

# MAY 2026

MAY IS THE GATEWAY TO SUMMER!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> <li><b>BR</b> - Billiard Room, L3</li> <li><b>B</b> - Bistro, L</li> <li><b>C</b> - Club Room, L2</li> <li><b>GR</b> - Great Room, L1</li> <li><b>JK</b> - Josephine's Kitchen, L1</li> <li><b>PS</b> - Poolside, L3</li> <li><b>SR</b> - Screening Room, L2</li> <li><b>TF</b> - Town Hall Foyer, L1</li> <li><b>TH</b> - Town Hall, L1</li> </ul>	<p>So many things going on and so little room on the calendar! Please look for the complete listing on activities on our Share App, Channel 104 on Senior TV and on the Daily Schedule.</p>	<p>"The world's favorite season is the spring. All things seem possible in May." - Edwin Way Teale"</p>	<p>"May is the month of promise and the sweet beginnings of summer." - Unknown</p>	<p>"May is a bridge between winter and summer." - Terri Guillemets</p>	<p><b>1</b></p> <ul style="list-style-type: none"> <li><b>TH</b> 9:00 Stand and Balance w/ David</li> <li><b>TH</b> 9:45 <b>Sit and Be Fit with Jason</b></li> <li><b>TH</b> 10:30 Spiritual Wellness</li> <li><b>TH</b> 1:30 <b>Activity Chat</b></li> <li>3:00 Errand Run</li> <li><b>B</b> 3:00 <b>George-ous at 102 Party!</b></li> <li><b>B</b> 6:40 Padres vs. White Sox</li> <li><b>SR</b> 7:00 Movie</li> </ul>	<p><b>2</b></p> <ul style="list-style-type: none"> <li><b>TH</b> 9:00 Saturday Stretch w/ Jason</li> <li><b>JK</b> 11:00 <b>Memory Lane Meal</b></li> <li><b>TH</b> 1:30 BINGO</li> <li><b>B</b> 3:00 <b>Kentucky Derby: Run for the Roses</b></li> <li>3:45 Mass at St. John's the Evangelist</li> <li><b>B</b> 5:40 Padres vs. White Sox</li> <li><b>SR</b> 7:00 Movie</li> </ul>
<p><b>3</b></p> <ul style="list-style-type: none"> <li><b>C</b> 9:30 Catholic Mass (St. Monica's)</li> <li><b>SR</b> 9:30 Presbyterian Service</li> <li>9:45 Worship at SB Pres Church</li> <li><b>TH</b> 10:30 Catholic Mass (Canada)</li> <li><b>B</b> 1:10 Faithful Friars Club</li> <li><b>PS</b> 1:30 <b>Wave Warriors aka Pool Time!</b></li> <li><b>TH</b> 3:00 Jeopardy with Deb!</li> <li><b>SR</b> 7:00 Movie</li> </ul>	<p><b>4</b></p> <ul style="list-style-type: none"> <li><b>TH</b> 9:30 Yoga Stretches w/ David</li> <li><b>TH</b> 10:30 Stand and Stretch w/ Jason</li> <li><b>TH</b> 1:30 <b>Music: Surf Music</b></li> <li><b>B</b> 3:00 <b>Double Take: Janet and Nathan</b></li> <li><b>SR</b> 7:00 Movie</li> </ul>	<p><b>5</b></p> <p><b>CINCO de MAYO</b></p> <ul style="list-style-type: none"> <li><b>TF</b> 9:00 Holy Communion Service</li> <li><b>TH</b> 9:30 Hand Weights w/ David</li> <li><b>TH</b> 10:15 <b>Yoga with Erica</b></li> <li><b>GR</b> 10:30 Yeoh at the Piano</li> <li><b>TH</b> 1:30 BINGO</li> <li><b>B</b> 3:00 <b>Guac 'n' Roll &amp; Margarita Soul</b></li> <li>3:00 Walk in the Park</li> <li><b>SR</b> 7:00 Movie</li> </ul>	<p><b>6</b></p> <ul style="list-style-type: none"> <li><b>TH</b> 9:30 Balance &amp; Mobility w/ David</li> <li><b>TH</b> 10:30 Cardio w/ Jason</li> <li>11:30 <b>Firenze Trattoria</b></li> <li><b>B</b> 