

# APRIL 2026

April Showers Bring May Flowers



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>AS</b> - Art Studio  <b>B</b> - Bistro  <b>CF</b> - Circle of Friends 3rd Floor  <b>FL</b> - Front Lobby  <b>GR</b> - Great Room  <b>JK</b> - Josephine's Kitchen  <b>L</b> - Library  <b>P</b> - Pool  <b>T</b> - Theatre  <b>TH</b> - Town Hall</p>	<p>The April birthstone is the diamond, which symbolizes everlasting love, strength, and invincibility. April's birth flowers are the daisy (representing purity and innocence) and the sweet pea (symbolizing blissful pleasure). Together, they represent the new beginnings and brightness of spring.</p>	<p>A "New" Month: Julius Caesar added the 30th day to April when he introduced the Julian calendar, as it previously had only 29 days.</p> <p>April Fish: In France and other regions, April 1st is called Poisson d'Avril, or "April Fish," where paper fish are secretly attached to people's backs.</p>	<p><b>1</b></p> <p><b>TH</b> 9:30 Stretch  <b>AS</b> 10:30 <b>Wordle!</b>  <b>TH</b> 2:00 Yoga with Heidi  <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b>  <b>L</b> 3:00 Belmont Bridge  <b>TH</b> 3:30 <b>Current Events w/Randy</b>  <b>TH</b> 5:00 <b>Passover and Seder Prayer</b>  <b>CF</b> 7:00 <b>Prayer Group Fellowship</b>  <b>T</b> 7:15 Daily Movie: Duck You Sucker - A Fistful of</p>	<p><b>2</b></p> <p><b>TH</b> 9:30 Cardio  <b>B</b> 1:00 Bistro Games  <b>TH</b> 2:00 Boot Camp  <b>AS</b> 3:00 <b>Movie Committee Meeting</b>  <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b>  <b>L</b> 3:00 Belmont Bridge  <b>GR</b> 4:00 <b>Music Lounge - P. Baskin</b>  <b>T</b> 7:15 Daily Movie: Hamnet</p>	<p><b>3</b></p> <p><b>TH</b> 9:30 Core &amp; Stability  <b>AS</b> 10:30 <b>Let's Talk Art - Frida Kahlo</b>  <b>GR</b> 1:00 <b>Good Friday Easter Event</b>  <b>B</b> 1:00 <b>Turtle Creek Tech</b>  <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b>  <b>TH</b> 3:30 <b>Bingo! Bingo! Bingo!</b>  <b>T</b> 5:00 <b>Friday Shabbat Service</b>  <b>T</b> 7:15 Daily Movie: Frankenstein</p>	<p><b>4</b></p> <p><b>P</b> 9:00 AquaFit w/ the YMCA  <b>FL</b> 10:00 <b>Kroger/Tom Thumb shuttle</b>  <b>AS</b> 10:30 Intro to Art: Watercolor  <b>B</b> 1:00 Bistro Games  <b>FL</b> 1:00 <b>Target - shuttle bus</b>  <b>TH</b> 2:00 <b>Cardio Drumming Class</b>  <b>FL</b> 2:00 <b>Whole Foods shuttle</b>  <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b>  <b>T</b> 7:15 Daily Movie: Roman Holiday</p>
<p><b>5</b></p> <p><b>T</b> 9:30 Highland Park UMC - online  <b>AS</b> 3:00 Sunday Bridge  <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b>  <b>T</b> 7:15 Daily Movie: Easter Parade</p>	<p><b>6</b></p> <p><b>TH</b> 9:30 Belmont Balance  <b>TH</b> 10:30 <b>Zumba Gold w/Francesca</b>  <b>T</b> 1:30 <b>Documentary - Our Planet - Jungles</b>  <b>TH</b> 2:00 Yoga with Heidi  <b>AS</b> 3:00 Monday Bridge  <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b>  <b>T</b> 7:15 Daily Movie: "Mamma Mia!"