hot Potato</p> <p>SR 10:30 Documentary Saturdays</p> <p>TH 1:30 Arm Chair Travel</p> <p>SR 2:00 Movie Matinee: Quartet</p> <p>SR 7:00 Matinee: Quartet</p>
<p>3</p> <p>6:00 Happy Birthday Nelton and Jane</p> <p>SR 9:30 St. Paul Virtual Mass</p> <p>TH 10:30 Morning Exercise / Chair Yoga</p> <p>TH 1:30 Sundae Sunday</p> <p>SR 2:00 Movie Matinee: Cat on a hot tin roof</p> <p>GR 3:30 Entertainment</p> <p>SR 7:00 Matinee: Cat on a hot tin roof</p>	<p>4</p> <p>TH 6:00 Happy Birthday Mae</p> <p>TH 9:30 Morning Exercise with Anthony</p> <p>TH 1:30 Welcome Committee Meeting</p> <p>SR 2:00 Movie Matinee: The Age of Adeline</p> <p>TH 3:30 Craft</p> <p>SR 7:00 Matinee: The Age of Adeline</p>	<p>5</p> <p>TH 9:30 Morning Exercise with Anthony</p> <p>TH 10:30 Card Game / Uno</p> <p>SR 2:00 Movie Matinee:Eleanor the Great</p> <p>CY 3:30 Cinco De Mayo Celebration</p> <p>SR 7:00 Matinee: Eleanor the great</p>	<p>6</p> <p>TH 9:30 Morning Exercise with Anthony</p> <p>JK 12:15 Nurses & Teachers Day! We thank you!</p> <p>GR 12:45 Outing</p> <p>SR 2:00 Movie Matinee: Singin' in the Rain</p> <p>SR 7:00 Matinee: Singin' in the rain (1952) Amazon</p>	<p>7</p> <p>TH 9:30 Morning Exercise with Anthony</p> <p>TH 10:30 Belmont Walking Club</p> <p>TH 1:30 Chef Chat & Cooking Demonstration</p> <p>SR 2:00 Movie Matinee:La Dolce Villa</p> <p>TH 2:45 Cocktail Time!</p> <p>GR 3:30 Entertainment</p> <p>SR 7:00 Matinee:La Dolce Villa</p>	<p>8</p> <p>TH 9:30 Morning Exercise with Anthony</p> <p>GR 10:15 Belmont Trivia</p> <p>TH 1:30 BINGO!</p> <p>SR 2:00 Friday Series: The Marvelous Mrs. Maisel (2017)</p> <p>SR 7:00 Matinee: Life with Father</p>	<p>9</p> <p>TH 9:30 Chair Yoga / Exercise</p> <p>SR 10:30 Documentary Saturdays</p> <p>TH 10:30 Shabbat with Rabbi Ira</p> <p>TH 1:30 Karaoke</p> <p>SR 2:00 Movie Matinee: Sarah's Oil</p> <p>SR 7:00 Matinee: Sarah's Oil</p>
<p>10</p> <p>6:00 Happy Birthday Roland</p> <p>6:00 Happy Mother's Day</p> <p>SR 9:30 St. Paul Virtual Mass</p> <p>TH 10:30 Morning Exercise / Chair Yoga</p> <p>SR 2:00 Matinee: The Devil Wears Prada</p> <p>TH 2:30 Film Historian Lecture Series</p> <p>GR 3:30 Entertainment</p> <p>SR 7:00 Matinee: The Devil Wears Prada</p>	<p>11</p> <p>TH 9:30 Morning Exercise with Anthony</p> <p>TH 10:15 Belmont Trivia</p> <p>TH 1:30 Reflections - Autobiographical Writing Circle</p> <p>SR 2:00 Movie Matinee: National Velvet</p> <p>TH 3:30 Seated Tai Chi</p> <p>SR 7:00 Matinee: National Velvet</p>	<p>12</p> <p>TH 9:30 Morning Exercise with Anthony</p> <p>TH 10:15 10 Minute Meditation</p> <p>B 10:30 Belmont Emporium</p> <p>TH 1:30 