

# APRIL 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> <b>GR</b> 9:30 Seated Dancing with Paloma from Danzactive! <b>TH</b> 1:00 Passover & Jewish Education Presentation <b>TH</b> 1:30 Bingo with Bayou City <b>B</b> 3:00 Dominoes Club <b>TR</b> 6:00 Movie Night Theater: The Ballad of Buster Scruggs	<b>2</b> <b>TC</b> 10:15 Assisted Living Outing <b>PC</b> 2:00 Water Aerobics with HealthPro Heritage <b>AS</b> 3:00 Art Class: Painting Cards for the Troops 4:00 Group Puzzle: 4th floor <b>TR</b> 4:00 Walking Club <b>TR</b> 6:00 Movie Night Theater: The Ballad of Buster	<b>3</b> <b>PC</b> 9:30 Walking Club <b>B</b> 10:30 Flower Arranging Class <b>PC</b> 12:00 Fish Fry <b>PC</b> 2:00 Egg Hunt for Families of Residents and Staff 4:00 Group Puzzle: 4th floor <b>TR</b> 6:00 Movie Night Theater: The Ballad of Buster Scruggs	<b>4</b> Weekend Activity Packet <b>TH</b> 9:30 Move and Groove with Mel'Vonte <b>B</b> 10:30 Chit Chat & Coffee <b>B</b> 1:30 Tabletop Board Games with the Young Men's Service League & St. Thomas High School Students <b>GR</b> 4:00 Live Music with Jim Connors <b>TR</b> 6:00 Movie Night
<b>5</b> Weekend Activity Packet <b>PC</b> 9:30 Walking Club <b>TR</b> 10:00 Virtual Church Service 12:00 Easter Luncheon <b>B</b> 1:00 Tabletop Games in the Bistro <b>TH</b> 2:30 Gentle Chair Workout with Mel'Vonte <b>TH</b> 3:30 BINGO SOCIAL <b>TR</b> 6:00 Movie Night Theater:	<b>6</b> <b>TH</b> 9:30 Sit & Be Fit with AgeStrong Fitness <b>B</b> 10:30 Chit Chat & Coffee <b>PC</b> 11:00 Birding <b>TH</b> 1:30 Diabetes Self Management and Education and Support Course <b>TR</b> 2:00 Rice's Lifelong University: Geology of Earthquakes <b>SP</b> 3:00 Belmont Mahjong on the 5th floor	<b>7</b> <b>PC</b> 9:30 Walking Club <b>TR</b> 1:30 Bible Study with Deacon Denny of St. Michael's <b>TR</b> 2:00 Weekly Catholic Communion <b>TH</b> 2:30 Zumba with Stefanie <b>PC</b> 3:15 Book Club <b>WF</b> 4:00 Wine Pairs Well with Friends <b>TR</b> 6:00 Movie Night Theater: The Ballad of Buster	<b>8</b> <b>GR</b> 9:30 Seated Dancing with Paloma from Danzactive! <b>TH</b> 10:30 Bingo with PAM Health <b>B</b> 3:00 Dominoes Club <b>GR</b> 4:00 Wine & Cheese with Performer Cindy St. Cyr <b>TR</b> 6:00 Movie Night Theater: The Lost Pirate Kingdom E1	<b>9</b> <b>PC</b> 9:30 Walking Club <b>TC</b> 10:15 Assisted Living Outing <b>PC</b> 2:00 Water Aerobics with HealthPro Heritage <b>AS</b> 3:00 Art Class: Painting Cards for the Troops 3:30 Group Puzzle: 4th floor <b>WF</b> 4:00 Wine Pairs Well with Friends <b>TR</b> 6:00 Movie Night	<b>10</b> <b>PC</b> 9:30 Walking Club <b>B</b> 10:30 Flower Arranging Class <b>TR</b> 1:00 Mister McKinney's History Presentation <b>B</b> 2:30 Ladies of Belmont <b>TR</b> 6:00 Movie Night Theater: Redeeming Love	<b>11</b> Weekend Activity Packet <b>TH</b> 9:30 Move and Groove with Mel'Vonte <b>B</b> 10:30 Chit Chat & Coffee <b>B</b> 1:30 Tabletop Board Games with the Young Men's Service League & St. Thomas High School Students <b>GR</b> 4:00 Live Music with Will Parrish <b>TR</b> 6:00 Movie Night
