

# APRIL 2026

Ways to Grow this Spring!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>B</b> - Bistro, L <b>C</b> - Club Room, L2 <b>GR</b> - Great Room, L1 <b>JK</b> - Josephine's Kitchen, L1 <b>L</b> - Library, L2 <b>PS</b> - Poolside, L3 <b>SR</b> - Screening Room, L2 <b>TF</b> - Town Hall Foyer, L1 <b>TH</b> - Town Hall, L1</p>	<p>so many things going on and so little room on this calendar. a complete listing of activities can be viewed on our Share App, channel 104 on Senior TV and on Daily Schedule. Also refer to Daily Activity Schedule.</p>	<p>"I wandered lonely as a cloud that floats on high o'er vales and hills, when all at once I saw a crowd, a host, of golden daffodils; beside the lake, beneath the trees, fluttering and dancing in the breeze." - William Wordsworth</p>	<p><b>1</b> <b>PASSOVER</b> <b>TH 9:30</b> Balance &amp; Mobility w/ David <b>TH 10:30</b> Activity Chat <b>TH 1:30</b> Rummikub <b>TH 1:30</b> Shopping <b>TH 3:00</b> Passover Seder <b>JK 4:30</b> Passover Feast <b>GR 5:00</b> Violinist Emil Performs <b>SR 7:00</b> Movie</p>	<p><b>2</b> <b>TH 9:30</b> Cardio w/ David <b>TH 10:30</b> Balance &amp; Mobility w/ Jason <b>TH 1:30</b> BINGO <b>B 3:00</b> Happy Hour with Music Station <b>TH 4:00</b> Tech Guru <b>SR 7:00</b> Movie</p>	<p><b>3</b> <b>TH 9:30</b> Stand and Balance w/ David <b>TH 10:30</b> Spiritual Wellness <b>TH 1:30</b> Documentary: Following the Footsteps of Jesus <b>3:00</b> Errand Run <b>4:00</b> Seaside Beach Walk <b>SR 7:00</b> Movie</p>	<p><b>4</b> <b>TH 9:00</b> Saturday Stretch w/ Jason <b>TH 10:00</b> Chair Tai Chi <b>JK 11:30</b> Memory Lane Meal <b>TH 1:30</b> BINGO <b>SR 2:30</b> Matinee: Charlie Hustle &amp; the Matter of Pete Rose <b>B 3:00</b> NCAA Final Four <b>3:45</b> Mass at St. John's the Evangelist <b>SR 7:00</b> Movie</p>
<p><b>5</b> <b>EASTER</b> <b>C 9:30</b> Catholic Mass (St. Monica's) <b>SR 9:30</b> Presbyterian Service <b>TH 10:30</b> Catholic Mass (Canada) <b>10:30</b> Worship at SB Pres Church <b>JK 11:30</b> Easter Luncheon <b>GR 12:00</b> Holiday Music by AI <b>GR 1:30</b> Spring Melodies with Vincent</p>	<p><b>6</b> <b>TH 9:30</b> Yoga Stretches w/ David <b>TH 10:30</b> Stand and Stretch w/ Jason <b>TH 1:30</b> Music: Jazz American Creativity <b>B 3:00</b> Double Take: Janet and Nathan <b>SR 7:00</b> Movie</p>	<p><b>7</b> <b>TF 9:00</b> Holy Communion Service <b>TH 9:30</b> Hand Weights w/ David <b>GR 10:30</b> Yeoh at the Piano <b>TH 1:30</b> BINGO <b>3:00</b> Walk in the Park <b>TH 3:45</b> Rosary Warriors <b>SR 7:00</b> Movie</p>	<p><b>8</b> <b>TH 9:30</b> Balance &amp; Mobility w/ David <b>10:00</b> Carlsbad Flower Fields <b>TH 10:30</b> Cardio w/ Jason <b>TH 1:30</b> Rummikub <b>TH 1:30</b> Shopping <b>TH 3:15</b> Travelogue: Ecuador - The Middle of the World <b>SR 7:00</b> Movie</p>	<p><b>9</b> <b>TH 9:30</b> Cardio w/ David <b>TH 10:30</b> Balance &amp; Mobility w/ Jason <b>TH 1:30</b> BINGO <b>TH 2:30</b> Lifelong Univ: Geology of Earthquakes <b>B 3:00</b> Happy Hour with Vincent <b>TH 4:00</b> Tech Guru <b>SR 7:00</b> Movie</p>	<p><b>10</b> <b>TH 