</p>	<p><b>7</b></p> <p><b>TH</b> 9:30 Muscle Matters  <b>L</b> 10:30 <b>Catholic Communion</b>  <b>FL</b> 10:30 <b>Morning Mile Club</b>  <b>B</b> 1:00 Bistro Games  <b>TH</b> 2:00 Boot Camp  <b>TH</b> 3:00 <b>Chef Chat!</b>  <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b>  <b>JK</b> 5:00 <b>Dinner music w/Giancarlo</b>  <b>T</b> 7:15 Daily Movie: "A Good Day to Die Hard"</p>	<p><b>8</b></p> <p><b>TH</b> 9:30 Stretch  <b>AS</b> 10:30 <b>Wordle!</b>  <b>TH</b> 2:00 Yoga with Heidi  <b>L</b> 3:00 Belmont Bridge  <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b>  <b>AS</b> 3:30 <b>Art Experience</b>  <b>TH</b> 4:00 <b>New Resident Orientation</b>  <b>CF</b> 7:00 <b>Prayer Group Fellowship</b>  <b>T</b> 7:15 Daily Movie: "Unforgiven"</p>	<p><b>9</b></p> <p><b>TH</b> 9:30 Cardio  <b>TH</b> 10:30 <b>Conversation Project</b>  <b>B</b> 1:00 Bistro Games  <b>TH</b> 2:00 Boot Camp  <b>L</b> 3:00 Belmont Bridge  <b>AS</b> 3:00 <b>Community Crosswords</b>  <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b>  <b>GR</b> 4:00 <b>Music Lounge - Washburn</b>  <b>FL</b> 5:15 <b>SCS - PF Chang's - RSVP</b>  <b>T</b> 7:15 Daily Movie: "Green"</p>	<p><b>10</b></p> <p><b>TH</b> 9:30 Core &amp; Stability  <b>TH</b> 10:30 <b>Big Beats Music/Movement</b>  <b>AS</b> 10:30 <b>Scategories</b>  <b>TH</b> 1:00 <b>Turtle Creek Tech</b>  <b>B</b> 2:00 Stretch with Heidi  <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b>  <b>TH</b> 3:30 <b>Bingo! Bingo! Bingo!</b>  <b>T</b> 5:00 <b>Friday Shabbat Service</b>  <b>T</b> 7:15 Daily Movie: "Crime 101"</p>	<p><b>11</b></p> <p><b>P</b> 9:00 AquaFit w/ the YMCA  <b>FL</b> 10:00 <b>Kroger/Tom Thumb shuttle</b>  <b>AS</b> 10:30 Intro to Art: Watercolor  <b>B</b> 1:00 Bistro Games  <b>FL</b> 1:00 <b>Target - shuttle bus</b>  <b>TH</b> 2:00 <b>Cardio Drumming Class</b>  <b>FL</b> 2:00 <b>Walmart Market Shuttle</b>  <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b>  <b>T</b> 7:15 Daily Movie: "It Happened One Night"</p>
<p><b>12</b></p> <p><b>T</b> 9:30 Highland Park UMC - online  <b>GR</b> 2:00 <b>Highland Park Presbyterian Church - Hymns</b>  <b>TH</b> 3:00 <b>Bingo with the YMSL</b>  <b>AS</b> 3:00 Sunday Bridge  <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b>  <b>T</b> 7:15 Daily Movie: "Something's Gotta Give"</p>	<p><b>13</b></p> <p><b>TH</b> 9:30 Belmont Balance  <b>TH</b> 10:30 <b>Zumba Gold w/Francesca</b>  <b>T</b> 1:00 <b>HPH Educational Series - Parkinson's Disease</b>  <b>TH</b> 2:00 Yoga with Heidi  <b>AS</b> 3:00 Monday Bridge  <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b>  <b>T</b> 7:15 Daily Movie: "Mamma Mia! 2"</p>	<p><b>14</b></p> <p><b>TH</b> 9:30 Muscle Matters  <b>L</b> 10:30 <b>Caregiver Support Group</b>  <b>FL</b> 10:30 <b>Morning Mile Club</b>  <b>B</b> 1:00 Bistro Games  <b>TH</b> 2:00 Boot Camp  <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b>  <b>TH</b> 3:30 <b>Resident Council Meeting</b>  <b>GR</b> 4:30 <b>Dinner Music w/Bill Woods</b>  <b>T</b> 7:15 Daily Movie: "Detective Knight: Rogue"</p>	<p><b>15</b></p> <p><b>TH</b> 9:30 Stretch  <b>AS</b> 10:30 <b>Wordle!