

APRIL 2026

April 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April Birthdays: Joe S. - 4/9 Winnie V. - 4/11 Harris K. - 4/13 Sharon P. - 4/19		Check the daily schedules for the most updated activity schedule!	1 B 10:15 Bistro Break Visit with neighbors and catch up on local and national news! TH 1:00 Health and Fitness Class Join HealthPro Heritage for this great exercise class! B 1:10 Houston Astros Watch Party H 2:00 Cranium Challenges GR 3:00 King of the Keys	2 CL 9:45 West U Walkers Walking Club Join us for a walk around the building! H 10:30 Thursday Morning Trivia Time CL 1:30 Weekly News Challenge Test Your Knowledge of Current Events and Good News Stories GR 3:00 Happy Hour with Live Entertainment!! TH 4:00 Perfect Pair Spring	3 CL 9:45 Chair Yoga B 10:15 Bistro Break TH 1:00 Health & Fitness Class 1:45 Group Outing RSVP with Concierge Target CF 2:00 Special Catholic Rosary Please bring your own rosaries if you have one Praying The Sorrowful Mysteries TH 4:30 Shabbat Service	4 TH 10:00 Strong and Flexible TH 10:30 Inspiring Lives by Life Changers Int'l Ministries 10:30 Mental Fitness Packets Available at Concierge desk TH 1:15 Prize Bingo 1:30 Shopping Trip Sign up with the Concierge Randall's CL 2:00 Saturday Trivia with Bellaire High
5 10:30 Mental Fitness Packets Available at Concierge desk JK 11:00 Easter Luncheon Ends at 1:00 PM TH 11:00 Sunday Stories Documentary Resident or Staff Choice TH 1:00 Sunday Catholic Mass Viewing B 2:00 Sunday Snacks and Easter Egg Hunt (both inside)	6 CL 9:45 Stretch & Strength B 10:15 Bistro Break CF 11:00 Sound Therapy and Meditation with Ashlee TH 1:00 Health & Fitness Class CL 2:00 Monday's Meaningful Trivia CL 3:00 Bible Stories with Jehovah's Witnesses led by Ava B 3:00 Flower Arranging	7 CL 9:45 West U Walkers Walking Club Join us for a walk around the building! H 10:30 Tuesday Trivia with Friends Join us for morning trivia and learn something new! CL 2:00 Tuesday Brain Games Trivia and More! TH 3:00 Tasting Tuesdays hosted by Brit Join	8 B 10:15 Bistro Break Visit with neighbors and catch up on local and national news! TH 1:00 Health and Fitness Class Join HealthPro Heritage for this great exercise class! H 2:00 Cranium Challenges B 2:10 Houston Astros Watch Party GR 3:00 King of the Keys	9 CL 9:45 West U Walkers Walking Club Join us for a walk around the building! H 10:30 Thursday Morning Trivia Time CL 1:30 Weekly News Challenge Test Your Knowledge of Current Events and Good News Stories GR 3:00 Happy Hour with Live Entertainment!! TH 6:00 Resident or Staff	10 TH 10:15 Art for All with Lisa! An engaging and innovative art class for seniors of all abilities. Participants will experience the joy of creating beautiful pieces of art. B 10:15 Bistro Break TH 1:00 Health & Fitness Class 1:45 Group Outing RSVP with	11 TH 10:00 Strong and Flexible 10:30 Mental Fitness Packets Available at Concierge desk TH 11:00 Danzactive Class with Paloma Great exercise set to the best music! TH 1:15 Prize Bingo CL 2:00 Saturday Trivia with Bellaire High School Students TH 2:15 Saturday Movie Matinee Downton
12 10:30 Mental Fitness Packets Available at Concierge desk TH 11:00 Sunday Stories Documentary Resident or Staff Choice TH 1:00 Sunday Catholic Mass Viewing B 2:00 Sunday Snacks GR 3:00 Sunday Music Matinee with Danette McMahon! B 3:10 Houston Astros	13 CL 9:45 Stretch & Strength B 10:15 Bistro Break CL 11:00 Bible Study with Pat TH 1:00 Health & Fitness Class CL 2:00 Monday's Meaningful Trivia CL 3:00 Bible Stories with Jehovah's Witnesses led by Ava B 3:00 Flower Arranging Project TH 6:00 Staff Pick Movie	14 CL 9:45 West U Walkers Walking Club Join us for a walk around the building! H 10:30 Tuesday Trivia with Friends Join us for morning trivia and learn something new! CL 2:00 Tuesday Brain Games Trivia and More! TH 2:30 Mister McKinney's Historical Houston	15 B 10:15 Bistro Break Visit with neighbors and catch up on local and national news! TH 1:00 Health and Fitness Class Join HealthPro Heritage for this great exercise class! GR 1:30 Faithful Paws Visit with our favorite pups! H 2:00 Cranium Challenges	16 CL 9:45 West U Walkers Walking Club Join us for a walk around the building! H 10:30 Thursday Morning Trivia Time CL 1:30 Weekly News Challenge Test Your Knowledge of Current Events and Good News Stories CL 2:00 Audiobook with Angie Current Selection "The Gift"	17 CL 9:45 Chair Yoga B 10:15 Bistro Break TH 1:00 Health & Fitness Class 1:45 Group Outing RSVP with Concierge Centennial Gardens CF 2:00 Catholic Communion TH 4:30 Shabbat Service TH 6:00 Friday Night Movie Resident or Staff Pick	18 TH 10:00 Strong and Flexible 10:30 Mental Fitness Packets Available at Concierge desk TH 1:15 Prize Bingo CL 2:00 Saturday Trivia with Bellaire High School Students TH 2:15 Saturday Movie Matinee The American President (1 hr 54 min) Widowed U.S. President Andrew

