

APRIL 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 TH 9:30 Wake-up Workout BI 10:00 Jewelry Class TH 10:00 Mental Floss: Who, What, When and Where? TH 10:30 Star of the Month – Spencer Tracy GR 1:00 Parkinson's Exercise Class (30 Minute Class) GR 2:15 Wine and Cheese Social BI 3:30 Crossword Puzzles TH 6:00 Movie: The Name	2 TH 9:30 Fit and Flex TR 10:00 Communion With Ascension TH 10:00 Mental Floss: Trivia TH 10:30 TED talk: Is luck random — or can you cultivate it? BI 1:00 Book Club: Read Along, Sherlock Holmes; The Man with the Twisted Lip BI 2:00 Scrabble BI 3:30 Bingo TH 6:30 Movie: The Man	3 TH 9:30 Wake-up Workout TH 10:00 PB&J (Peanut Butter and Jelly) Day TH 10:30 Mental Floss: Jane Goodall Day TH 1:30 Chair Yoga with Amy BI 3:30 Bingo TH 6:00 Movie: The Truman Show (MGM+ Prime, 1 H 43 M)	4 TH 9:30 Seated Ballet With Bill TH 10:00 Current Events: Local and International TR 2:00 Uno BI 3:30 Bingo TH 6:00 Movie: Now You See Me: Now You Don't (STARZ PRIME, 1 H 53 M)
5 TH 9:30 Resident Led Seated Exercise (A Good Start to Your Day!) TR 10:00 Communion - Ascension Catholic Church TH 10:00 The History of Easter (Prime 54 Min) GR 10:30 Live Streaming of Easter Sunday Service from Ascension	6 TH 9:30 Wake-up Workout TH 10:00 PBS Documentary: Change, Not Charity: The Americans with Disabilities Act American Experience: Season 36, Episode 9 (Prime, 61 M) BI 1:30 Art with Slowfire Studios! TH 2:30 PBS Documentary:	7 TH 9:30 Fit and Flex TH 10:00 Lifelong University: GEOLOGY OF EARTHQUAKES BI 1:00 Car Talk GR 2:00 Live Performance: "Agatha Christie: A Body of Evidence" BI 3:30 Bingo TH 6:00 Movie: Semi-Pro (STARZ Prime, 1 H 39 M)	8 TH 9:30 Wake-up Workout TH 10:00 Mental Floss: DRAW A BIRD DAY TH 10:30 Billy Holliday's Birthday TH 1:00 Parkinson's Exercise Class (30 Minute Class) GR 2:15 Wine and Cheese Social BI 3:30 Crossword Puzzles TH 6:00 Movie: Wonder Wheel (Prime, 1 H 41 M)	9 TH 9:30 Fit and Flex TR 10:00 Communion With Ascension TH 10:00 Mental Floss: Trivia TH 10:30 TED talk: How to make transportation quieter, cleaner and cheaper BI 1:00 Belmont Bazaar BI 2:00 Scrabble BI 3:30 Bingo BI 3:30 Travelogue: Welcome to Chile TH 6:30 Movie: L.A.	10 TH 9:30 Wake-up Workout TH 10:00 World Parkinson's Day TH 10:30 Mental Floss: End of Civil War Anniversary TH 1:30 Chair Yoga with Amy BI 3:30 Bingo! TH 6:00 Movie: Little Big Man (MGM+ Prime, 1 H 19 M)	11 TH 9:30 Seated Exercise With Bill TH 10:00 Current Events TH 1:00 Community Service: Doing Things to Benefit Others TR 2:00 Uno BI 3:30 Bingo TH 6:00 Movie: Three Amigo (MGM+ PRIME, 1 H 44 M)
12 TH 9:30 Resident Led Seated Exercise (A Good Start to Your Day!) TR 10:00 Communion - Ascension Catholic Church TH 10:00 MGM+ Documentary: Danica (Prime, 1 H 6 M) OT 10:30 Mass at Ascension Church (Bus Leaves at 10:15)	13 TH 9:30 Wake-up Workout TH 10:00 Live Discussion with Jessica Tepas! BP 2:00 Gardening for Seniors with Guest Speaker TH 2:30 PBS Documentary: The Inquisitor (Prime, 1 H 38 M) TH 6:00 Movie: Follow (PRIME, 1 H 51 M)	14 GR 9:30 Fit and Flex TH 10:00 International Dark Sky Week BI 10:30 Jeopardy BI 1:00 Car Talk TH 1:30 Resident Council BI 3:30 Bingo TH 6:00 Movie: Quest for Fire (Prime, 1 H 40 M)	15 TH 9:30 Wake-up Workout BI 10:00 Jewelry Class TH 10:00 Mental Floss: Dime Store Day TH 10:30 Tap, Tap, Tap Day TH 1:00 Parkinson's Exercise Class (30 Minute Class) GR 2:15 Wine and Cheese Social BP 3:30 Paint & Sip Party in Celebration of World Art Day TH 6:00 Movie: Spy (Prime,	16 TH 9:30 Fit and Flex TR 10:00 Communion With Ascension TH 10:00 Mental Floss: Trivia TH 10:30 TED talk: A surprisingly effective way to fight misinformation BI 2:00 Scrabble BI 3:30 Bingo TH 6:30 Movie: The Running Man (2025) (Prime, 2 H, 13 M)	17 TH 9:30 Wake-up Workout TH 10:00 Anniversary of Paul Revere's Ride TR 10:00 Worship With Fair Oaks Presbyterian Church TH 10:30 Mental Floss: Tax Deadline Day (U.S.) TH 1:00 Sound Meditation with Ahimsa Yoga Studio BI 3:30 Bingo TH 6:00 Movie: Basic Instinct (MGM+	18 TH 9:30 Seated Exercise With Bill TH 10:00 Current Events TR 2:00 Uno BI 3:30 Bingo TH 6:00 Movie: Father Stu (PRIME, 2 H 4 M)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>19</p> <p>TH 9:30 Resident Led Seated Exercise (A Good Start to Your Day!)