

# APRIL 2026

## Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Birthdays</b> 4/1 - Dale H. 4/3 - Eric T 4/8 - James Q 4/8 - Louise S 4/9 - Shig F 4/15 - Nora H 4/16 - Lois W 4/18 - Irene G 4/21 - Cassandra K 4/25 - Barbara M</p>	<p><b>Birthdays</b> 4/28 - Richard R.</p>		<p><b>1</b></p> <p>9:30 Morning Exercise 10:30 Discussion Group 11:45 Outing: The Crepery Cafe 1:30 Wheel of Fortune 2:30 Breathing and Stretching with Karen 2:45 Jeopardy 6:00 Evening Movie: The Story of Us</p>	<p><b>2</b></p> <p>9:30 STAC'd Fitness 10:45 Marketplace 1:30 Posture &amp; Balance 2:00 Breathing and Stretching with Karen 2:45 Rummikub 3:00 Voting information Session in Person with Jonathan 6:00 Evening Movie: Blackberry</p>	<p><b>3</b></p> <p>9:30 Morning Exercise 11:00 Poker 1:30 Musical Trivia with Ronnie 1:30 Walking Club 1:45 The Puzzle Nook 2:45 Rummikub 3:30 Shabbat 6:00 Evening Movie: Nuremberg</p>	<p><b>4</b></p> <p>9:30 Balls &amp; Bands 10:30 Blackjack 1:30 Bingo! 1:45 The Puzzle Nook 2:45 Rummikub 3:30 <b>Happy Hour &amp; Music</b> 6:00 Evening Movie: War Machine</p>
<p><b>5</b></p> <p>9:30 Strength &amp; Flexibility 10:30 Catholic Communion 11:00 Easter Brunch 12:30 Matinee: 1:45 The Puzzle Nook 2:00 Hymns &amp; Spirituals 2:30 Bridge 6:00 Evening Movie: Pride and Prejudice</p>	<p><b>6</b></p> <p>9:30 Morning Exercise 11:00 Poker 1:30 Open Pool 2:00 Positive Piano singalong with Beverly &amp; Ralph 3:00 Monday Crafting: Watercolor Class 6:00 Evening Movie: Last Breath</p>	<p><b>7</b></p> <p>9:30 FAB Fitness 10:30 Lifelong Rice University: Geology of Earth and Quakes 1:30 Posture &amp; Balance 2:30 <b>Calendar &amp; Coffee Chat</b> 3:15 Trivial Pursuit with Eric 6:00 Evening Movie: P.S I Love You</p>	<p><b>8</b></p> <p>9:30 Morning Exercise 10:30 Discussion Group 11:15 Movie Outings: Project Hail Mary Movie at 11:45 AM 1:30 Wheel of Fortune 2:45 Jeopardy 6:00 Evening Movie: Sherlock Holmes</p>	<p><b>9</b></p> <p>9:30 STAC'd Fitness 10:45 Marketplace 1:30 Posture &amp; Balance 2:00 Ping Pong 2:45 Rummikub 3:00 Phone Help with Margarita 6:00 Evening Movie: Sahara</p>	<p><b>10</b></p> <p>9:30 Morning Exercise 11:00 Poker 1:30 Walking Club 1:45 The Puzzle Nook 2:45 Rummikub 3:30 Shabbat 6:00 Evening Movie: Gaslit by my Husband</p>	<p><b>11</b></p> <p>9:30 Balls &amp; Bands 10:30 Blackjack 1:30 Bingo! 1:45 The Puzzle Nook 2:45 Rummikub 3:30 <b>Happy Hour &amp; Music</b> 6:00 Evening Movie: Ray</p>
<p><b>12</b></p> <p>9:30 Strength &amp; Flexibility 10:30 Catholic Communion 12:30 Matinee: Merrily We Roll Along 1:45 The Puzzle Nook 2:00 Hymns &amp; Spirituals 2:30 Bridge 3:00 Jewelry Class 6:00 Evening Movie: Feel my</p>	<p><b>13</b></p> <p>9:30 Morning Exercise 11:00 Poker 1:30 Open Pool 2:00 Positive Piano singalong with Beverly &amp; Ralph 3:00 Craft: Engraving Art with Priscilla 6:00 Evening Movie: Fall ing</p>	<p><b>14</b></p> <p>9:30 FAB Fitness 10:30 Documentary: PBS Fly With Me 1:30 Posture &amp; Balance 2:15 Chef Chat 3:30 <b>Flower Arranging</b> 6:00 Evening Movie: The