</b>  <b>FL</b> 11:30 <b>Lunch Bunch - Pie Tap</b>  <b>TH</b> 2:00 Yoga with Heidi  <b>L</b> 3:00 Belmont Bridge  <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b>  <b>TH</b> 3:30 <b>Current Events w/Randy</b>  <b>CF</b> 7:00 <b>Prayer Group Fellowship</b>  <b>T</b> 7:15 Daily Movie: "The Magnificent Seven"</p>	<p><b>16</b></p> <p><b>TH</b> 9:30 Cardio  <b>B</b> 1:00 Bistro Games  <b>FL</b> 1:00 <b>Reunion Tower outing</b>  <b>TH</b> 2:00 Boot Camp  <b>L</b> 3:00 Belmont Bridge  <b>AS</b> 3:00 <b>Movie Committee Meeting</b>  <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b>  <b>GR</b> 4:00 <b>Music Lounge - Marty Ruiz</b>  <b>T</b> 7:15 Daily Movie: "Catch Me If You Can"</p>	<p><b>17</b></p> <p><b>TH</b> 9:30 Core &amp; Stability  <b>AS</b> 10:00 <b>Painting to Gogh - Acrylic</b>  <b>TH</b> 1:00 <b>Turtle Creek Tech</b>  <b>B</b> 2:00 Stretch with Heidi  <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b>  <b>TH</b> 3:30 <b>Bingo! Bingo! Bingo!</b>  <b>T</b> 5:00 <b>Friday Shabbat Service</b>  <b>T</b> 7:15 Daily Movie: "Mercy"</p>	<p><b>18</b></p> <p><b>P</b> 9:00 AquaFit w/ the YMCA  <b>FL</b> 10:00 <b>Kroger/Tom Thumb shuttle</b>  <b>AS</b> 10:30 Intro to Art: Watercolor  <b>B</b> 1:00 Bistro Games  <b>FL</b> 1:00 <b>Target - shuttle bus</b>  <b>TH</b> 2:00 <b>Cardio Drumming Class</b>  <b>FL</b> 2:00 <b>Whole Foods Shuttle</b>  <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b>  <b>T</b> 7:15 Daily Movie: "Apollo 13"</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>19</b> <b>T</b> 9:30 Highland Park UMC - online <b>AS</b> 3:00 Sunday Bridge <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b> <b>T</b> 7:15 Daily Movie: "Overboard"	<b>20</b> <b>TH</b> 9:30 Belmont Balance <b>TH</b> 10:30 <b>Zumba Gold w/Francesca</b> <b>T</b> 1:30 <b>Epic Explorations - Arizona</b> <b>TH</b> 2:00 Yoga with Heidi <b>AS</b> 3:00 Monday Bridge <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b> <b>T</b> 7:15 Daily Movie: "Seven Brides for Seven Brothers"	<b>21</b> <b>TH</b> 9:30 Muscle Matters <b>L</b> 10:30 <b>Catholic Communion</b> <b>FL</b> 10:30 <b>Morning Mile Club</b> <b>B</b> 1:00 Bistro Games <b>TH</b> 2:00 Boot Camp <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b> <b>T</b> 7:15 Daily Movie: "Don't Look Up"	<b>22</b> <b>TH</b> 9:30 Stretch <b>AS</b> 10:30 <b>Wordle!</b> <b>TH</b> 2:00 Yoga with Heidi <b>L</b> 3:00 Belmont Bridge <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b> <b>AS</b> 3:30 <b>Art Experience</b> <b>CF</b> 7:00 <b>Prayer Group Fellowship</b> <b>T</b> 7:15 Daily Movie: "Black Beauty"	<b>23</b> <b>TH</b> 9:30 Cardio <b>B</b> 1:00 Bistro Games <b>TH</b> 2:00 Boot Camp <b>L</b> 3:00 Belmont Bridge <b>AS</b> 3:00 <b>Community Crossword</b> <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b> <b>GR</b> 4:00 <b>Music Lounge - Phil Rogers</b> <b>T</b> 7:15 Daily Movie: "My Octopus Teacher"	<b>24</b> <b>TH</b> 9:30 Core & Stability <b>AS</b> 10:30 <b>Scattergories</b> <b>JK</b> 11:30 <b>April Birthday Lunch-RSVP</b> 1:00 <b>Turtle Creek Tech</b> <b>TH</b> 2:00 Stretch with Heidi <b>AS</b> 3:00 <b>Acrylic Completion Session</b> <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b> <b>TH</b> 3:30 <b>Bingo! Bingo! Bingo!