12:30 <b>MOM-unmental Pop-Up Shop</b></li> <li><b>PS</b> 1:30 <b>Aquafitness with Eva</b></li> <li><b>TH</b> 1:30 Rummikub</li> <li>1:30 Shopping</li> <li><b>B</b> 3:00 <b>Sounds of Celeste</b></li> <li><b>SR</b> 7:00 Movie</li> </ul>	<p><b>7</b></p> <ul style="list-style-type: none"> <li><b>TH</b> 9:30 Cardio w/ David</li> <li><b>TF</b> 10:00 Holy Communion Service</li> <li><b>TH</b> 10:30 Balance &amp; Mobility w/ Jason</li> <li><b>TH</b> 1:30 BINGO</li> <li><b>TH</b> 2:30 <b>LLUniv: Mindful Breath: Gateway to the Body's Wisdom</b></li> <li><b>B</b> 3:00 <b>Happy Hour with Music Station</b></li> <li><b>TH</b> 4:00 Tech Guru</li> <li><b>SR</b> 7:00 Movie</li> </ul>	<p><b>8</b></p> <ul style="list-style-type: none"> <li><b>TH</b> 9:00 Stand and Balance w/ David</li> <li><b>TH</b> 9:45 <b>Sit and Be Fit with Jason</b></li> <li><b>TH</b> 10:30 Spiritual Wellness</li> <li><b>TH</b> 1:30 <b>American Literary Hero: Mark Twain</b></li> <li>3:00 Errand Run</li> <li><b>B</b> 6:40 Padres vs. Cardinals</li> <li><b>SR</b> 7:00 Movie</li> </ul>	<p><b>9</b></p> <ul style="list-style-type: none"> <li><b>TH</b> 9:00 Saturday Stretch w/ Jason</li> <li><b>JK</b> 11:00 <b>Memory Lane Meal</b></li> <li><b>TH</b> 1:30 BINGO</li> <li>3:45 Mass at St. John's the Evangelist</li> <li><b>B</b> 4:15 <b>Padres vs. Cardinals</b></li> <li><b>SR</b> 7:00 Movie</li> </ul>
<p><b>10</b></p> <ul style="list-style-type: none"> <li><b>C</b> 9:30 Catholic Mass</li> <li><b>SR</b> 9:30 Presbyterian Service</li> <li>9:45 Worship at SB Pres</li> <li><b>GR</b> 10:45 <b>MOM-osa Bar</b></li> <li><b>JK</b> 11:00 <b>I LOVE YOU A BRUNCH MOM!</b></li> <li><b>GR</b> 12:00 <b>The Matriarch's Garden</b></li> <li><b>GR</b> 12:30 <b>Bloom and Buttercream Bar</b></li> <li><b>GR</b> 1:30 <b>Vincent Plays the Classics</b></li> <li><b>TH</b> 3:00 Jeopardy with Deb!</li> </ul>	<p><b>11</b></p> <ul style="list-style-type: none"> <li><b>TH</b> 9:30 Yoga Stretches w/ David</li> <li><b>TH</b> 10:30 Stand and Stretch w/ Jason</li> <li><b>TH</b> 1:30 <b>Music: Hans Zimmer</b></li> <li><b>TH</b> 3:00 <b>Art: Hummingbird Watercolor</b></li> <li><b>SR</b> 7:00 Movie</li> </ul>	<p><b>12</b></p> <ul style="list-style-type: none"> <li><b>TF</b> 9:00 Holy Communion Service</li> <li><b>TH</b> 9:30 Hand Weights w/ David</li> <li><b>TH</b> 10:15 <b>Yoga with Erica</b></li> <li><b>GR</b> 10:30 Yeoh at the Piano</li> <li><b>TH</b> 1:30 BINGO</li> <li><b>TH</b> 2:30 <b>Meaning of Life with Rabbi Ian</b></li> <li>3:00 Walk in the Park</li> <li><b>SR</b> 7:00 Movie</li> </ul>	<p><b>13</b></p> <ul style="list-style-type: none"> <li><b>TH</b> 9:30 Balance &amp; Mobility w/ David</li> <li><b>TH</b> 10:30 Cardio w/ Jason</li> <li>10:45 <b>Movie: Devil Wears Prada 2</b></li> <li><b>PS</b> 1:30 <b>Aquafitness with Eva</b></li> <li><b>TH</b> 1:30 Rummikub</li> <li>1:30 Shopping</li> <li><b>TH</b> 3:15 <b>Travelogue: The Life and Times of Queen Elizabeth II</b></li> <li><b>SR</b> 7:00 Movie</li> </ul>	<p><b>14</b></p> <ul