</p> <p>TR 10:00 Communion - Ascension Catholic Church</p> <p>TH 10:00 PBS Documentary: Our Texas Our Vote (Prime, 55 M)</p> <p>OT 10:30 Mass at Ascension Church (Bus Leaves at 10:15 am)</p>	<p>20</p> <p>TH 9:30 Wake-up Workout</p> <p>TH 10:00 PBS Documentary: American Experience: Butch Cassidy And The Sundance Kid (Prime, 52 M)</p> <p>TH 2:30 PBS Documentary: Independent Lens: Home Court (Prime, 1 H 38 M)</p> <p>TH 6:00 Movie: Saturday Night Fever (MGM+ PRIME, 1 H 59 M)</p>	<p>21</p> <p>TH 9:30 Fit and Flex</p> <p>TH 10:00 Lifelong University: SITE'S CHOICE TOPIC #1 (PRE-RECORDED)</p> <p>TH 10:30 Who Wants To Be A Millionaire?</p> <p>BI 1:00 Car Talk</p> <p>BI 2:00 New Residents Q&A Meeting (Current Residents Help New Residents Acclimate)</p>	<p>22</p> <p>TH 9:30 Wake-up Workout</p> <p>TH 10:00 Mental Floss: Earth Day</p> <p>TH 10:30 Jelly Bean Day</p> <p>TH 1:00 Parkinson's Exercise Class (30 Minute Class)</p> <p>GR 2:15 Wine and Cheese Social</p> <p>BI 3:30 Crossword Puzzles</p> <p>TH 6:00 Movie: Dave (MGM+ Prime, 1 H 45 M)</p>	<p>23</p> <p>GR 9:30 Fit and Flex</p> <p>TR 10:00 Communion With Ascension</p> <p>BI 10:00 Mental Floss: Trivia</p> <p>BI 10:30 TED talk: The brilliance of bridges and roads that repair themselves</p> <p>BI 2:00 Scrabble</p> <p>BI 3:30 Travelogue: Chile Culture and Cuisine</p> <p>TH 6:30 Movie: Blacklight (Prime, 1 H, 48 M)</p>	<p>24</p> <p>TH 9:30 Wake-up Workout</p> <p>TH 10:00 Mustard Taste Testing</p> <p>TH 10:30 Mental Floss: Spanish Language Day</p> <p>IK 12:00 Sing Happy Birthday For April Birthdays</p> <p>GR 1:30 Birthday Bash with DJ Banging Bo!</p> <p>TH 1:30 Chair Yoga with Amy</p> <p>BI 3:30 Bingo!</p>	<p>25</p> <p>BI 9:30 Seated Exercise With Bill</p> <p>BI 10:00 Current Events</p> <p>TR 2:00 Uno</p> <p>BI 3:30 Bingo</p> <p>TH 6:00 Movie: Mindhunters (STARZ PRIME, 12 H 46 M)</p>
<p>26</p> <p>TH 9:30 Resident Led Seated Exercise (A Good Start to Your Day!)</p> <p>TR 10:00 Communion - Ascension Catholic Church</p> <p>TH 10:00 PBS Documentary: Frontline: Crisis In Venezuela (Prime, 54 M)</p> <p>OT 10:30 Mass at Ascension Church (Bus Leaves at 10:15)</p>	<p>27</p> <p>TH 9:30 Wake-up Workout</p> <p>TH 10:00 PBS Documentary: Dolores (Prime, 1 H 35 M)</p> <p>TH 2:30 STARZ Documentary: John Ford Goes to War (Prime, 55 M)</p> <p>TH 6:00 Movie: Moving On (PRIME, 1 H 25 M)</p>	<p>28</p> <p>TH 9:30 Fit and Flex</p> <p>TH 10:00 Soda Fountain Day</p> <p>TH 10:30 Ella Fitzgerald BDay</p> <p>BI 1:00 Car Talk</p> <p>BI 2:30 Monthly Watch Party: Ferris Bueller's Day Off!</p> <p>BI 3:30 Bingo</p> <p>TH 6:00 Movie: Miracle in East Texas (Prime, 1 H 40 M)</p>	<p>29</p> <p>TH 9:30 Wake-up Workout</p> <p>TH 10:00 Mental Floss: Red Hat Society Day</p> <p>TH 10:30 Willie Nelson's Birthday</p> <p>TH 1:00 Parkinson's Exercise Class (30 Minute Class)</p> <p>GR 2:15 Wine and Cheese Social</p> <p>BI 3:30 Crossword Puzzles</p> <p>TH 6:00 Movie: Changing Lanes (Prime, 1 H 40 M)</p>	<p>30</p> <p>TH 9:30 Fit and Flex</p> <p>TR 10:00 Communion With Ascension</p> <p>TH 10:00 Mental Floss: Trivia</p> <p>TH 10:30 TED talk: The sneaky language tricks cults use to influence you</p> <p>BI 2:00 Derby Hat Decorating!</p> <p>BI 3:30 Bingo</p> <p>TH 6:30 Movie: Rear Window (1998) (Prime, 1 H 30 M)</p>		