Resident Council Meeting</p> <p>SR 2:00 Movie Matinee: A Chorus Line</p> <p>TH 3:30 Craft</p> <p>SR 7:00 Matinee: A Chorus Line</p>	<p>13</p> <p>TH 9:30 Morning Exercise with Anthony</p> <p>TH 10:15 Card Games / UNO</p> <p>GR 11:00 Outing</p> <p>SR 2:00 Movie Matinee: Here</p> <p>TH 3:30 Jewelry Making with Lyn</p> <p>SR 7:00 Matinee: Here</p>	<p>14</p> <p>6:00 Happy Birthday Maryam</p> <p>TH 9:30 Morning Exercise with Anthony</p> <p>TH 10:30 Belmont Walking Club</p> <p>TH 1:30 Rhythm Circle with Luis</p> <p>SR 2:00 Movie Matinee: The Tender Trap</p> <p>TH 2:45 Cocktail Time!</p> <p>GR 3:30 Entertainment</p> <p>SR 7:00 Matinee:The Tender Trap</p>	<p>15</p> <p>6:00 Happy Birthday Marjem</p> <p>TH 9:30 Morning Exercise with Anthony</p> <p>GR 10:15 Brain Workout</p> <p>GR 10:30 Trader Joe's Run</p> <p>TH 1:30 BINGO!</p> <p>SR 2:00 Friday Series: Mrs. Maisel</p> <p>TH 3:30 Creative Writing with Loren</p> <p>SR 7:00 Matinee: Lost in Translation</p>	<p>16</p> <p>6:00 Happy Birthday Vicki</p> <p>TH 9:30 Chair Yoga / Exercise</p> <p>TH 10:15 Brain Workout</p> <p>SR 10:30 Documentary Saturdays</p> <p>TH 1:30 Dominos</p> <p>SR 2:00 Movie Matinee: Suddenly, Last Summer</p> <p>SR 7:00 Matinee: Suddenly, Last Summer</p>

MAY 2026

May 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>17</p> <p>SR 9:30 St. Paul Virtual Mass</p> <p>TH 10:30 Morning Exercise / Chair Yoga</p> <p>TH 1:30 Wendy Van Norden</p> <p>SR 2:00 Movie Matinee: Sherlock Holmes: A Game of Shadows</p> <p>GR 3:30 Entertainment</p> <p>SR 7:00 Matinee: Sherlock Holmes: A Game of Shadows</p>	<p>18</p> <p>TH 9:30 Morning Exercise with Anthony</p> <p>TH 10:15 Scrabble</p> <p>TH 1:30 Craft</p> <p>SR 2:00 Movie Matinee: The Summer Book</p> <p>TH 3:30 Veterans Circle with Monty</p> <p>SR 7:00 Matinee: The Summer Book</p>	<p>19</p> <p>TH 9:30 Morning Exercise with Joe</p> <p>TH 10:15 10 Minute Meditation</p> <p>B 10:30 Belmont Emporium</p> <p>TH 1:30 Rice University Lifelong Learning</p> <p>SR 2:00 Movie Matinee: A Place in the Sun</p> <p>TH 3:30 Flower Arranging - Bring your own Vase</p> <p>SR 7:00 Matinee: A Place in the Sun</p>	<p>20</p> <p>TH 9:30 Morning Exercise with Joe</p> <p>TH 10:15 Card Games / Skip-Bo</p> <p>11:30 Birthday Luncheon</p> <p>SR 2:00 Movie Matinee: Sea Biscuit</p> <p>GR 3:30 Candelight Concert Series</p> <p>SR 7:00 Matinee: Sea Biscuit</p>	<p>21</p> <p>TH 9:30 Morning Exercise with Anthony</p> <p>TH 10:30 Belmont Walking Club</p> <p>TH 1:30 Make & Taste Cookery Fun</p> <p>SR 2:00 Movie Matinee: The Wolf of Wallstreet</p> <p>TH 2:45 Cocktail Time!