

MAY 2026

BVCB May 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:30 Sit and Be Fit Town Hall 2nd Floor 10:30 America At A Crossroads showing: Legal analyst Elie Honig; New American Legal Reality: Power, Precedent and the Road Ahead Theater 3rd Floor	2 10:00 Yoga with Jenny -Town Hall 11:00 Music Appreciation with Dr Freilich: Haydn Symphony # 102 & 103 Theater 3rd Floor 1:30 Balance Class on the Weekend! Town Hall 2nd Floor
3 10:30 Funtastic Fitness Town Hall 2nd Floor 1:00 Meditation Session - YouTube On the screen Theater 1:30 Balance Class on the Weekend! Town Hall 2nd Floor	4 9:30 Sit and Be Fit Town Hall 2nd Floor 10:00 Jewelry Class Town Hall 2nd floor 1:30 Balance Class Town Hall 2nd Floor 2:00 Jeopardy TOWN HALL 2ND FLOOR	5 9:30 Holy Communion Sports Area 3rd Floor! 9:30 Sit and Be Fit Town Hall 2nd Floor 10:00 Docuseries: Showing: ' FDR' Season 1 This epic portrait of FDR. (AMAZON) 1:30 Balance Class Town Hall	6 9:30 Sit and Be Fit Town Hall 2nd Floor 12:00 AL Outing! Devil Wears Prada 2! SIGN UP REQUIRED!!RSVP CONCIERGE! 1:00 Music Appreciation with Dr. Freilich: Mozart Symphony	7 9:30 Sit and Be Fit Town Hall 2nd Floor 11:00 Creative Writing! Town Hall 2nd Floor 1:30 Balance Class NOTE LOCATION GYM!!! 2:00 Brain Games with Ava in the Bistro!	8 9:30 Sit and Be Fit Town Hall 2nd Floor 10:30 America At A Crossroads Theater 3rd Floor 11:00 Rubber Block Printmaking Town Hall 11:30 VIEWPOINT SCHOOL LUNCHTIME	9 11:00 Music Appreciation with Dr Freilich: Mozart Symphony # 35 & 38 Theater 3rd Floor 1:30 Balance Class on the Weekend! Town Hall 2nd Floor 2:00 Movie Matinee: Showing 'A Perfect World' A Kidnapped
10 10:30 Funtastic Fitness Town Hall 2nd Floor 11:00 Mother's Day Brunch with background guitarist Angelo Metz!(In the restaurant) Music starts at 11:30 1:00 Meditation Session - YouTube On the screen Theater	11 9:30 Sit and Be Fit Town Hall 2nd Floor 10:30 Belmont Speaker Series Presents: Wendy Van Norden: The cultural, and economic symbolism of olives and olive oil - complete with an OLIVE	12 9:30 Holy Communion Sports Area 3rd Floor! 9:30 Sit and Be Fit NOTE LOCATION GREAT ROOM! 10:00 Ted Talk Theater 3rd Floor 1:30 Balance Class NOTE LOCATION GYM!! 2:00 Bingo in the Bistro with	13 9:30 Sit and Be Fit Town Hall 2nd Floor 10:30 Adventures with Doug! Theater 3rd Floor 11:00 AL Outing to ! Sign up at Concierge! 1:00 Music Appreciation with Dr. Freilich: Mozart Symphony	14 9:30 Sit and Be Fit Town all 2nd Floor 10:30 Modern Takes on Ancient Texts with Rabbi Ira Theater 3rd Floor 1:30 Balance Class Town Hall 2nd Floor 2:00 Book Club!! TOWN HALL	15 9:30 Sit and Be Fit Town Hall 2nd Floor 10:30 America At A Crossroads Theater 3rd Floor 11:00 Glass Art Class Town Hall 2nd Fl. 2:00 Movie Matinee: Showing: 'Allied' When	16 11:00 Music Appreciation with Dr Freilich: Mozart Symphony # 41 Theater 3rd Floor 1:30 Balance Class on the Weekend! Town Hall 2nd Floor 2:00 Movie Matinee: Showing: ' (AMAZON) Theater 3rd