<b>12</b> Weekend Activity Packet <b>PC</b> 9:30 Walking Club <b>TR</b> 10:00 Virtual Church Service <b>B</b> 10:30 Chit Chat & Coffee <b>B</b> 1:00 Tabletop Board Games with St. Francis Episcopal School Students <b>B</b> 1:00 Technical Assistance with Morgan Kim <b>TH</b> 2:30 BINGO SOCIAL	<b>13</b> <b>TH</b> 9:30 Sit & Be Fit with AgeStrong Fitness <b>B</b> 10:30 Chit Chat & Coffee <b>PC</b> 11:00 Birding <b>SP</b> 3:00 Belmont Mahjong on the 5th floor <b>TR</b> 6:00 Movie Night Theater: Devil at the Crossroads	<b>14</b> <b>PC</b> 9:30 Walking Club <b>B</b> 11:00 Group Scrabble <b>TH</b> 12:00 Men of Belmont Lunch & Learn <b>TH</b> 2:30 Discovery Series: Health & Wellness Presentation <b>TH</b> 3:00 Zumba with Stefanie <b>WF</b> 4:00 Wine Pairs Well with Friends <b>TR</b> 6:00 Movie Night Theater: A Man of Action	<b>15</b> <b>GR</b> 9:30 Seated Dancing with Paloma from Danzactive! <b>B</b> 2:00 Dominoes Club <b>B</b> 3:00 Chef Chat <b>GR</b> 4:00 Wine and Cheese with Jon Ingram <b>TR</b> 6:00 Movie Night Theater: The Lost Pirate Kingdom E3	<b>16</b> <b>PC</b> 9:30 Walking Club <b>TC</b> 9:45 Assisted Living Outing <b>PC</b> 2:00 Water Aerobics with HealthPro Heritage <b>AS</b> 3:00 Art Class: Painting Cards for the Troops <b>WF</b> 4:00 Wine Pairs Well with Friends <b>TR</b> 6:00 Movie Night Theater: 11.22.63 E1	<b>17</b> <b>PC</b> 9:30 Chair Yoga with Elida <b>B</b> 10:30 Flower Arranging Class <b>TR</b> 1:30 Belmont Airways Traveling to France 2:15 Belmont Airways Happy Hour <b>TR</b> 6:00 Movie Night Theater: Little Women	<b>18</b> Weekend Activity Packet <b>TH</b> 9:30 Move and Groove with Mel'Vonte <b>B</b> 10:30 Chit Chat & Coffee <b>B</b> 1:30 Tabletop Board Games with the Young Men's Service League & St. Thomas High School Students <b>GR</b> 4:00 Live Music with Maurice Daughtery

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>19</b></p> <p><b>PC</b> 9:30 Walking Club <b>TR</b> 10:00 Virtual Church Service <b>B</b> 10:30 Chit Chat &amp; Coffee <b>B</b> 1:00 Tabletop Board Games with St. Francis Episcopal School Students <b>B</b> 1:00 Technical Assistance with Morgan Kim <b>TR</b> 1:10 Astros vs Cardinals <b>TH</b> 2:30 Gentle Chair</p>	<p><b>20</b></p> <p><b>TH</b> 9:30 Sit &amp; Be Fit with AgeStrong Fitness <b>B</b> 10:30 Chit Chat &amp; Coffee <b>PC</b> 11:00 Birding <b>B</b> 11:00 Group Scrabble <b>SP</b> 3:00 Belmont Mahjong on the 5th floor <b>TR</b> 6:00 Movie Night Theater: Bob Marley: One Love</p>	<p><b>21</b></p> <p><b>PC</b> 9:30 Walking Club <b>TH</b> 10:00 MACY'S POP UP SHOP <b>TR</b> 1:30 Bible Study with Deacon