</p> <p>GR 3:30 Entertainment</p> <p>SR 7:00 Matinee: The Wolf of Wallstreet</p>	<p>22</p> <p>TH 9:30 Morning Exercise with Anthony</p> <p>B 10:30 Blackjack</p> <p>TH 1:30 BINGO!</p> <p>SR 2:00 Friday Series: The Marvelous Mrs. Maisel (2017)</p> <p>SR 7:00 Matinee: Who's Afraid of Virginia Woolf?</p>	<p>23</p> <p>TH 9:30 Chair Yoga / Exercise</p> <p>SR 10:30 Documentary Saturdays</p> <p>TH 10:30 Shabbat with Rabbi Ira</p> <p>TH 1:30 Arm Chair Travel</p> <p>SR 2:00 Movie Matinee: It started in Naples</p> <p>SR 7:00 Matinee: It started in Naples</p>
<p>24</p> <p>6:00 Happy Birthday Elizabeth L.</p> <p>SR 9:30 St. Paul Virtual Mass</p> <p>TH 10:30 Morning Exercise / Chair Yoga</p> <p>TH 1:30 Craft</p> <p>SR 2:00 Movie Matinee: Secondhand Lions</p> <p>GR 3:30 Entertainment</p> <p>SR 7:00 Matinee: Secondhand Lions</p>	<p>25 Memorial Day</p> <p>TH 9:30 Morning Exercise with Anthony</p> <p>CY 12:00 Memorial Day</p> <p>SR 2:00 Movie Matinee: Coda</p> <p>TH 3:30 Rice University Lifelong Learning</p> <p>SR 7:00 Matinee: Coda</p>	<p>26</p> <p>6:00 Happy Birthday Thelma</p> <p>TH 9:30 Morning Exercise with Anthony</p> <p>TH 10:15 10 Minute Meditation</p> <p>B 10:30 Belmont Emporium</p> <p>TH 1:30 Programming and Activities Meeting</p> <p>SR 2:00 Movie Matinee: Rhapsody</p> <p>SR 3:30 Roy Forbes "Al" Presentation</p> <p>SR 7:00 Matinee: Rhapsody</p>	<p>27</p> <p>6:00 National Senior Fitness Day</p> <p>TH 9:30 Morning Exercise with Anthony</p> <p>TH 10:15 Belmont Trivia</p> <p>GR 12:30 Outing</p> <p>SR 2:00 Movie Matinee: Twister</p> <p>TH 3:30 Jewellery Making</p> <p>SR 7:00 Matinee: Twister</p>	<p>28</p> <p>6:00 Happy Birthday Gary</p> <p>6:00 Women's Health Day</p> <p>TH 9:30 Morning Exercise with Anthony</p> <p>TH 10:30 Belmont Walking Club</p> <p>TH 1:30 Rhythm Circle with Luis</p> <p>TH 2:45 Cocktail Time!</p> <p>GR 3:30 Entertainment</p> <p>SR 7:00 Movie Matinee: Rain Man</p>	<p>29</p> <p>TH 9:30 Morning Exercise with Anthony</p> <p>GR 10:15 Throw the ball</p> <p>TH 1:30 BINGO!</p> <p>SR 2:00 Friday Series: The Marvelous Mrs. Maisel (2017)</p> <p>SR 7:00 Matinee: Miss Congeniality</p>	<p>30</p> <p>TH 9:30 Chair Yoga / Exercise</p> <p>TH 10:15 Arm Chair Travel</p> <p>SR 10:30 Documentary Saturdays</p> <p>TH 1:30 Categories (Scattergories Style)</p> <p>SR 2:00 Movie Matinee: Butterfield 8</p> <p>SR 7:00 Matinee: Butterfield 8</p>
<p>31</p> <p>SR 9:30 St. Paul Virtual Mass</p> <p>TH 10:30 Morning Exercise / Chair Yoga</p> <p>CY 1:30 Bingo Bonanza</p> <p>SR 2:00 Movie Matinee: The Bodyguard</p> <p>GR 3:30 Entertainment</p> <p>SR 7:00 Matinee: The Bodyguard</p>						