

MAY 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<p>1</p> <p>TH 10:00 Exercise: Gentle Core Flow</p> <p>L 10:15 Shabbat Service with Rabbi Sandra</p> <p>TH 1:15 Afternoon Matinee: "The Greatest Showman"</p> <p>B 3:15 Happy Hour: Mocktails & Trivia</p> <p>TH 5:30 Movie Night: "Phantom Thread"</p>	<p>2</p> <p>TH 10:00 Exercise with Anu</p> <p>TH 10:30 Daily Chronicle with Anu</p> <p>TH 2:00 Bingo</p> <p>CL 3:00 Marketplace</p> <p>TH 5:30 Movie Night: "Barb and Star Go to Vista Del Mar"</p>
<p>3</p> <p>TH 9:30 Catholic Mass (Channel 7 on TV)</p> <p>TH 10:00 Morning Exercise with Melody</p> <p>TH 10:30 Daily Chronicle</p> <p>JK 2:00 Musical Performance by Vince Micari Duo</p> <p>TH 5:30 Movie Night: "Seabiscuit"</p>	<p>4</p> <p>TH 10:00 Exercise: Steady & Strong</p> <p>TH 10:30 Morning Mingle</p> <p>L 1:00 Christian Music Ministry Program with George Nicholson</p> <p>L 1:00 Parkinson's Exercise</p> <p>L 1:00 Shopping: Jewel, Walgreens, Bank (Sign Up)</p> <p>TH 1:30 National Geographic Documentary & Discussion: "Enter the Planet of the Birds"</p>	<p>5</p> <p>Cinco De Mayo</p> <p>L 9:30 Holy Communion</p> <p>TH 10:00 Exercise: Boogie & Burn Zumba</p> <p>TH 10:30 Morning Mingle</p> <p>TH 1:30 "Blooming Together with St. Mary's Fourth Graders"</p> <p>TH 3:00 "News & Views" with Author & Professor, Gary Midkiff</p> <p>GR 6:00 Games: Resident's Choice</p>	<p>6</p> <p>SP 9:30 Indian Trails Library Visits</p> <p>TH 10:00 Exercise: Midweek Tai Chi Tranquility</p> <p>TH 10:30 Morning Mingle</p> <p>TH 11:15 Outing: Casa Bonita in Libertyville</p> <p>L 1:00 Memoir Writing Class with Author, Erica Weisz</p> <p>GR 1:00 Walker/Wheelchair Repair Clinic</p> <p>JK 2:30 Wine & Cheese with Musical Performance with Soundz of Time</p>	<p>7</p> <p>TH 10:00 Exercise: Power Moves Boot Camp</p> <p>TH 10:30 Morning Mingle</p> <p>JK 1:30 Mother's Day Afternoon Tea With a Special Portrayal of Julia Child, Performed by Lynn Rymarz.</p> <p>SP 3:00 Group Game: Rummikub</p> <p>GR 6:30 Games: Resident's Choice</p>	<p>8</p> <p>TH 10:00 Exercise: Gentle Core Flow</p> <p>TH 10:30 Morning Mingle</p> <p>GR 1:30 Music Appreciation with Jim Kendros: "Those Romantic Romantics"</p> <p>B 3:15 Happy Hour: Mocktails & Trivia</p> <p>TH 5:30 Movie Night: "Robin Hood: Prince of Thieves"</p>	<p>9</p> <p>TH 10:00 Exercise with Keenen</p> <p>TH 10:30 Morning Mingle with Keenen</p> <p>TH 2:00 Bingo</p> <p>CL 3:00 Marketplace</p> <p>TH 5:30 Movie Night: "The Post"</p>