17 10:30 Funtastic Fitness Town Hall 2nd Floor 1:00 Meditation Session - YouTube On the screen Theater 1:30 Balance Class on the Weekend! Town Hall 2nd Floor	18 9:30 Sit and Be Fit Town Hall 2nd Floor 9:30 Sit and Be Fit Town Hall 2nd Floor 10:00 Jewelry Class Town Hall 2nd Floor 1:30 Balance Class Town Hall 2nd Floor	19 9:30 Holy Communion Sports Area 3rd Floor! 9:30 Sit and Be Fit NOTE LOCATION* GREAT ROOM!! 10:30 TALKING SPACE Town HALL 2nd Floor 1:30 Balance Class Town Hall NOTE LOCATION GYM!!	20 9:30 Sit and Be Fit Town Hall 2nd Floor 11:00 Butterfly Boutique 1:00 Music Appreciation with Dr. Freilich: Beethoven Symphony # 1 and #2 Theater 3rd Floor 1:30 Exercise with Annette!	21 9:30 Sit and Be Fit NOTE LOCATION GREAT ROOM! 10:30 Savvy Singers Choir Performance! Great Room 11:30 AL Outing FOR TODAY To The Stand!! Depart at 11:30AM RSVP CONCIERGE	22 9:30 Sit and Be Fit Town Hall 2nd Floor 10:30 America At A Crossroads Theater 3rd Floor 11:00 Watercolor Painting Town Hall 2nd Floor 2:00 Movie Matinee: Showing: ' (AMAZON) Theater 3rd	23 10:00 Yoga with Jenny -Town Hall 11:00 Music Appreciation with Dr Freilich: Beethoven Symphony # 3 & 5 Theater 3rd Floor 1:30 Balance Class on the Weekend! Town Hall 2nd Floor
24 10:30 Funtastic Fitness Town Hall 2nd Floor 1:00 Meditation Session - YouTube On the screen Theater 1:30 Art with Elizabeth! Town Hall 2nd Floor 1:30 Balance Class on the	25 Memorial Day 9:30 Sit and Be Fit Town Hall 2nd Floor 1:30 Balance Class Town Hall 2nd Floor 2:00 Movie Matinee: Showing: ' (AMAZON) Theater 3rd Floor 2:30 Memorial Day Performance	26 9:30 Holy Communion Sports Area 3rd Floor! 9:30 Sit and Be Fit Town Hall 2nd Floor 10:30 Belmont Speaker Series Presents: Bob Bekian, speaking on 'Hollywood's Greatest Love Stories'	27 9:30 Sit and Be Fit Town Hall 2nd Floor 12:00 AL Outing! Devil Wears Prada 2! SIGN UP REQUIRED!!RSVP CONCIERGE! 1:00 Music Appreciation with Dr. Freilich: Beethoven 6 & 7'	28 9:30 Sit and Be Fit Town Hall 2nd Floor 10:30 Modern Takes on Ancient Texts with Rabbi Ira Theater 3rd Floor 11:00 Creative Writing Town Hall 2nd Floor 1:30 Balance Class Town Hall	29 9:30 Sit and Be Fit Town Hall 2nd Floor 10:30 America At A Crossroads Theater 3rd Floor 2:00 Movie Matinee: Showing: ' (AMAZON) Theater 3rd Floor 3:00 Shabbat Services Town	30 10:00 Yoga with Jenny -Town Hall 11:00 Music Appreciation with Dr Freilich: Beethoven Symphony #9 Theater 3rd Floor 1:30 Balance Class on the Weekend! Town Hall 2nd Floor
31 9:30 Sit and Be Fit Town Hall 2nd Floor 10:30 Funtastic Fitness Town Hall 2nd Floor 1:00 Meditation Session - YouTube On the screen Theater 1:30 Balance Class on the						

Activities subject to change