

MARCH 2026

In like a lion, out like a lamb"



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 T 9:30 Highland Park UMC - online L 3:00 Belmont Bridge T 7:15 Daily Movie:	2 TH 9:30 Belmont Balance TH 10:30 Zumba Gold w/Francesca CY 2:00 Yoga with Heidi L 3:00 Monday Bridge T 7:15 Daily Movie: "The King and I" Musical 1956, G, 2h 13m	3 TH 9:30 Muscle Matters L 10:30 Catholic Communion B 1:00 Bistro Games CY 2:00 Boot Camp L 3:00 Chef Chat! IK 5:00 Dinner music w/Giancarlo T 7:15 Daily Movie: "Inception" Epic Action 2010, PG-13, 2h 28m	4 TH 9:30 Stretch PL 10:30 Wordle! CY 2:00 Yoga with Heidi L 3:00 Belmont Bridge T 3:30 Current Events w/Randy T 7:00 Prayer Group Fellowship-3rd Floor COF room T 7:15 Daily Movie: "The Wild Bunch" Western 1969, R, 2h 15m	5 TH 9:30 Cardio PL 10:30 Acrylic Completion Session B 1:00 Bistro Games CY 2:00 Boot Camp L 3:00 Belmont Bridge GR 4:00 Happy Hour - Cindy Kahn T 7:15 Daily Movie: "Freedom Writers" Docudrama, 2007, 2h 3m	6 TH 9:30 Core & Stability PL 10:30 Let's Talk Art - Henri Matisse CY 2:00 Stretch with Heidi L 3:00 Belmont Bridge T 7:15 Daily Movie: "How to Train Your Dragon" Action Adventure 2025, PG, 2h 5m	7 P 9:00 AquaFit w/ the YMCA FL 10:00 Kroger/Tom Thumb/CVS PL 10:30 Intro to Art: Watercolor B 1:00 Bistro Games FL 1:00 Target shopping trip TH 2:00 Cardio Drumming Class FL 2:00 Whole Foods shopping T 7:15 Daily Movie: "Sunset Boulevard" Dark Comedy 1950, NR, 1h 50m
8 T 9:30 Highland Park UMC - online GR 2:00 Highland Park Presbyterian Church - Hymns TH 3:00 YMSL Bingo L 3:00 Belmont Bridge T 7:15 Daily Movie: "The Way We Were" Romance 1973, PG, 1h 58m	9 TH 9:30 Belmont Balance TH 1:00 HPH Educational Series - Breathe Easy TH 2:00 Yoga with Heidi L 3:00 Monday Bridge T 7:15 Daily Movie: "West Side Story" Musical 2021, PG-13, 2h 36m	10 TH 9:30 Muscle Matters L 10:30 Caregiver Support Group B 1:00 Bistro Games GA 2:00 Boot Camp T 3:30 Resident Council Meeting GR 4:30 Dinner Music w/Bill Woods T 7:15 Daily Movie: "The Terminator" Action 1984, R, 1h 47m	11 PL 12:00 Contemporary Art class GA 9:30 Stretch PL 10:30 Wordle! GA 2:00 Yoga with Heidi L 3:00 Belmont Bridge T 7:00 Prayer Group Fellowship-3rd Floor COF room T 7:15 Daily Movie: "Witness" Cop Drama 1985, R, 1h 52m	12 GA 9:30 Cardio B 1:00 Bistro Games GA 2:00 Boot Camp L 3:00 Belmont Bridge GR 4:00 Happy Hour - Peggy Lohr T 7:15 Daily Movie: "Coal Miner's Daughter" Docudrama, 1980, PG, 2h 4m	13 GA 9:30 Core & Stability PL 10:30 Scategories GA 2:00 Stretch with Heidi L 3:00 Belmont Bridge GA 3:30 Bingo! Bingo! Bingo! T 7:15 Daily Movie: "Elvis" Docudrama 2022, PG-13, 2h 39m	14 P 9:00 AquaFit w/ the YMCA FL 10:00 Kroger/Tom Thumb/CVS PL 10:30 Intro to Art: Watercolor B 1:00 Bistro Games FL 1:00 Target shopping trip FL 2:00 Walmart Market T 7:15 Daily Movie: "All About Eve" Drama 1950, NR, 2h 18m
15 T 9:30 Highland Park UMC - online L 3:00 Belmont Bridge T 7:15 Daily Movie: "Shall We Dance?" Rom-Com 2004, PG-13, 1h 46m	16 GA 9:30 Belmont Balance PL 10:30 Zumba Gold w/Francesca - COF 3rd Floor T 1:30 Epic Explorations - Ireland GA 2:00 Yoga with Heidi L 3:00 Monday Bridge T 7:15 Daily Movie: "Calamity Jane" Musical 1953, NR, 1h 41m	17 TH 9:30 Muscle Matters L 10:30 Catholic Communion B 1:00 Bistro Games TH 2:00 Boot Camp T 2:00 World Virtual Tours - A Walk in Bath UK T 7:15 Daily Movie: "Die Hard with a Vengeance" Action 1995, R, 2h 8m	18 TH 9:30 Stretch PL 10:30 Wordle! FL 11:30 Belmont Lunch Bunch - Street's Fine Chicken TH 2:00 Yoga with Heidi L 3:00 Belmont Bridge TH 3:30 Current Events w/Randy T 7:00 Prayer Group Fellowship-3rd Floor COF room T 7:15 Daily Movie: "No Country for Old Men" Western 2007, R, 2h 2m	19 TH 9:30 Cardio B 1:00 Bistro Games TH 2:00 Boot Camp L 3:00 Belmont Bridge GR 4:00 Happy Hour - Geno Carlino T 7:15 Daily Movie: "Secretariat" Docudrama, 2010, PG, 2h 3m	20 TH 9:30 Core & Stability PL 10:00 Painting to Gogh - Acrylic TH 2:00 Stretch with Heidi L 3:00 Belmont Bridge TH 3:30 Bingo! Bingo! Bingo! T 7:15 Daily Movie: "Greyhound" Period Drama 2020, PG-13, 1h 31m	21 P 9:00 AquaFit w/ the YMCA FL 10:00 Kroger/Tom Thumb/CVS PL 10:30 Intro to Art: Watercolor B 1:00 Bistro Games FL 1:00 Target shopping trip GA 2:00 Cardio Drumming FL 2:00 Whole Foods Shopping T 7:15 Daily Movie: "Misery" Psych-Drama 1990, R, 1h 47m