Bluff</p>	<p><b>15</b></p> <p>9:30 Morning Exercise 10:30 Discussion Group 10:30 Outing: Botanical Garden 1:30 Wheel of Fortune 2:45 Jeopardy 6:00 Evening Movie: A Day to Die</p>	<p><b>16</b></p> <p>9:30 STAC'd Fitness 10:45 Marketplace 1:30 Posture &amp; Balance 2:30 Adventures with Doug 2:45 Rummikub 6:00 Evening Movie: Hidaalogo</p>	<p><b>17</b></p> <p>9:30 Morning Exercise 11:00 Poker 1:30 Walking Club 1:45 The Puzzle Nook 2:45 Rummikub 3:30 Shabbat 6:00 Evening Movie: Bohemian Rhapsody</p>	<p><b>18</b></p> <p>9:30 Balls &amp; Bands 10:30 Blackjack 1:30 Bingo! 1:45 The Puzzle Nook 2:45 Rummikub 3:30 <b>Happy Hour &amp; Music</b> 6:00 Evening Movie: Thrash</p>
<p><b>19</b></p> <p>9:30 Strength &amp; Flexibility 10:30 Catholic Communion 12:30 Matinee: The Travellers 1:45 The Puzzle Nook 2:00 Hymns &amp; Spirituals 2:30 Bridge 6:00 Evening Movie: The Dressmaker</p>	<p><b>20</b></p> <p>9:30 Morning Exercise 11:00 Poker 1:30 Open Pool 2:00 Positive Piano singalong with Beverly &amp; Ralph 2:45 Book Club: Looking For Tank Man 3:00 <b>Monday Crafting: Rubber Block Printing</b> 6:00 Evening Movie: The Nanny</p>	<p><b>21</b></p> <p>9:30 FAB Fitness 10:30 Lifelong Rice University: Own Tote Bag 1:30 Posture &amp; Balance 2:00 Lecture with Karen 2:30 Golf 3:15 Trivial Pursuit with Eric 6:00 Evening Movie: Born</p>	<p><b>22</b></p> <p>9:30 Morning Exercise 10:30 Discussion Group 1:00 Outing: Palos Verdes Art Center 1:30 Wheel of Fortune 2:45 Jeopardy 3:00 Earth Day Juice Bar! 6:00 Evening Movie: Calendar Girls</p>	<p><b>23</b></p> <p>9:30 STAC'd Fitness 10:45 Marketplace 1:30 Posture &amp; Balance 2:30 Breathing and Stretching with Karen 2:45 Rummikub 3:00 Educational Reptile Experience 6:00 Evening Movie: Wildlife</p>	<p><b>24</b></p> <p>9:30 Morning Exercise 11:00 Poker 1:30 Walking Club 1:45 The Puzzle Nook 2:45 Rummikub 3:30 Shabbat 6:00 Evening Movie: The Mercy</p>	<p><b>25</b></p> <p>9:30 Balls &amp; Bands 10:30 Blackjack 1:30 Bingo! 1:45 The Puzzle Nook 2:45 Rummikub 3:30 <b>Happy Hour &amp; Music</b> 6:00 Evening Movie: Click</p>
<p><b>26</b></p> <p>9:30 Strength &amp; Flexibility 10:30 Catholic Communion 12:30 Matinee: Green Book 1:45 The Puzzle Nook 2:00 Hymns &amp; Spirituals 2:30 Bridge 3:00 Jewelry Class 6:00 Evening Movie: Fried Green Tomatoes</p>	<p><b>27</b></p> <p>9:30 Morning Exercise 11:00 Poker 1:30 Open Pool 2:00 Positive Piano singalong with Beverly &amp; Ralph 6:00 Evening Movie: Priscilla</p>	<p><b>28</b></p> <p>9:30 FAB Fitness 10:30 Ask the participant with Gayle 11:00 Documentary: PBS Silicon Valley 1:30 Posture &amp; Balance 2:45 <b>Resident Council</b> 6:00 Evening Movie: Atonement</p>	<p><b>29</b></p> <p>9:30 Morning Exercise 10:30 Discussion Group 11:45 Outings: Ave Italy 1:30 Wheel of Fortune 2:45 Jeopardy 6:00 Evening Movie: Society of the Snow</p>	<p><b>30</b></p> <p>9:30 STAC'd Fitness 10:45 Marketplace 1:30 Posture &amp; Balance 2:00 Birthday Celebration 2:45 Rummikub 3:00 Music Appreciation with Timothy 6:00 Evening Movie: The Two Popes</p>		