<p>10</p> <p>TH 9:30 Catholic Mass (Channel 7 on TV)</p> <p>TH 10:00 Exercise with Christine</p> <p>TH 10:30 Daily Chronicle</p> <p>JK 2:00 Musical Performance by Jeff Rutter</p> <p>TH 5:30 Movie Night: "Seabiscuit"</p>	<p>11</p> <p>TH 10:00 Exercise: Steady & Strong</p> <p>TH 10:30 Morning Mingle</p> <p>L 1:00 Parkinson's Exercise</p> <p>L 1:00 Shopping: Jewel, Walgreens, Bank (Sign Up)</p> <p>TH 1:30 Painting Class with Susie Speck: "Lovely Lilacs"</p> <p>TH 3:15 Game: Pokeno</p> <p>TH 5:30 Movie Night: "Bewitched"</p>	<p>12</p> <p>L 9:30 Holy Communion</p> <p>TH 10:00 Exercise: Boogie & Burn Zumba</p> <p>TH 10:30 Morning Mingle</p> <p>TH 1:30 "Finish the Limerick" Game</p> <p>TH 3:00 Springtime Jeopardy</p> <p>GR 6:00 Games: Resident's Choice</p>	<p>13</p> <p>TH 10:00 Exercise: Midweek Tai Chi Tranquility</p> <p>TH 10:30 Morning Mingle</p> <p>TH 11:15 Outing: Moretti's in Wheeling</p> <p>L 1:00 Memoir Writing Class with Author, Erica Weisz</p> <p>JK 2:30 Wine & Cheese with Musical Performance with Matt & Cynthia Gruel</p> <p>TH 5:30 Movie Night: "The Pelican Brief"</p>	<p>14</p> <p>TH 10:00 Exercise: Power Moves Boot Camp</p> <p>TH 10:30 Morning Mingle</p> <p>TH 1:30 Choco-licious Demo & Tasting by "Morkes Chocolates"</p> <p>TH 3:00 May Day BroomStick & Score Chair Hockey!</p> <p>GR 6:30 Games: Resident's Choice</p>	<p>15</p> <p>TH 10:00 Exercise: Gentle Core Flow</p> <p>L 10:15 Shabbat Service with Rabbi Sandra</p> <p>TH 1:00 Afternoon Matinee: "Hamnet"</p> <p>B 3:15 Happy Hour: Mocktails & Trivia</p> <p>TH 5:30 Movie Night: "Robin Hood: Prince of Thieves"</p>	<p>16</p> <p>TH 10:00 Exercise with Keenen</p> <p>TH 10:30 Morning Mingle with Keenen</p> <p>TH 2:00 Bingo</p> <p>CL 3:00 Marketplace</p> <p>TH 5:30 Movie Night: "Stepford Wives"</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>17</p> <p>9:30 Catholic Mass (Channel 7 on TV)</p> <p>TH 10:00 Exercise with Christine</p> <p>TH 10:30 Daily Chronicle</p> <p>JK 2:00 Musical Performance by Abigail Riccards</p> <p>TH 5:30 Movie Night: "Spies Like Us"</p>	<p>18</p> <p>TH 10:00 Exercise: Steady & Strong</p> <p>TH 10:30 Health Talk with Paxxon: "Stroke Prevention"</p> <p>L 1:00 Parkinson's Exercise</p> <p>1:00 Shopping: Jewel, Walgreens, Bank (Sign Up)</p> <p>TH 1:30 "Have a Coke and a Smile"</p> <p>L 1:30 Rabbi James Gordon Presents: "Everything you Ever Wanted to</p>	<p>19</p> <p>L 9:30 Holy Communion</p> <p>TH 10:00 Exercise: Boogie & Burn Zumba</p> <p>TH 10:30 Morning Mingle</p> <p>TH 1:30 Film Discussion with Lee Shoqist: Hamnet</p> <p>L 3:15 Black Jack</p> <p>GR 6:00 Games: Resident's Choice</p>	<p>20</p> <p>TH 10:00 Exercise: Midweek Tai Chi Tranquility</p> <p>TH 10:30 Morning Mingle</p> <p>12:30 Movie Theater Outing: Devil Wears Prada 2</p> <p>L 1:00 Memoir Writing Class with Author, Erica Weisz</p> <p>JK 2:30 Wine & Cheese with Musical Performance with Liz Goss</p> <p>TH 5:30 Movie Night: "Queen Bees"</p>	<p>21</p> <p>TH 10:00 Exercise: Power Moves Boot Camp</p> <p>TH 10:30 Morning Mingle</p> <p>TH 1:30 "Garden of Colors Silk Scarf Crafting"</p> <p>TH 3:00 Earth Month