

# MAY 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Calendar is subject to change.					<p><b>1</b></p> <p>TH 10:00 Exercise</p> <p>TH 10:30 Creative Writing Class w/ Loren</p> <p>B 11:00 A Sip &amp; A Splash</p> <p>GR 1:30 Craft Hour &amp; Flower Arranging</p> <p>TH 3:00 Shabbat Service</p> <p>TH 7:00 At the Movies (Feel-good Friday): Mrs. Palfrey At The Claremont (Prime, 2005, 1h 46m)</p>	<p><b>2</b></p> <p>TH 10:00 Exercise</p> <p>GR 10:00 Shopping Run: CVS</p> <p>TH 11:00 Laugh and Learn w/ Barbara Bloom!</p> <p>GR 1:00 Cornhole w/ Mario</p> <p>GR 3:30 Live Music &amp; Happy Hour: Hunter O'Neill concert pianist</p> <p>TH 7:00 At the Movies</p>
<p><b>3</b></p> <p>TH 10:00 Exercise</p> <p>GR 10:30 Peace by Piece</p> <p>TH 11:00 TED Talk series</p> <p>TH 2:00 Exercise: Tai Chi w/ Karima</p> <p>GR 3:30 Rummikub</p> <p>GR 7:00 Scrabble</p>	<p><b>4</b></p> <p>GR 10:00 Tech Hour with Sara</p> <p>TH 11:00 Exercise: Yoga w/ Sara</p> <p>1:00 Mahjong Class: 3rd Floor Parlor</p> <p>TH 3:00 Trivia w/Elan</p> <p>TH 7:00 At the Movies</p>	<p><b>5</b></p> <p>9:45 Exercise: Sunrise Stretch &amp; Movement: 4th Floor Patio</p> <p>11:00 Activity Chat w/ Sara!</p> <p>1:15 Black Jack: 3rd Floor Parlor</p> <p>TH 2:00 Chef Chat w/ John</p> <p>GR 3:00 Happy Hour: David Adelstein on the piano!</p> <p>4:00 Cinco de Mayo Celebration: Neighborhood Courtyard</p> <p>TH 7:00 At the Movies (Travel Tuesdays)</p>	<p><b>6</b></p> <p>9:45 Exercise: Sunrise Stretch &amp; Movement: 4th Floor Patio</p> <p>TH 11:00 Beyond the Book</p> <p>TH 1:30 Resident Council Meeting</p> <p>TH 3:00 Lifelong University</p> <p>TH 7:00 At the Movies (Western Wednsdays)</p>	<p><b>7</b></p> <p>9:30 Morning Meditation: 4th Floor Patio</p> <p>TH 10:00 Exercise</p> <p>TH 11:00 Beyond the Book</p> <p>GR 1:30 Outing: Afternoon Tea at Robin Hood British Pub</p> <p>4:00 The Name Game: 3rd Floor Parlor</p> <p>TH 7:00 At the Movies (Throwback Thursday)</p>	<p><b>8</b></p> <p>9:45 A Sip &amp; A Splash</p> <p>TH 10:00 Exercise</p> <p>GR 11:00 Peace by Piece</p> <p>B 1:30 Flower Arranging</p> <p>TH 3:00 Shabbat Service</p> <p>TH 7:00 At the Movies (Feel-good Fridays)</p>	<p><b>9</b></p> <p>TH 10:00 Exercise</p> <p>GR 10:00 Shopping Run: Target</p> <p>TH 11:00 Laugh and Learn w/ Barbara Bloom!</p> <p>GR 1:00 Cornhole w/ Mario</p> <p>GR 3:00 Live Music &amp; Happy Hour: Briana Lyn!</p> <p>TH 7:00 At the Movies</p>
<p><b>10</b></p> <p>TH 10:00 Exercise</p> <p>GR 10:30 Peace by Piece</p> <p>TH 11:00 TED Talk Series</p> <p>TH 2:00 Exercise: Tai Chi w/ Karima</p> <p>GR 3:00 Mother's Day Live Music Performance</p> <p>IK 4:00 Special Mother's Day Dinner</p> <p>TH 7:00 At the Movies</p> <p>GR 7:00 Scrabble</p>	<p><b>11</b></p> <p>GR 10:00 Tech Hour with Sara</p> <p>TH 11:00 Exercise: Yoga w/ Sara</p> <p>1:00 Mahjong Class: 3rd Floor Parlor</p> <p>TH 3:00 Trivia w/Elan</p> <p>TH 7:00 At the Movies (Musical Mondays)</p>	<p><b>12</b></p> <p>9:45 Exercise: Sunrise Stretch &amp; Movement: 4th Floor Patio</p> <p>TH 11:00 Tune-in Tuesday</p> <p>1:15 Black Jack: 3rd Floor Parlor</p> <p>2:30 Mind Matters: Brain-Boosting Activity Packets</p> <p>GR 3:00 Live Music &amp; Happy Hour: Mark Cole!</p> <p>TH 7:00 At the Movies (Travel Tuesdays)</p>	<p><b>13</b></p> <p>9:45 Exercise: Sunrise Stretch &amp; Movement: 4th Floor Patio</p> <p>TH 11:00 Beyond the Book</p> <p>TH 1:00 Jewelry Making Class</p> <p>TH 3:00 Journey w/ Jeff</p> <p>TH 7:00 At the Movies (Western Wednsdays)</p>	<p><b>14</b></p> <p>9:30 Morning Meditation: 4th Floor Patio</p> <p>TH 10:00 Exercise</p> <p>GR 10:00 Museum Outing: The Nethercutt Museum</p> <p>1:30 The Name Game: 3rd Floor Parlor</p> <p>TH 3:00 Beyond the Book</p> <p>TH 7:00 At the Movies (Throwback Thursday)</p>	<p><b>15</b></p> <p>10:00 A Sip &amp; A Splash</p> <p>TH 10:00 Exercise</p> <p>TH 10:30 Creative Writing Class w/ Loren</p> <p>B 1:30 Craft Hour &amp; Flower Arranging</p> <p>TH 3:00 Shabbat Service</p> <p>TH 7:00 At the Movies (Feel-good Fridays)</p>	<p><b>16</b></p> <p>TH 10:00 Exercise</p> <p>GR 10:00 Shopping Run: Gelson's Markets</p> <p>TH 11:00 Laugh and Learn w/ Barbara Bloom!</p> <p>GR 1:00 Cornhole w/ Mario</p> <p>GR 3:00 Live Music &amp; Happy Hour: Rick Whitfield!</p> <p>TH 7:00 At the Movies</p>