9:30</b> Stand and Balance w/ David <b>TH 10:30</b> Spiritual Wellness <b>TH 1:30</b> American Literary Heroes: Walt Whitman <b>3:00</b> Errand Run <b>4:00</b> Seaside Beach Walk <b>SR 7:00</b> Movie</p>	<p><b>11</b> <b>TH 9:00</b> Saturday Stretch w/ Jason <b>TH 10:00</b> Chair Tai Chi <b>JK 11:30</b> Memory Lane Meal <b>TH 1:30</b> BINGO <b>SR 2:30</b> Matinee: Charlie Hustle &amp; the Matter of Pete Rose <b>3:45</b> Mass at St. John's the Evangelist <b>SR 7:00</b> Movie</p>
<p><b>12</b> <b>C 9:30</b> Catholic Mass (St. Monica's) <b>SR 9:30</b> Presbyterian Service <b>9:45</b> Worship at SB Pres Church <b>TH 10:30</b> Catholic Mass (Canada) <b>B 1:30</b> Faithful Friars Club <b>TH 1:30</b> The Legacy Project <b>TH 3:00</b> Jeopardy with Deb! <b>SR 7:00</b> Movie</p>	<p><b>13</b> <b>TH 9:30</b> Yoga Stretches w/ David <b>TH 10:30</b> Stand and Stretch w/ Jason <b>TH 1:30</b> Music: 1812 Overture <b>TH 3:00</b> Painted Seahorse Satchels <b>SR 7:00</b> Movie</p>	<p><b>14</b> <b>TF 9:00</b> Holy Communion Service <b>TH 9:30</b> Hand Weights w/ David <b>GR 10:30</b> Yeoh at the Piano <b>TH 1:30</b> BINGO <b>TH 2:30</b> Prayers with Rabbi Ian <b>3:00</b> Walk in the Park <b>SR 7:00</b> Movie</p>	<p><b>15</b> <b>TH 9:30</b> Balance &amp; Mobility w/ David <b>TH 10:30</b> Cardio w/ Jason <b>10:30</b> Cheesecake Factory <b>PS 1:30</b> Aquafitness with Eva <b>TH 1:30</b> Rummikub <b>TH 1:30</b> Shopping <b>TH 3:00</b> Resident Meeting <b>SR 7:00</b> Movie</p>	<p><b>16</b> <b>TH 9:30</b> Cardio w/ David <b>TH 10:30</b> Balance &amp; Mobility w/ Jason <b>TH 1:30</b> BINGO <b>B 3:00</b> Happy Hour with AI <b>TH 4:00</b> Tech Guru <b>SR 7:00</b> Movie</p>	<p><b>17</b> <b>TH 9:30</b> Stand and Balance w/ David <b>TH 10:30</b> Spiritual Wellness <b>TH 1:30</b> American Literary Heroes: Emily Dickinson <b>3:00</b> Errand Run <b>SR 7:00</b> Movie</p>	<p><b>18</b> <b>TH 9:00</b> Saturday Stretch w/ Jason <b>TH 10:00</b> Chair Tai Chi <b>JK 11:30</b> Memory Lane Meal <b>TH 1:30</b> BINGO <b>1:45</b> North Coast Symphony: Dancing Around the World <b>SR 2:30</b> Matinee: Charlie Hustle &amp; the Matter of Pete Rose <b>3:45</b> Mass at St. John's</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>19</b></p> <p><b>C</b> 9:30 Catholic Mass (St. Monica's)</p> <p><b>SR</b> 9:30 Presbyterian Service</p> <p>9:45 Worship at SB Pres Church</p> <p><b>TH</b> 10:30 Catholic Mass (Canada)</p> <p><b>B</b> 1:30 Faithful Friars Club</p> <p><b>TH</b> 3:00 Jeopardy with Deb!</p> <p><b>SR</b> 7:00 Movie</p>	<p><b>20</b></p> <p><b>TH</b> 9:30 Yoga Stretches w/ David</p> <p><b>TH</b> 10:30 Stand and Stretch w/ Jason</p> <p><b>TH</b> 1:30 <b>Music: Liszt &amp; Chopin</b></p> <p><b>L</b> 3:00 <b>Book Club Tales</b></p> <p><b>SR</b> 7:00 Movie</p>	<p><b>21</b></p> <p><b>TF</b> 9:00 <b>Holy Communion Service</b></p> <p><b>TH</b> 9:30 Hand Weights w/ David</p> <p><b>GR</b> 10:30 <b>Yeoh at the Piano</b></p> <p><b>TH</b> 1:30 BINGO</p> <p>3:00 Walk in the Park</p> <p><b>C</b> 3:45 <b>Rosary Warriors</b></p> <p><b>SR</b> 7:00 Movie</p>	<p><b>22</b></p> <p><b>TH</b> 9:30 Balance &amp; Mobility w/ David</p> <p><b>TH</b> 10:30 Cardio w/ Jason</p> <p>11:00 <b>California Pizza Kitchen</b></p> <p><b>PS</b> 1:30 <b>Aquafitness with Eva</b></p> <p><b>TH</b> 1:30 Rummikub</p> <p>1:30 Shopping</p> <p><b>B</b> 2:00 <b>Earth Day: Make a "Dirt Cup"</b></p> <p><b>B</b> 3:00 <b>Sounds of Celeste</b></p> <p><b>SR</b> 7:00 Movie</p>	<p><b>23</b></p> <p><b>TH</b> 9:30 Cardio w/ David</p> <p><b>TH</b> 10:30 Balance &amp; Mobility w/ Jason</p> <p><b>TH</b> 1:30 BINGO</p> <p><b>TH</b> 2:30 <b>Lifelong Univ: Birding 101 Workshop</b></p> <p><b>GR</b> 3:00 <b>Happy Hour Robert Parker</b></p> <p><b>TH</b> 4:00 Tech Guru</p> <p><b>SR</b> 7:00 Movie</p>	<p><b>24</b></p> <p><b>TH</b> 9:30 Stand and Balance w/ David</p> <p><b>TH</b> 10:30 Spiritual Wellness</p> <p>1:30 Errand Run</p> <p><b>TH</b> 3:00 <b>Poetry &amp; Tea with Nancie</b></p> <p>4:00 <b>Seaside Beach Walk</b></p> <p><b>IK</b> 4:30 <b>April Birthday Dinner</b></p> <p><b>SR</b> 7:00 Movie</p>	<p><b>25</b></p> <p><b>TH</b> 9:00 Saturday Stretch w/ Jason</p> <p><b>TH</b> 10:00 Chair Tai Chi</p> <p><b>IK</b> 11:30 <b>Memory Lane Meal</b></p> <p><b>TH</b> 1:30 BINGO</p> <p><b>SR</b> 2:30 <b>Matinee: Charlie Hustle &amp; the Matter of Pete Rose</b></p> <p>3:45 Mass at St. John's the Evangelist</p> <p><b>SR</b> 7:00 Movie</p>
<p><b>26</b></p> <p><b>C</b> 9:30 Catholic Mass (St. Monica's)</p> <p><b>SR</b> 9:30 Presbyterian Service</p> <p>9:45 Worship at SB Pres Church</p> <p><b>TH</b> 10:30 Catholic Mass (Canada)</p> <p><b>B</b> 1:30 Faithful Friars Club</p> <p><b>TH</b> 3:00 Jeopardy with Deb!</p> <p><b>SR</b> 7:00 Movie</p>	<p><b>27</b></p> <p><b>TH</b> 9:30 Yoga Stretches w/ David</p> <p><b>TH</b> 10:30 Stand and Stretch w/ Jason</p> <p><b>TH</b> 1:30 <b>Music: The Blues-Feeling Better</b></p> <p><b>TH</b> 3:00 <b>Fiesta Flower Crafting</b></p> <p><b>SR</b> 7:00 Movie</p>	<p><b>28</b></p> <p><b>TF</b> 9:00 <b>Holy Communion Service</b></p> <p><b>TH</b> 9:30 Hand Weights w/ David</p> <p><b>GR</b> 10:30 <b>Yeoh at the Piano</b></p> <p><b>TH</b> 1:30 BINGO</p> <p><b>TH</b> 2:30 <b>Chef and Nataly Chat</b></p> <p>3:00 Walk in the Park</p> <p><b>SR</b> 7:00 Movie</p>	<p><b>29</b></p> <p><b>TH</b> 9:30 Balance &amp; Mobility w/ David</p> <p><b>TH</b> 10:30 Cardio w/ Jason</p> <p>11:15 <b>SBPSC Entertainment and Lunch</b></p> <p><b>PS</b> 1:30 <b>Aquafitness with Eva</b></p> <p><b>TH</b> 1:30 Rummikub</p> <p>1:30 Shopping</p> <p><b>TH</b> 3:00 <b>Chat with Wes</b></p> <p><b>SR</b> 7:00 Movie</p>	<p><b>30</b></p> <p><b>TH</b> 9:30 Cardio w/ David</p> <p>10:00 <b>HElen Woodward Thrift Shop</b></p> <p><b>TH</b> 10:30 Balance &amp; Mobility w/ Jason</p> <p><b>TH</b> 1:30 BINGO</p> <p><b>B</b> 3:00 <b>Happy Hour with Daniel</b></p> <p><b>TH</b> 4:00 Tech Guru</p> <p><b>SR</b> 7:00 Movie</p>	<p>"I suppose the best kind of spring morning is the best weather God has to offer."</p> <p>— Dodie Smith</p>	<p>"There is no glory in star or blossom till looked upon by a loving eye; There is no fragrance in April breezes till breathed with joy as they wander by."</p> <p>— William Cullen Bryant</p>