Documentary & Discussion: Secrets of the Bees</p> <p>GR 6:30 Games: Resident's Choice</p>	<p>22</p> <p>TH 10:00 Exercise: Gentle Core Flow</p> <p>TH 10:30 Morning Mingle</p> <p>TH 1:00 Afternoon Matinee: "Finding Your Feet"</p> <p>B 3:15 Happy Hour: Mocktails & Trivia</p> <p>TH 5:30 Movie Night: "Red Notice"</p>	<p>23</p> <p>TH 10:00 Exercise with Keenen</p> <p>TH 10:30 Morning Mingle with Keenen</p> <p>TH 2:00 Bingo</p> <p>CL 3:00 Marketplace</p> <p>TH 5:30 Movie Night: "The Union"</p>
<p>24</p> <p>9:30 Catholic Mass (Channel 7 on TV)</p> <p>TH 10:00 Exercise with Christine</p> <p>TH 10:30 Daily Chronicle</p> <p>GR 2:00 Musical Performance by Violinist, Tony Kawalkowski</p> <p>TH 5:30 Documentary Movie Night: "Queen of Versailles"</p>	<p>25 Memorial Day</p> <p>TH 10:00 Exercise: Steady & Strong</p> <p>TH 10:30 Morning Mingle</p> <p>L 1:00 Parkinson's Exercise</p> <p>1:00 Shopping: Jewel, Walgreens, Bank (Sign Up)</p> <p>P 1:15 "We Remember Those Who Served" Trivia & Discussion</p> <p>GR 2:30 Patriotic Music Show with Deane and Layni Myers</p> <p>SP 3:30 Group Game:</p>	<p>26</p> <p>L 9:30 Holy Communion</p> <p>TH 10:00 Exercise: Boogie & Burn Zumba</p> <p>TH 10:30 Morning Mingle</p> <p>TH 1:45 Residents Council</p> <p>TH 2:00 Chat with the Chef</p> <p>TH 3:00 You Be The Judge : Court Case Discussion</p> <p>GR 6:00 Games: Resident's Choice</p>	<p>27</p> <p>9:30 Outing: Coffee & Book Browsing at Barnes and Noble</p> <p>TH 10:00 Exercise: Midweek Tai Chi Tranquility</p> <p>TH 10:30 Morning Mingle</p> <p>L 1:00 Memoir Writing Class with Author, Erica Weisz</p> <p>JK 2:30 Wine & Cheese with Musical Performance with John Adair</p> <p>TH 5:30 Movie Night: "Thelma"</p>	<p>28</p> <p>TH 10:00 Exercise: Power Moves Boot Camp</p> <p>TH 10:30 Morning Mingle</p> <p>TH 1:00 Afternoon Book Club Movie: "Remarkably Bright Creatures"</p> <p>1:30 Project with Paxxon (3rd Floor)</p> <p>TH 3:15 Book Club Discussion- "West With Giraffes" by Lynda Rutledge</p> <p>GR 6:30 Games: Resident's Choice</p>	<p>29</p> <p>TH 10:00 Exercise: Gentle Core Flow</p> <p>L 10:15 Shabbat Service with Rabbi Sandra</p> <p>TH 10:30 Morning Mingle</p> <p>JK 12:00 Monthly Birthday Lunch for May Birthdays</p> <p>TH 1:00 Afternoon Matinee Movie: "The Sheep Detective"</p> <p>B 3:15 Happy Hour: Mocktails & Trivia</p> <p>TH 5:30 Movie Night: "Blue Miracle"</p>	<p>30</p> <p>TH 10:00 Exercise with Keenen</p> <p>TH 10:30 Morning Mingle with Keenen</p> <p>TH 2:00 Bingo</p> <p>CL 3:00 Marketplace</p> <p>TH 5:30 Movie Night: "Far and Away"</p>
<p>31</p> <p>9:30 Catholic Mass (Channel 7 on TV)</p> <p>TH 10:00 Exercise with Christine</p> <p>TH 10:30 Daily Chronicle</p> <p>JK 2:00 Musical Variety Show Performance by Alex Talbott</p> <p>TH 5:30 Movie Night: "Almost Famous"</p>						