Denny of St. Michael's <b>TR</b> 2:00 Weekly Catholic Communion 3:00 Seated Zumba with Stefanie <b>WF</b> 4:00 Wine Pairs Well with Friends <b>TH</b> 4:00 Family New Resident</p>	<p><b>22</b></p> <p><b>GR</b> 9:30 Seated Dancing with Paloma from Danzactive! <b>GR</b> 10:00 Faithful Paws: Therapy Dog Visits <b>GR</b> 10:15 Talk about Earth <b>B</b> 10:45 Make Your Own Flower Arrangement <b>B</b> 1:30 Painting in the Garden <b>GR</b> 4:00 Wine and Cheese with Geoff Allen</p>	<p><b>23</b></p> <p><b>PC</b> 9:30 Walking Club <b>TC</b> 11:00 Assisted Living Outing <b>WF</b> 12:00 Birthday Luncheon <b>PC</b> 2:00 Water Aerobics with HealthPro Heritage <b>AS</b> 3:00 Art Class: Painting Cards for the Troops <b>WF</b> 4:00 Wine Pairs Well with Friends <b>TR</b> 6:00 Movie Night</p>	<p><b>24</b></p> <p><b>TH</b> 9:30 Chair Yoga with Elida <b>B</b> 10:30 Flower Arranging Class <b>TR</b> 1:00 Rice's Lifelong University <b>WF</b> 2:30 Cocktail Sample &amp; Demonstration with Miguel <b>TH</b> 6:00 A Starry Night Senior Prom with Bellaire High School <b>TR</b> 6:00 Movie Night</p>	<p><b>25</b></p> <p>Weekend Activity Packet <b>TH</b> 9:30 Move and Groove with Mel'Vonte <b>B</b> 10:30 Chit Chat &amp; Coffee <b>B</b> 1:30 Tabletop Board Games with the Young Men's Service League &amp; St. Thomas High School Students <b>B</b> 2:00 Mexican Train Dominoes <b>GR</b> 4:00 Live Music with</p>
<p><b>26</b></p> <p><b>PC</b> 9:30 Walking Club <b>TR</b> 10:00 Virtual Church Service <b>B</b> 10:30 Chit Chat &amp; Coffee <b>GR</b> 1:00 Piano Performance by Colby Ward <b>B</b> 1:00 Tabletop Board Games with St. Francis Episcopal School Students <b>B</b> 1:00 Technical Assistance with Morgan Kim</p>	<p><b>27</b></p> <p><b>TH</b> 9:30 Sit &amp; Be Fit with AgeStrong Fitness <b>B</b> 10:30 Chit Chat &amp; Coffee <b>PC</b> 11:00 Birding <b>B</b> 11:00 Group Scrabble <b>SP</b> 3:00 Belmont Mahjong on the 5th floor <b>TR</b> 6:00 Movie Night Theater: La La Land</p>	<p><b>28</b></p> <p><b>PC</b> 9:30 Walking Club 12:00 Resident Choice Lunch <b>TR</b> 1:30 Bible Study with Deacon Denny of St. Michael's <b>TR</b> 2:00 Weekly Catholic Communion <b>TH</b> 3:00 Resident Council <b>WF</b> 4:00 Wine Pairs Well with Friends <b>TR</b> 6:00 Movie Night Theater: The 355</p>	<p><b>29</b></p> <p><b>GR</b> 9:30 Seated Dancing with Paloma from Danzactive! <b>B</b> 2:00 Dominoes Club <b>PC</b> 3:00 Walking Club <b>GR</b> 4:00 Wine and Cheese with Faith Gugenheim <b>TR</b> 6:00 Movie Night Theater: The Lost Pirate Kingdom E4</p>	<p><b>30</b></p> <p><b>PC</b> 9:30 Walking Club <b>TC</b> 10:15 Assisted Living Outing <b>PC</b> 2:00 Water Aerobics with HealthPro Heritage <b>AS</b> 3:00 Art Class: Painting Cards for the Troops 3:30 Group Puzzle: 4th floor <b>WF</b> 4:00 Wine Pairs Well with Friends <b>TR</b> 6:00 Movie Night</p>		