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<p>19</p> <p>10:30 Mental Fitness Packets Available at Concierge desk</p> <p>TH 11:00 Sunday Stories Documentary Resident or Staff Choice</p> <p>TH 1:00 Sunday Catholic Mass Viewing</p> <p>B 1:10 Houston Astros Watch Party</p> <p>B 2:00 Sunday Snacks</p> <p>TH 2:30 Spring Crafting with St. John's School</p>	<p>20</p> <p>CL 9:45 Stretch & Strength</p> <p>B 10:15 Bistro Break</p> <p>TH 1:00 Health & Fitness Class</p> <p>CL 2:00 Monday's Meaningful Trivia</p> <p>CL 3:00 Bible Stories with Jehovah's Witnesses led by Ava</p> <p>B 3:00 Flower Arranging Project</p> <p>TH 6:00 Staff Pick Movie Night</p>	<p>21</p> <p>CL 9:45 West U Walkers Walking Club Join us for a walk around the building!</p> <p>H 10:30 Tuesday Trivia with Friends Join us for morning trivia and learn something new!</p> <p>CL 2:00 Tuesday Brain Games Trivia and More!</p> <p>CL 3:00 Cocktail Hour</p> <p>TH 6:00 Tuesday Top Hit</p>	<p>22</p> <p>B 10:15 Bistro Break Visit with neighbors and catch up on local and national news!</p> <p>B 12:10 Houston Astros Watch Party</p> <p>TH 1:00 Health and Fitness Class Join HealthPro Heritage for this great exercise class!</p> <p>H 2:00 Cranium Challenges</p> <p>O 3:00 Earth Day</p>	<p>23</p> <p>CL 9:45 West U Walkers Walking Club Join us for a walk around the building!</p> <p>H 10:30 Thursday Morning Trivia Time</p> <p>CL 11:00 Audiobook with Angie Current Selection "The Gift of Years" by Joan Chittister Growing Older Gracefully</p> <p>CL 1:30 Weekly News Challenge Test</p>	<p>24</p> <p>CL 9:45 Chair Yoga</p> <p>B 10:15 Bistro Break</p> <p>JK 11:30 April Birthday Lunch celebration</p> <p>TH 1:00 Health & Fitness Class</p> <p>1:45 Group Outing RSVP with Concierge Discovery Green</p> <p>CF 2:00 Catholic Communion</p> <p>GR 2:30 Bob's Sing Along</p> <p>TH 4:30 Shabbat Service</p>	<p>25</p> <p>TH 10:00 Strong and Flexible</p> <p>10:30 Mental Fitness Packets Available at Concierge desk</p> <p>TH 1:15 Prize Bingo</p> <p>TH 2:15 Saturday Movie Matinee The Sting (2 hr 9 min) Two grifters team up to pull off the ultimate con.</p> <p>GR 4:00 Special Musical Performance from the Houston Youth</p>
<p>26</p> <p>10:30 Mental Fitness Packets Available at Concierge desk</p> <p>TH 11:00 Sunday Stories Documentary Resident or Staff Choice</p> <p>TH 1:00 Sunday Catholic Mass Viewing</p> <p>B 1:10 Houston Astros Watch Party</p> <p>B 2:00 Sunday Snacks</p> <p>B 6:00 Cards anyone? Bridge, Uno, Hearts</p>	<p>27</p> <p>CL 9:45 Stretch & Strength</p> <p>B 10:15 Bistro Break</p> <p>TH 1:00 Health & Fitness Class</p> <p>CL 2:00 Monday's Meaningful Trivia</p> <p>CL 3:00 Bible Stories with Jehovah's Witnesses led by Ava</p> <p>JK 3:00 Chat with Chef Jason</p> <p>B 3:45 Flower Arranging Project</p>	<p>28</p> <p>CL 9:45 West U Walkers Walking Club Join us for a walk around the building!</p> <p>H 10:30 Tuesday Trivia with Friends Join us for morning trivia and learn something new!</p> <p>CL 2:00 Tuesday Brain Games Trivia and More!</p> <p>TH 3:00 Resident Council Meeting</p>	<p>29</p> <p>B 10:15 Bistro Break Visit with neighbors and catch up on local and national news!</p> <p>TH 1:00 Health and Fitness Class Join HealthPro Heritage for this great exercise class!</p> <p>H 2:00 Cranium Challenges</p> <p>GR 3:00 King of the Keys Musical Performance</p>	<p>30</p> <p>CL 9:45 West U Walkers Walking Club Join us for a walk around the building!</p> <p>H 10:30 Thursday Morning Trivia Time</p> <p>B 11:35 Houston Astros Watch Party</p> <p>CL 1:30 Weekly News Challenge Test Your Knowledge of Current Events and Good News Stories</p> <p>CL 2:00 Audiobook with</p>	<p>April Birthdays continued: Liz B. - 4/20 Dave McS. - 4/20 Miriam L. - 4/23 Rosemarie C. - 4/27 Timothy C. - 4/30</p>	<p>Check the daily schedules for the most updated activity schedule!</p>