</b> <b>T</b> 5:00 <b>Friday Shabbat Service</b> <b>T</b> 7:15 Daily Movie: "The Best"	<b>25</b> <b>P</b> 9:00 AquaFit w/ the YMCA <b>FL</b> 10:00 <b>Kroger/Tom Thumb shuttle</b> <b>AS</b> 10:30 Intro to Art: Watercolor <b>B</b> 1:00 Bistro Games <b>FL</b> 1:00 <b>Target - shuttle bus</b> <b>FL</b> 2:00 <b>Trader Joe's shuttle</b> <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b> <b>T</b> 7:15 Daily Movie: "Mister Roberts"
<b>26</b> <b>T</b> 9:30 Highland Park UMC - online <b>AS</b> 3:00 Sunday Bridge <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b> <b>GR</b> 4:00 <b>Worship - First Baptist Dallas</b> <b>T</b> 7:15 Daily Movie: "Jerry Maguire"	<b>27</b> <b>TH</b> 9:30 Belmont Balance <b>TH</b> 10:30 <b>Book Review with Lisa Fairchild</b> <b>CF</b> 10:30 <b>Zumba Gold w/Francesca</b> <b>TH</b> 2:00 Yoga with Heidi <b>AS</b> 3:00 Monday Bridge <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b> <b>T</b> 7:15 Daily Movie: "Funny Lady"	<b>28</b> <b>TH</b> 9:30 Muscle Matters <b>FL</b> 10:30 <b>Morning Mile Club</b> <b>B</b> 1:00 Bistro Games <b>TH</b> 2:00 Boot Camp <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b> <b>GR</b> 4:30 <b>Dinner Music w/Bill Woods</b> <b>T</b> 6:30 <b>Dr Austin Dennard Women's Health</b> <b>T</b> 7:15 Daily Movie: "Casino Royale"	<b>29</b> <b>TH</b> 9:30 Stretch <b>AS</b> 10:30 <b>Wordle!</b> <b>TH</b> 2:00 Yoga with Heidi <b>L</b> 3:00 Belmont Bridge <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b> <b>CF</b> 7:00 <b>Prayer Group Fellowship</b> <b>T</b> 7:15 Daily Movie: "Seabiscuit"	<b>30</b> <b>TH</b> 9:30 Cardio <b>T</b> 10:30 <b>Q&amp;A with the HealthPRO Heritage Team!</b> <b>B</b> 1:00 Bistro Games <b>TH</b> 2:00 Boot Camp <b>L</b> 3:00 Belmont Bridge <b>B</b> 3:00 <b>Vintage Vibes Social Hour</b> <b>GR</b> 4:00 <b>Music Lounge - Louis Romero</b> <b>T</b> 7:15 Daily Movie: "What's Love Got to Do with it"	<p>The first modern Olympic Games opened on April 6, 1896, and Ford unveiled the first Mustang on April 17, 1964.</p> <p>"Opening" Month: It is believed that April is named after the Latin word aperire, which means "to open", representing the blossoming of flowers and trees.</p> <p>Southern Hemisphere: While the north experiences spring, April is the autumnal equivalent to October in the Southern Hemisphere.</p>	<p>Literary Icon: Known as the birth month of William Shakespeare, who was born on April 26, 1564.</p> <p>April Zodiac: People born in April are either Aries (until April 19) or Taurus (beginning April 20).</p> <p>Unpredictable Weather: The familiar saying "April showers bring May flowers" refers to the rainy climate typical of the month</p>

It's a GREAT day to be at Belmont Village Turtle Creek!