style="list-style-type: none"> <li><b>TH</b> 9:30 Cardio w/ David</li> <li><b>TF</b> 10:00 Holy Communion Service</li> <li><b>TH</b> 10:30 Balance &amp; Mobility w/ Jason</li> <li><b>TH</b> 1:30 BINGO</li> <li><b>B</b> 3:00 <b>Happy Hour with Vincent</b></li> <li><b>TH</b> 4:00 Tech Guru</li> <li><b>SR</b> 7:00 Movie</li> </ul>	<p><b>15</b></p> <ul style="list-style-type: none"> <li><b>TH</b> 9:00 Stand and Balance w/ David</li> <li><b>TH</b> 9:45 <b>Sit and Be Fit with Jason</b></li> <li><b>TH</b> 10:30 Spiritual Wellness</li> <li><b>TH</b> 1:30 <b>American Literary Hero: Henry David Thoreau</b></li> <li>3:00 Errand Run</li> <li><b>B</b> 6:40 Padres vs. Mariners</li> <li><b>SR</b> 7:00 Movie</li> </ul>	<p><b>16</b></p> <ul style="list-style-type: none"> <li><b>TH</b> 9:00 Saturday Stretch w/ Jason</li> <li><b>JK</b> 11:00 <b>Memory Lane Meal</b></li> <li><b>TH</b> 1:30 BINGO</li> <li><b>TH</b> 2:30 <b>VFW Day of Service Presents</b></li> <li>3:45 Mass at St. John's the Evangelist</li> <li><b>B</b> 4:15 Padres vs. Mariners</li> <li><b>SR</b> 7:00 Movie</li> </ul>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>17</b></p> <p><b>C</b> 9:30 Catholic Mass <b>SR</b> 9:30 Presbyterian Service 9:45 Worship at SB Pres Church <b>B</b> 1:10 Faithful Friars Club <b>PS</b> 1:30 <b>Wave Warriors aka Pool Time!</b> <b>GR</b> 2:30 <b>Dance Co. Presents: On the Road!</b> <b>TH</b> 3:00 Jeopardy with Deb! <b>SR</b> 7:00 Movie</p>	<p><b>18</b></p> <p><b>TH</b> 9:30 Yoga Stretches w/ David <b>TH</b> 10:30 Stand and Stretch w/ Jason <b>TH</b> 1:30 <b>Music: The Piano Sonata</b> 3:00 <b>Walk in the Park</b> <b>SR</b> 7:00 Movie</p>	<p><b>19</b></p> <p><b>TF</b> 9:00 Holy Communion Service <b>TH</b> 9:30 Hand Weights w/ David <b>TH</b> 10:15 <b>Yoga with Erica</b> <b>GR</b> 10:30 Yeoh at the Piano <b>TH</b> 1:30 BINGO <b>C</b> 2:00 <b>LLUniv: A Good Heart is the Best Religion: Lessons from the Dalai Lama</b> <b>C</b> 3:45 <b>Rosary Warriors</b> <b>SR</b> 7:00 Movie</p>	<p><b>20</b></p> <p><b>TH</b> 9:30 Balance &amp; Mobility w/ David <b>TH</b> 10:30 Cardio w/ Jason 12:00 <b>Viewpoint Brewing Company</b> <b>PS</b> 1:30 <b>Aquafitness with Eva</b> <b>TH</b> 1:30 Rummikub 1:30 Shopping <b>TH</b> 3:00 <b>Resident Meeting</b> <b>SR</b> 7:00 Movie</p>	<p><b>21</b></p> <p><b>Fire Evacuation Day</b> <b>TH</b> 9:30 Cardio w/ David <b>TF</b> 10:00 Holy Communion Service <b>TH</b> 10:30 Balance &amp; Mobility w/ Jason <b>TH</b> 1:30 BINGO <b>B</b> 3:00 <b>Happy Hour with AI</b> <b>TH</b> 4:00 Tech Guru <b>SR</b> 7:00 Movie</p>	<p><b>22</b></p> <p><b>TH</b> 9:00 Stand and Balance w/ David <b>TH</b> 9:45 <b>Sit and Be Fit with Jason</b> <b>TH</b> 10:30 Spiritual Wellness 1:30 Errand Run <b>TH</b> 3:00 <b>Poetry &amp; Tea with Nancie</b> <b>B</b> 6:40 Padres vs. Athletics <b>SR</b> 7:00 Movie</p>	<p><b>23</b></p> <p><b>TH</b> 9:00 Saturday Stretch w/ Jason <b>JK</b> 11:00 <b>Memory Lane Meal</b> <b>TH</b> 1:30 BINGO 3:45 Mass at St. John's the Evangelist <b>B</b> 6:40 Padres vs. Athletics <b>SR</b> 7:00 Movie</p>