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>22</p> <p>T 9:30 Highland Park UMC - online</p> <p>L 3:00 Belmont Bridge</p> <p>GR 4:00 Worship - First Baptist Dallas</p> <p>T 7:15 Daily Movie: "Sleepless in Seattle" Rom-Com 1993, PG, 1h 45m</p>	<p>23</p> <p>TH 9:30 Belmont Balance</p> <p>TH 10:30 Zumba Gold w/Francesca</p> <p>TH 2:00 Yoga with Heidi</p> <p>L 3:00 Monday Bridge</p> <p>T 7:15 Daily Movie: "Dreamgirls" Musical 2006, PG-13, 2h 10m</p>	<p>24</p> <p>TH 9:30 Muscle Matters</p> <p>FL 10:00 Urban Adventures - Arboretum</p> <p>B 1:00 Bistro Games</p> <p>TH 2:00 Boot Camp</p> <p>GR 4:30 Dinner Music w/Bill Woods</p> <p>T 7:15 Daily Movie: "The Da Vinci Code" Thriller 2006, PG-13, 2h 29m</p>	<p>25</p> <p>TH 9:30 Stretch</p> <p>PL 10:30 Wordle!</p> <p>T 1:00 FRED ASTAIRE: The Genius Who Changed Dancing in the Movies</p> <p>1:00 Make an Easter Bonnet! Sign up required</p> <p>TH 2:00 Yoga with Heidi</p> <p>L 3:00 Belmont Bridge</p> <p>7:00 Prayer Group Fellowship-3rd Floor COF room</p> <p>T 7:15 Daily Movie: "For a Few Dollars More" Western</p>	<p>26</p> <p>TH 9:30 Cardio</p> <p>B 1:00 Bistro Games</p> <p>TH 2:00 Boot Camp</p> <p>L 3:00 Belmont Bridge</p> <p>GR 4:00 Happy Hour - Norris Perry</p> <p>FL 5:30 SCS - Enoteca Italia - RSVP</p> <p>T 7:15 Daily Movie: "Walk the Line" Docudrama 2005, PG-13, 2h 16m</p>	<p>27</p> <p>TH 9:30 Core & Stability</p> <p>AS 10:30 Scattogories</p> <p>JK 11:30 March Birthday Lunch- RSVP</p> <p>TH 2:00 Stretch with Heidi</p> <p>PL 3:00 Acrylic Completion Session</p> <p>L 3:00 Belmont Bridge</p> <p>TH 3:30 Bingo! Bingo! Bingo!</p> <p>T 7:15 Daily Movie: "Peaky Blinders: The Immortal Man" Drama 2026, R, 1h 52m</p>	<p>28</p> <p>P 9:00 AquaFit w/ the YMCA</p> <p>FL 10:00 Kroger/Tom Thumb/CVS</p> <p>B 10:30 Intro to Art: Watercolor</p> <p>B 1:00 Bistro Games</p> <p>FL 1:00 Target shopping trip</p> <p>TH 2:00 Cardio Drumming Class</p> <p>FL 2:00 Trader Joe's shopping</p> <p>T 7:15 Daily Movie: "To Kill a Mockingbird" Psych-Drama 1962, NR, 2h 9m</p>
<p>29</p> <p>T 9:30 Highland Park UMC - online</p> <p>L 3:00 Belmont Bridge</p> <p>T 7:15 Daily Movie: "Last Holiday" Rom-Com 2006, PG-13, 1h 52m</p>	<p>30</p> <p>TH 9:30 Belmont Balance</p> <p>TH 10:30 Zumba Gold w/Francesca</p> <p>TH 2:00 Yoga with Heidi</p> <p>L 3:00 Monday Bridge</p> <p>T 7:15 Daily Movie:</p>	<p>31</p> <p>TH 9:30 Muscle Matters</p> <p>B 1:00 Bistro Games</p> <p>TH 2:00 Boot Camp</p> <p>T 7:15 Daily Movie:</p>	<p>AS - Art Studio</p> <p>B - Bistro</p> <p>CY - Courtyard</p> <p>FL - Front Lobby</p> <p>GA - Garden Room</p> <p>GR - Great Room</p> <p>JK - Josephine's Kitchen</p> <p>L - Library</p> <p>P - Pool</p> <p>T - Theatre</p> <p>TH - Town Hall</p>	<p>Birthstones: Aquamarine and Bloodstone. Birth Flower: Daffodil.</p>	<p>Notable Events: The "Ides of March" (March 15) is famously associated with the assassination of Julius Caesar.</p>	<p>Famous March Birthdays: Dr. Seuss (March 2) Albert Einstein (March 14) Vincent van Gogh (March 30) Lady Gaga (March 28) Reese Witherspoon (March 22)</p>

It's a GREAT day to be at Belmont Village Turtle Creek!