# MAY 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>17</b> TH 10:00 Exercise GR 10:30 Peace by Piece TH 11:00 TED Talk series TH 2:00 Tai Chi w/ Karima GR 3:30 Rummikub TH 7:00 At the Movies GR 7:00 Scrabble	<b>18</b> GR 10:00 Tech Hour with Sara TH 11:00 Exercise: Yoga w/Jenny 1:00 Mahjong Class: 3rd Floor Parlor TH 3:00 Trivia w/Elan TH 7:00 At the Movies (Musical Mondays)	<b>19</b> 9:45 Exercise: Sunrise Stretch & Movement: 4th Floor Patio TH 11:00 Shabbat on a Weekday 1:15 Black Jack: 3rd Floor Parlor TH 2:00 Lifelong University (Live Zoom): Lessons from the Dalai Lama GR 3:00 Live Music & Happy Hour: Jason Bourne! TH 7:00 At the Movies (Travel Tuesdays)	<b>20</b> 9:45 Exercise: Sunrise Stretch & Movement: 4th Floor Patio TH 11:00 Beyond the Book 1:30 Outdoor Jeopardy TH 3:00 Yoga w/ Jenny TH 4:00 Adventures with Doug TH 7:00 At the Movies (Western Wednsdays)	<b>21</b> 8:30 Morning Coffee Run & Antique Store TH 10:00 Exercise GR 11:00 Rummikub 1:45 Afternoon Meditation: 4th Floor Patio TH 3:00 Beyond the Book TH 7:00 At the Movies (Throwback Thursday)	<b>22</b> TH 10:00 A Sip & A Splash TH 10:00 Exercise TH 10:45 Bingo B 1:30 Craft Hour & Flower Arranging TH 3:00 Shabbat Service TH 7:00 At the Movies (Feel-good Fridays)	<b>23</b> TH 10:00 Exercise GR 10:00 Shopping Run: CVS TH 11:00 Laugh and Learn w/ Barbara Bloom! GR 1:00 Cornhole w/ Mario GR 3:00 Live Music & Happy Hour: Michael Quest TH 7:00 At the Movies
<b>24</b> TH 10:00 Exercise GR 10:30 Peace by Piece TH 11:00 TED Talk series TH 2:00 Tai Chi w/ Karima GR 3:30 Rummikub TH 7:00 At the Movies GR 7:00 Scrabble	<b>25</b> <b>Memorial Day</b> TH 11:00 Exercise: Yoga w/Jenny JK 12:00 Memorial Day BBQ Lunch 1:00 Mahjong Class: 3rd Floor Parlor GR 2:00 Special Musical Performance TH 3:00 Trivia w/Elan TH 7:00 At the Movies (Musical Mondays)	<b>26</b> 9:45 Exercise: Sunrise Stretch & Movement: 4th Floor Patio 1:15 Black Jack: 3rd Floor Parlor 2:30 Mind Matters: Brain-Boosting Activity Packets GR 3:00 Live Music & Happy Hour: Akshay! TH 7:00 At the Movies (Travel Tuesdays)	<b>27</b> 9:45 Exercise: Sunrise Stretch & Movement: 4th Floor Patio TH 11:00 Beyond the Book TH 1:00 Jewelry Making TH 3:00 Yoga w/ Jenny TH 7:00 At the Movies (Western Wednsdays)	<b>28</b> 9:30 Morning Meditation: 4th Floor Patio TH 10:00 Exercise TH 11:00 Beyond the Book TH 2:00 Ice Cream Outing 3:30 The Name Game: 3rd Floor Parlor TH 7:00 At the Movies (Throwback Thursday)	<b>29</b> TH 10:00 A Sip & A Splash TH 10:00 Exercise TH 11:00 Sara's Spa Hour & Aromatherapy JK 12:00 Resident Birthday Lunch B 1:30 Craft Hour & Flower Arranging TH 3:00 Shabbat Service TH 7:00 At the Movies (Feel-good Fridays)	<b>30</b> TH 10:00 Exercise GR 10:00 Shopping Run: Trader Joe's TH 11:00 Laugh and Learn w/ Barbara Bloom! GR 1:00 Cornhole w/ Mario GR 3:00 Live Music & Happy Hour: Jason Keene on the digital Harmonica! TH 7:00 At the Movies
<b>31</b> TH 10:00 Exercise GR 10:30 Peace by Piece TH 11:00 TED Talk Series TH 2:00 Tai Chi w/ Karima GR 3:30 Rummikub TH 7:00 At the Movies GR 7:00 Scrabble						B - Bistro GR - Great Room JK - Josephine's Kitchen TH - Town Hall