<p><b>24</b></p> <p><b>C</b> 9:30 Catholic Mass (St. Monica's) <b>SR</b> 9:30 Presbyterian Service 9:45 Worship at SB Pres Church <b>TH</b> 10:30 Catholic Mass (Canada) <b>B</b> 1:10 Faithful Friars Club <b>PS</b> 1:30 <b>Wave Warriors aka Pool Time!</b> <b>TH</b> 3:00 Jeopardy with Deb! <b>SR</b> 7:00 Movie</p>	<p><b>25</b> <b>Memorial Day</b></p> <p><b>TH</b> 9:30 Yoga Stretches w/ David <b>TH</b> 10:30 Stand and Stretch w/ Jason <b>JK</b> 11:00 <b>Red, White and Blue BBQ</b> <b>TH</b> 1:30 <b>Music: Overtures from the Classical World</b> <b>TH</b> 3:00 <b>Jewelry Making: Summer Bangles</b> <b>SR</b> 7:00 Movie</p>	<p><b>26</b></p> <p><b>TF</b> 9:00 Holy Communion Service <b>TH</b> 9:30 Hand Weights w/ David <b>TH</b> 10:15 <b>Yoga with Erica</b> <b>GR</b> 10:30 Yeoh at the Piano <b>TH</b> 1:30 BINGO <b>BR</b> 2:30 <b>Rack &amp; Roll with Rose</b> 3:00 <b>Walk in the Park</b> <b>SR</b> 7:00 Movie</p>	<p><b>27</b></p> <p><b>TH</b> 9:30 Balance &amp; Mobility w/ David <b>TH</b> 10:30 Cardio w/ Jason 11:00 <b>King's Fish House</b> <b>PS</b> 1:30 <b>Aquafitness with Eva</b> <b>TH</b> 1:30 Rummikub 1:30 Shopping <b>TH</b> 3:00 <b>Chat with Wes</b> <b>SR</b> 7:00 Movie</p>	<p><b>28</b></p> <p><b>TH</b> 9:30 Cardio w/ David <b>TF</b> 10:00 Holy Communion Service <b>TH</b> 10:30 Balance &amp; Mobility w/ Jason <b>TH</b> 1:30 BINGO <b>TH</b> 2:30 <b>Chef and Nataly Chat</b> <b>GR</b> 3:00 <b>Happy Hour Peter Seltser</b> <b>TH</b> 4:00 Tech Guru <b>GR</b> 6:30 <b>Lanterns &amp; Laughter</b> <b>SR</b> 7:00 Movie</p>	<p><b>29</b></p> <p><b>TH</b> 9:00 Stand and Balance w/ David <b>TH</b> 9:45 <b>Sit and Be Fit with Jason</b> <b>TH</b> 10:30 Spiritual Wellness 3:00 Errand Run <b>JK</b> 4:30 <b>May Birthday Dinner</b> <b>B</b> 6:45 Padres vs. Nationals <b>SR</b> 7:00 Movie</p>	<p><b>30</b></p> <p><b>TH</b> 9:00 Saturday Stretch w/ Jason <b>JK</b> 11:00 <b>Memory Lane Meal</b> <b>TH</b> 1:30 BINGO 3:45 Mass at St. John's the Evangelist <b>B</b> 4:05 Padres vs. Nationals <b>SR</b> 7:00 Movie</p>
<p><b>31</b></p> <p><b>C</b> 9:30 Catholic Mass (St. Monica's) <b>SR</b> 9:30 Presbyterian Service 9:45 Worship at SB Pres Church <b>TH</b> 10:30 Catholic Mass (Canada) <b>B</b> 1:10 Faithful Friars Club <b>PS</b> 1:30 <b>Wave Warriors aka Pool Time!</b> <b>TH</b> 3:00 Jeopardy with Deb! <b>SR</b> 7:00 Movie</p>	<p>"May, queen of blossoms, and fulfilling flowers, what pretty music shall we charm the hours?" - Lord Edward Thurlow</p>	<p>"May is a month of rebirth, of renewed vitality and energy." - Lailah Gifty Akita</p>	<p>"May is the perfect time to take a breath of fresh air and enjoy the beauty of spring." - Debasish Mridha</p>	<p>"O, the month of May, the merry month of May. So frolic, so gay, and so green, so green, so green!" - Thomas D'Urfey</p>	<p>"May is the month of expectation, the month of wishes, the month of hope." - Emily Brontë</p>	<p>"Where flowers bloom so does hope." — Lady Bird Johnson</p>